



ance. Pin to the board or draw a wine-glass. Here teach the Golden Text and emphasize the need of watching this habit, for it is very dangerous.

3. But the Golden Text tells us to watch, not only our habits, but to watch unto prayer. What is prayer? Prayer is not only talking to God, but it is letting God talk to us. "If ye abide in me, and my words abide in you, ye shall ask what ye

will and it shall be done unto you." It is just as important for God to talk to us, as it is for us to talk to him, indeed perhaps that is the more important part of prayer. If we can teach the children the importance of their allowing God to speak to them, either by the little voice in the heart, or through his word, we shall do well. Emphasize the idea of watching God's Word and listening to the voice in the heart. As you do so show first the picture of the Bible and then the cross.

4. We must watch our habits and watch the Bible; but we must also watch our hearts. Satan will come or send his giants into our hearts, and we must watch with our eye upon our hearts, and our habits, and we must keep listening to the Saviour's voice in prayer and always be willing to do all that he tells us. If we do this, dislike will be driven out and love will take its place. Dislike grows to hate; but love, be it ever so little, grows greater. Be ye therefore sober, and watch unto prayer.

#### HIGHER RELIGIOUS INSTRUCTION.

Copies of the Syllabus for 1897 have been sent out with the Children's Day Services to every Sabbath School, Minister, and Superintendent. Every teacher should have a copy, and will be gladly supplied with enough for his whole class by sending a request to that effect to Mr. Farquharson. The committee would again direct the attention of our teachers to this method of promoting the efficiency of our schools. The prospect of a written test at the end of each quarter, or at the close of the year, is a wholesome incentive to faithful preparation week by week. Those who write the answers to each week's questions should have no difficulty in taking a good stand at the examinations.

The diploma offered for correct recitation of the Shorter Catechism is taken by an increasing number of our scholars. It ought to be the ambition of every teacher to persuade every scholar to memorize thoroughly this compendium of Scripture truth. For the written examination, scholars are required to take but one-third of the catechism, and the text-book prescribed is quite within the capacity of every intelligent young person. If you could form a class for its study, or if your Young People's Society would adopt the recommendation of the General Assembly's committee, and give a few minutes every meeting to the consideration of the questions for next Sabbath, there ought to be some among them ambitious enough to try for the recognition of their diligence which our Syllabus offers.

The department of Bible History furnishes an exceedingly interesting subject for a special class. The text-book has been secured at an exceedingly low price, and is used throughout the whole four years of the course. For the Syllabus and full particulars, write to Rev. W. Farquharson, Claude, Ont.