

REGULAR WALL PAPERS!

We have just opened our first shipment of REGULAR WALL PAPERS for Season 1917.

BOOKS NOW READY FOR INSPECTION.

Marshall Bros

Re-Harnessing Your Mind.

By RUTH CAMERON.



RUTH CAMERON

"Is there anything harder than keeping your mind on your work? There is a big one like Christmas or a summer vacation?" a friend of mine asked me just before Christmas.

I agreed with her then that nothing could be harder than keeping one's mind chained down those last few days. But since Christmas I have changed my mind. I have remembered that there is something even harder, putting one's mind back to work after a holiday season.

It should be so much easier to go to work after a few days' rest! And it is so much more difficult!

Your Mind is Like a Sick Child Who Has Been Spoiled. One's mind is utterly unmanageable. It has been indulged and spoiled. It turns distastefully from everyday tasks. It escapes you and wanders far afield whenever you try to harness it to the work of the day whether that work be auditing an account or setting a house in order.

The longer and more important the holiday season the harder it is to go to work again.

After a holiday like Thanksgiving one usually loses a day getting back into the routine of work.

Getting Down Off That Peak Of Excitement. After the Christmas holidays it takes at least two or three days to get down off the peak of excitement, get the reaction over with and get into the work-a-day mood again.

And after a summer vacation, well

sometimes I think I will never take another because work seems so much harder when I get back.

But of course that is sheer folly. Holidays may make the days directly after them harder but they make the long run easier.

You may feel a great lassitude in the week following your vacation but after you get over the lassitude you will begin to feel a new endurance, —that is if it was the right kind of a vacation.

The Good Effects Come Later. I had a better vacation than usual last year—more outdoors and more of it, I mean. It was very hard to get to work afterwards but this winter I am feeling the good effects in many ways. For one I need a little less sleep.

Queer, isn't it, how we human beings shrink from work. And yet without work we would be miserable. Have you not noticed how those who are not impelled to work by necessity create obligations for themselves such as social engagements, and keep themselves happy by thinking these are things they have to do?

SCOTT'S EMULSION

STRENGTHENS PURE CHILDREN

Everyday Etiquette.

"What kind of a gown should a bride wear at a noon wedding?" asked Beth.

"The bride may wear the usual white satin gown, or she may wear the gown in which she intends to travel," said her aunt.

Fresh shoulder pork is good stuff and roasted.

For Luncheon or the Evening Meal

there is nothing so appetizing, so restful, so altogether satisfying, as a cup of pure palatable tea.

Then, too, a cup at night induces sweet sleep and promise of a clear head in the morning.

HOMESTEAD TEA

is a reliable purity drink for the whole family.

C. P. EAGAN

DUCKWORTH STREET & QUEEN'S ROAD.

Moir's Confectionery and Cake,

Ex. s. Florizel, Jan. 27, '17: Moir's Sultana, Citron and Plain Cake. Moir's Cream Chocolate Cake, 5c. Moir's Nut Milk, 5c. Moir's Scotch Mints, 5c.

Ex. Rail To-Day: Finnan Haddie. Smoked Kippers.

50 cases SEADOG MATCHES. 25 cases FRESH EGGS.

C. P. EAGAN

DUCKWORTH STREET & QUEEN'S ROAD.

In Stock!

- 15 brls. Cranberries.
- 50 brls. Heavy Green Grapes.
- 75 brls. 1 & 2 Apples.
- 40 cases California Oranges.
- 30 cases Onions.
- 7 cases Fry's Cocoa, 1/4 and 1/2.
- 150 doz. Jelly Powder.
- 25 sacks Green Peas.

Soper & Moore, Importers & Jobbers.

Sea Telephones.

A telephone that weighs 800 lbs., about the size of a large packing case, and needs strong currents of electricity for its operation, has been constructed for telephoning short distances through water, or for telegraphing distances of from thirty to forty miles under water.

The diaphragm of the telephone, corresponding to the thin sheet of japanned sheet metal that is generally to be observed in the transmitter and the receiver of ordinary telephones, is a great disc of steel, nearly two feet across and almost an inch in thickness. By means of this telephone it is possible not only to telegraph long distances under water, but to detect icebergs in the neighborhood of a vessel and to determine the depth of the sea bottom.

