LEPROSY SUSPECT IS FOUND

Chinamam Being Held Pending Closer Scrutiny by Dominion Health Officials

Supposed Skin Disease Now Believed to be Evidence of Ancient Malady

Vancouver, August 26.-What is considered to be a case of leprosy was discovered on Thursday. The patient Chinaman named Leon Gwain, who is now in strict isolation pending action the Dominion medical authorities. Gwain was admitted to the hospita suffering from what was supposed to be a skin disease, but upon closer examination being made the physicians were led to believe that the malady was

The mdeical health department was at once notified and a further examination was conducted, which confirmed the opinion already hazarded. Communication was at once opened between the city health department and the Dominion station at William Head and the medical health officer is now awaiting instructions from the medical officer at this depot, who wll decide at once definitely as to the action that should be

Inquiries were instituted and the hos pital authorities made no effort to disguise the situation. It is understood that the malady from which the Chinaman is suffering is not of a virulen type and that there is no danger from further infection. The man had not been in even the most remote contact with any other patients, and the methods that have been employed in isolating him are such that no greater peri is offered to other patients than if he were in some distant city of China. No sooner had the symptoms manifested themselves than the Dominio

fled, and all danger of possible infection have been absolutely eliminated. Contrary to the prevailing opinio leprosy is not a very infectious disease It is communicated alone by contact and even then only under peculiar con. ditions. Its rapid spread in Orienta countries is caused by the crowding to gether of people in one abode. The fac that nurses and Sisters of Mercy have dwelt for years in close communiwith sufferers without becoming con taminated is the strongest proof that

authorities at William Head were noti

JEWISH ORDER WILL AID

does not readily obtain a hold.

defence of the immigrants who will me to the Pacific Coast when the Panama Canal is open, Dr. J. Nieto, of San Francisco, has reached Vancouver. He is president of the great Jewish order, the B'Nal B'Rith, and as such he is first taking up the work with that order, but this, he explained, is but the commencement of a movement which is spreading through all the Pa-

offic Coast cities.

Dr. Nieto predicts there will be an immence influx of from 150,000 to \$200,000 immigrants the first year the Panhama highway is opened. These immigrants, coming farther afield than grants, coming farther afield than grants, coming farther arrest their brothers, probably will have considerable money with them and therefore, Dr. Nieto maintains, Western perfore, Dr. Nieto maintains, western performance of the second performance of the control of the performance of the perfo sons ought to see that the unscrupu lous do not exploit the newcomers. However, the new work which is be ing undertaken is not only against the exploitation of the immigrant, but for the organization of bureaus of information where the strangers will be enabled to get data on any section of country which strikes their fancy appeals to them from a financial

on account of the Panama Canal will be the most adventurous, and therefore the best," said Dr. Nieto. "The
weaker of the immigrants, as is generally known, scarcely get any distance from the places where they land on the Atlantic Coast. These have come West are the hardler and more intelligent, who want to be lead-ers instead of being content to be led."

CUTS UP HUBBY'S TROUSERS THROUGH JEALOUSY

was jealous of her husband, who she said dressed in the latest fashion while she was compelled to dress less expensively, Mrs. Isaac Healy appeared in front of an undertaking establishment where her husband is employed as a hearse driver and cut to pieces a new pair of trousers her husband had just bought and left at home. She

FEATHERED BEAR TOO MUCH FOR MAINE FOLKS

Uncanny Apparition Causes Many Sap-Tappers to Sign Temperance Pledge

Milk Pail, Raspberry Preserves and Feather Bed Mingle in Excitement

Bangor, Aug. 26.-When a man sit-Bangor, Aug. 26.—When a man sit-ting on his own doorstep after his day's labor can see feathered bears wearing tin helmets racing by faster than the Bangor & Aroostook express it does seem that there's a screw loose

somewhere.
"I ain't b'en takin' more'n half 's much 's common, but I see that b'ar with feathers an' the tin hood over his head jest 's sure 's there' bark on a log," declared Charles W. Boundy, of Moro plantation. "I'm sort o' shamed to tell 'bout it, Skursely no one beleaves it an' most fell legislation. leeves it, an' most folks laffs an' tells me it's time to let up on my licker. Cur's part of it all is I didn't have a drink that day, nor the day afore that. Still, I see that b'ar 's plain's I can see



