

Fifty Hours of Suffering in Sail Boat

Windsor, Ont., Dec. 24—Out on Lake Erie in a sixteen foot sail boat since Sunday afternoon, when they left Point Pelee for the mainland at Leamington, a party of five persons, including Frederick Quelette, mail carrier, and one woman, arrived at Leamington yesterday after being out for more than fifty hours, and many times in danger of being capsized by heavy seas and of collision with ice floes.

Quelette, who was in charge of the boat, a flat bottomed craft, equipped with iron runners and sheathed with steel to preserve it from being cut by ice, had his legs and arms frozen, but the other passengers were able to return to their homes without medical attention. While Quelette had charge of the steering, Henry Stewart, John Mahoney and William Hammonite of Pelee Island, used the cooking utensils as balers. Several times the craft almost filled to the gunwales, but the trio of passengers, working in shifts, kept her afloat. The woman with the party is believed to be Miss Alice Mason, public school teacher on Pelee Island, who expected to make the trip to the mainland to spend the holidays with friends.

UPPER BLACKVILLE SCHOOL STANDING FOR DECEMBER

Grade V.—Helen Donald 1; Muriel Donald 2.

Grade IV.—Jean Duncan 1; Muriel Bergin 2; Gladys Arbeau 3.

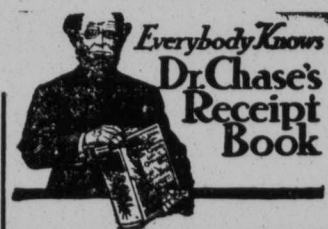
Grade III.—Myrtle Arbeau 1; Kenneth Arbeau 2.

Grade II.—(a) Evelyn Donald 1; Olive Duncan 2; James Bergin 3.

Grade II. (b)—Oscar Arbeau 1; Alma Arbeau 2; Eunice Gillespie 3.

Grade I.—Murdock Murray, Stella Arbeau 1; Olive Arbeau, Raymond Arbeau, 2; Lois Dumphy, Harvey Arbeau 3.

Turpentine put in corners of the wardrobe will do away with moths. Peanut butter, creamed with lemon juice, may be used for cake filling.



And His Family Medicines

MOST people first knew Dr. Chase through his Receipt Book. Its reliability and usefulness made him friends everywhere.

When he put his Nerve Food, Kidney-Liver Pills and other medicines on the market they received a hearty welcome, and their exceptional merit has kept them high in the public esteem.

Take Dr. Chase's Kidney-Liver Pills for example. There is no treatment to be compared to them as a means of regulating the liver, kidneys and bowels and curing constipation, biliousness, kidney disease and indigestion.

One pill a dose, 25c a box at all dealers, or Edmanson, Bates & Co., Ltd., Toronto.



SOUR, ACID STOMACHS, GASES OR INDIGESTION

"Pape's Diapiesin" neutralizes excessive acid in stomach, relieving dyspepsia, heartburn and distress at once.

Time it! In five minutes all stomach distress, due to acidity, will go. No indigestion, heartburn, sourness or belching of gas or eructations of undigested food, no dizziness, bloating, foul breath or headache.

Pape's Diapiesin is noted for its speed in regulating upset stomachs. It is the surest, quickest stomach sweetener in the whole world, and besides it is harmless. Put an end to stomach distress at once by getting a large fifty-cent box of Pape's Diapiesin from any drug store. You realize in five minutes how needless it is to suffer from indigestion, dyspepsia or any stomach disorder caused by fermentation due to excessive acids in stomach.

Captain Adams Was Taken by Surprise

Improvement so Remarkable After Taking Tanlac He Hardly Knows Himself

"For one whole year before I took Tanlac there was hardly a day that I didn't have a severe headache and hardly a night that I got over an hour or two of sleep," said S. S. Adams, when he called at the Owl Drug Store in Vancouver, B. C. Mr. Adams served as Captain in the English Army, and at the time he made this statement he was registered at the St. Francis Hotel, 600 Cordova, West, Vancouver. Mr. Adams further stated that he would leave for the Orient in a few days to accept a managing position with an English firm in Japan.

"For the past year," continued Mr. Adams, "I had gastritis in its very worst form and gas would press against my heart and make it palpitate so bad that I would get dizzy and sometimes while I was eating I would get to feeling so dizzy that I would have to get up and leave the table without finishing. My appetite was almost completely gone and even the smell of food would sometimes turn my stomach, and I had to be extremely careful about what I ate so as not to suffer from gas. My nerves were shattered and the least little noise out of the ordinary would upset me completely."

"I tried medicine after but nothing would do me any good, and I was about to give up trying to find anything else when my attention was called to a testimonial in the paper about Tanlac. I decided to try it, and I want to say right here that it is simply remarkable how I have been restored to health. I have a splendid appetite and no matter what or how much I eat I never suffer from stomach trouble in any form. My nerves are quiet and steady, and I can sleep all night long. I am not troubled with headaches or dizzy spells any longer, and I feel so different in every way that I hardly know myself. I am leaving for the Orient in a few days and before I go I feel that it is my duty to make this statement and let the people know that Tanlac is a great thing and that it will do every bit of what they say it will."

Tanlac is sold in Newcastle by E. J. Morris and in Redbank by Wm. M. Sullivan.

Sugar Scarce And High In Price In Canadian West

Toronto, Dec. 23—On the basis of the wide variations in the high cost of sugar, the Christmas dinner frills and trimmings will cost the industrious housewives of Manitoba and lower Saskatchewan far more than their sisters in other parts of the Dominion.

Moreover, the ultimate consumer of the Christmas pudding, cake and mincemeat, if prices in the dearer sugar districts remain firm, may have to be satisfied with a less sugary variety than his sweet-toothed fellows in other parts of Canada, because there is apparently much less white sugar at the local retail "trading posts" to make up his festive dinner.

