ASSORTMENT SPLENDID MEN'S SHRTS.

We are now offering at Old Prices, the following lines, in Men's Shirts:

FOR WORKING DAYS:

- 65c. to 70c each. Khaki Cotton Shirts, from -\$1.40 Khaki Sateen, Shirts, from \$1.30 Khaki Flannel Shirts, from - - -Fancy Striped Flannelette Shirts, from 60c to \$1.00 Fancy Striped Regatta Shirts, from - 60c to \$1.00 Fancy Striped Flannel Shirts, from \$1.30 to \$3.20 Grey Flannel Shirts,

FULL ASSORTMENT OF SIZES.

FULL VALUE FOR YOUR MONEY.

FOR HOLIDAY WEAR:

A splendid assortment of NEGLIGEE SHIRTS, including the latest, with SILK FINISH FRONTS.

> Soft Cuff, \$1.20 to \$2.80 each Starched Cuff, 55c to \$1.30 "

We would not try to describe the values offered in this splendid variety of Shirts but would invite you to come and see for yourself.

How People Spend Their Money.

"Perhaps the way I divide my in-

(such as magazines, theatre, etc.)

-\$2.00; Other expenses (carfares,

"I am a business woman," writes

another, (by the way all these an-

swers appear to come from women,

we'd like to hear from some men, too),

"I get \$14.00 per week. I am a

Church member and give twenty cents

each Sunday for support of the

Church and missions. Christmas us-

ually costs me from \$25.00 to \$28.00

and for wedding presents I never give

less than \$5.00. I might add that I

board and it costs me about \$9.00 per

week, including carfares. I will be

not enough I would like to know it."

Did You Ever Hear The Equal or

Here is an extraordinary gener-

"I have an income of about \$900

per year. I gave wedding gifts-

\$45.00; Christmas-\$10.00; Charity

-\$5.00; Showers for brides-\$5.00."

HANDEL'S "MESSIAH"

-\$100.00; Church-\$50.00; Little gifts

This?

take that money out of savings."

tics etc.)—\$3.00. Christma



How Forty Dollars a Month is Divided. cen most gratiflying. Apparently I touched a chord make most of them myself)-\$7.00; of popular inter-Church and charity-\$4.00; Upkeep of room at home-\$2.00; Higher Life

Several readers have gone further with their whole gifts-\$2.00. If I need the doctor and supplied me budget.

I wish I had this whole page. could fill it with these interesting hu man documents. As it is, I'm going to give you some this week and more a week from to-day. Watch for them if you are interested in knowing how people of various incomes apportion their money, especially their gift

"For a wedding present for some one I know well," writes a letter friend who says her income averages about ten dollars a week, "I spend grateful to have you write something om three to five dollars. For any casual friend, one to three dollars." She Buys Presents Throughout The Year.

"I have a drawer in which I place anything I see during the year that I think would make a good present and which I can get for a reasonable figure or can make.

"We have the duplex system of enelopes in Church. I give fifteen cents for the support of the Church, and ten cents for benevolences. For Sunday School and other Church colnext, at 8.15 p.m. There is no services, and ten to twenty-five at special services.

subscription and copies of music will be lent.—feb19,2i "For collections for purses for postman, gifts, Red Cross, etc,. I generally give from ten cents to one dollar according to circumstances."

Burgess Essence of Lobster.

Bover's Oysters, 1 & 2 lb, tins.

Herring in Anchovy Sauce.

Herring in Shrimp Sauce.

Kippered Herring in tins.

Lyle's Golden Syrup, 2 lb. tins.

Fresh Frozen Herring.

Finnan Haddie.

Smoked Bloaters.

Boneless Codfish.

Mackerel in tins.

Salt Herring.

Fish Sounds.

Don't Worry!

come," writes a friend who receives forty dollars a month, room and We have them ready. board included, "would be of interest." "Savings bank-\$20.00; Clothes (1

42 brls. Cranberries. 50 bags Parsnips.

5 bags Beets.

