Worn Out, Thin and Miserable

Until She Took "Fruit-

a-tives."

Palmerston, June 20th, 1914.
"Stomach Trouble and Distressing Headaches nearly drove me wild.

Some time ago I got a box of 'Fruit-a-tives,' your famous fruit medicine, and they completely relieved me. To-day I am feeling fine, and a physician.

meeting me on the street, asked the reason for my improved appearance. I said: 'I am taking "Fruit-a-tives."' He said: 'If "Fruit-a-tives" make you

look so well, go ahead and take them.

They are doing more for you than can."

50 cents a box, six for \$2.50; trial

by Fruit-a-tives, Limited, Ot-

size, 25 cents. At dealers or sent post-

Even Citizens Most Familiar

With Metropolis Get Lost

in Its Inky Streets

at Night.

ONDON'S new lighting regula-tions are apparent everywhere.

All loyally have complied with the requirements, and London has been

At night shopskeepers darken their windows. In many cases they put out

the window lights, and depend upon the reflection of the inside lights to

illuminate their display goods. Suburban windows, back and front are screened so that only here and there a faint beam of subdued light escapes thru close drawn curtains. The light-

ing of the streets also give evidence

ing of the streets also give evidence of further reduction, altho the order did not call for a further modification of public lighting. The authorities, however, had not failed to realize the necessity of everyone complying with the order's provisions. The new lighting still bewiders leaders were termilier with the

Londoners most familiar with the me-tropolis. To find one's way about the

streets is as difficult as if a December mist had fallen on the city. Buildings

which ought to be familiar look like

nothing at all, or else like everything

else.
"What street is this?" one man ask-

ed in front of one of the hotels in central London. "Then which way lies So-and-so?" (one of London's bes.

known landmarks) was the next in-

quiry.

The rush for blinds and curtains

merchant here. I will call him a prominent Deal tradesman.' He went for a stroll in the dark streets thother night. Many people have been and a stroll and a stroll the streets the street of the stre

run into and over at night. So the idea merchant put bells on his legs. They tinkled People thought he was

A Sad Letter from a Lady Whose Hus-

band Was Dissipated.

How She Cured Him With a

Secret Remedy.

"I had for years patiently borne the

FREE-SEND NO MONEY.

a bicycle. He got home whole."

SHE PATIENTLY

made much darker.

DARKER LONDON

# LAWRENCE

Saves You Mone y on Your **Bread** 

Cents For a 24 **Ounce** Loaf Order To-Day

You would not hesitate to pay more than five cents a loaf for bread if it was better than the cheaper kind; of course not. But if the best bread that can be baked is only five cents a loaf -why pay more?

## 20 Tickets for One Dollar

We supply our bread fresh from the bakery, every day. We sell to private customers at the wholesale price, and do not sell to stores at all. This is one reason why we can sell a cent lower than other bakers. All our trade discounts go to the customer direct, with no middleman's profits. This is the policy that has made Lawrence's Bread a money-saver to the public, and has enabled us to be the only baker with strictly ONE PRICE to all, without exception.

> GEORGE LAWRENCE. 21-31 Carr St.

Telephone Coll. 321 Or Order From the Driver

### **BOMB EXPLODED NEXT CONSULATE**

Italian Headquarters Damaged Fifteen Out of Eighteen States -No One Badly Hurt.

NEW YORK, Nov. 6 .- A bomb was exploded today in the building next favor of a monarchy. to the Italian consulate at Spring and

an Italian, was taken to headquarters, charged with being implicated in causing the explosion.

CHINA MAY RETURN TO MONARCHICAL GOVT.

Vote to Revert to Old System.

PEKIN. Nov. 6.-Fifteen of the eighteen provinces of China are said of seven prisoners, and their foes ulby the government to have voted in timate repulse.

The minister of foreign affairs. Lu neighborhood were rocked by the explosion and glass was shattered in the consulate.

Police headquarters is not far from the scene, and the police, headed by Commissioner Woods, were quickly on the spot.

Eye-witnesses gathered in by them said the bomb was thrown from the said Japan was uncertain.

### MARCHING TROOPS HARASSED DAILY

'Enemy's" Tricks Were Sly and Showed Great Resourcefulness.

LIKE REAL WARFARE

Soldiers Hiking From Niagara Had to Be Always on Alert.