CONCERNING HEALTH and BEAUTY By MRS. HENRY SYMES

To Develop Arms and Dack HB subject to be considered today is how to obtain a perfect on the condition of the skin. Wiping off the face occasionally with diluted alcohol (25 per cent strength) is beneficial in the case of an oily skin. A few drops of ammonia or a pinch of borax in the water with which the face is washed is also helpful. figure. Inborn in every woman's nature is the desire to be beaufore retiring. Avoid late suppers. Do not drink coffee more than once a day, and let that time be breakfast. Select amusement that does not excite the nerves.

To woo sleep, you should put yourself in a position of rest. Avoid irritations, noises, bad air, cold feet, overloaded bowels, all of which mean tiful, and to have, besides a lovely face, eyes and skin, a perfect form. We have grown, perhaps, to womanhood without taking care of our bodies. At school we sat sideways at the desk. and the right shoulder is higher than wakefulness and prevent the proper physical rest. Stopping Rope Owes Agility. the left, the one hip larger than the Dear Mrs. Symes.

Please tell me what can be done for feet which are very tender.

MOLLY. other; or, maybe, as a little girl we which are very tender. MOLIAT.

Wash the feet in cold water night
and morning, rubbing dry with a
rough towel, after which mop on the
following solution: stooped over our lessons until our back

The Action of Massage Gentle rubbing of any part of the body promotes growth, while vigorous rubbing removes superfluous fat.

Cucumber Wash Cucumber Wash

Dear Mrs. Symes.

I have heard that cucumbers are an excellent bleech for the skin. Will you please the skin. Will you please the skin. Cucumbers bleach and soften the skin. Cut one or two cucumbers into rather small pieces without peeling. Put these into a mortar and pound with a pestle (or use a heavy potato masher and a heavy earthenware bowl) until the mass is pulplike in consistency. Now filter this through a piece of cheesecloth or very coarse

For General Exercise. muslin, squeezing out as much of the juice as you can. Now put the refuse and filtered juice into a clean enameled saucepan and simmer (don't boil) for ten minutes:

Then re-strain and when cold add algohol to the preportion of one table-speonful to half a plat of the strained liquid. Bottle and use is sponga your face instead of washing it during the day.

times at first, increasing the number of the resolution. Catch it on the resolution. In this, too, remember not to tire yourself. Stop the game before you many different motions as is possible for you to master. Catch it on the resolution. In this, too, remember not to tire yourself. Stop the game before you many different motions as is possible. Fasten a rope to a doorknob, grasp CUSTOMS back as far as possible, then pull front of the plate; glasses for water, at front of the plate; glasses for water, at the right. A good servant keeps glasses always filled and places fresh butter on the plates. Serving should be done from the left, except coffee, which should be placed at the right of the diner. Mrs Chester Adams This will be hard to do at first, but with practice it will become easy with practice it will secome easy and will be found a splendid thing to reduce the size of the abdomen, train down superfluous flesh on back and arms and give strength and firmness to all the muscles brought thus into ac-

most cordially morter for fruits bring to her they secuel.
Rollow and Paplantes by letter at any times

Eggs

Dear Mrs. Symes.

Will you kindly tell me if there is much nutrition in eggs? What is the best way to cook them?

Biggs are almost as nutritious as meat. They are most easily digested when soft boiled or poached. Dry toest, finely broken up and mixed with a soft-boiled egg, aids in its digestion.

Water Drinking

Dear Mrs. Symes.
Will you kindly tell me when is the best
time to drink water throughout the day
and how much should be taken?
ANXIOUS.

