

pupils in the First, Second, Third and Fourth reading books respectively, but is intended to help the teachers in preparing the lessons for class work, not for pupils' use at all. We are glad that a lesson has been inserted on "Milk," but we do not quite agree with the author about pasteurizing milk. Everything about the stable, cow, milker and utensils should be so clean that pasteurizing would be unnecessary. The illustrations, from original photographs, are excellent.

**The Physician's Visiting List** (Lindsay & Blakiston's) for 1906. Fifty-fifth year of its publication. The dose table herein has been revised in accordance with the new U. S. Pharmacopœia. Philadelphia: P. Blakiston's Son & Co. (successors to Lindsay & Blakiston's), 1012 Walnut Street. Sold by all booksellers and druggists. Price: the 25 patient visiting list, with one page for each week of the year, \$1.00. The 50 patient visiting list, with two pages for each week of the year, \$1.25. The same in two volumes, \$2.00. The 75 and 100 patient visiting list in two volumes, \$2.00 and \$2.25 respectively.

The small visiting list for twenty-five patients per day or week to hand. A remarkably small, neat and handy pocket-book, with much valuable information in the way of tables, etc., in the front part of the book. Cordially recommended.

**A System of Physiologic Therapeutics.** A practical exposition of the methods, other than drug-giving. Useful for the prevention of disease and in the treatment of the sick. Edited by SOLOMON SOLIS COHEN, A.M., M.D., Senior Assistant Professor of Clinical Medicine in Jefferson Medical College; Physician to the Jefferson Medical College Hospital, and to the Philadelphia, Jewish and Rush Hospitals, etc. Volume VII.—Physical Education, including Massage and Exercise, by JOHN K. MITCHELL, M.D. Volume VIII.—Rest, Mental Therapeutics, Suggestion, by Francis X. Dercum, M.D., Ph.D., Professor of Nervous and Mental Diseases in the Jefferson Medical College of Philadelphia. Philadelphia: P. Blakiston's Son & Co., 1012 Walnut Street. 1905.

Volume VII. of this excellent system of physiologic therapeutics is confined to mechanotherapy and physical education. Attention is drawn to the bloodless method of reducing congenital dislocations of the hip, as practiced by Professor Lorenz, of Vienna. The article on exercises, as a method of physical education, has been given a special place in order to emphasize the therapeutic views advanced by Dr. Gulick, especially as to the correlation between the development of the race and that of the individual, and the necessity for guiding the individuals on evolutionary and historical lines. Attention is directed to the great harm that may result from following the advice of those who undertake to order the physical activities of persons whom they have never seen, and whose therapeutic needs they would be unable to recognize even upon personal examination. The dangers and even fatal effects caused by heart strain in this matter are illustrated.