Nature's Own Great Skin Healer

Ancient Greece and Rome will always be remembered for the fine types of manhood found on the battlefields and in there arenas, but perhaps these manly men themselves will be most remembered because of the valuable custom they bequethed to later ages of healing sore and injured places on their bodies by the external application of secret balms or salves. The charioteers, gladiators and wrestlers seldem emerged from their contests without some severe bruise or gaping wound; and to anoint each injury carefully with their favor te balm was an indispensable part of the day's programme. If we go back in history we find that this aternal rubbing has prevailed right from the earliest times, and the only explanation of its survival, amidst so many changes in science, seems to lie in the fact that the external use of salves and balms is dictated to us by Nature herself. Our own instinct tells us to rub a part that hurts; and in Zam-Buk the ideal substance to apply to an injured or diseased surface is universally believed to have been found at last. The objection to ointments, salves, liniments and embrocations has hitherto been that they are imperfect in their action, and frequently contain quantities of rancid animal fat and mineral products of a harmful nature. Now, Zam-Buk is entirely free from any of these objections. It is compounded from the finest herbal balms and essences and is absolutely devoid of all trace of animal or mineral substance. has been, so perfect and complete is the growth of new skin. Cuts, burns, bruises, scalds, sore or chapped hands, eczema,

Whoever watches the healing of a wound or sore with Zam-Buk is face to face with one of Nature's greatest wonders. The healing process thus set in motion is nothing but a phenomenon of regeneration—a natural process of replacing destroyed tissues by new ones. The antiseptic substances contained in Zam-Buk first attack and kill off the microbes or germs that are the cause of inflammation of disease, and then the healing ingredients proceed to build up new tissue to replace that which has been damaged or lost. New cells appear like a builder extending a new row of houses; the whole of the wounded area is gradually overlapped, and soon it is difficult to tell where the injury

has been, so perfect and complete is the growth of the new skin. factory, field or workshop, Zam-Buk can be confidently recommended as well for its general efficacy as for its wholesomeness, its power and purity.

Zam-Buk Cures

dishguring spots, blood poisoning, encrustations, scabs, obstinate sores, running wounds, inflammation, peeling or scalding skin, scurf, sore-heads and backs, bad leg, erysipelas, piles, psoriasis, scalp diseases, abscesses, boils, ringwerm, chilblains, stiffness, etc. Rubbed well on the chest in cases of colds, chills, etc., it gives great relief.

Obtainable from all druggists, at 50 cents per box, or post free from the Zam-Buk Co., Toronto, on receipt of price. 6 boxes for 2.50

BUK HAS BENEFITED THEM.

Skin Rash and Eruptions Cured

Mr. G. Shaw, 169 Givens street, Toronto, says: "Reading of the wonderful healing qualities of ZAM-BUK, I thought I would try it, as I had been greatly annoyed for some time with an itching, irritating skin rash on both arms. I had tried numerous remedies but failed to find a permanent cure. I sent for a supply of Zam-Buk and began using it. The results were so satisfactory that I persevered, and in two weeks' time, through daily application of the balm on my arms, the rash was completely removed. I found Zam-Buk when applied to the skin to be most soothing, and to relieve the itching and irritation almost instantly. I have had no trouble since from skin eruptions, so I am fully convinced Zam-Buk permanently cures."

Proved it Unequalled for Rough and Chapped Hands, Cuts, Burns and Bruises.

Mrs. M. A. Doyle, 55 Wickson avenue, N. Toronto, says: "Last winter my son began using Zam-Buk for chapped hands, and found it an excellent preparation. Since then we have kept it in the home and find it invaluable for cuts, bruises, sores or burns on hands or limbs. Our first thought is to apply Zam-Buk if a member of the family meets with the slightest cut or burn. In a wonderful short time after the first application of Zam-Buk the pain and soreness are entirely gone, and healing comes quickly. I would advise others to give Zam-Buk a fair trial."

TEST ZAM-BUK AT OUR COST

A good thing pleads its own case, and we are willing to let you try Zam-Bak first at our expense, because once used you will always keep it in the house. Send this conpen and ic. stamp to Zam-Buk Co., Torento, and free trial box will be mailed you. - Torento World, Nev. 21.



