

although the air passages filled up during the night. The next day the relief was even more apparent, and in three days the discharge had completely stopped, together with all symptoms, and the mucous membrane bore a normal hue.

Case 3. H. H. B., male, aged 38, broker, short and well proportioned, and, aside from a chronic form of rhinitis, in good health. He complained of a fullness about the nose, with a chronic watery discharge, and was subject to frequently recurring attacks of coryza. Examination revealed a slightly swollen and congested mucous membrane, involving the upper part of the nose, especially the middle region of the turbinated bodies. Diagnosis of chronic rhinitis was made, and constitutional as well as local treatment at once instituted. Agents were chosen which have a tendency to prevent the hyperplasia of connective tissue and hypertrophy, as this is the condition to be antagonized in such a case.

℞ Hydrarg chloridi corr gr. ss.
 Aurii et sodii chloridi gr. i.
 Acidi arseniosi gr. ss.
 Ferri pyrophosphatis gr. xv.
 Quininae sulphatis gr. xxxM.
 Ft. Pil., No. xxx. Sig.: One after each meal.

In conjunction with this pill, Glyco-Thymoline in 25 per cent. solution was prescribed, to be used by means of the Birmingham douche every three hours, if possible, but at least three times a day. The discharge, it is needless to say, rapidly subsided, so that in two weeks his "fullness about the nose" had disappeared, and he was, as far as examination could reveal, cured. This, of course, is an exceptional case, and I would hardly hold out the hope of a cure of chronic rhinitis, even of a mild form, in two weeks, although the outline of treatment will give results satisfactory to the patient in much less time. These cases usually require at least three weeks for a cure, but I report this case to show the possibilities in a favorable case of chronic catarrh.

Some few patients cannot acquire the "knack" of flushing the nasal air passages and breathing through the mouth at the same time, but usually this is acquired after a few efforts. Should, however, a small quantity be swallowed, no harm will result, as it is non-poisonous, and is not an irritant to the stomach. I keep it constantly where I can use it in my toilet, for I have had several acute attacks of nasal catarrh aborted with a single douching with a 25 per cent. solution taken just prior to the development of the rhinitis. In conclusion, I wish to emphasize the necessity of using the solution warmed to at least the temperature of the inflamed membrane. Cold solutions cause pain in acute cases, and may have a tendency to retard the cure.