

You don't have to mix "Black Knight" Stove · Polish.

There is no black watery liquid to stain your hands or dirty the floor.

There is no "hard brick" to scrape-no trouble-no waste-no hard rubbing. "Black Knight" is a firm

paste-ready to usequickly applied-and shines quick as a wink.

It's as simple and easy to use as shoe polish, and a big stove can be shined with it almost as easily.

Perhaps your dealer does not handle "Black Knight" Stove Polish. If so, send roc. for a big can, free postpaid. THE F. F. DALLEY CO. LIMITED,

Hamilton, Ont. Makers of the famous "2 in 1" Shoe Polish.

OPERATION

Cured by Lydia E. Pinkham's Vegetable Compound

Canifton, Ont.—"Fhad been a great sufferer for five years. One doctor told me it was ulcers of the uterus, and another told me it was a fibroid tumor. No one



fered. I would always be worse at certain periods, and never was regular, and the bearing-down pains were terrible. was very ill in bed, and the doctor told me I would have to have an operation, and that I might die

knows what I suf-

during the operation. I wrote to my sister about it and she advised me to take Lydia E. Pinkham's Vegetable Compound. Through personal experience I have found it the best medicine in the world for female troubles, for it has cured me, and I did not have to have the operation after all. The Compound also helped me while passing through Change of Life."-Mrs. LETITIA BLAIR, Canifton, Ontario.

Lydia E. Pinkham's Vegetable Compound, made from roots and herbs. has proved to be the most successful remedy for curing the worst forms of female ills, including displacements, inflammation, fibroid tumors, irregularities, periodic pains, backache, bearing-down feeling, flatulency, indigestion, and nervous prostration. It costs but a trifle to try it, and the result has been worth millions to suffering women.



FRY'S

Nourishing and of Enticing Flavor.

Guthia Grey and EVERY WOMAN'S Page

LOVING AND GIVING

[By Cynthia Grey.]

"No end that is shut in self can bring content to a human Sometimes it takes a lifetime to learn the truth of this

saying. Sometimes it is never learned.

Alas for those whose souls are shut in self, as in a prison, and who never discover that the secret of happiness is "loving-

The woman who sets out to live for herself only, meaning to gratify her own wishes and desires irrespective of what the yours truly, gratification means to others; who yields to no generous im-

pulses-indeed, never seems to have such impulses is a woman to be pitied, no matter how rich she dark brown and red.

So many, when fortune favors them, set out to have everything they want, expecting posses- spiring hands. sion to give the pleasure and content they crave. Their reward is satiety. They find no real joy in use a good tollet water, then talcum powwhat they have, but keep adding more and more der. A lotion made of 8 gains tannic acid in vain hope. The pleasure of possession is one the briefest of our joys, because as soon as the coveted object is ours it ceases to be so desirable and the mind is fixed on something else.

Some women worship their own beauty and spend their days in preserving it. Their sacred rites are of the toilet, and in their devotion they the hair. 2. Good health, if it is natural forget the claims of consanguinity and service to humanity.

Others cannot endure to be outshone in dress or equipage, and look for happiness in having their belongings the most irreproachable. It makes them angry to have another possess a gown that is handsomer or more becoming than their own, and jealousy and envy unite with selfishness in making them dis-

One curious thing about this is that the selfish person is so sublimely unconscious of her own selfishness. It doesn't occur to her that it is a fault in her own character, though as a rule she is ready enough to ascribe it to others, especially those who withhold the self-sacrifice she expects of them, but never repays in kind. Nor does it occur to her that what she claims this metal begins to go, little holes apcipitate of sulphur, one dram; tincture -and often gets simply because she claims—may be unwill- pear all over the vessel, and soldering of camphor, one dram; rosewater, four ingly or grudingly given. Her egotism is so huge that she be- this wear must bear in mind that salt is wash several times every day-it con lieves others find pleasure in sacrifice for her sake. She does the worst enemy of aluminum, and it is tracts the pores: Alum, 80 grains; almond not know, or at least ignores, the fact that sacrifice is tenyes, a hundred times more willing when we love those for whom we make sacrifice. We may sacrifice because of duty, through pity, for conscience sake, but the self-renunciation that is sweetest comes when we love those for whom we renounce.