The big "trek" of the overseas troops from Niagara camp to winter quarters at the Canadian National Exhibition Grounds is undeniably a magnificent climax to the strenuous summer's training. There is always a vast distinction between the mimic and the real, but the pervading atmosphere of seriousness, coupled with the intense enthusiasm of the officers and men, minimizes this and makes imaginative warfare in this instance most interestingly and practically educative.
Coping with the enemy under the familiar topography of permanent camp situations, is superseded by tactical manoeuvres under all conditions, and at all times, made possible by an extended route march, and the wider scope is equally advantageous for foe and advancing force. The whole idea undoubtedly initiates the men into potential situations that may quite legitimately occur in actual war marches, with a watchful enemy ready and waiting, utilizing every opportunity to harass the advance.

The instructive side of this march is quite apparent by elose content with

is quite apparent by close contact with any of the advancing units and a visit with a battalion en route is indeed illuminating. The experiences of one crack Toronto battalion arriving during the past week are no doubt typical of all and will serve as a sufficient exampie. Between Niagara and Grims-by a small party of the enemy attacked the rearguard, but after a slight skirmish were successfully repulsed. The first real attack came east of Grimsby where the enemy were encountered over four hundred strong, and an engagemnt lasting from 7.30 in the evening till early the next morning. ing, eventuated. Finally, after varying successes on both sides, the attacking party retired, being driven off on all quarters. Between Grimsby and Hamilton careful reconnoitering

by the scouts disclosed a large body of the enemy, ambushed on the wooded side of a mountain, near which the main column would pass. This information was communicated by signallers to the column, and they immediately proceeded by a different route. At Clarkson, while the column had halted for the mid-day meal, scouts sighted the heatile. sighted the hostile forces advancing across a field. The advance guard were immediately signalled, came forward and after a fusilade of about fifty shots were fired, the enemy were driven off. At Merton the enemy made a flank attack. The alertness of the sentries resulted in the capture of seven prisoners and their focal prisoners and their focal prisoners.

Hidden in Motors. A particular daring effort of the ene-my was frustrated near Port Credit. Lafayette streets.

G. Fara Forni, the Italian consulgence of the Japanese of London beseiged the shops for what the was unhurt, as were attendants at the consulate. Buildings in the neighborhood were rocked by the explosion and glass was shattered in the plosion and glass was shattered in the convenience of the manager of the manager of a large store. People in all parts of Loncealed under robes and rugs, a number of them succeeded in passing the outposts, in ten motor cars, while the main column had bivouacked. It was very difficult to tell just how plosion and glass was shattered in the plosio

Eye-witnesses gathered in by them said the bomb was thrown from the roof of the six-storey tenement at 222 Lafayette street. It exploded in the gutter, and such was its force that windows were shattered all over the neighborhood.

A number of Italian reservists were on the street in front of the consulate and all of them were thrown to the pavement. Except for bruises, however, they escaped injury.

One arrest was made. The man in a very perturbed state. On enquiring the cause the sentryman re
it was not only cheaper, but also more effective to fix curtains than bilinds. Lots of people elected to have dark underformed afford much amusement for the officers and men, who pass the joke on to each other. One humorous story is related by a lieutenant in a company of the 75th Battalion, the joke being on a young Cockney who was detailed on sentry duty. The lieutenant while passing down one of the lines late in the evening noticed the young sentryman in a very perturbed state. On enquiring the cause the sentryman reon sentry duty. The lieutenant while passing down one of the lines late in the evening noticed the young sentryman in a very perturbed state. On enquiring the cause the sentryman replied, "A moment ago, sir, I seen a man 'oo I took to be one of the l'enemy approaching and I collected." n'enemy approaching and I calls, "alt!

'Ooo goes there,' and 'oly cripes, sir, when he answered if it weren't the colonel himself." Ordered Bayonet Charge Another incident is told of an Italian private in B Company of the 74th Battalion, who in performing sentry duty, so far forgot himself, in the excitement of discovering a number of the enemy approaching, cried out, "Halt! Hands up! Advance, B. Company! Charge bayonets!" The march is prevented from becoming tedious largely by the men themselves by singing, smoking, and gayly conversing with each other continually. Many of the battalions, aside from the regular patriotic songs, have distinctive songs of their own, usually composed

by one of their men possessed with more originality than the others. The ollowing chorus is quoted from a song su ; a great deal on the march by the 75tn Battalion, and was composed by young corporal in A Company. From literary point of view it is not faultless, but it reflects the fine spirit of rivalry between the different units:

"Gee, ain't the 75th a fine young race To boast about the 75th is no disgrace; Three big cheers for the boys so true lip, hip, hurrah! for the Red, White and Blue. We have every other regiment skinned a mile

And are going to hold it for a while; Every time on march we will set the Gee! but ain't the 75th a fine young

And thus the embryo soldier learns o live a versatile life. Hard work, leasure, friendship and rivalry are ntimately conjected with and mark the transition from mutti to khaki. This particular 77-mile trek, an event unprecedented in Canadian military history, is merely a typical example of the Dominion-wide advancement made in the awakening of Canada from a peace-loving to a belligarer; nower precedented in Canadian military in the awakening of Canada from a peace-loving to a belligerent power. CLEMENCEAU GETS IMPORTANT

**MUST HAVE WOOL** FOR SOLDIERS' SOCKS

Get That, Money Is Urgently Needed By Sock Fund.