Continued From Page 1.

to something else, are induced to intheir circumstances. Companies are policy be reduced. thereby also enabled to secure a larger amount of premium income and give fully submit that of the widows and orphans, for whose protection the business has been mainfered by companies are against the consideration and approval of your cally, honors the restriction recommended by the insurance commissioners of the United States for the standardization

Alternatively your memorialists sub-nit that no form of policy should be used by any life insurance company

HEART TROUBLE CURED

In the rush, hurry and worry of modern times, we overwork the heart. Is it any wonder then that there comes a breakdown of this wonderful little engine, when such a continued strain is placed upon it day after day. There are many forms of heart trouble and the slightest derangement of this important organ is extremely dangerous. To prohibited from issuing any policy unstrengthen the weak heart it is necessary to strengthen the weak heart it is necessary to cash.

Ists suggest that companies should be given by notice of all meetings should be given. No business should be transacted unless on the agenda calling he meeting and shareholders and policyholders who has passed to the Dominion of the Dominion. same time tone up and invigorate the nervous system, we have such a combination in

MILBURN'S HEART AND NERVE PILLS

Mrs. Ella Dingman, Morganston, Ont., writes of her experience with them: "It is with the greatest of pleasure that I recommend Milburn's Heart and Nerve Pills. I was troubled for a long time with my heart; had weak and dizzy spells, could not rest at night, and I would have to sit up in bed the greater part of some nights, and it was absolutely impossible for me to lie on my At last I got a box of Milburn's Heart and Nerve Pills and they did me so much good I got another box and they troubled with my heart since.'

Price 50 cents per box or 3 boxes for \$1.25 all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited,

in Canada, without having first been are detrimental to the interests of all approved by the superintendent of insurance.

Premium Rates.

Your memorialists further suggest that your honors should recommend: (a) that all policies should be set forth collection of large premiums, to increase their emoluments at the expense
of their clients, who, unaware of what
proportion of their premium should
pertain to real insurance, and what
the application should be attached
pertain to real insurance, and what
the splication should be attached
to something else, are induced to into some upon plans not in keeping with sideration should the face value of the

Further, your memorialists respectless insurance, and such plans are should be made to the present act, pro-portion to be invested in any one class an equitable therefore, prejudicial to the interests viding that after payment of the third premium, no policy shall lapse by reason of non-payment of premiums until some companies, subject to notifica-

to the best interests of the business. It enables agents to secure advances from companies and is responsible for he excessive expenses and lapses of year business. Many persons are induced to sign notes unaware of the nature of the obligation into which they are entering, and companies carry extensive risks for which no compensation is received. It is a means wher by agents and companies are enabled discriminate against certain classes of policyholders, and is against all sound business principles. It encourages improvident contracts against which insurance should be guarded. many cases causes a hardship to the granter of the note. Your memorialists suggest that companies should be prohibited from issuing any policy until the first remaining any policy until the first remaining has been first approved by the superintendent of insurance. Where used, estimates should be printed on the back of each policy.

Actuaries.

panies have resorted to secure busiance at 15 per cent. of the premium is election of directors in come centres frequently obtained. For purposes of advertisement, men of local prominence are induced to accept sale in the profits earned by the company, and there should be no discriminately. Schemes whereby policyholds ocal prominence are induced to accept policies. Schemes whereby policyholders taking such policies secure a per etual interest in all business written in their district thereafter have been on canvassed. Contracts have been made with agents stipulating for as high a commission as 9 per cent. of the first and 10 per cent. of subsequent premiums. Picnics in summer and turkey at Christmas are not un-known. Such excesses are responsible for the high cost of the business to the companies and loss to policyholders,

companies on all plans of insurance compelled to make an annual distribu-should be first approved of by the su-tion, and so become directly liable to

memorialists see no objection to the furnished and approved by the super-amendments to the present code re-intendent of insurance before such dismmended by the Life Managers' As tributions become effective. sociation, provided, however, that restrictions shall be made as to the pro-

Security to Policyholders.

investments, all mortgages, bonds, de- stock should be prohibited. fered by companies are against the some companies, subject to notificated by companies are against the some companies, subject to notificate fered by companies are against the some companies, subject to notificate fered by companies are against the some companies, subject to notificate fered by companies are against the some companies, subject to notificate fered by companies are against the some companies, subject to notificate fered by companies are against the some companies, subject to notificate fered by companies are against the some companies, subject to notificate fered by companies are against the some companies, subject to notificate fered by companies are against the some companies, subject to notificate fered by companies are against the some companies, subject to notificate fered by companies are against the some companies, subject to notificate fered by companies are against the some companies, subject to notificate fered by companies are against the some companies, subject to notificate fered by companies are against the some companies, subject to notificate fered by companies are against the some companies, subject to notificate fered by companies are against the some companies, subject to notificate fered by companies are against the some companies, subject to notificate fered by companies are against the some companies are against the solution by the solution and other securities should be terminated by legistered by the solution. Pensions to officers and other employees are against the solution and approval of some companies are against the solution and other securit

