

BE WATCHFUL.

Remember that the enemy of your soul desires its ruin ; resist the beginnings of sin, whether they come by evil thoughts,—evil company,—idleness. In conversation ask yourself, is what I am about to say true, is it useful, is it kind?

Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about seeking whom he may devour; whom resist, steadfast in the faith.—1 Peter v. 8, 9.

Set a watch, O Lord, before my mouth, keep the door of my lips.—Psalm cxii. 3.

Watch therefore, for ye know neither the day nor the hour wherein the Son of man cometh.—Matthew xxv. 13.

BE PRAYERFUL.

Constant in your attendance at Church—pray also—when you lie down and when you rise up; pray—in your daily employments, Is anger rising? pray. Are you inclined in the presence of others to be ashamed of Christ? pray. Does temptation assault? pray.

I was glad when they said unto me, Let us go into the house of the Lord.—Psalm cxxii. 1.

Pray without ceasing.—1 Thessalonians v. 17.

In everything, by prayer and supplication, with thanksgiving, let your requests be made known unto God.—Philippians iv. 6. Romans viii. 26. 2 Corinthians vi. 16, 17, 18; vii. 1.

BE HOPEFUL.

Press forward—rest not satisfied because you have been a partaker in this rite, but let your mind