ROYAL YEAST CAKES

Canadian Made

A fresh, rosy complexion indicates perfect health. To secure this in most cases all that is necessary is to take one to three Royal Yeast Cakes a day for a few weeks.

Royal Yeast is a food. It supplies the water soluble vitamine which the diet may lack. Scientists tell us that this vitamine is essential to good health. Royal Yeast is highly beneficial in many cases in which the system seems to be run down. The yeast cakes simply add to the diet. It is a food - not a medicine.

Dissolve a Royal Yeast Cake in fruit juices or mix it with cereal and milk, and take it at meal time. The chances are in a few weeks the complexion will be clear. For children reduce the amount to one- half or one-quarter of a cake with each meal.

Send name and address for free booklet "Royal Yeast Cakes for Better Health."

E.W. GILLETT COMPANY LIMITED
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The Broken Circle!

CHAPTER LV.

Five years have passed since Leah's death, but her memory lives bright and beautiful among those who loved her best. Sir Basil and Hettie have been three years married, and they live entirely at Brentwood. Sir Arthur implored them to let it be so. He could not bear to live alone again. So they consented to make Brentwood their home; leaving it at times to visit him, when the general always accompanied them. He loved Hettie, and as the years rolled on, he looked to her for all the comfort and brightness of his life. But those who knew him best said that she had never occupied the same place in his heart which Leah had.

One spot of Brentwood was sacred to Sir Basil—he would never allow it to be touched or changed—and that was the nook on the terrace where the passion-flowers grew. He would not have them cut or pruned; they grew in luxuriant profusion, and he allowed no one to gather them. He loved his fair young wife Hettie with all his heart, yet he never once walked up the avenue without thinking of the beautiful face among the flowers which had brightened into new and sudden life at his approach.

He was very happy. Life had been one long success with him. His fame was ever growing; the time was coming when his name would be honored wherever the English language was spoken. No one ever knew that a woman had died for love of him.

There is no fear that Leah will be forgotten at Brentwood. The beautiful picture of her shown at the Royal Academy and called "The Passion-flower," hangs in the drawing-room there. Every one who sees it stops and looks with wonder at the lovely face and dark eyes that seem to follow one.

Lady Carlton has a fine, handsome boy, whom she has named Arthur, who inherits her blue eyes and golden hair. She thinks that there is no boy in England like him, and Sir Basil is of the same opinion, though perhaps in his heart he loves best the baby girl called Leah, whose dark eyes and lovely face bring so vividly back to him the one buried forever from the sight of men.

One morning Lady Carlton, at play with her baby-girl, caught her in her arms and held her up in front of the picture of "The Passion-Flower."

"See, Basil," she cried—"little Leah will be the very image of her aunt."

Sir Basil crossed over to his wife.

"She will resemble her," he said, quietly; "but I hope baby's face will not have the shadow of melancholy that lies on this one."

"I hope not," returned Hettie. "Leah always had that look, even when her face was most radiant it was there. Oh, Basil, how young and beautiful she was to die!"

"I often wonder," said Sir Basil, "what would have happened had she lived, Hettie. I never like to think that our happiness—and we are happy, sweet wife—comes from Leah's death."

Hettie looked at him thoughtfully.

"It is not so, Basil," she said. "If Leah had lived, you would have married her, but she never would have been happy. I think she wanted something more than one finds in this world. Her nature was noble and lofty, I do not think any human love would have satisfied her. Do you remember the restless longing on her beauteous face? See—it is there, even in this picture. She would never have been happy."

"Perhaps not," allowed Sir Basil, thinking of the broken wedding-ring and the letter over which she had died—"perhaps not, Hettie. I think you are right," he said, as they moved slowly from the beautiful, passionate face.

That was how they judged her.

THE END.

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Lord Cecil's Dilemma

—OR—

The Picnic

—in—

Woodall Forest

CHAPTER III.

Sir Charles retraced his steps. It was time now for Lady Gladys to be in her place. He could not resist returning to Number Four. Lady Gladys had cast a spell upon him, and he almost trembled. He had never experienced this strange feeling before, and he laughed at the idea of being nervous. Could it be love? He laughed again. He had seen the most beautiful women of every nation, and fancied himself in love more than once, but he had never felt like this in all his life before. He moved along like a man in a delicious dream.

As he passed Number Seven he heard his name called. It was Flossie Craythorne, and she reminded him of his promise.

"You are going away, sir, with the deliberate intention of forgetting us!" she said, mischievously.

"Not so bad as that," he replied, a little confused; "I had forgotten the number."

