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# COULD NOT SLEEP Nerves Were So Bad.

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In fact,

To the thousands of people who are tossing on sleepless beds night after night, and to whose eyes sleep will not come, Milburn's Heart and Nerve Pills offer the blessing of sound, refreshing slumber, because they restore the equilibrium of the deranged nerve centres, thus restoring strength and vitality to the whole

Mr. Arthur McCutcheon, Mt. Pisgah, N.B., writes: "I have been much troubled with my nerves, and could not sleep for hours after I would go to bed. I would toss and turn from one side to the other before I could go to sleep. I would then wake up in the night, and lie awake a long time before I would get to sleep again. I thought I would try Milburn's Heart and Nerve Pills, as they were recommended so highly. I now get to sleep without any trouble; my nerves seem quieted, and when I lie down I go to sleep quickly. Anyone who is bothered with their nerves should keep a box on hand."

Milburn's Heart and Nerve Pills are 50 cents per box, 3 boxes for \$1.25; at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

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become in-Extracts chiefly because of their Purity and Strength. Other kinds are head and Once in extravagant, but with Gold Standard the slightest drop will flavor a dish cracks of sh to get beautifully, and every flavor is true to its name." there is in journals. monthly 25 FLAVORS voted en-

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# Lighter Vein

#### There For the Next Meal

It was in a Glasgow picture theatre, and the two men were agreeably surprised to find a cup of tea and a biscuit given them free by an up-to-date management at four o'clock. Half an hour later one of them broke the silence.

"We've seen a' the pictures now, John," he said. "We may as well go out." To which John, after a minute's thought, replied:

"You can go if you want to. I'm staying to dinner."

#### Proved His Point

The old Scotch professor was trying to impress upon his students the value of observation.

"No," he complained, "ye dinna use your faculties of observation. Yer dinna use 'em. For instance -Picking up a pot of chemicals of hor-

rible odor, he stuck his finger in it, and then into his mouth. "Taste of it, gentlemen," he commanded, as he passed the pot from

student to student. After each had licked a finger and had felt a rebellion through his whole soul,

the old professor laughed in triumph.
"I told you so!" he shouted. "Ye dinna use your faculties of observation! For if ye had observed ye would ha' seen that the finger I stuck into the pot wasna the finger which I stuck into my

#### Preparedness

"What was the date of Columbus's discovery of America?" an examiner asked.

stantly.

"Right," said the examiner. "And why was that date important for you to

"Because I knew you would be sure to ask it," the bright boy said.

#### Too Literal

One day a man who was interested in social work went into the tenement district, and, wishing to see a certain man, but having only a general idea as to where he lived, approached a small

"My boy," he asked, "can you show me where Mr. Schmidowitz lives?"

"Yes, sir. Come right with me, sir." The boy entered an adjacent doorway and started to climb the difficult stair. Up four flights he went, the visitor breathlessly following, and finally paused at an open door.

"This is the floor, sir," said the boy. "Mr. Schmidowitz lives in there."

"Looks as if we had stacked up against hard luck," remarked the visitor, peering into the room. "Mr. Schmidowitz doesn't appear to be here."

"No, sir," was the rejoinder. "That was him sittin' down on the front doorstep when we came in."



Now, Mr. Fawn, take it gently

# The Only Question

The professor was delivering the last lecture of the term. He told the students with much emphasis that he expected them to devote all their time to preparing for the final examination.

"The examination papers are now in the hands of the printer," he concluded. Now, is there any question you would like answered?'

Silence prevailed for a moment, then a voice piped up:

"Who is the printer?"

# The Course of Nature

What became of the little kitten you had when I was here before, dear?" Mrs. Wheeler asked little Anna.

"Why, don't you know?" asked Anna, much surprised.

"No, I haven't heard a word. Was he

poisoned?" "No," answered Anna.

"Drowned?"

"Oh! no." "Stolen?"

"No." "Hurt in any way?"

"No, ma'am."

"Well, I can't guess, dear. Tell me

what became of him."

"He just growed into a cat," said

### Infallible

"Tell me," said the lovelorn youth, "what's the best way to find-out what a woman thinks of you?"

"Marry her," replied Peckham promptly.—Dallas News.

# A Pointer for Jock

A commercial traveller had been presenting his hardest, most eloquent, his most persuasive arguments in favor of his goods for nearly an hour to a shrewd old Yorkshire business man. The old fellow seemed convinced and pleased, and the traveller thought he had his fish landed. But the Yorkshireman said: "There's ma lad Jock—Ah'd laike him to hear what ye have to say. Will ye coom this afternoon and go over your talk again?"

"Certainly, sir-with pleasure!" replied the traveller heartily, and at the hour appointed presented himself again for the interview with father and son. Again he went over the points of the article he had to sell-forcibly, eloquently, persuasively. Never had he acquitted himself of a finer "selling talk."

When he had finished, the old Yorkshireman turned to his son and said enthusiastically: "Do you hear that, Jock? Well, now, that's the way I want ye to sell our goods on the road."-Tit-

# **DEAFNESS CONQUERED!**

"1492," the bright boy replied in- Generous Offer of a Free Book to all Deaf People who Wish to Hear



Deaf people everywhere will rejoice with all their hearts over the New treatment for Deafness that is restoring hearing in so many cases once thought hopeless. In order that everyone may learn of this treatment—by all odds one of the best known yet for Deafness—the finder of this successful new method has written a very interesting and helpful book which he will send absolutely free of charge to any person who suffers from Deafness. It shows in the plainest manner the causes for Deafness, and Head Noises, and points out the way to regain clear and distinct hearing. Careful drawings of the ear and its complicated passages, made by the best artists, illustrate the book.

Deafness Specialist Sproule, author of this desirable work, has for twenty-five years been making a thorough investigation of Deafness and Head Noises, and his successful new treatment for Deafness is the reward of all his patient study. Now he wishes every one who suffers from Deafness in any degree to learn how science can conquer this cruel affliction.

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