

knowledge and fear was removed. This exalted state might be attained by any one who would undergo the discipline and practice certain virtues.

The basis of their moral code is what the Buddha called the virtues. (1) That pain exists. (2) that the cause of pain is attachment to existing objects. (3) That pain can be ended by Nirwana, which is extinction. (4) The way that leads to Nirwana. This way to Nirwana consists of eight parts:—right faith, right judgment, right language, right purpose, right practice, right obedience, right memory, right meditation.

Their belief is that all are under the control of "a chain of linked processes" which continually recur with uniform regularity. The Buddhist believes that he has existed in many myriads of previous forms, and may have passed through various states of being from the lowest to the highest, and that he is now under the influence of all that he has ever done or been in his previous existence.

It is said that the Buddha himself lived the life of an ascetic eighty-three times, of a monarch fifty-eight times, religious teacher, twenty-six times, and so on until he inhabited upward of fifty different life forms. He was often a serpent, a cow, a jackal, a rat, a dog. At length having passed through these various forms of existence he came as Buddha—the enlightened.

By much meditation and practices of great austerity he claimed that he had found the truth. Having found the treasure (as he thought) he was filled with the desire to make it known to the rest of mankind, so he began the preaching of his new faith and met with great success. Buddha possesses a wonderful power for proselyting, which doubtless arises from the universal brotherhood which it inculcates.

Leaves from the Branches.

WESTERN BRANCH.

The western Busy Bees send greetings to their friends in the noble work of missions. Heartily we are entering into the work for the honor and glory of the Master's cause. Under the leadership of our president, Miss Royce, new members are being added and all are becoming quite enthusiastic in the service of the Lord. Great pleasure has been enjoyed during the past quarter while making scrap books for the children's hospital and the littlest tot helped. The next venture is to be a patchwork quilt, all are required to bring pieces of their dresses and help put them together. We have had many draw backs, but are looking forward to a bright, fruitful future and trust that each worker will be unselfish, faithful and busy as a bee, that she may hear the dear Lord say "Well done good and faithful servant, enter into the joy of thy Lord."

TORONTO CONFERENCE BRANCH.

Brampton:—Grace Church Mission Band. The motto by which we have been trying to shape our work this year is the "In-as-much" one, and the children find the pleasure of doing kind deeds much greater because Christ accepts it as done unto Him. Our attendance averages somewhere between 25 and 30. Miss Neeland, our Vice-Pres., came home from the Central Branch held in Toronto last fall, with many new and helpful ideas, one of which was that of dressing dolls for the Indian schools. The children seized upon the idea with enthusiasm and each one who could, took one home to dress. Two little boys asked for them, too, and of course they were given them to dress. We are proud of those boys! Two of the doll's hoods were crocheted by a blind girl. A quilt was pieced by an old lady 82 years of age. Some of our boy members filled a scrap book. We are now preparing for an evening's entertainment, the exercise given in the Jan. Outlook. We pray that God may bless our efforts to do good.

NOVA SCOTIA BRANCH.

Annapolis has sent for the Easter song service, the band intends preparing and giving it.

"Wesley Centennial" band of Cheverie, is now engaged in making up holders and in the near future we shall have a "Holder Sale and Tea" from that quarter to report.

The following are some items of interest in connection with the "Earnest Gleaners" of Yarmouth: Membership, thirty-five; Object, the support of a girl in Crosby home; method of raising money, entertainments, bazaars and teas. The sum of \$18.40 was realized from an entertainment held January 14th. M. F. BROWNING, Cor. Sec.

N. B. AND P. E. I. BRANCH.

Miss Bessie Durant, Sect'y of the Margate P. E. I. band, writes:—The new year has opened favorably for the Sunbeam mission band. We have a membership of 27, an increase of 4 over last year. Shortly before Christmas, this band held a public meeting, at which a highly interesting programme was carried out. Rev. R. Opie, president, in the chair. The choir of the church kindly assisted, with Mrs. Opie at the organ. Proceeds, \$6.00.

Miss Rellenza Eddie, cor. sec'y of the Bathurst N. B. band writes:—We have a nice society here and expect to increase in numbers after holidays. On thanksgiving we gave a concert, which proved quite a success. Recitations, songs, and dialogues, delightfully entertaining, as well as instructive, were carefully and intelligently rendered. Proceeds, \$13.28. This band owes much to the energy of its president, Mrs. (Rev.) Jos. Sellar. Parents and friends gladly note that as we labour for the good of others, we, ourselves, are mentally and spiritually improved. The PALM BRANCH, of which we take 14 copies, is liked very much.

Feb. 15 1894.

A. J. H.,
Band Sec.