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Malt is made from
selected barley in such

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Beautiful Easter Postals, Crosses,
etc., and your name in gold on
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CHATS WITH YOUNG MEN.

Young men will flock to a mission,
attend the exercises regularly, resolve
to amend their lives, go to the Sacra-
ments and after a week or a month or
more return to their ways of sin.

The first rule and the last rule to be
observed by a man who desires to be
virtuous is—avoid the occasions of sin.

1. Be careful to say your morning
and evening prayers; for prayer is the
key to the treasures of Heaven. "Ask
and ye shall receive," says our Lord.

2. Often call to mind that it is ap-
pointed for you once to die—you know
not when, nor where, nor how; only this
you know; that if you die in mortal sin,
you will be lost forever; if you die in
the state of grace you will be happy
forever.

3. Never neglect to hear Mass on
Sundays and holidays of obligation,
by uniting our hearts with all the faith-
ful in offering up the great sacrifice of
the Mass, we offer, 1st, an act of infinite
adoration to God; and 2nd, we bring
down upon ourselves the choicest bless-
ings of Heaven.

4. Be careful about what you read,
for bad reading is poison to the soul.
Provide yourself with Catholic books.
Take a Catholic newspaper.

5. Remember that a man is known
by his company. Keep away from the
saloon. Beware of the familiar com-
pany of persons of the other sex.

6. When you are tempted by bad
thoughts say quickly, "Jesus and Mary,
help me!" Then say the "Hail Mary,"
till you have banished the temptation.
Remember that God sees you at every
instant.

HOW'S THIS?

We offer One Hundred Dollars Reward for any
case of Catarrh that can not be cured by Hall's
Catarrh Cure. F. J. CHENEY & CO., Toledo, O.

After this, one performer followed
another, and was applauded and encored.
Finally, it came to Phyllis' turn.

The Fourth R.
Some one suggests that another "R"
be added to the immortal "Three R's"
of education—Right living. It would
be a good climax "R," for it counts
more than all the others put together.

OUR BOYS AND GIRLS
Presence of Mind.
"Such a timid."
"I like a girl to have some spirit."

Easy Money.
"Easy money" is the kind that always
comes to the other fellow.—Catholic
Columbian.

Self-Consciousness and Conceit.
Speaking about self-consciousness,
how closely it is allied to self-conceit!

The Indispensable Church.
In a recent number of the Outlook
appears the following admission of Amer-
ica's need of the Catholic Church.

THE SCHOOL AND THE HOME.
How many people, we wonder, realize
that from every class of educators, east
and west, teachers in universities and in
schools, teachers in high schools and in
low schools, administrators in education

Light From Above
The Angle Lamp
The ordinary lamp wherever
placed casts a blinding light
by its downward shadow.

THE WELL-GROOMED MAN
whose smooth, clear skin and clean-cut appearance,
are the passport to success, know how pleasantly
and effectually.

Canadian Wheat Best

Among cereals that are commonly used for human food, such as rice,
corn, oats, barley, etc., there is a none so pure and so nutritious as the
Canadian wheat.

is also editor of Science, the official
organ of The American Association for
the Advancement of Science. Because
of this position he is probably better
known by scientists in this country and
in Europe than any other American
scientist.

Purgatory Upon Earth.
The Cross, says Fenelon, is like a pre-
cious relic which we must treasure; but
love without the cross is like a mere
charm, and will prove deceptive.

To Merchants
And others, we have received from
Germany 200 gross of Shamrocks, they
retail at 5 cents each, and we guarantee
them a quick seller.

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The EDISON
PHONOGRAPH

Mr. Edison has produced in the
Amberol Record a Phonograph
Record that plays twice as long
as the regular Edison Record

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A delicious drink and a sustaining
food. Fragrant, nutritious and
economical. This excellent Cocoa
maintains the system in robust
health, and enables it to resist
winter's extreme cold.

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