60 cs. Calif. Oranges. 15's, 215's, 250's.

150's, 215's, 250's.

Soper & Moore, Importers & Jobbers.

on this subject, as I give too much or The Conqueror of To-Morrow.

London Daily Express.-The conqueror of to-morrow is the man in shirtsleeves with a headfull of knowledge. The school must aggravate the resp. desire to do things. The boy must start with the conviction that easy work is dull work, and that to live without initiative and without reponsibility is to lose one's manhood. The moment life ceases to be a fight The moment life ceases to be a fight it becomes a bore. There can be J. Duff; resp. Hon. S. D. Blandford. no chance for the nation whose citi- "Absent Friends," prop. P. Fearn; Next practice in Basement of ctions I give five cents at ordinary George Street Church Thursday no chance for the nation whose citizens are content to believe that tomorrow must be of necessity just the same as to-day. Great Britain has been half asleep, replete with prosperity. The war has awakened her.

THINKING OF SPRING.

nim from these realms to skip, the

rain that ends long months of woe,

and makes the blessed green things

grow. So come, south wind, from

sunny seas, and bring the leaves back

to the trees. And come, warm rain,

and wash away, all traces of the win

How glad I'll be

door! I'll surely

Cabbage should always be boiled in two waters.

Sun Life of Canada IN STRONG POSITION.

Total assurances in force on the that to be dug out and captured and books of the Sun Life of Canada have 700,000, the largest amount ever issued by a Canadian life company.

surplus which now totals over \$8.500 -

Altogether, such a showing will b gratifying to the Company's many policyholders and indicates that this onservatively managed Company is in an even stronger position to-day than at any time in its history.

Poultry Men's Annual Dinner.

The Newfoundland Poultry Associa tion held their annual dinner at Wood's West End Restaurant last night. There was a large gathering of members and their friends and a enjoyable time was spent. Mr W. LeMessurier, C. M. G., acted as Chairman. After dinner the follow-Charman. After dinner the following toast list was gone through:—
"The King," prop. the Chairman.
God Save the King.
"Newfoundland Poultry Association," prop. Hon. S. D. Blandford; resp. Mr. G. W. Gushue, Hon. President

"Our Feathered Friends," prop. Dr.

Campbell; resp. W. R. Butler. "The Land We Live In," prop. W. Reid; resp. G. R. Williams. "Our President," prop. Percie John-

Ladies," prop. S. White; resp. . A. Calver.

"Veterans," prop. Percie Johnson resp. Capt. E. Dawe and A. McKeen. Songs and recitations were given by Thomas, A. McKeen and Earle: reading from Mark Twain by Mr. Leto hear once more the south wind distance and the south wind the s pawing at the of the Association's work for 1916.



500 other purposes.

REFUSE SUBSTITUTES.

"Wise Men"

As will be seen from the essential features of its year's operations set forth elsewhere in this issue, Canada's largest life assurance company has just closed a highly satisfactory year.

If there really is luck in getting trade Sued by a Canadian life company.

During the year the Sun Life of Canada paid policyholders, in death claims, matured endowments, profits, etc., the sum of \$7.573,817 bringing the total payments to policyholders since organization to over \$60,254,071.

Other features which are worthy of note are an increase of over \$8,600,000 in assets, which now stand at \$83,000,000 in round figures, and an increase of practically \$1,000,000 in net surplus which now totals over \$8,500. if he doesn't nut them into action

tured only by DR. F. STAFFORD & SON, St. John's, Nild. feb117,tf

In Milady's Boudoir.



THE BEAUTIFUL MOUTH.

If your mouth is defective, improve the shape of your fips by avoiding careless habits. Many pretty women are disfigured by careless habits of mouthing their words, of chewing their lips, of ridiculous contortions while they talk.

The time to train our mouths to beauty is in our infancy. Our mothers should begin the work, and when we have reached years of intelligence -we should carry it forward.

