Everywoman's Forum

common sense in their judgments they

will surely see that this is a national crime.

Some may say: "Dogs are really necessary." Well, a very few of them necessary." Well, a very few of them are. Even on a farm, the average dog can scarcely be said to pay for its keep. More than this, about nine dogs out of every ten eat eggs whenever they get the chance of doing so when no one is around. J. B. Spencer in his bulletin on "The Sheep Industry in Canada," states that the sheep population in Ontario alone has fallen off over a million head within the last thirty years, due to the within the last thirty years, due to the existence of the dog evil, for dogs have a strong preference for mutton diet.

strong preference for mutton diet.

In spite of the present crisis, some people have as many as two and three dogs around "faring sumptuously every day." Raising taxes (on dogs) is not enough to stop this evil. Surely, when so many human lives have been sacrificed, it would not be much to sacrifice your dog's life, when food is the need of the hour and the saving of it an important factor in the winning of the war. winning of the war

winning of the war.

Now just a word to the women who keep dogs for protection when they must stay alone. Did it ever occur to you that most women who keep dogs for this purpose are nervous and that the nervousness was caused by depending on the dog instead of on your own self to act in an emergency? Try depending on yourself and develop self-confidence and courage.

To those who keep dogs as playmates and guardians for their children, let me say that it is a scientific fact that "persons become more like their companions by association."

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I do not want my readers to think I am prejudiced against dogs. I am not. I am simply stating facts that anyone might see. Everyone has influence, so everyone please use your influence in getting rid of useless dogs.

Thanking you for space in this, your valuable paper, I am, yours faithfully,—"Constant Reader."

### Charlotte, Montreal-

Yes, fifty-two nurses of the Victorian Order have gone overseas. It is a most useful organization and much beloved by the people. They do heroic work in the care of mothers and babies, especially in the prairie provinces, and last winter we read in the daily press how two of them took the trip from Vancouver to Athabaska to open up a hospital, when the thermometer registered 70 degrees below zero. Don't pick at your betters, Charlotte.

#### Prairie Belle-

- 1. The girl bows first, the man raises his
- hat.

  2. In sending your regrets in answer to your old friends invitation to a re-union, you would do well to tell her why you cannot accept.
- 3. A girl being introduced to a woman much her elder rises and remains standing until the other sits down.
- 4. No, she does not rise when a man
- is introduced.
  5. It is better to use the prefix "Mr." A well-trained girl does not address a male acquaintance by his Christian name. With an old friend it is different.

## Dear Everywoman's-

I don't know what you think about the way the President of the War Veterans Association pitched into Mrs. Gordon Wright for declaring that the women of Canada had sent their bravest and best to help the Motherland, and in return these Canada had sent their bravest and best to help the Motherland, and in return these sons had been debauched and degraded, but, in my poor opinion, Mrs. Wright got just what was coming to her. We civilians, out of meekness or maybe a mistaken sense of chivalry, have let the W.C.T.U. say anything it felt like. It has had our youth on the highroad to perdition many times and oft, had their health ruined by a deadly cigarette, their morals ruined by a deadly cigarette, their morals by a flirtation at a picnic, sent them to hades in shoals with a glass of beer, and hades in shoals with a glass of beer, and it all slipped by without censoring, till Mrs. Wright in her official capacity "covered too much territory." The War Veterans wouldn't stand for it. Through their president they told the lady that enough libelling of our brave boys had been done, and a stop had to be put to the bosh talked by maudlin fanatics. "Hear, beard". bosh talked by maudlin fanatics. "Hear, hear!" echoed on every hand. Enough is as good as a feast, and this country has had a plenty, thank you.—A MERE MAN.

I read your letter to a woman who has done a wonderful work "For God and home and native land," and she said: "'A Mere Man' does not seem to realize that it takes cranks to make the wheels go round, and the woman he speaks slightingly of has certainly made them go. As for our beloved president, a mother who has given the three bornie boys she bore to fight for faith and freedom does not need man, woman or child to speak not need man, woman or child to speak in her defence."—Anne Page.

ontinuous and monotonous Work -most trying on the Nerves

> DOING the same thing, in the same way, day after day and week after week, means destruction to the nerve cells and collapse of the nervous system of the human body.

Whether in the munition factory or in the home, in the store or in the office, it is monotony that kills. And it is because woman's work is more often monotonous than men's that so many women suffer from nervous exhaustion and prostration, nervous headaches, neuralgic pains and general run-down condition of the body.

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builder and revitalizer, and as a general tonic for blood and nerves it has no equal.

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