> vestments, conditions attaching there-stances even "friendly" suits have ab-to, and dates of purchase and sale sorbed three-fifths of the total amount should be sent to the superintendent of insurance. It is desirable that of insurance, at least once a month, such disputes should be settled exand such returns should be published peditiously and with the least possible regularly in the official gazette.

Representation of Policyholders Policyholders should be represented

and finance committees. Such representatives should be electbe shareholders.

Proxies.

Your memorialists suggest that the expenses of life insurance companies should be limited to the loading on premiums. The excesses to which can be accessable dentities the right to vote by set by the societies of the Domini Great Britain or the United States. ing and shareholders and policyholders who has passed the final examinations alike should have the right to vote by set by the societies of the Dominion, be accessable at all times to any policyholder. Your memorialists respectfully urge the adoption of laws ness are well known. A year's insur-ance for nothing could be had. Insur-Armstrong commission governing the election of directors.

> Profits: All policies should particiination between one class and an-

Profits.

Companies presently writing business non-participating plans should be

parate branch. Deferred dividend policies should be The rates charged by life insurance prohibited and, companies should be

A statement of Dividends to Shareholders. These should be restricted

ole return on the for the establishment of the company Your memorialists suggest that for In no case should the gross amount protection the ousiness has seen in the value of such policy is exhausted. The better security of policyholders, and exceed 10 per cent. of the net profits the better security of policyholders, and exceed 10 per cent. of the net profits the better security of policyholders, and exceed 10 per cent. of the net profits the better security of policyholders, and exceed 10 per cent. of the net profits the better security of policyholders, and exceed 10 per cent. of the net profits the better security of policyholders, and exceed 10 per cent. of the net profits the better security of policyholders, and exceed 10 per cent. of the net profits the better security of policyholders, and exceed 10 per cent. of the net profits the better security of policyholders, and exceed 10 per cent. of the net profits the better security of policyholders, and exceed 10 per cent. of the net profits the better security of policyholders, and exceed 10 per cent. of the net profits the better security of policyholders, and exceed 10 per cent. of the net profits the better security of policyholders, and exceed 10 per cent. Of the net profits the better security of policyholders, and exceed 10 per cent. Of the net profits the better security of policyholders, and exceed 10 per cent. Of the net profits the better security of policyholders, and exceed 10 per cent. Of the net profits the better security of policyholders, and exceed 10 per cent. Of the net profits the better security of policyholders, and exceed 10 per cent. Of the net profits the better security of policyholders, and exceed 10 per cent. Of the net profits the better security of policyholders, and exceed 10 per cent. Of the net profits the better security of policyholders, and exceed 10 per cent. Of the net profits the better security of policyholders, and exceed 10 per cent. Of the net profits the better security of policyholders, and exceed 10 per cent. Of the net profits the better security of policyholders and exceed 10 per cent. Of the net profits the better security of polic

Your memorialists believe that the acceptance by companies of notes in settlement of premiums is detrimental to the best interests of the business to the best interests of the business. In any event, full reports of all in- rights under policies. In some expense.

Estimates.

Canvassing for applications on estion every board and on all investment and finance committees. such representatives should be elect-by companies are extravagant and ed by the policyholders and should not have not been borne out by actual results. In any event, companies should The annual report should be set not be allowed to use estimates unless forth in greater detail and should be sults. In any event, companies should Proxies should not be allowed, either these have been first approved by the

Every company should be compelled policyholder.

No future charter should be granted insurance from year to year. to a company until 40 per cent. or not less than \$100,000 of its capital stock has been deposited in cash with the Dominion treasury. Such a pro-vision will guard the business against exploitation by adventurers, and at the same time provide a suitable guaran-tee for the due fulfilment of all obli-

Wood's Phosphodine. The Great English Remedy, Tones and invigorates the whole

Capitalization. The capital of an insurance com with the consent of the majority of Mutualization.

for the retirement of stock, and for the mutualization of any stock company, should a majority of its policyholders decide for such retirement of stock at a duly convened meeting. Contracts With Managers and Offcers. Any contract which provides for a

Future enactments should provide

commission or bonus on future busi-ness should be declared illegal, and no ficer for a period longer than three apprised of the decision and recom-Existing contracts for a longer mended to adopt the principle.