At least six glasses of water should be taken a day. It is advisable to have appointed hours for the water drinking. In the morning, upon ris-ing, and the last thing before retir-

WELL-TRAINED SERVANTS F IT be your fortune to hire servants, it would be well to remember that you are entering into a business contract, each side of which should be observed to the letter. The servant problem is not only a result of industrial conditions, but of the home conditions, and if a mistress remembers that a servant is a human being, and treats the worker considerately, perhaps the call of the mill, with its regular hours, will not be so alluring.

It frequently falls to a woman's let to train a willing servant into the ways of her home, and sometimes into the ways of serving. The important thing is not to attempt too much at once. Take one setting of the thele and the serving, and by repetition and frequent lessons have the maid master this. Impress on her mind the importance of the mechanics of serving. The most inexperienced will seen acquire efficiency in placing the silver, glasses, etc. correctly.

Generally speaking, the knives and spoons are placed at the right of the plate, the forks at the left. That on the right which is to be used first, such as the oyster fork, should be the outer one; the next would be the bouilion spoon, and so on. The dessert and the coffee spoons are last. Forks are easily disposed of, for the salad fork, the smaller one is last to be used and, therefore, nearest the plate. The method is to work from the outside in toward the center.

Butter plates are placed at the left, in roblem is not only a result of industrial thet alcohol causes obesity? M. L. P.
Alcohol does cause obesity. It robs
the tissues of oxygen which they
would otherwise use for combustion.
Therefore, the tissues are kept starving for oxygen, metabolism is interfered with, and they cannot get rid
of their waste material. When this
process is delayed one's weight is increased.

Brown." If there are any doubts about a mistress' inclination to see guests, a polite "I will inquire" after receiving the cards of callers should be given. A polite, quiet demeanor is a requisite of a good servant. Neatness is another factor, and it were well to suggest that these two factors are demanded. As the relations between the mistress there should not be undue familiarity between them. It often breeds contempt. This must not be censtrued, however, to man that a mistress should forget her politeness when addressing servants.

When asking one to pass a dish, etc., the little word "please" need net be dispensed with, and an amiable "thank yen" should be given.

Women servants are addressed by their first names. Men servants are usually addressed by their surnames. A censiderate mistress never reprimands her servant before strangers, and should sek that any questions in the mind of a servant be solved by presenting them to her. The equipoise of a mistress is reflected in the manner of her servant, and fairness in treatment is usually reciprocated. A clear understanding of the duties to be performed, regular remuneration and a kind business relationship will make the household wheels go smeothly on their way.

Den't everwork your servant. If she be a quick, good worker, the time saved belongs to her. In this way you will set the best service and the most willing attitude toward you and your home. there should not be undue familiarity

ADVICE ON SOCIAL

ing, half hour before each meal and in the middle of the morning and afternoon will divide the periods nicely.

At first, it may seem a great nuisance to drink water by rule, but soon it will become a habit that you will

get almost unconsciously without dis-turbing your routine for more than a

A Tooth Powder

one.

A tooth powder or tooth paste is necessary in order to produce sufficient friction to clean the teeth well. Be sure to use a good brush. One that is not too broad, but is slightly curved is advisable. The bristles should not be too hard. Following is the recipe for a good powder:

The proper form of addressing a mis-tress is "Yes, madam," or "Yes, Mrs.

SOLUTIONS TO SOCIAL PROBLEMS

The Use of the Postal Card DEAR Mrs. Adams.
Kindly tell me if it is proper to write terms of affection on a post-anxious. anxious.

It is most improper to write anything personal on a postcard. A postal card should be sent only when circumstances leave no alternative. In this case let the message be stated upon it very briefly.

Dear Mrs. Adams.
Would it be proper for me to take a chum of mine to call on a girl without asking her permission to do so? FRANK. No: the girl's consent should be gained before making the call.