No Limit to Urgent Call for Well - Knitted Socks.

The cry of those in command at all oints is "socks for my men." Nothing incapacitates a man so much as wet or uncomfortable feet. If these members are either wet or sore their owner is at once to a certain extent out of commission, and when we think out of commission, and when we think that our brave boys at the front are giving their lives for us, and that morally speaking we have just as much obligation to be in their places and they here, the thought ought to make us every day more and more determined that those men are not going to suffer in any single way that we may save them from by effort on our part. The Omtario Red Cross Sock Fund, of which Mrs. Alexander McPhedran, of 151 Bloor street west, is convener. of 151 Bloor street west, is convener, is in need of money to buy wool. Since starting, this organization has sent out 12,192 pairs, and women are waiting

of the war. weary of well-doing, but must work cheerily on just as the brave men are doing overseas. Who will help by sending something to Mrs. McPhedran

fice made in the giving.

Empire Club to Hold Great Demonstration on Tuesday Evening.

BORE DISGRACE orable day in the work of recruiting in Toronto and, as a finale, the Empire Club rally in Massey Hall in the evening, will probably prove the most enthusiastic demonstration ever held in Canada. Dr. Albert Ham, president of the Empire Club, conductor of the National Chorus, has arranged a program of splendid attractiveness. I will be featured by the presence of the National Chorus, 200 strong, and rendered more interesting by the addition of a special orchestra of thirty members under Mr. Frank Blachford. The national anthems of the allies will be given ("Le Marseillaise," as a solo by Miss May Wilkinson), and also two of Elgar's works, "It Comes From the Misty Ages," and "Follow the Colors." Other numbers will be Needham's "Call All Hands," and a new recruiting song by Mr. Edward Wodson, secretary of the Empire

The speech of the evening will be made by Sir Sam Hughes, K.C.B., and a vote of thanks will be preposed by Hon. W. H. Hearst, prime minister of Ontario, and seconded by Chief Jus-

Brain Amputation

dy was odorless and tasteless, he did ot know what it was that so quickly clieved his craving for liquor. He soon egan to pick up flesh, his appetite for olid food returned, he stuck to his work One of the wonders of surgical wounded soldier has had a sixth of h of his own accord. I hereby advise all women afflicted as I was to give your The patient was carried in with The patient was carried in with a penetrating wound in the occipital region of the cranium. Splinters of bone had caused an abscess to form in the left cerebral hemisphere. These were removed by Dr. A. Guepin. surgeon-in-chief to the hospital, but a fresh abscess formed, and Dr. Guepin was oblized on two occasions to am-14226 Mutual Street, Toronto, Can.

RED CROSS WORK

Hood immertalized the work of the women of other days when he produced the strong and tragic "Song of the Shirt" The labor of the women of whom he wrote was for the purpose of preserving life in themselves and, perhaps, in their children. Today anperhaps, in their children. Today another writer may arise who will give us the "Song of the Socks," a writer who will give in verse the services the women in war-times have done to the men, who are fighting, by adding to their comfort and relieving their needs thru their gifts of socks.

Meantime just a word in plain prose as to this wonderful industry and its conditions as they maintain right at our door. There is scarcely a day but reports are read of socks which go into different centres, and from there

into different centres, and from there are shipped to the front or to the many hospitals which house the sick and wounded. The number in which the wounded. The number in which the socks are contributed mount up into the thousands even when regarded locally. If an aggregate could be reached for the allies the number would run into the millions. Yet, with all this, the fact remains that there is nothing of which there is so great a dearth, and so continuous a want as these same socks. After all this is not surprising if, we consider that men on the march may easily were out a on the march may easily wear out a pair in a day. Men in the trenches are liable to have their feet soaked in wet and mud with no near means in wet and mud with no near means of either drying or washing. Then, too, it goes without saying that mending is at a premium, or more likely still, an unknown art either on the road or in the trenches. These things being so, it is not difficult to see that even if the supply started out as equipment for the full complement of men, that it would have to be renewed every few days in order to keep pacewith the demand.

