

## PAGE OF INTEREST TO WOMEN



Miss Cleghorn entertained recently at a small but happy dinner party.

Miss Ann Beckton will be a tea hostess at the beginning of the week.

Mr. J. W. Wardrop, Elmwood avenue, left last night for Quebec, where he will spend a few days.

Miss Helen Bapty is in Toronto attending a conference of mothers' pension investigators being held there.

F. B. Clarke left last evening for Montreal and will take the boat to Quebec, where he will spend a few days.

Miss Ruth Wardrop, Elmwood avenue, is entertaining next week in honor of a June bride-to-be, Miss Helen Lockhead.

Mrs. Ray Lawson is the hostess of a charming luncheon party held today at her beautiful summer home, Home-wood, in honor of Mrs. Gordon Hunt's guests, Mrs. Howe and Mrs. Burtiss of Chicago.

In honor of her guests, Mrs. Robert Howe and Mrs. Guy Burtiss of Chicago, Mrs. Gordon Hunt is entertaining at a dinner of twelve, commencing at eight o'clock. Mr. and Mrs. Hunt and their guests leave at the beginning of the week for the Caledon Country Club, near Toronto, where they will spend a few days.

Mr. and Mrs. Randie Brown entertained at a jolly dance for the younger set last evening at their home Wood-lawn. The dance was in honor of Mrs. Howe and Mrs. Burtiss of Chicago, guests with Mrs. Gordon Hunt, and Miss Macle of Sarnia, a guest with the Misses McPhillips. The house was attractive with spring flowers for the occasion.

Over 400 were present at the dance and at home held last night by the graduating class of Victoria Hospital in the nurses' residence, Mrs. Cleghorn and Miss Ross, lady superintendent of the hospital, received with the graduating class, the room being a very perfect bower of flowers, which had been showered upon the members of the graduating class in the afternoon.

Miss Winifred Dance, a bride-to-be of next month, was the guest of honor at a supper party held last night by the teachers and officers of the Croydon Memorial Sunday School. The supper table, beautifully decorated with blossoms and ribbon garlands, was headed by a kelpie bride, and at the guest of honor's place was a beautiful corsage bouquet of trilliums, lilacs of the valley and roses, in the center of which was embedded a small kelpie, and the

## Women's Activities Western Ontario

Address News For This Column to The Editor of Woman's Page.

## SALEM W. I.

The Salem Women's Institute will hold its annual meeting at the home of Mrs. Demary, concession 4, North Dorchester, on Thursday afternoon, May 19, at the election of officers will take place, and an interesting program is being prepared.

Miss Ruth Pitt of Uxbridge, Ont., a graduate nurse and a teacher and demonstrator in hospitals in American cities and in Toronto, will address the meeting.

All of the women of the community are invited to attend, and members are especially requested to come early.

## KERWOOD W. I.

The May meeting of the Kerwood Women's Institute will be held at the home of Mrs. George Freer on Friday, May 20, when the election of officers will take place.

The members are being requested to bring ideas for next year's program and think up some definite work to do for the good of the community, such as the building of a community hall.

Each member is also asked to come equipped with needle, thread and thimble, as the hospital money has been converted into material, and needs to be made up. A further request that each member, where possible, bring a parcel of old linen suitable for use about the hospital is also being made.

## FLORENCE W. I.

The ninth annual meeting of the Florence Women's Institute was held recently at the home of Mrs. Lorne Scarlett, with Mrs. Sarney, vice-president, in the chair.

The report of the year's work, given by the secretary, was very encouraging. The membership was 68, and average attendance 26. Fifteen meetings were held, and nine papers and addresses given.

The officers elected for the coming year were: President, Mrs. O. E. Mac, Robert; vice-presidents, Mrs. Osborne and Mrs. Hall; secretary-treasurer, Miss N. Drew; district director, Mrs.

Beauty Unsurpassed

The wonderfully refined, pearl-white complexion rendered possible by the appearance of youth. Results are instant. Highly antiseptic. Exerts a soft and soothing action. Over 75 years in use.

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FRED. T. HOPKINS & SON

Montreal

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Everybody Loves

the cakes and pies

made with

DIAMOND

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## BIG CHILD WELFARE EXHIBIT OPENS SOON IN TECHNICAL SCHOOL

Dr. Helen McMurchy and Dr. W. J. Bell of Toronto To Be Present—Five Prizes Offered.