How can we love one whose every thought is for her own pan and heat in quick oven until a light comfort, her own pleasure; who has no sympathy for others' brown. Remove and salt to taste. griefs or joys, whose life is bounded entirely by what she wants

It is a bitter thing to say of one who has had more than swer these few questions. 1. My little It is a bitter thing to say of one who has had more than girl, aged 3, has very fair hair, and when usual opportunity to confer benefits and win affection and grati- I wash it I use a little peroxide of hydrotude that she has been too self-bound to avail herself of these gen in the water, and when her hair is privileges, and that after death there will be no one to remember dry seems very brittle and comes out wool and silk dress, and I will be greatly her because of her love and kindness. To mean nothing in it? 2. What would be a nice way to make anybody's life, to die unregretted—that is the tragedy of "going a silk dress for a little girl 3 years old? water, half ounce aqua ammonia. Apply

French dress? 3. What colors for summer rub with a clean rag; steam a little if It may be little we can do in the way of financial help to dresses would be nice for a little girl with necessary, and the stain will be removed. those in need, but we can give what the hide-bound egotist denies-sympathy and understanding, the help that comes of

friendly interest and the little sacrifices and kindnesses that are valued for the spirit that prompts them.

CYNTHIA'S CHAUFFEUR

Mrs. Devar was smugly complacent. Difficulties that loomed large overnight ere now vague shadows. When the bury, Wells, Cheddar." Mercury stopped in front of a comfortable inn at Yeovil it was she, and not interruption she did not show it. In- be favored here, just as they have Cynthia, who suggested a social depart-

This seems to be the only place in own where luncheon is provided. You ad better leave the car in charge of a

'Thank you, I adam," said Medenham.

erstood, since he could not know how he had routed Mrs. Devar's neories of the previous night.

"No, far from it. But its very simpliorchard, city challenges examination, and an inquisitive clodhopper can effect more is burjed damage in a minute than I can repair in Chapel."

His gruff tone was music in Mrs. Deears. She actually sighed her re-but explained the lapse instantly. "I hope there is something nice to tt," she said. "This wonderful air nakes one dreadfully hungry. When our four is ended, Cynthia, I shall have to Brant for six months.'

got her vapors and elected for the front seat during the run to Glaston-bury. Medenham thawed out, too. By chance their talk turned to wayside dowers, and he let the Mercury creep through a high-banked lane, all ablaze ith wild roses and honeysuckle, while e pointed out the blue field scabious, e pink and cream meadow-sweet, the amphire, the milk-wart and the colum-dine, the campions in the cornland, and he yellow vetchling that ran up the hill-ide towards one of the wooded "islands" cullar to the centre of Somerset.

only of a rapt audience of one, threw disguise to the breeze created by the car when the pace quickened. He told of the Glastonbury thorn, and how it was brought to the west country by no less a gardener than Joseph of Armathea, and how St. Patrick was born in the Isle of Avallon, so called because its apple orchards bore golden fruit, and how the very name of Glastonbury is derived om the crystal water that hemmed the

"Please let me intrude one little question," murmured the girl. "I am very gnorant of some things. What has Avallon' got to do with 'apples'?" "Ha!" cried Medenham, warming to nis subject and retarding speed again, "that opens up a wide field. In Celtic

mythology Avallon is Ynys yr Afallon, the Island of Apples. It is the Land of the Blessed, where Morgana holds her Great heroes like King Arthur ourt. Great neroes like Aling Atthor after death, and, as apples were the only first-rate fruit known to the northern nations, the place where they grew in duscious abundance came to be regarded as the soul kindom. Merlin says the fairwlend is full of apple trees—"

"We mustn't dawdle on the road, Fitzroy. Bristol is still a long way off, and we have so much to see-Glaston-

Though Cynthia was vexed by the deed she was aware of her companion's been in Paris during the past season. strange reiteration of the towns to be In bandings there seems to be You visited, since Mrs. Devar had already preference for the narrow widths, admitted a special weakness in geoghad better leave the car in charge of a admitted a special weakness in geog-stableman, and join us, Fitzroy," she said graciously.
"Thank you, I adam." said Medenham, to name a town, a county or a landusing himself from a reverie, "I prefer mark. But the queer thought of a remain here. The hotel people will ok after my slight wants, as I dislike ruins of St. Dunstan's monastery ap-

the notion of anyone tampering with the engine while I am absent."

