will of the Father, which the rich and the honored seek only from men in this life. In order to fulfil the will of the Father, we must not fear to be poor and despised; we must be glad of it, and thus show men in what true happiness consists.

In order to fulfil the will of the Father, which gives life and happiness to all men, we must fulfil five com-

mandments:

The first commandment—To offend no one, and by no act to excite evil in others, for out of evil comes evil.

The second commandment—To be in all things chaste, and not quit the wife whom we have taken; for the abandoning of wives and the changing of them is the cause of all loose living in the world.

The third commandment—Never to take an oath, because we can promise nothing, for man is altogether in the hands of the Father, and oaths are

imposed for wicked ends.

The fourth commandment—Not to resist evil, to bear with offences, and to do yet more than is demanded of us; neither to judge, nor to go to law, for every man is himself full of faults, and cannot teach. By seeking revenge men only teach others to do the same.

The fifth commandment—To make no distinction between our own countrymen and foreigners, for all men are the children of one Father.

These five commandments should be observed, not to gain praise from men, but for our own sakes, for our own happiness, and therefore neither prayer nor fasting in the sight of man is necessary. The Father knows all we need. So we have nothing to ask him for, but only to strive to do his will. The will of the Father is this, that we should have no malice in our hearts to anyone.

To fast is unnecessary, because men only fast to obtain the praise of others, and the praise of man is what we should avoid. We have only to care for one thing—to live according to the will of the Father, and the rest will all come

of itself. If we take care for the things of the flesh, we cannot take care for the things which are of the kingdom of heaven. A man may live without care for food or dress. The Father will give life. We only need to take care that we are living at the present moment after the will of the Father. The Father gives even to children what they need. We have only to desire the strength of the spirit, which is given by the Father. The five commandments show the way to the kingdom of heaven. This narrow path alone leads to eternal hope. False teachers, wolves in sheeps' clothing, always try to drive men from this road. We must beware of them. It is always easy to recognize these false teachers, because they teach evil in the name of good. If they teach violence and slaughter, they are false teachers. By what they teach they may be known.

It is not he who calls upon the name of God, but he who does good work, that fulfils the will of the Father. Thus, whoever fulfils these five commandments will have the absolute certainty of a true life which nothing can deprive him of, but whoever does not fulfil them will not have any certainty of life, but a life which he will soon lose, so that nothing will remain to him. teaching of Jesus astonished and delighted all the people, because it promised liberty to all. The teaching of Iesus was the fulfilment of the prophecies of Isaiah, that the chosen of God should bring light unto men, should defeat evil, and should establish truth, not by 'iolence, but by mildness, humility and goodness.

We fancy we suffer from ingratitude, while in reality we suffer from self-love.

-| Landor.

They understand but little who understand only what can be explained.

—[Marie Ebner-Eschenbach

The Bible has no active power impelling men to righteousness. That is the work of the Spirit of God in the soul.