A Wedding Postponed

very soon after a family death, but very quietly, of course. If you want to have a large wedding you must wait a year. The Bow Tie

Dear Mrs. Adams.
Will you please tell me when the black bow tie should be worn?
TED. Such a tie is worn to informal affairs held after 6 o'clock in the evening. The First Husband's People Dear Mrs. Adams. When a woman is married the second time, would it be proper for her to invite her first husband's people to the wedding the first husband husband

If you are on friendly terms, it would be well to invite them. Proper Behavior Dear Mrs. Adams.
Have just married and moved to a city.
I have always lived in a small place where
all social functions were of an informal
nature, so am very ignorant in regard to
formal safairs. I have been invited to a
formal oard party given. two women,
one of whem is

Another Man Sees It.

William Spencer of Mattagammon that taken a drink since. He swears this one begut to worry the critter, chastil lime and told how he had an other head.

Cooper between the bard down the had an other head.

One of all its feet depths and told how he had an other with a "critter" whose like he had the form of sulphur and its claws struct on the boat. What I see I see see on the Beat Branch or a grade of sulphur and its claws struct on the boat.

In the It is a see in the pail and told how he had an other lime to see a bar that must a weighted to have a see the bard down the head.

In the Bull to of pair my pre-sarves out a coolin'. He knocked the whole mas thit work that knocked her kitin' half the hard the had the

While England Thinks ments, Canada Th Railroads and Publi

Opines That British a dian Diolpmacy Will to Settle Panama

Says Germany is Territory for the Pu of Colonization

TTAWA, Aug. luncheon given visiting British and legislators at th Laurier, the guests in eral members of the cabinet and the form government, among Wilfrid Laurier, 1 White, Hon. W. T. Hon. W. B. Nantel, Reid, Hon. W. J. R Rodolphe Lemeiux, ar

S. Fielding. In proposing the to guests, Sir Wilfrid I pointing out how Cana ences with the United been settled during the dred years, without arms, said a bad arbit better than the most war. Touching on th armament in Europe, 1 "Thank God, Canada s

a race. In England, you

of canals and railways

As to the German peril.

that Germany was only s

there was enough for Ger out embroiling Great Bri

sent Panama canal dispu

believed that British

diplomacy would be able t

satisfaction of all co

or of South Africa, said

Sir Arthur Lawley, a f

recently taken part in

Colonial Institute in Lon that Mr. Borden told of welding together a nation

He stirred the heart of

mere act of courtesy

might be

however self-centred and

nand-grip of citizens of a

union, he said that at the the union of British se

dominions was being prom purpose of defence. He p purpose of defence. He pustify this way of looking

situation. Europe was vast armed camp. Ge

world's greatest military

arming herself prodigi ostensible reason. At a Britain might find herse upon a colossal fight, an not insult the intelligence

ence by pointing out the effect on Canada of a gre

tal war.
"It is more comfortable

sent time to prattle abo peace," said the speaker

most potent factor in the

SHORT NAP IN WAG

T is cheaper to get drun than to get sober, acco ward Rosen, who arriv

more than \$150 in his po he told his troubles to th

terday afternoon, he sa have sufficient of the

realm left to get him t

where he was going to ta According to Rosen, \$ much money to have in o

sion and not celebrate the

fore re gazed upon the

was rel and likewise for

Scotch that had a kick ostrich. It was one kick

ter that made him des

nap, so he wandered into a livery stable and took t

was soon in the arms of

was rudely awakened by ing through his pockets

just in time to see the thi
ing through the livery ba
Leaping out of the was
in pursuit, calling to a

vehicles with a hose to co

low did?" asked the victi

sergeant at headquarters

the hose on me and near

again, and maybe you

'Well, we will look in

\$20,000 FIRE IN MO

Montreal, Aug. 27.-Fi

Warerooms of the Alask

Down company, St. A

The warerooms were en ed. Three cars loaded on the railroad siding w

flames. It is believed combustion was the cau

the blaze was put out.

manager of the Alaska Down company, said the

The damage was con the warerooms. The

from Edmonton with

COSTS SLEEP

the Canadian prem

tory for colonization.