If the mouth is too large it can be trained to lesser size by tender pinching of the corners. This makes Messurier; and a piano solo by Mr. the line at the corners almost indeterminate, and diminishes the size. This must be most gently and tenderly done. Also train the lips to deepen their beauty cleft by pushing the middle portions together with the first fingers. This light pressure four or five times a day, when you are dressing in the morning and undressing at night, will marvellously re ashion the mouth.

The lips should be lightly massaged at night just before retiring. Do not ase glycerine alone on the lips nor any other surface of the body. It is oo drying. It has the power to draw oisture from the skin, and that noisture should be replaced by the water with which the glycerine is

As to color-the lips should not h too red. The normal lip should be the same color as the gums. So the lips should be a deep pink or a light red. Not blood red but three shades lighter than a stream of arterial blood. Preserve the color by keeping the body healthy. If the circulation s defective the lips will be pale. If we become anaemic, pallid lips will he one of the first signs of our state. To make them healthy red improve the tone of the system.

Minard's Liniment Cures Diphtheria.

About Pictures and their correct framing.

The art of Picture-framing is a more intricate one than is generally understood. It is not merely the making of a frame, but the selection of suitable Mouldings for the many different subjects, as pictures that are undoubtedly beautiful are often spoilt by unsuitable framing.

We have for many years made Picture-framing a special feature.

We have workshops fitted with the most modern appliances for their framing.

We have men who understand perfectly what Mouldings are needed to throw up their beauty.

We have the largest stock of Mouldings in the city, and-

We are prepared to carry out promptly and

U. S. Picture and Portrait Co.

with complete satisfaction all orders received by

Picture Framing Experts.

Rossley's British Theatre.

Monday, Tuesday and Wednesday (and Wednesday Matinee) Edmund Fox, Carolyn Carr and Mrs. Rossley in a hilariously funny comedy,

FIVE DOLLARS will be paid to the party suggesting the best two-word title for this big laughing success.

PICTURE PROGRAMME: Great Feature by the Kalem Co., entitled "POWER," in 3 parts. Screamingly funny Lubin comedy, "THE WISHING RING." Tuesday, Feb. 20—COUNTRY STORE NIGHT—Tuesday, Feb. 20 The last "Country Store Night" was an eye-opener; but this

Tuesday's display of groceries, dry goods, meats, fancy articles, gent's furnishings, jewelry, etc., will excel anything as yet exploited to reduce "the high cost of living." Doors open at 6.30. Come early and avoid the rush.

THE WARREST HE WARREST TO THE WARRANT OF THE WARRAN

5c. The Crescent Picture Palace. 5c.

EVERY AFTERNOON 2.15-EVERY NIGHT 7.15.

Presenting ANNE LEIGH and JOHN LORENZ in "Repentance."

A great 3 reels feature by the Essanay Company "THE LOVE OF AN ISLAND MAID"-A Selig sea drama. "TWEEDLEUM REARS A PUPIL"-A very funny comedy.

PROFESSOR McCARTHY playing the Newest and Best Music-

Read The Telegram

ary and you have and save y and unnec of Marquis rheum. "I had nothing used Zam improven Zam-Bul

ringworm all skin in

es: : gs

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Why is prevalent j plained that blood from to the liver the whole h and when in that orga Hamilton's of such ve drake and wonderful It's a marve Pills clear humors. The out bodies. bring back tide folks o ssing nd bo ter and the For your h a 25c. box

day.

DUCKWORTH STREET & QUEEN'S ROAD.

C. P. EAGAN

Ex s.s. Florizel to-day, Feb. 20th:

APPLES, JUMBO PEANUTS, FRESH

CANADIAN EGGS.

LENTEN GOODS OF BEST QUALITY.

Skipper Sardines

"Ocean" Brand Salmon.

Heinz Peanut Butter.

"Ocean" Brand Lobster.

Asstd. Fish Pastes in tins and

Hartley's Jams & Marmalade.

-EX TRAIN TO-DAY:

FRESH RABBITS.

FRESH COUNTRY EGGS.

P. E. I. Clams.

CALIFORNIA ORANGES, LEMONS and