"You mean that you had forgotten us!" put in Ada, severely, and hoping that he would promptly deny the soft impeachment. "But we can do without you, sir. See here!"

She held up a crisp banknote for five pounds.

"A gentleman who admired both of us exceedingly has purchased a smoking-cap! Entre nous, the same thing can be obtained in town for four-and-six!"

Both girls laughed merrily, and Sir Charles joined them.

"I will not buy a smoking-cap," he observed. "How much for a white rosebud? I am very fond of white roses."

He said this simply enough, but had cause to remember the words for the remainder of his life—"I am very fond of white roses."

Ada Craythorne looked at him swiftly, a sudden flash in her luminous black eyes.

She knew she loved this man.

She selected a beautiful bud, and he leaned forward to permit her to place it in his buttonhole. He felt her soft breath upon his cheek, and saw the beautifulu color rose into her face, but he thought nothing of it then.

"One guinea, please!" cried Flossie. She was intent upon business.

Sir Charles paid the guinea, and Flossie asked him what he had done with Lord Cecil, to which Sir Charles replied that Lord Cecil had deserted him without one word of explanation.

"I must hunt him up," he added, untruthfully. "What time do you leave your stall?"

The next moment he regretted asking the question, for Ada replied, promptly:

"At five I shall want some one to escort me to the pavilion for tea. Pray do not forget, Mr. Truant!"

"And bring back Lord Cecil with you!" chimed in Florrie.

Sir Charles promised to do his best to oblige them, and turned away, thinking of Lady Charles. Was Lord Cecil at her stall? His brows contracted for an instant. Then he called himself a fool. Lord Cecil Stanhope was his friend. He loved Lady Gladys, and he would never dream of treachery in one in whom he placed all faith. But what did Cecil know of love? The young baronet's lip curled, and a pang shot through his heart. He shuddered. What right had he, of all men, to dream of so saintly a maiden as Lady Gladys Howard?

Number Four! The figure was dangling before him, and this numerical sign was quite a floral gem, shaped with flowers of many colors.

He paused behind a crowd of busy people, who were admiring some of the choice blossoms and paying fabulous prices for flowers they did not value.

Sir Charles heard Gladys' clear, sweet tones, saw an elderly lady purchase a dozen roses, then hand them to a child who was gazing, open-mouthed, at the splendor around.

White rosebuds! Hastings followed the child, and begged for one. He received what he desired, and gave the happy youngster a shilling.

Then he tossed aside the bud placed in his buttonhole by Ada Craythorne, and the fragrant little flower that had so lately been touched by the fingers of Lady Gladys reigned in its stead!

His soul thrilled with pleasure, and he did not dream that Lady Gladys had witnessed his actions—had witnessed, and divined the reason why!

(To be continued.)

Fashions and Fads.

Black machine hemstitching is attractive on a pale yellow or orange frock.

Greater formality is seen in the new draped frocks and gowns with trains.

Paris indorses biot, as the newest hat trimming. It is a sort of goose feather.

A frock of natural-color pongee is trimmed in Copenhagen blue crepe de chine.

A sports dress of white crepe de chine has a sleeveless jacket of bright cretonne.

A frock of navy blue dotted swiss has an underblouse and sleeves of white organdie and organdie scallops on the skirt.

Embroidered peasant blouses of biege and white are worn with summer suits.

Huge flowers of grosfrain ribbon aer appliqued on the skirt of a Georgette frock.

Hip drapery is often caught up at one side under a huge flower or jeweled buckle.

Black satin slippers with red heels are charming with a black lace dinner dress.

Elaborate embroidery, beading or dripping fringe is used on evening capes of crepe.

Thin woolen sweaters are worn with hand-woven fringed skirts and scarfs to match.

A frock of yellow-and-brown figured cretonne is bound with brown grosgrain ribbon.

Minard's Liniment Relieves Neuralgia

Fashion Plates.

A DISTINCTIVE STYLE.

3831-3695. The short detachable cape on this pretty model goes well with the wide sleeves and youthful garment lines. Canton crepe would be very attractive for this design, with braiding or embroidery. This is also a good model for taffeta or crepe de meteor combined with georgette.

The waist, 3831 is cut in 6 Sizes, 34, 36, 38, 40, 42 and 44 inches bust measure. The width of the skirt at the foot is 2¾ yards. To make the dress as illustrated will require 7 yards of 36 inch material.

TWO separate patterns mailed to any address on receipt of 15c. FOR EACH pattern in silver or stamps.

A PRETTY SUMMER FROCK.

Pattern 3685 supplies this attractive youthful model. It is cut in 3 Sizes: 16, 18, and 20 years. An 18 year size requires 4⅞ yards of 38 inch material.

