



Here is another picture which does not represent any thing which belongs to the Christian's life : it is, *Pitching the quoit*. As we cannot obtain heaven by the *merit* of even our good works, much less can we hope for it on account of our learning, or good name amongst men, or our riches, or worldly honour, or the branch of the Christian church to which we may profess to belong. An attention to the mere outward duties of religion, however well we may perform those duties in the sight of men, will not be sufficient to fit us for heaven. Our Saviour says, "Not every one that saith Lord, Lord, shall enter into the kingdom of heaven ; but he that doeth the will of my Father which is in heaven."

Our young readers will observe that the persons in these pictures are represented as being naked, or having but very little clothing on them. Now this is necessary to give

a proper idea of the manner of performing the exercises of these games, and the care which the candidates took to prepare themselves for these exercises. They were previously trained to these exercises, and when they engaged in a contest for the prize they threw off all such clothing as was in any way calculated to hinder the free exercise of all their powers in the contest. This is what the Apostle Paul refers to, where he says to his Christian brethren who were running in the heavenly race, "Let us lay aside every weight, and the sin which doth so easily beset us."

The candidates in the Grecian games abstained from all kinds of food and drink that would weaken their bodies, or disqualify them for the most rigorous exercise of all their strength. And we may safely say, that they would most cheerfully avoid partaking of any thing so injurious as *intoxicating drinks*. They