"Is it so delicate, then?" asked Cynda, with a smile that he hardly untary the could not know how the proposes. Unbidden to be could not know how the proposes. Unbidden to be could not know how the proposes. grew some apple trees so old and worn that no blossom decked their gnaried batiste embroidery or foundation branches. Unbidden tears glistened in gowns of eyelet. the girl's eyes.

"If I lived here I would plant a new orchard," she said tremulously. "I think Guinevere would like it, and you say she is buried with her king in St. Joseph's

Medenham had suddenly grown stern again. He glanced at her, and then made great business with brakes and levers, for Mrs. Devar was still inquisitive. "There is a fine old Pilgrims' Inn, the George, in the main street," he said jerkily. "I propose to stop there; the other, while matching in pattern, is narrower and less elaborate.

The new designs in embroideries are entrance to the abbey is exactly opposite.

In the George they will show you a room The fare was excellent. Under its in which Henry the Eighth slept, and I terms being the favorites. In inducting influence Miss Vanrenen for would recommend you to get a guide for the half an hour at least." "Must we walk?" demanded Mrs. Devar plaintively.

"Yes, if you wish to see anything. But one could throw a stone over the chief show places, they are so close together."

So Cynthia was shown the Alfred Jewel and Celtic dice boxes carefully loaded for the despoiling of Roman legionaries or an unwary Phoenician, and heard the story of the embroideries have the light eyef the Holy Grail from the lips of an ancient who lent credence to the legend by is venerable appearance. Mixed up with the imposing runs and the glory of St. Joseph's Chapel was a visit to the butch-Hotel, and pointed out a fine window, hayed on each successive story. She had almost forgotten the wretched duck when he mentioned a two-headed calf which was on view at a neighboring dairy. Mrs. Devar showed signs of interest, so Cynthia tipped the old man hurriedly, and

ran to the car.
"I shall come here—some other time," she gasped, and it thrilled her to believe that Medenham understood, though he had heard no word of quadruped fowl or bicipital monster.

At Wells, Medenham pitied her. He bribed a policeman to guard the Mercury, and when Mrs. Devar saw that more walking was expected of her, she elected to sit in the tonneau and admire the west front of the cathedral. "Lady Porthcawl tells me it is a master-

piece," she chirped shrilly, "so I want to take it in at my leisure."

Once more, therefore, did Medenham allow himself a half hour of real abandonment. He warned Cynthia that she must not endeavor to appreciate the architecture; with the hauteur of conscious genlus, Wells refuses to allow anyone to absorb its true grandeur until it has been

as the soul kindom. Merlin says the fairyland is full of apple trees—"
"I believe it is," cried Cynthla, nudging his arm and pointing to an orchard in full bloom.

Mrs. Devar could hear little and undestand less of what they were saying; but the nudge was eloquent; her steel-blue eyes narrowed, and she thrust her face between them.

Ture; with the nauteur of conscious genlus, Wells refuses to allow anyone to absorb its true grandeur until it has been seen many times and in all lights.

So he hied her to the exquisite Lady Chapel, and to the Chapter House Stairs, and to Peter Lightfoot's quaint old clock in the transept. Then, by some alchemy but the nudge was eloquent; her steel-worked on a lodgekeeper, he led her to blue eyes narrowed, and she thrust her the gardens of the Bishop's Palace, and showed her the real Glastonbury Thorn,

in The Advertiser each evening, so I thought I would write to you. 1. I am fect on the hair, and I would strongly of fashion will accept the footwear advise you to discontinue its use. Don't that has been launched by one of the 14: how long should my dresses be? I am feet 2 inches in height and rather stout. you know that peroxide is used to de-2. I have real light brown hair, gray eyes stroy superfluous hair on the face? Of and rosy complexion. What are my course it has a similar effect on one's love colors? 3. My friend is dark, with dark locks. Better let the little one's hair hair and eyes. What are her colors? darken than encourage it to fall out. 2. The style you mention is, I think, a little A .- 1. Your skirts should reach to about too old for her. Why not make a little Emtwo inches above your shoe tops. 2. Golden

short puff sleeves? This is a very pretty

with fine Valenciennes lace and insertion,

Would-be Beauty.