The duties and powers of the superintendent of insurance should be cleardefined. He should have the right to demand such information as he may consider necessary, and should be entitled to employ such assistance he may see fit. He should have power to take evidence on oath.

State Dept, of Insurance A department of state insurance should be established under the jurisand diction of the minister of finance. Publication of Reports.

published in the public press of the Where city in which the head office of the company is situated, as well as in the government blue books. A such reports should be mailed to each Public Auditors.

The books of all companies should be audited annually by two duly quali-fied chartered accountants, who should be appointed by the superintendent of Signatures to Reports

All parties signing reports required by future enactments should be held responsible for the truth of their declarations under the penal code.

APPRECIATION OF LAURIER

Canadian Associated Press Cable.) London, Nov. 20.-The Mirror pubishes a birthday appreciation of Sir Wilfrid Laurier, who, it says, has done his work in Canada quietly but well. GIVEN LOCAL RANK.

London, Nov. 20.-Capt. Elmsley of the Royal Canadian Dragoons has granted the local rank of captain whilst

Methodist Mission Board Make Kitamat School Co-Educational,

A committee from the Methodist general mission board, with a committee from the Methodist Women's Mission Society, met in the Wesley Building yesterday, to consider the question school government and teaching, speaks of re-establishing the Kitamat school in glowing terms of Toronto's "adfor Indian girls of British Columbia, vanced system' so far as he has bewhich was destroyed by fire last come acquainted with itspring. Both committees agreed that it would be well to enlarge the institu-tion and hereafter make it co-educa tional, by admitting Indian boys as

TRAINS STALLED BY SNOW.

Topeka, Kas., Nov. 20.-As a result of last night's snowstorm, four overland trains on the Rock Island El Paso division were stalled to-day in the cuts between Bucklin and Liberal, the cuts between Bucklin and Liberal, Montreal, Nov. 20.—The highway-Kas. No attempt was made to-day to man's Eldorado is Montreal. In the run freight trains on that division. The Santa Fe reported their main hold-ups, and as a result of one line across Kansas open, but several ace Grigg of Toronto is dead. trains on that road are snowbound on the Panhandle division, where the snow is from four to five feet deep in the cuts. The weather is moderating.

HATS OFF TO HUGHES.

English Educationist Impressed With Local Evidences of Progress

Superintendent Watson of the Countty of Buckingham, England, who is in the city with the deputation of English educationists, picking up ideas, re

The party directed its attention yesterday to the elementary drawing classes. Miss Semple, supervisor, explained the art system, and conducted the deputation thru the juveniles exhibit in the unfinished chamber of the city hall

Mr. Watson says the city should be proud of its teachers, who all appeared to ply their duties enthusiastically. The system of drawing was simply wonderful in its completeness.

last month there have been almost 20

WHY CAN'T I EAT WHY?-BECAUSE YOU'RE A SLAVE TO DYSPEPSIA-

INDIGESTION-OR OTHER STOMACH DERANGEMENTS THAT ONLY CAN BE REACHED AND CURED BY SUCH A TRIED AND TRUE REMEDY AS

Dr. Von Stan's Pine-apple Tablets RELIEF IN ONE DAY

Ask half the men or women who pure fruit pepsin that is pleasant to have stomach troubles, why it is so take, -powerful in the work it does, and they will tell you that they have —but as harmless as milk,—helps all table vest pocket doctor, -they act part and works permanent cures. directly on the digestive organs,—a

to live in such a constant hurry that the stomach distresses immediately they have no time to keep well,—if the great army of stomach troubled people would take Dr. Von Stan's acute cases in one day.—You go about hearty meals. Pine-apple Tablets as a traveling com- your business,—eat hearty meals, panion, from a health stand point, life take all the pleasures as they come, would be all sunshine, -they are a veri- and as you do so the Doctor plays his

35 cents a box at all Druggists and Medicine dealers. DR. AGNEW'S HEART CURE GIVES RELIEF IN 30 MINUTES DR. AGNEW'S CATARRHAL POWDER gives relief in 10 m

Avenue In the

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Cascare 25c and 50 neat fit for Be sure "long-tailed

"CCC" on