The big annual Child Welfare exhibit opens in the Technical School on Wednesday, May 18, and continues throughout Thursday and Friday. This year the exhibit promises to be an exceptionally fine one, and so great is the interest which has been aroused in the prize by clinics to be held during that week, that an even larger turnout of babies is expected this year than last year. The preliminary examinations for entrance to the prize clinics are being held in the different school clinics throughout the city this week, and the decision as to which babies are fitted to enter the prize clinic will be given out at the Technical School on Wednesday and Thursday afternoon of the Victoria and Talbot street clinic mothers will go to the Technical School for this decision, and on Thursday afternoon the Rectory street clinic mothers. A very fine prize will be offered for the best baby in the city under two years of age, and another for the best baby over two years. Three other prizes will be offered for the babies making the greatest improvement in each of the three city well-baby clinics. The exhibit is being held by the local Child Welfare Association, under the supervision of Miss Bertha Smith, head of the Child Welfare nurses.

Public Meeting. Friday night, May 20, is the big night at the Technical School, when a public meeting will be held, at which addresses will be given by Dr. Helen McMurchy and Dr. W. J. Bell of Toronto, both of the Provincial Bureau of Child Welfare, under the supervision of Miss Bertha Smith, head of the Child Welfare nurses.

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Advertiser Patterns

Owing to the pattern manufacturers increasing the price of patterns, the advertiser patterns advertised from this date will be 15 CENTS EACH.



A SIMPLE FROCK FOR THE LITTLE GIRL.

Pattern 3458 is portrayed in this design. It is cut in five sizes: 2, 4, 6, 8 and 10 years. Size 4 will require 3 1/2 yards of 27-inch material.

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babies in the afternoon. The chairman for the evening will be Col. W. M. Gartshore, and a musical program will be arranged by A. D. Jordan. In the afternoon a talk on "Good Housekeeping" will be given by Miss Stuart of the Technical School, and "On the Care of the Teeth" by Dr. Fuller, the school dentist, and the regular government moving pictures along health lines will be shown, as well as local pictures taken recently in the city clinics, after the baby exhibit is opened by Col. W. M. Gartshore.

On Wednesday afternoon Dr. W. J. Tullman will speak along the lines of Child Welfare. Miss Seburn, dietitian at Victoria Hospital, will give a talk on the "Proper Preparation of Food for Children," and Dr. Tew will speak on "The Care of the Mother Through the Prenatal Period." During the rest of the afternoon and evening moving pictures will be shown. On Thursday afternoon similar talks will be given, one on "Home Nursing," by Miss Margaret McDermid, superintendent of the public health course at the Institute, another on "Hygiene in the Home," by Miss Burns of the Provincial Bureau of Child Welfare, and a third by Dr. Hill on "Infectious Diseases." Moving pictures will also be shown during the afternoon and evening.

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## PUPILS OF A. D. JORDAN APPEAR IN FINE RECITAL

Several of Mr. Jordan's Compositions on Last Night's Program.

The vocal recital given at the Institute of Musical Art last evening by the pupils of A. D. Jordan, was indeed worth attending. For not only did the vocal pupils present a program of rare excellence, but they were assisted by two brilliant piano pupils of Viggo Kihl, Theodore Gray and Miss Cora B. Ahrens of Stratford, who showed remarkable talent in their renditions of two Beethoven sonatas.

The fact that a group of four songs of A. D. Jordan's composition was included in the program, lent it special interest. These were artistically rendered by Miss Margaret Talbot, contralto, "Chansonette," a very lovely little song, had the honor of appearing on Madame Nordica's program when she sang here some years ago, and "The Meeting of the Song in Dixie" was sung by the celebrated baritone David Bispham. "Life" and "The Drum" were also included in this group, the latter a very dramatic song, in which the singer heard the beat of the drum for the dead soldier lover.

Vocal Numbers. The rest of the vocal numbers were also very fine. Many Londoners were interested in hearing for the first time Col. J. H. Lyne-Evans, who sang "Invictus" and "Under the Greenwood Tree." Miss Hilda McMillan of Ingersoll was also heard in the aria, "Voi che Sapete" from Mozart's "Le Nozze di Figaro" and "Plus de Tournements et plus de Peine" from Messenet's "Le Cid." Carmen Lester's numbers were "Caro Mio Ben" (Giordani) and "Invocazione di Orfeo" (Jacopo Peri), and Mrs. Frederick Schofield sang the "Jewel Song" from Faust. Other numbers were the "Baby Seed Song" (Lachmann) and "The Blackbird" (Leslie Elliott), sung by Miss Viola Stevens. "Last Night" (Kjerulf) and "Wind Song" (James H. Rogers), sung by Mrs. A. T. Brander of Woodstock, to Rudier than the Cherry" (Handel), sung by Fred Dowling, "Fulfillment" (Nelson), and "Homing" (Riege), sung by Miss Olive Hamilton of St. Mary's; "O Fair, O Sweet and Holy" (Cantors) and