It is very bad form to place the knift and fork in such a position. Once they have been used they should not be laid upon the table again during the meal, but should rest entirely upon the plate. Issuing Invitations Dear Mrs. Adams.
When is at proper to issue wedding invi-Wedding invitations are issued not arter than fifteen days, and not earlies han four weeks before the date set for

The institation should be answered as soon as possible after its receipt, so that the hostses may know whether she will have an even number of players. Use the same form when replying as the answer to the woman at whose home the party is to be held. If you attend you should arrive at the time stated the invitation. If you are directed to a dressing room, remove your court is

The Proper Method

it good form to shake hands when

1. Yes. by doing so one conveys a sign of cordulal welcome of the acquaintance.
3. A girl should never be introduced to a man; he should be introduced to her. In acknowledgment of the introduction she may say, "How do you do, Mr. Brown?"

The Knife and Fork

BLACK BRAUTY.

Shaking Hands Dear Mrs. Adams.

When my fiances presents me to her relatives, should I offer to shake hands with them? They should take the initiative in this, except in the case of a man who is your junior. You should then offer your hand to him.

Who Sets the Time? Dear Mrs. Adams.

When a girl asks a man to come to see her, is it right for her to set the date for his first call?

JANE. She should allow the man to choose the time, although she may tell him in a general way when she is apt to be

A Spoon and a Fork?

Dear Mrs. Symes.

When serving to cream should a spoon and a fork be placed on the plate? No. One or the other should be

Walking Home With Her Dear Mrs. Adams.

If I wish to walk home with a girl must fill wish to walk home with a girl must be do so, or would it I ask her permission to do so, or would it be all right to walk along with her with her bout saying anything about it? JOHN. You should ask the girl's permis-sion and not take it for granted that your company is agreeable.

The Meaning of a Phrase Dear Mrs. Adams.

Will you kindly tell me what "to the manner born" means? INQUISITIVE. It means that ohe's actions and speech have grown up with one from childhood

Receiving Calls Dear Mrs. Adams.
Do you think that girls of 14 are too
young to have their boy friends call upon
them?

MOTHER. them? MOTHER.

Boys and girls should meet informally to play games and have pleasant times together; but girls of is should not receive social calls from boys and see them alone.

The Proper Position Dear Mrs. Adams.
Will you please tell me the proper positions for those receiving at a wedding reception? ception?

The bride and bridegroom stand side by side, the bride on the bridegroom of right, between him and her maid of honor. If there are bridesmaids, half the number stand on the right and haif on the left of the young couple. The bride's parents, being host and hostesa usually remain near the door to be first in welcoming their guests.

"At Home" Cards If you expect to be "at home" for one or two or more days, and give the dates, a separate card is advisable; but if the "at home" signifies simply that you will be ready to receive your friends after a certain date, it is better form to have it engraved with the date in the lower left-hand corner of the announcement.

The Bride's Glove Dear Mrs. Adams.

Is it the duty of the bridesmaid to formore the brides glove when it is time for more the brides glove when it is time for the dustrict the ring to be placed on the ring to be The bridesmaid should not remove the bride's glove. The bride herself will de that and give it to the bridesmaid te hold during the ceremony. A better plan than this, however, is for the bride te rip up the third finger of her left-hand glove. It may then be slipped off easily when it is time to place the ring there and the glove need not be removed at all.

The Opera Cloak Dear Mrs. Adams.
If I do not care to check my cloak in the cloakroom when in the theater, may it to my seat?

LUCHLIM You can remove the clock in the lobby or you can wear it until after you have been scated. Then allow it to fall back over the seat.

The Bridegroom's Sait Dear Mrs. Adams.

When a bride is married in a traveling suit what would be the proper suit for the bridegroom? bridegroom?