done a deal, but the necessity still exists more and more pressing every day, and will continue so until the end This fact warns us that we must not

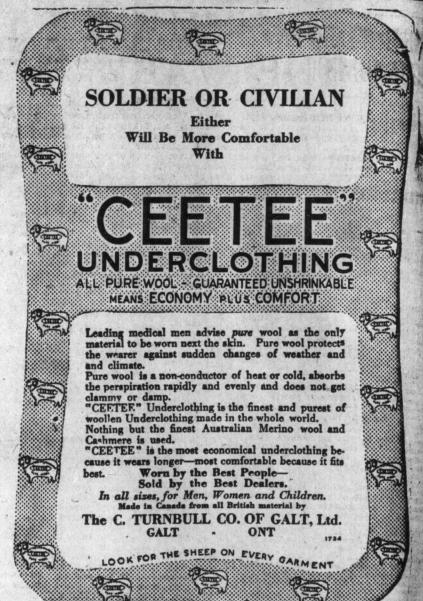
at above address. Anything sent will be acknowledged and gratefully ac-cepted, and the knowledge of the comort we are bringing to the men, perhaps, saving them from pneumonia or other disease just as insidious as the bullets of the Germans, ought to be compensation sufficient for any sacri-

RECRUITING RALLY IN MASSEY HALL

Tuesday next promises to be a mem Club, set to music by Dr. Ham, and entitled "Canadians, Follow the Drum."

"I had for years patiently borne the disgrace, suffering, misery and privations due to my husband's drinking habits. Hearing of your marvelous remedy for the cure of drunkenness, which I could give my husband secretly, I decided to try it. I procured a package and mixed it in his food and coffee, and, as the remedy was odorless and instellers heading the seconded by Chief-Jussian Mulock. The returns of the tag day recruiting collections will be announced, and a collection will be taken up to add to the recruiting fund, for admission.

science has been performed in a French military hospital, where a brain amputated without missing it. was obliged on two occasions to amputate portions of the brain which protruded from the wound. The patient thus lost at least a third of the left hemisphere, but shows no spe-cial signs of trouble, either of morl tivity, sensibility, or ideation.



A deposit of One Dollar opens a savings account with the Home Bank. The account may be added to by deposits of further large or small amounts and Full Compound Interest will be paid at highest Bank rate.

HEAD OFFICE AND NINE BRANCHES IN TORONTO. Head Office-8-10 KING STREET WEST-Toronto Branch. 78 CHURCH STREET.
Cor. QUEEN WEST and BATHURST.
Cor. QUEEN WEST and ONTARIO.

1226 PONGE STREET (Subway), Cor. ALCORN AVE.

2261 YONGE STREET, NORTH TORONTO, Cor. EGLINTON AVE.

**GERMANS AGAIN CROSS** 

now. ready to multiply their service of knitting, but there is no material for them to work upon. To keep up the supply it requires about \$250 a week. Private friends are helping Mrs. McPhedran, and the schools have one a deal, but the processity study of the Russians, in the fighting along the Stripa River. The Russians BERLIN, Nov. 6—(Fy Wireless to Sayville).—The Austro-German forces pagne, north of Massiges, the French over the Russians, in the fighting along the Stripa River. The Russians trench which they had entered. were thrown back to their old posi-tions on the east bank of the river. In the recent fighting there 50 offi-cers and 6000 Russians have been

The army of General Von Linsingen

NS AGAIN CROSS

Incrtheast of Budka. Russian tempts to break thru the German lines on the Dvinsk front were futile. were ejected by means of hand grea-

STILL A MARKET FOR WIRE They have talked 4600 miles by wireless, but it is believed to be not to hold telephone stock a few days

captured further Russian positions Boys YOU GAN WIN Girls This Beautiful Shetland Pony
And Cart and



THE GREAT BRITISH NAVY PUZZLE FOR BRIGHT BOYS AND GIRLS

Britain's greatest Admiral with a fleet of his finest ships is seen below having attacked the enemy and beaten him. During the fight many storadsides hit our ships and left their marks, but did little damage. From shot and shell you can tell the brave Admiral's name, and the names of What are they? Puzzle them out and send your answers in to us to-day.