According to figures gathered by Canadian Press correspondents during Christmas shopping week, in many cities, the cheapest white sugar in the country is obtainable at Vancouver at 12½ cents per pound, with the brown half a cent lower. Winnipeg and Regina asks 15½ cents for the white and from one to one and a half cents less for the colored brother. These are the highest spots in the Canadian sugar market.

FIRE DON'T'S

Don't allow anyone to smoke in your barn or your outbuilding.

Don't keep your automobile or your tractor in the barn, but provide a separate garage, which should not expose another building.

Don't keep gasoline except in closed safety containers. Never store quantities of 10 gallons or more except in underground tanks or at least 150 feet from any building.

Don't hang up old clothes or oily rags in barn or other out-buildings except in metal lined lockers.

Don't allow steam engines without spark arresters near barn or other buildings.

Don't fail to provide lightning rods for every important building.

Don't burn trash, brush or rubbish near buildings, fences or other property, and nowhere except with greatest care.

Predicts a Short Open Winter

Prof. Andrew J. De Voe, the Hackensack, N. J. weather prophet, predicts a short winter with only occasional spells of really cold weather. His forecasts are said to be more nearly correct than those given out by the Weather Bureau.

"The coldest weather of the winter will prevail between December 15 and December 25, with Christmas Day cloudy," said De Voe recently.

"This cold spell will be followed by rain, clearing off cold again about December 28.

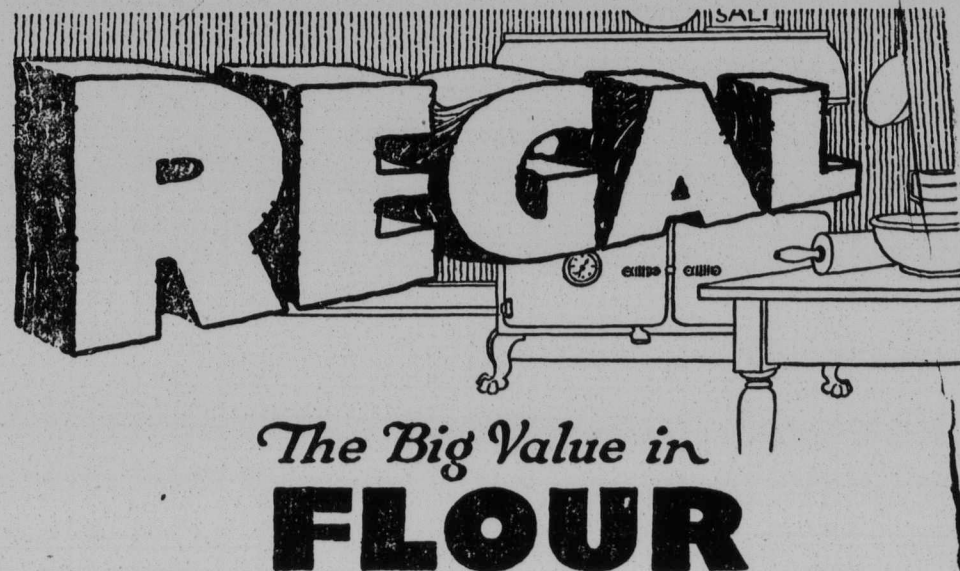
"January, 1920, will come in very cold and continue up to January 3, when winter practically will break up. Of course, I expect cold weather up until March 1, but it will be in short spells, with rain prevailing most of the time.

"Those who have ice to cut had better plan to get it in between January 3 and 5, for the rain will make the work disagreeable after that date.

"Last September, in a letter to Prof. Burdock, replying to an invitation to speak before the Polytechnic Institute in New York, December 8, I told him that great snow storms would prevail in Europe during December, and I see that the Mayor of Berlin is advertising to clear the streets of snow.

"My calendar shows these forecasts: December 1 and 2, cloudy and cold; December 3, storms form over South Atlantic States; December 14 and 15, rain or snow; December 16, cold wave forms over Ohio Valley; December 17 to 25, longest spell of cold weather of winter."

As a good substitute for linoleum make building paper, paint it dark brown or any good color wanted, as blue and gray. Have it cut into several lengths to fit the kitchen or dining-room where it is wanted, and lay it down. It will give excellent wear and does not cost as much as linoleum.



The Big Value in FLOUR

IN THE KITCHEN, the big event is baking day. And the important thing on baking day is to use "REGAL"—the ideal flour for bread. "REGAL" means bread of uniform texture, lasting freshness and wholesome qualities.

THE ST. LAWRENCE FLOUR MILLS CO. LIMITED MONTREAL

Look Carefully over the List Below and note the many

Useful and Appropriate Gifts

Which you can buy at our store at this the Christmas Season

FURNITURE DEPARTMENT

Writing Desks
Morris Chairs
Jardiniere Stands
Pedestals
Music Cabinets
China Cabinets
Hall Seats
Hall Mirrors
Umbrella Stands
Rocking Chairs
Card Tables
Tea Trays
Buffets
Library Tables
Sectional Book Cases
Work Baskets

And many other Suitable Gifts too numerous to mention.

Winter Goods DEPARTMENT

Sleighs and Robes
Ladies' Muskrat Jackets
Ladies' Fur Lined Coats
Men's Fur Lined Coats
Men's Coon Coats
Sets of Furs
Sleigh Bells
Horse Rugs

Just unloaded two cars of Brockville Sleighs which include the latest designs with Auto Seats and fore doors. For finish and workmanship these sleighs cannot be excelled. Call and see our exhibit and get our prices.

THE HOUSE OF EASY PAYMENTS

THE LOUNSBURY COMPANY, LIMITED

NEWCASTLE, N. B.