He should wear a business suit of some dark cloth. When a bride wear a traveling suit it is to be understood that she will leave immediately on her wedding trip and, to be consistent, the bridegroom's costume should also suggest this idea.

BONUS FOR WO

Moose Jaw. Aug. 27.red today in the labor the city decided to bonu connection with the city' from Caron Springs, 29

These men contractin teive \$1 per day extra d tract, provided they rem

ANSWERS TO BEAUTY QUERIES

all the muscles brought thus inte action.

Walk with the hands clasped behind the head and breathe deeply to help yourself obtain a straight, flat back and a deep, well-rounded chest, broad lung expansion and an erect carriage.

All are exercises easy enough in themselves, but every one with its special value in muscle building, and all contribute their share toward giving woman what she most ardently desires a model figure.

perfect freedom of movement to the

arm, shoulder and back muscles, play

a game of handball with yourself for

Throw the ball against a wall and

catch it on the rebound.

REPLIES to letters sent to the writer of this department will be printed in regular order; but no replies in print may be expected in less than three or four weeks.

Correspondents desiring immediate re-

is rounded instead of flat, our chest nar-

row and flat, making it impossible for

our lungs to expand properly, and our-selves easy prey to lung trouble or

Perhaps our limbs are thin and un-

developed, the abdomen too large; or, in some cases, there is too much fat en our bodies, and flabby muscles should

must be overeome if we would have

possible to correct deformities if they

muscles have grown tough or hard-

ened; but with persistent, regular ex-ercise much can be done to improve even the most missispen figure. For general exercise there is no bet-

ter method than purching the bag. This brings into play all the muscles of the

body, and develops the arms, chest and

with swift, steady strokes, five or ten

for you to master.

To give agility and strength to the

lower limbs the skipping rope is found to be a very useful thing with

which to exercise.

Skip the repe in just the same way

as you did when you were a little tot at school, only be careful not to over-

exert yourself by jumping too many

times at first. Begin by jumping

your head and under your feet, ten times; then increase the number until you count fifty, but never over that without resting ten or fifteen min-

utos.

Always rest after all corrective exercises; the muscles must be relaxed completely if you wish them to receive the full benefit of the exercise.

Te straighten the back and give

Stand erect, with the inflated bag on

perfect figure; but it is not always

pulmonary diseases.

be firm.

plies to queries may get them by inclos-ing a stamped self-addressed envelope. Personal inquiries will receive prompt attention if accompanied by a stamped and addressed envelope.

Brushing the Hair Dear Mrs. Symes.

Would you using falling me what bene
fit is derived from brushing the hair?

MAMIE. When brushing the hair the oil is evenly distributed throughout its whole length. The brushing also removes: any dust that may chance to fall on the head.

Desires Curly Hair Denr Mrs. Symes.
What can I do to give my hair a curl?
I do not want it kinky, but I like to
have just a nice wave running through
my hair.
There is no way of making straight
hair permanently curly. All that can
be done is to put in a curl that will
lest for a little while. I am giving
you the recipe for a finid which will
help to keep the hair in curl a little
longer than usual:
Add I tablespoenful of bruised
quinceseed to a pint of hot water. The
water is poured, over the seeds and
the whole allowed to stand for several
hours. The resultant mucilage may
then be thinned with a few drops of
easence of violet. The hair farmoistened with the fluid before curling.

A Rouge Dear Mrs. Symes.
Will you please publish the recipe for a good rouge?
MARY.
Following is the recipe you desire: Sweet almond oil 4 onnoes
White wax (meited) 250 grains
Spermacot 250 grains
Benzoin (finely powdered) 160 grains
Rios powder 250 grains
Pure exemine 15 grains

A Dandruff Cure Dear Mrs. Symes.

I am troubled a great deal with dandruff, and it is quite embarrassing to have the white scales on my dark coats. What ean I do to cure it?

