Medicine Which Made Surgeon's Work Unnecessary.



ach. I went to a dector and he said I must go under an oberation, but I did not go. I read in the paper about it. I want it is want in the paper about it. I want it is want in the paper about it. I want it is want in the paper about it. I want it is want in the paper about it. I want it is want in the paper about it. I want it is want in the paper about it is want

ITEMS FROM THE DIGBY COURIER

One shipper from the Annapolis Valley has signed a contract with the British army to supply immediately one thousand tons of hay and after comparing rates via Halifax and via. St John, has decided to ship by the latter route. The shipments will come to Digby by rall and sent to St. John by the C. P. R. bay steamer Yarmcuth. Some uneasines is felt for the barque Kremlin, which sailed from Boston on October 22, for Rosario, lumber laden, she being now 89 days out. The barque has the reputation of being a fast sailer, and it is believed she has encountered rough weather and been driven off her course. The Kremlin is commanded and partially owned by Capt. A. W. Warner, of Plympton, whose wife and family reside in that village. He is a son of Mr. Jas L. Warner, of Plympton, and the eldest brother of Mr. Edgar Warner of Digby.

HORTON

FLOUR

FROZEN TO DEATH

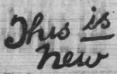
A despatch to the Herald from Charlottetown says:—The remains of Napoleon Curry, aged 58, of Skinner's Pond, were found on the road near Tignish, Wednesday. He was frozen to death. He left Tignish on Monday night, with the temperature 10 below zero, to walk home. He leaves a widow and eight children.

COLONEL TREMAIN IS ON WAY HOME.

Ottawa, January 20—Lieut. Colonel H. B. Tremain left for Nova Scotia this afternoon to visit the detachments of the 112th Battalion at the various centres, and look after the completion of details of its organization and mobilization which ation and mobilization, which now reaches about 900 men. General Sam Hughes informed The Herald this evening that Major Muirhead had been recalled from the front to take the second in command of the battalion.

MONCTON MEN WIN GREAT HONORS IN WAR.

It is officially announced that Lt. Frank Harvey Tingley has been awarded the Military Cross and that Private Vaughan, Arthur Blakney has also been awarded the Distinguished Conduct Medal. Both are members of Major Anderson's battery of Moncton.



"From No. 1 hard"

That designation means a whole lot when it is lived up to, as it is in Horton Flour. It means the very finest Canadian wheat; it means greater strength and more nutritive value in your bread; and it means more loaves of crisp, appetizing texture and snowy-white-

By looking for the trade-mark on the bag you make sure of getting all the goodness that the term "No. 1 hard" implies.

CROSS & DeWOLFE, Distributors

LOGWOOD SUPPLIES FOR CANADA.

The situation with regard to the shipment of logwoods and dyes from Jamaica has been at last cleared up and Jamaica has now issued general licenses allowing the shipment of wood chips and extracts to all British French, United States and Italian ports.

Canadian interests have been secured in so far as what is necessary for their reasonable requirements from the United States. Logwood is permitted free transportation to Canada.

Breaking it Gently

Two friends—a Londoner and Scotsman—happened to be lunching together recently in a certain restaurant. The latter, true to his natural habit, kept turning round to see that his hat and coat remained still on the peg where he had left them.

"You are a suspicious chap," said his friend at last. "Who do you think is going to walk in here and steal our coats?"

"Can't say," replied the Scotsman; "but I'll take good care that nobody gets mine! Yours went about ten minutes ago!"

HOW JAPAN AIDS THE ALLIES

The Tokio cerrespondent of the Petit Parisien recently asked the Japanese Minister of Foreign Affairs, Baron Ishii, what Japan was doing to help her Allies. The Baron replied:

"Japan has furnished and will furnish an ample supply of arms and munitions to Russia. Two Japanese arsenals are working incesantly, producing immense quantities, Russia has no need of men, since only a third of the men mobilized are under arms. By the end of December Japan will have done much to arm the other two-thirds.

thirds.

"Hitherto we have not considered the eventuality of sending an army to Europe, but, if it appeared desirable, Japan could immediately despatch a very strong force as she would not run the risk of a defeat."

ENEMY'S TRENCHES WERE DAMAGED.

London, Jan. 24—The following official communication was made public this evening:

"Last night—we exploded a mine near St. Eloi, damaging the enemy's trenches considerably, A small patrol passed through the enemy's wire entanglements near Verlerenhock, and fired into a trench—which was strongly—held, retiring without casualties

"Today the artillery on both sides has been active about Loos We caried out a successful bombardment on the enemy's trenches northeast of Armentieres, doing considerable damage.

age.
"There has been a bombardment about Hooge, St. Jean and
Pilkelm (in the vicinity of
Ypres. Near the latter
place we silenced the enemy's trench mortars with our
artillery fire."

BORN

Whiteside—At Vancouver, Jan. 9th, to Mr. and Mrs. Arthur Whiteside (Alice Huntington) a daughter.

MARRIED

Hamilton-Shaw—At the manse, Oshawa, on Thursday, Decem-ber 30th, 1915, by Rev. George Yule, Claude Charles Hamil-ton, of Calgary, Alta., to Kath-leen Frances Shaw, of Wolf-ville, N. S.

Whiteside—At Vancouver, Jan. 13, Ruth, infant daughter of Mr. and Mrs. Arthur Whiteside.

5c. Buys the

ISLAND

You'll never know how good a 5c. Cigar can be until you smoke the Island Queen. Ask

It's Worth Investigating

THIS BARREL

Contains flour guaranteed to give satisfaction or you get your money back. Regal Flouris always preferred

by careful cooks because it insures good bread al-

ways-and palatable as bread can be made.



MAKE NO MISTAKE. Always insist upon Regal Flour and you can be sure of the quality.

THE ST. LAWRENCE FLOUR MILLS COMPANY LIMITED. MONTREAL

T'S not a catalogue but a book of information-brimfull ofvaluablemoney saving facts for the farmer.

It tells how to construct fire-proof, weather-proof, wear-proof buildings and other farm improvements of indestructable concreteof all building

It is the same book that has saved time, labor and money for more than 75,000 progressive Cana-dian farmers. Let it save money for you.

Canada Cement Company Limited, Herald Building, MONTREAL.



This Valuable Book FREE

> Clip the Coupon below. Fill in address and mail TO-DAY.



Kentville, Janua





Come H

Our store is photographers. Our line of Amhave the Ansce quality, \$7.50 to and there is the Ansce Film to Ansco Film, the Cyko, the prize of all is our und Look for the An

Clar

Vacancies in

aused by enlistment of tave answered, and thos answer their King and all, must be filled. Who by themselves to take achose great opportunities Catalogue free to any a



One Week's Ca

For Maritime Tra

Bookkeeper ... Stenographe Stonographer. Stenographer Stenographer. Stenographer..... Bookkeeper Bookkeeper ... Stenographer ... Stenographer ... Bookkeeper

We admit students any

Maritime Business C E. Kaulbach. C. A.

A.

KENTVILLE FISH 'M

"Opposite Post Offic

SEA FOOD A fresh supply of CLAM OYSTERS on hand at all A good supply of all k Fresh and Salted Fish in

KENTVILLE FISH MA

J. D. YOUNG, Prop

FOR SALE

ONE HORSE, sound and good worker. A bargain quick sale.

Estate late W. H. Be