Dear Miss Grey,—I thought I would make my second visit to your Mail-Box. I wrote a couple of years ago, so I suppose you don't remember me. I am a great lover of books, and read quite a few. I am 14 years old, and would like to correspond with someone of my own age. Criticise my writing. Will sign as before. CROCUS.

Ans.—Many thanks for inclosures. Crocus. You write a very good hand.

Love Stories.

Dear Cynthia,—Oh, but I'm cold! Let me have a wee bit of the warmth of the Mail-Box. We have had violets out here, but they have just dropped their heads from shivering.

I think Thistle must be a dear to make so many sachet bags for the Mail-Box.

Speaking of books, I will put in my say, because I love reading. My favorite is "The Rosary," by Florence L. Barclay. "The Girl of the Limberlost," "The Major," and "Wildfire." A Hoosier said she didn't think we should read love stories, but books from which we learn something, I quite agree, but who wishes to read old, dry books all the time? I bet she has read a good love story herself, don't you?

Well, I am ever so warm now, so I must be on my way. Thanking you for the room in the Box. MARGY.

Dear Miss Grey,—I wrote you some time ago, and sent one-half dozen sachet bags, but don't know if you received them.

An sending words of "Tipperary" for Crippled Annie, and "October's Party" for another Boxite (I don't remember her name). CANARY VINE.

Ans.—I am sorry, Canary Vine, but I was quite sure I thanked you for the sachets. If not, I'll say thanks now.

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## HOME ECONOMICS

MRS. ELIZABETH KENT, MacDONALD COLLEGE. POPCORN. DELICIOUS FUDGE.



Special varieties of corn, with hard small kernels are used for popping. When the kernels are exposed to intense heat, the endosperm expands and bursts, white and crisp, through the skin. This bursting is caused by the sudden expansion of the cell moisture into steam. During popping, therefore, the corn loses a certain amount of water, and freshly popped corn contains a greater proportion of nutrients than the dry corn. Part of the carbohydrates are caramelized by popping, and the flavor is at least partly due to this. All the changes that take place are not fully understood, but experience indicates that freshly-popped corn is extremely nourishing and digestible, for ordinary corn is rich in oil and starch, and these are present in the popped corn in a specially acceptable form.

It seems a pity that a delicacy so beloved of children and grownups, so sociable and homely in its preparation and consumption—the mere eating of popped corn is a jolly, informal affair—and so inexpensive and wholesome, should not be in common use in every home. To American children of an older day popped corn in the late afternoon was the redeeming feature of a Puritan Sunday. In the kitchen, theirs for the happy time, the kernels danced over the red coals, and entrancing little puffs of sound announced the miracle of popping. Butter and salt were ready, and as the corn was emptied into the big white bowl by the masterful popper-in-chief, his aids added them promptly and generously, and stole luscious kernels as quickly as hands could get to mouth. Then the treasure was taken up to the rest of the family, and truly "a pleasant time was had by all."

Let us pop corn and eat it crisp and fresh, and save the children from the nauseous pink and yellow bought mixture which is all some of them know about popcorn.

For chocolate fudge, add a square and a half of unsweetened, melted chocolate to the syrup just as it is ready to boil. Test as for vanilla fudge.

For maple fudge, use maple sugar to replace white, or half and half, or half maple syrup and half white sugar, instead of the cupful and a half of white sugar.

Brown sugar, instead of white, makes a good fudge, and cream instead of milk makes butter unnecessary. Vanilla should be used whether other flavors are added or not. Coffee can be used as flavoring and walnuts or almonds broken into small pieces may be stirred in just as the candy sugars. Good fudge will not be boiled too long, and it must be well beaten to give a fine, smooth grain. (Copyright, 1920, by the Metropolitan Newspaper Service.)

For chocolate fudge, add a square and a half of unsweetened, melted chocolate to the syrup just as it is ready to boil. Test as for vanilla fudge.

For maple fudge, use maple sugar to replace white, or half and half, or half maple syrup and half white sugar, instead of the cupful and a half of white sugar.

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