paper, and would like you to answer these

questions: 1. My face is blotchy under the

skin, and therefore is not clear, but rather

muddy. What can I do for it? 2. The

pores of my face are open. What can

injurious, also powder? 5. Is there any

A .- 1. The blemishes are probably caus-

ed by poor circulation and impaired diges-

chance: Regulate your diet; sternly fore-

meats or sauces; drink no tea or coffee,

but take of cold water quite frequently

well-ventilated room, and take all the

outdoor exercise you possibly can. For

outward application touch the pimples

several times daily with this lotion: Pre-

ounces. 3. See an article on this page in

issue of Saturday last. 4. Not if used in

beauty specialist, and contains nothing

harmful: Almond meal, 4 ounces; pure

ounce; almond oil, 1 ounce; alcohol,

ounce; boracic acid, 1/2 ounce This paste

should be spread over the neck and cover-

ed with a piece of cheesecloth. After

several hours wash off with olive oil, and

Dear Miss Grey,-Kindly tell me what

will take coffee stains off a pale blue

A .- Mix 1 ounce glycerine, 9 ounce

then with warm water and a good soap.

moderation. 5. This one is given by

"WOULD-BE BEAUTY."

Dear Miss Grey,-I am a reader of your

fair hair and dark eyes, and very fair

MRS. N. S. N.

Cynthia Grey's Correspondence

you in advance,

would be equally nice.

brown, gray and blue. 3. Black and white, Perspiring Hands. 3. Pink, blue or a dainty shade of green

LA CANADIENNE.

Dear Miss Grey,-Give remedy for per-A .- Consult a physician in regard to your health. After washing the hands

Dear Miss Grey,-I read your column

Curling Hair. Dear Miss Grey,-1. Give method o urling hair without using curlers. What will make the cheeks red? MRS. W. H. T. A .- 1. Use electric iron or plain ordin-

ary curling iron. Be careful not to burn trouble, I remain for your cheeks to be red. On a City Visit. Dear Miss Grey,-What does a girl need tion. Strict adherence to a few simple or a four days' visit to a city. rules will often work wonders unless, of

A .- A suitcase into which is packed a change of underwear, a nightdress, ki- dition, when a physician's tonic is necesmona, bedroom slippers, rubbers, hand- sary. But it is well to give these rules a kerchiefs, neckwear, toilet articles and a go sweets, greasy foods, highly seasoned fancy waist and gloves for evenings. Wear tailored suit and silk waist, and arry an umbrella and a raincoat. during the day; bathe daily; sleep in

Dear Miss Grey,-How can I solder S. VAN. A.-It is not worth the effort. When

Dear Miss Grey,-Please give recipe for salted peanuts. MRS. E. W. A .- Shell and remove husks from the nuts and stir a small quantity of olive oil honey, 2 ounces; bicloride of soda, half through them. Put them in large flat

For Three-Year-Old. Dear Miss Grey,-Will you please an-Do you think she is too young for a repeatedly; press between a cloth and

include embroideries and as the com-

Allovers will be used for chemisettes,

The 45-inch flouncings are in de-

mand for the coming full skirt, while

the 27 in 18 inch widths are used for

the ruffled skirts which are sure to

which is probably used for the vertical

will be extensively

bandings that have for some time

used in combination with fabrics and

many exquisite effects are produced by

broideries with silk or voile. Chiffon is

often used as a drapery over fine

Tunics of embroidery worn over chif-

fons or satins are in favor with the

the English eyelet designs are much in

vidence. A' 27-inch banding is par-

icularly adaptable to the popular

hort tunics. It is really a double-

dged flouncing, the one edge being

The new designs in embroideries are

n open effects, the light eyelet pat-

shown, and a popular pattern has a deep border above which the design is

Other new patterns have a border sim-

ilar to that seen in dress goods, at

each side of which appears the design,

let pattern in a striped design that is

Vandyke points, which were intro-

duced last year, are a prominent fea-

and even persuaded one of the swans in

oreakfast.
There is no lovelier garden in England

Mrs. Devar looked so sour when they came from an inspection of one of the seven wells to which the town owes its

narrow streets of the little town, above

which the bar crests of the Mendips give such slight promise of the glorious gorge

that cut through their massiveness from south to north. Even at the very lip of

south to north. Even at the very lip of the magnificent canyon the outlook is de-ceptive. Perhaps it is that the eye is

Theddar.

new as well as decidedly pretty.

terns being the favorites.

finished off in the usual manner, and

French women, and for this purpose

combining the high-class,

assortments and popular prices.

and lingerie dresses.

een in vogue.

