

LOOK OUT FOR YOUR EYE.

The possibilities in the eyebrow and eyelashes are just becoming appreciated. Buffon, the naturalist, placed the eyebrow next the eye in importance in giving character to the face. The brows are a shadow to the picture, eyelashes also contributing their relief.

The slight elevation of the under eyelid produces that languishing look which may be noticed in the Venus.

Sir Peter Lely once painted a picture of a belle of his time with long, languishing eyelashes and it immediately became the fashion for ladies to copy the sleepy, soft look as much as possible. Turkish and Circassian women use henna for penciling the eyes, while the Arabs blacken the lid with powder and draw a line about the eye to make it appear larger.

The Spanish grand dames squeeze orange juice into their eyes. The process is painful at first but the juice cleanses the ball and a wonderful brightness is the result.

The ideal brow is arched, through the Roman notion of beauty includes a small forehead and united brows. In Ovid's time the women cleverly painted their eyebrows so they should appear united. The perfect eyelid should form an oblong, for the large round eye indicates boldness and the small circular one pertness. Lashes should be long and silky.

HOMCEOPATHY IN CONSTIPATION.

"The principal remedies for chronic constipation are still those established by our great master Hahnemann—*Bryonia*, *Nux vomica*, and *Opium*. I will do no more than allude to the principal characteristics of each, *Bryonia* is the most generally useful in cases complicated with sluggish or irregular action of the liver, *Nux vomica* suits cases attended with headache, foul tongue, cramps in the limbs, and disordered stomach. *Opium* for simple sluggishness of the bowels, without much dyspeptic disorder. It seems also peculiarly adapted to females. As to dose I have never seen much benefit derived from the lower dilutions."—*Baile*.

Cimicifuga in dysmenorrhœa is valuable when the menses are scanty and delayed with much depression of mind, and nervousness at that period.

NURSES WANTED.

There are several vacancies in the nursing classes of the Phillips Training School. Those who are desired are ladies of refinement and fair education with good sound health and strength. Added to these qualifications there should be a love for the occupation and a genuine desire to be useful to others. With these advantages fully utilized, success as a trained nurse is an assured thing. Application should be made to the Superintendent at the Hospital, 44 McGill College Avenue.

OCTOBER SALE.

The reported glut in the fruit market is a capital thing for those ladies who have not yet been able to put up anything for the October sale. Even those who have put up something, should be tempted by the lavish display of fruit that is made by the grocery and fruit men to add to what they have already provided. The beautiful weather which has been enjoyed since September came in, has induced many ladies to prolong their stay in the country and at the seaside. This fact should cause an additional effort by those who are here, to avail themselves of the opportunity now offered.

DIVISION OF PROFITS.

A bushel of corn is said to make four gallons of whisky. The farmer gets forty cents, the railroad one dollar, the Government three dollars and sixty cents, the manufacturer about five dollars, and the saloon-keeper six dollars out of the sixteen dollars for which it is sold, while the drinker gets the refuse and—delirium tremens.—*Medical Age*.

Many a woman's ruin is due to the old idea that a woman can safely leave her bed on the tenth day after confinement.

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