Moisten scales with cirve oil. When crusts are soft, wash sealp with tincture of green soap. Rinse theroughly and apply alment oil to the scalp. Rub in with the fingertips and then use the following lotion daily:

Dry Hair Dear Mrs. Symes.

My hair is very dry. I have been using soda in the water when washing my seed. Do you think this is injurious?

HENRIETTA. Soda has a drying effect on the hair and should not be used by a person whose hair is naturally dry. I am giving the recipe for a splendid oil, which you should use on your hair every day.

Oil of Sweet Jasmine Scentless castor oil 2 ounces Cocoanut oil 2 ounces Oll of rosemary 1 ounce Oil of Jasmine 4 dram Mix oils with gentle heat. Bottle. Shake for five minutes.

A Protuberant Abdomen Dear Mrs. Symes.

Will you please tell me the cause and
the cure for a protuberant abdomen? I
am quite a young girl and cannot understand why I should not be fat.

EMMA F. The protuberant abdomen may

either be due to a faulty position in standing or an excess of fat. This excess of fat may be in turn due to lack of exercise or an excess of sweets and starchy foods, and the reduction of the superflueus fat by suitable exercises, properly taken, together with the attention to the diet, is the safest way for a person to reduce her size. The addominal museles are used in bending, in steoping forward, in raising up from the recumbent position. Trunk bending forward and backward, and bending of the knees down to a squatting position, bring into play and exercise the abdominal muscles. Cucumber Lotion

Dear Mrs. Symes.
Will you kindly tell, me how a lotion
to soften and whiten the skin cam be
made from cucumbers?

LOTTIE.

A very pleasant lotion is made of: Expressed juice of oucumbers. ½ plat
Deodorized alcohel 1½ outces
Sweet almond oil 3½ ounces
Shaving cream (or melted
castile seap) 1 dram
Bianched almonds 1¼ drams

Recipe Republished Dear Mrs. Symes.

Some time age you published a recipe for a resordin dintment, which was very good to have in the house for any inflammation of the skin. Will you kindly print it again, as I cannot remember the ingredients?

GRATEFUL.

This is the recipe to which you refer:

Apply at night after washing the face. Do not let the olument set near the eyes did nostrils. Wash off in the morning with bland soap and warm water.

For Insomnia Dear Mrs. Symes.

Will you kindly tell me of a treatment for insomnia?

What you must try to do is to draw the blood from the brain to the surface of the skin. Het foot baths, general warm haths, celd douches on the spine, brisk exercise, light massage and cold rooms will have this effect on the blood. Mental workshould be laid aside several hours be-

Dear Mrs. Symes.

My little girl, 2 years old, would not be bed-looking if it were not for the fact that her eyes are crossed. Cas anything be done for this condition?

Yes, a great deal can be done to improve your child's appearance. Take her to a first-class eye doctor to have the operation performed. An Oily Skin

day.
The alcohol should preserve the juice.

Alcohol Causes Obesity

Dear Mrs. Symes.
Will you please tell me if you think that alcehol causes obesity? M. L. P.

Dislikes Curly Hair

Dear Mrs. Symes. Can you tell me how I can step my hair from being se curly? Nothing can be done to make natu-rally curly hair straight.

A Complexion Clearer Dear Mrs. Symes.

I should like to have the recipe for some local application for clearing the complexion. I am following your advice closely.

MAX.

The following treatment is excellent for clearing the complexion: Rub the face over, just before washing it, with two teaspoonfuls of flowers of sulphur mixed in half a pint of new milk. This mixture should stand a little while before it is used on the face.

Cross Eyes

Dear Mrs. Symes.

Will you please advise me? I have an estremely ofly skin and should like to know how to get rid of the condition.

ELUE EYES.

You should avoid all rich and greasy foods, for diet has a great influence

Dear Mrs. Adams.
I expected to be married next month, but
my father died recently. How long should
our wedding be postponed, and if it takes
place within the coming year it would
have to be a quiet one?

Weddings are sometimes celebrated