Embroideries

Lace effects are very prominent, and the newest are Venise designs on filet ing summer is to see an unprecedented net. The filet patterns in their variuse of these goods the wise woman will ous designs promise to become very

Embroideries for 1912

take advantage of the present large popular. Exquisite effects are now produced n colored embroidery and many on guimpes and panels as well as tunics batiste and voile grounds, and many of the high-class patterns show a decided Oriental trend in colors and designs. Others bring out the color ef-

The Daily

BREAKFAST. Prunes. Cereal. Cream. Sausage and Fried Apple. Marmalade. Tea. DINNER.

Roast Turkey. Cranberry Sauce. Artichokes. Carrot Pudding. Hard Sauce Cafe Noir.

Turkey Sandwiches. Muffins. Fruited Whipped Cream. Cake.

Fruited Whipped Cream. Whip a pint of cream stiff, sweeten and stir into it lightly a peeled banana, an orange cut in tiny bits, a cup of finely minced pineapple, and any other carried out in a graduated effect al- fruit you fancy. As the fruits are acid most the full width of the flounce. the cream should be very sweet.

Making Cake

When about to make cake or any other dish, read over carefully the recipe and directions. Be sure all required ingredients are at hand, and ure in the new embroideries, and unless you are an experienced hand, do Cynthia listened, and if she marvelled, Joseph's Chapter was a visit to the betrayed no hint of surprise that a chauffeur should have such a store of the street, where the when they form the heavy lace insert when they form the heavy lace insert when they form the heavy lace insert in a batiste or voile flouncing they only of a rapt audience of one, threw only of a rapt audience of one, threw they form the heavy lace insert in a batiste or voile flouncing they are decidedly effective. when they form the heavy lace insert not substitute something else as "just skimp on butter, eggs and flavoring. Poor butter and stale eggs will give a the most to ring the bell attached to the wall, whereby each morning for many a year the royal birds have obtained their bad taste to the entire batch of dough.

An oven for a cake should be hotter at the bottom than at the top, and after the cake is put in it should not be than that of Wells Palace, and Cynthia was so rapt in it that even Medenham had to pull out his watch and remind her of the dusty roads leading to far-off about 20 minutes; sheet cakes such as gingerbreads, require half an hour; loaf cake, if small, three-quarters of an hour

name, that Cynthia weakened and sat by her side. Thereupon Medenham made amends for lost time by exceeding the speed limit along every inch of the run to cake is three eggs, whites beaten separately, two cupfuls of granulated sugar, two and one-half teaspoonfuls of baking powder sifted with the flour, two-thirds cup of butter creamed with the sugar, a cupful of sweet milk and three scant cupfuls of flour. For a chocolate filling, flavor with lemon extract; for a white iced or nut cake flavor with vanilla; an almond extract for an orange cake.

Not Worth the Price. Don't wrap a child's hair in curlers at night, says a writer in the House keeper. Curly hair is not worth what it

costs in disturbed and restless sleep. A headful of curlers is just about as comfortable as a pillow filled with clothes pins. If you doubt it, watch the frown-ing face of the child asleep, see the restless turning of the head and in the morning note how she yawns and stretches and hates to get up. If hair that is straight must be cured, do i in the daytime and not at night.

Snakeskin Shoes.

Although many women would shrink n terror at the sight of a dead snake, they nevertheless show no aversion to the skin of the reptile when it appears skin? Could she wear pink? Thanking in the form of purse, bag or even But will they object to snakeskin shoes A .- 1. Peroxide has a very harmful ef- It remains to be seen whether women smartest boot shops in the West End of London. They are "featuring" these shoes; but up to the present it seems to be uncertain if the fashion will really establish itself on widespread lines Choice of quite a variety of skins is offered. There is the dark and heavpire dress with low square-cut neck and ily-marked skin of the deadly cobra, or the lighter skin, with its more delicate style, and would be more suitable. Trim pigment markings, of the rapacious with fine Valenciennes lace and insertion. bython. The skins of the viper and the

> Snake skin is very soft, pliable and durable. The shoes are expensive, course, for the skins are not too plenti ful, but this factor should rather commend itself to smart people, as it ren ders it much more difficult to copy the fashion on cheap lines.

