

of chill. In February he wrote me from Washington saying he was as strong as he had ever been and still carried the little yellow powder as a mascot against the returning chill.—Francis McMillan, M.D., Nashville, Tenn., in *Medical Century*.

HINTS.

Mercurius is a good remedy for simple jaundice, with Phosphorus for the worst cases.

For leucorrhœa (whites) Pulsatilla or Sepia will relieve most cases. The first named for light, and the latter for dark, complexioned women.

Phosphorous 3 is a good remedy for fatty liver.

To protect against measles take Aconite and Pulsatilla alternately twice a day.

Malandrinum 30 one dose a day for a week will effectually protect against small-pox.

Belladonna 3 one dose a day will prevent scarlet fever.

Feet stink, Silicea 30th once a day.

Feet sweat, and are very tender, Petroleum 3.

Sick-headache, with sour vomit, Iris ver.

Headache, with fullness of blood in the head, Melilotus 1.

Headache, every jar is exquisitely painful, Belladonna.

Headache from smoking, Belladonna.

When the child smells sour notwithstanding cleanliness Rheum is probably the remedy needed. Also for sour stools, and colic brought on by uncovering.

Restlessness, cannot remain long in one position, is a good general indication for Rhus tox.

Every one knows of that peculiar sensation, "sinking" in pit of stomach, caused by grief, bad news or sudden trouble. Now don't be sceptical—a dose

or two of Ignatia will be a strong help in tiding one over troubles.

Do not forget the symptoms of Arnica in appendicitis. You do not need to run for the surgeon for every case of appendicitis if you know, Bryonia, Rhus tox, Belladonna, Arnica and similar remedies. The homœopathic remedy will cure these cases and, if you know it, you need never run after the surgeon in appendicitis."—Kent.

Bryonia is a remedy for shortness of breath, panting.—Homœopathic Envoy.

WHEN PAPA'S SICK.

When papa's sick, my goodness sakes,

Such awful times it makes;

He speaks in, Oh! such lonesome tones,

And gives such ghastly kind of groans,

And rolls his eyes, and holds his head,

And makes ma help him up to bed,

While sis and Bridget run to heat

Hot water bags to warm his feet;

And I must get the doctor quick—

We have to jump when papa's sick.

But when he hears the doctor say

"You've only got a cold, you know:

You'll be all right in a day or so."

Why then—well, say! you ought to see,

He's different as he can be,

And growls and scolds from morn till night,

Just 'cause his dinner ain't cookt right;

And all he does is fuss and kick.

We're all used up when papa's sick.—Ex.

A YEAR'S SUPPLY OF BABIES.

It will probably startle a good many persons to find, on the authority of a well known statistician, that, could the infants of a year be ranged in a line, in cradles, the cradles would extend round the globe. The same writer looks at the matter in a more picturesque light. He imagines the babies being carried past a given point in their mothers' arms, one by one, and the procession being kept up night and day until the last hour in the

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