Crepe, crepe de chine, voile, embroideries, dotted Swiss, taffeta, and wash silks, also linen and chambrey may be used for this model. The width of the skirt is 2¾ yards.

A pattern of this illustration mailed to any address on receipt of 15 cents in silver or stamps.

A JAUNTY SPORTS COSTUME.

3304-3294-3759. Black taffeta was selected for the Bolero 3304, white crepe for the Vest 3294, and white flannel for the Skirt 3759. Black pass stitching in chenille ornaments the skirt very effectively. All of the designs comprising this costume may be employed separately. The Vest is fine under a jacket or coat. The Skirt is good in wash goods or cloth and the Jacket is fine for any of this season's material.

The Skirt is cut in 6 Sizes: 24, 26, 28, 30, 32 and 34 inches waist measure. It requires 2½ yards of 54 inch material for a medium size. The Bolero and Vest are cut in 4 Sizes: Small, 32-34; Medium, 36-38; Large, 40-42m Extra Large, 44-46 inches bust measure. The Bolero requires 3 yards of 30 inch material. The Vest requires 1⅝ yard of 36 inch material. The width of the skirt at the foot is 2⅝ yards.

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A NEW AND COMFORTABLE SUIT FOR THE SMALL BOY.

Pattern 3365 is here portrayed. It is cut in 4 Sizes: 3, 4, 5 and 6 years. A 4 year size will require 1½ yard of 27 inch material for the blouse, and 1½ yard for the trousers. If preferred blouse may be of material different to that of the trousers.

Linen, drill, cambric, madras, pongee, khaki, and flannel are good for the blouse, with the same materials for the trousers, or serge, mixtures, cheviot, corduroy and galatea.

A attern of this illustration mailed to any address on receipt of 15 cents in silver or stamps.

A GOOD STYLE FOR A PLAY SUIT.

3922. In a romper suit like this one, the "little" person may run and romp unhampered, or hindered by skirts. The "Dutch" lines are attractive, and the "up-to-date" neck and bodice features will be very becoming. Chintz or cretonne with linen or chambrey may be used for this style.

The Pattern is cut in 4 Sizes: 1, 2, 3 and 4 years. A 2 year size will require 2⅛ yards of 36 inch material.

Pattern mailed to any address on receipt of 15c. in silver or stamps.

A GOOD SUIT STYLE FOR A SMALL BOY.

3357. Here is a smart and trim looking suit that will not be difficult to make, and will prove comfortable. It is good for serge or twill, as well as for velvet and wash materials. The trousers close at the sides.

The Pattern is cut in 4 Sizes: 3, 4, 5 and 6 years. A 4 year size will require 2 yards of 44 inch material. In blue corduroy with white linen collar or brown serge, this makes a very serviceable suit.

Pattern mailed to any address on receipt of 15c. in silver or stamps.

No. .. ..

Size .. ..

Name .. ..

Address in full:—

.. ..

.. ..

NOTE:—Owing to the continual advance in price of paper, wages, etc., we are compelled to advance the price of patterns to 15c. each.

It's Flavor that Makes the Meal!

And the sauces that the Libby chefs have adapted for you give flavor to the simplest dishes.

It may be eggs, or macaroni, or a cheap cut of meat—an unusual and delicious sauce will make it something you eat with delight and remember with pleasure—because of its flavor.

LIBBY'S CATCHUP and CHILI SAUCE are made from red, ripe tomatoes, grown in the fertile soil of Kent County, Ontario, picked when they are mellowed by the sunshine of long summer days, then rushed to the nearby Libby kitchen.

Here in sunny rooms the tomatoes are cooked with fragrant spices, onions, sugar and the best vinegar—cooked for hours until all the flavors are blended through and through.

Now the sauce is ready to give an appetizing relish to your steaks and chops, or a new piquancy to the meat gravy you serve with your roasts.

Your grocer has, or can get you, Libby's Catchup or Chili Sauce. Use it with your cold meat teas and note how quickly the second helping is necessary.

The delightful flavor of Libby's Beans is due largely to the wonderful Sauce prepared by the skilled chefs. Have you tried them?

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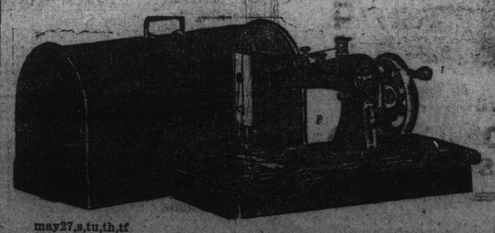

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