boa-constrictor have also been made

Nosegays the Vogue. do? 3. I have a very red nose at times. Is there any remedy? 4. Is face cream Often just the slightest note of nev olor will renew the smartness of a hat and suit. Just to the point are thing that will whiten the skin and not these effective nosegays of pink moss injure the face? Thanking you for your rose buds. One is placed on the left of front brim of a black velvet hat, the other rests snugly like a boutonnier in the right lapel of the coast. whole of the costume is freshened by their daintiness. Any kind of flower could, of course, be used instead of the rose. But buds and little blossoms are course, your system is in very bad conpreferred to the larger flowers which would not give the same chic effect.

Concerning the Corset.

Harper's Bazar.

The corset is no longer an instrument of compression, and although it must not be apparent that one is worn. it is a more important factor in wo man's dress than ever before. The dresses of today require a cor

et in which the lines and graceful, willowy motions of the figure have no

ADVERTISER PATTERNS

BEAUTY PATTERN COMPANY.

9123-9128-A Comfortable, Practical Suit Combination for Growing Boys. The blouse here shown will readily ap

to make and will prove a comfortable garment for the active boy. The knick-erbockers are cut on regulation lines, and vill be found equally desirable. Serge inen, flannel, duck, galatea or simila abrics may be used for both models. The blouse pattern (9123) is cut in five size

-4, 6, 8, 10 and 12 years. It require
two yards of 44-inch material for th
10-year size. The knickerbockers (9128
are cut in the same sizes, and requir one yard of 44-inch material for the 10 This illustration calls for two separate

patterns which will be mailed to any address on receipt of 10c for each in silver or stamps. PATTERN DEPARTMENT OF THE

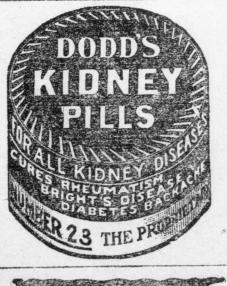
ADVERTISER.

Please send above-mentioned pattern, as per directions given below, to Street Address

Measurement-Bust...... Waist.....

Age (if child's or misses' pattern)..... CAUTION .- Be careful to inclose above illustration, and send size of pattern wanted. When the pattern is bust meas-

ure, you need only mark 32, 34 or what ever it may be. When in walst measure 22, 24, 26 or whatever it may be. If a skirt, give waist and length measure When misses' or child's pattern, write only the figure representing the age. is not necessary to write "inches" "years." Patterns cannot reach you ess than one week from the date of order The price of each pattern is 10 cents in cash or in postago stamps.



EINSEED COMPOUND. is a reliable old English COUGHS, COLDS, Asthma, Bronchitis, & all Lung & Throat Troubles.



The simplicity of OXO Cubes appeals to every woman who cooks or has a cook. You boil the water-we have done the rest.

OXO Cubes are so handy and complete in themselves -no mess-no trouble-no n wasuring-no sticky bottles or troublesome corks.

Exact - convenient - and economical, because no



One Cube to a Cup.



First aid to the cook.

Edwards' desiccated Soup solves the problem of good soup on busy days, because it takes so little time to prepare. It helps the cook to make a tasty meal out of things that get "left over." It strengthens her own soups, and suggests many a meal when she's wondering what to give.

Buy a packet to-day.

Edwards' desiccated Soup is made in Ireland fro specially selected beef and from the finest vegetables that Irish soil can produce.

5c. per packet.

Edwards' desiccated Soup is made in three varieties - Brown, Tomato, White. The Brown variety is a thick nourishing soup, prepared from best beef and fresh vegetables. The other two are purely vegetable soups.

G. Patrick & Co., Toronto, repesentatives for the Province of On-

COWAN'S

Is good for Growing Girls and Boys-and they like it. It nourishes their little bodies and makes them healthy and strong.

Cowan's Cocoa, as you get it from your grocer, is absolutely pure. Its delicious flavor is obtained by the use of the highest grade of Cocoa beans, skilfully blended. Nothing is added to impair the healthbuilding properties of the Cocoa.

> Do You Use Cowan's Cocoa?





Paris has baby raffles at which inants from foundling asylums are disposed of by chance to those who want

Sold by Leading Dealers

in quality.