

In a few places we might criticise, but on the whole the work is well up to all the author claims.

W. B. Saunders, the publisher, has done his part well. The type is clear, paper good, and the interleaving most convenient for notes.

The Physician's Visiting List (Lindsay & Blakiston) for 1895. Forty-fourth year of its publication. Philadelphia: P. Blakiston, Son & Co. (successors to Lindsay & Blakiston), 1012 Walnut Street.

From the time of its first publication until the last issue this Visiting List has been of the utmost service to physicians. The long experience now possessed by the publishers has enabled them to supply an article of great merit, and those who have used the Visiting List for one year invariably require it again.

In addition to its value as a Visiting List, the book contains many excellent tables and remarks upon new remedies, and is in every respect most useful and convenient.

Sexual Neurasthenia (Nervous Exhaustion). Its Hygiene, Causes, Symptoms and Treatment, with a chapter on Diet for the Nervous. By GEORGE M. BEARD, A.M., M.D. Edited with notes by A. D. Rockwell, A.M., M.D., formerly Professor of Electro-Therapeutics in the New York Post-Graduate School and Hospital, etc., etc. Fourth edition, with formulas. New York: E. B. Treat-5 Cooper Union. 1895. Price, \$2 75.

The making of this book began in 1853, when the author, Dr. Beard, gave some lectures on nervous exhaustion, which were published in the *Boston Medical Journal*. The work has been greatly added to since then. Notwithstanding the fact that Dr. Beard has been dead for a number of years, the accomplished editor keeps it thoroughly up to date.

In the first chapter, dealing with the nature and varieties of neurasthenia, we learn from the authors that their opinion is that sexual neurasthenia is a clinical variety of general nervous exhaustion. The ground here taken is clearly the same as that held by Kraft Ebing in his works, and by Mercier in his "Sanity and Insanity."

In the second chapter the statement is made that the three great centres of reflex irritation are the brain, the stomach and the genital organs. The order in which the main organs of the body are involved is given thus: The heart, brain, eye, ear, nose, mouth and digestive system. The manner in which these organs become disturbed is usually common sensation, special senses and reproductive senses. In