HOW YOU CAN SOLVE THIS GREAT PUZZLE

1st Prize—PRINCE CHARMING, the Beautiful Shetland Pony, with his Cart and Harnes THIS CONTEST IS ABSOLUTELY FREE OF ALL COST OR EXPENSE

We are the manufacturers of the famous PRINCESS ROYALE PERFUBICS, an absolutely new and exquisite perfume, which we want to quickly introduce to everybody in the land. Therefore we ask every boy and girly who enters this contest or sends an answer to the puzzle to compete for the prizes, to help us advertise and introduce this famous perfume. We have specially prepared a beautiful big 10c. size bottle of this lovely perfume, and in order to qualify your answer to the puzzle to compete for the puries of the lovely perfume, and in order to qualify your answer to the puzzle to compete for the puries of the lovely perfumes are so delicious, fragrant and lasting to compete for the prizes, we will send you just 25 bottles to distribute among your friends and noighbors at our special introduction price of only 10c. each. This will be as casy as fun. We will send six of the most popular and best selling odors: Well72 Ross, Linky Roys and Girls—Chaptre the Polyspark of the Popular and are entirely in addition with the Popular and the big Cach Prizes. Boys and Girls—Observe the Following Simple Rules

Boys and Girls—Observe the Following Simple Rules

1. Only boys or girls under 16 years of age may enter
this contest. Give your full name and address and state
your age. Age of contestant will be given consideration
in making the awards.

2. More than one member of a family may compete,
but only one cash prize will be awarded in any one
family or household.

3. Boys and girls may obtain assistance to solve the
puzzle, but the answers must be written by the contestant personally.

4. Winners will be chosen from among the loys and
girls sending correct or nearest correct solutions to all
three names, whose answers are decided to be—age
being considered—(1) neatest (2) best written. The
The Regal Manufacturing Co.

Pony Contest Box 7 Toronto, Ont.

Both

CONDITION . Major F., Hig.

Describ

Trading in Don Down, But Prices

The Toronto atent. During ion had run wild

## FREEADVICE CURING CATARRH

Don't suffer with Catarrh any longe money, in trying to conquer it with

worthless nostrums.

Don't think it can't be vanquished just because you have not sought help in the right place.

Write to me at once and learn how it can be cured. Not merely for a day, a week, or a year—but permanently. Let me explain my new scientific method of treatment, discovered by myself—used only by myself.

Catarrh is more than an annoying trouble—more than an unclean disease—more than—a brief ailment. Unchecked Catarrh too frequently destroys smell, taste and hearing, and may open the door to the most dreaded of diseases. Take it in hand now—be-

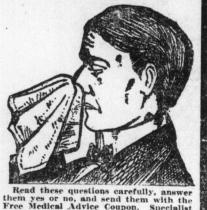
ore it's too late.
I'll gladly diagnose your case and give you free corgultation and advice. It shall not cost bu a cent. LET ME TELL

YOU JUST HOW TO CURE CATARRH

Surgeon British Royal Ma

Free Medical
Advice Coupon

Catarrh Specialist Sproule, 319
Trade Bullding, Boston, will
you kindly send me, entirely
free of charge, your advice in
regard to the cure of Catarrh? FULL NAME .....



Read these questions carefully, answer them yes or no, and send them with the Free Medical Advice Coupon. Specialist Sproule will study them thoroughly and write you in regard to your case, without its costing you a cent. Is your throat raw?

Do you sneeze often?
Is your breath foul?
Are your eyes watery?
Do you take cold easily?
Is your nose stopped up?
Does your nose feel full?
Do you have to splt often?
Lo crusti form in your nose?
Are you worse in damp weather?
Do you blow your nose y good deal?
Are you losing your sense of smell?
Does your mouth taste bad mornings?
Do you have pains across your forehead?
Do you have pains across your forehead?
Do you have to clear your throat on rising?
Is there a tickling sensation in your

surgeon British Royal Mail Naval Service, and just for the asking you'll receive the benefit of my 25 years' experience—my years of study—my wide knowledge of the 'discase.

Answer the questions I've made out for you, write your made out for you, write your from the nose?

Answer the questions I've made out for you, write your from the nose?

ADDRESS .....

remedy a trial." POSTS. I will send free trial package and book-let, giving full particulars, testimonials, etc., to any sufferer or friend who wishes to help. Write today. Plain sealed back-age. Correspondence sacredly confiden-PARIS, Nov. 6 .- Georges Clemenean has been elected president of the enate committee on foreign relations d also to the chairmanship formerly ield by Charles Freycinet, now vicepresident of the cabinet. The former premier thus will preside over two of E. R. HERD, Samaria Remedy Co. he most important senate com-G. TAMBLYN, LIMITED. At all 10 Drug Stores, Toronto.