Vibrations sent out from the telephone will return as echoes from the sea bottom or from an iceberg, and by measuring the time taken for the return of the echoes it is possible to estimate very closely the distance of an iceberg or of the bottom.

This telephone is the invention of Professor R. E. Fessenden, who devised some of the most valuable instruments used in wireless telegraphy and other practical applications of electricity.

The instrument is suspended in the water by a derrick on the ship, and wires lead a strong current of electricity to it. This power causes the heavy diaphragm to vibrate at the rate of about 500 vibrations a second, and the water carries these vibrations just as the air carries sound-waves. At the other end of the wires a delicate telephone receiver catches the vibrations—though better results for long distances are obtained by catching the vibrations in another big receiving apparatus devised for that purpose.

MINARD'S LINIMENT FOR SALE EVERYWHERE. MINARD'S LINIMENT CURES DIPHTHERIA.

Has Germany the Command of the Air?

The persistency with which war correspondents in Germany inform us that the Teutons have the command of the air on the Western front leads to some confusion as regards the status of aerial supremacy on that front, in view of the fact that the correspondents in back of the Entente lines are just as certain that the air command has long been held by the Allies. Perhaps some light is thrown on this monumental question by a letter written by a German officer of the 170th Regiment, which fell into the hands of the British: "You in Champagne are no longer in the witches' cauldron on the brim of which we are sitting—always waiting the moment to fall in from one side to the other. It is turmoil here again. The air has been alive with aviators the last few days, and still more so with the heavy shells that have been flying over us and onto our poor comrades on our flank and onto our batteries. The number of gups—and of the heaviest caliber—which England now possesses is uncanny, and the amount of ammunition they fire off is fabulous. In addition—what makes it so bad—the aviators are constantly over our lines. They point out our batteries so that they may be peppered, and are always attacking our captive balloons, which is the same as putting our eyes out. Meanwhile the air is black with aircraft, whereas our aviators—merely that why speak? It would be better pouring water into the Rhine. We could save many thousands of lives if we had the English aviators and gunners."—Scientific American.

THE FIRST PAIR.

Don't make any mistake this year. Let your first pair of rubber shoes be Bear Brand. Times are too hard for anyone to take chances of being out of work for two or three weeks with a cold which could have been avoided by getting satisfactory rubber shoes. The good old BEAR BRAND shoes, which are becoming more widely known every day, are being sold in St. John's by:

- John Anderson.
- W. R. Goble.
- Nichols, Inkpen & Chafe, Ltd.
- Royal Stores, Ltd.
- F. Smallwood.
- Steer Bros.
- Jesse Whiteaway.

Wholesale by CLEVELAND RUBBER CO., New Martin Bldg. nov11, w.s.t.f

Importance Attached to Air Fleet.

BY BRITISH. Speaking recently at Edinburgh, Scotland, on aircraft policy, Lord Montagu of Beaulieu said that what peace came the British air service must be the last to be reduced. "A naval invasion might not come, but by means of 100 airships it might come on a scale infinitely greater, which it would need all the British aircraft forces to repel. Of 2,000 miles of coastline, at least 1,000 would have to be defended by aircraft. If in the country a permanent force of 20,000 aeroplanes existed, the cost would not be more than \$75,000,000."—Scientific American.

Periscope on Signal Box

Although the periscope has become familiar to the general community chiefly from its association with submarine and trench warfare, it has been put to a distinctly novel and beneficial use in a wholly peaceful pursuit. One of the railways serving the city of Chicago has a sharp and dangerous curve, of which, until the recent completion of a huge building, the signalman had a clear and uninterrupted view. The obstruction caused by the building rendered the signal-box apparently useless, and its removal was being contemplated when the engineers determined to make a novel experiment with a view to avoiding this expense. They built a large periscope 12 feet in height, extending upward from the roof of the cabin. In this way it was found possible to peer over the intervening building. The eyepiece is placed conveniently near to the signal-operating mechanism, and as the picture is produced upon a large scale the signalman has a clear and unobstructed view of the approaching trains, during their negotiation of the curve.

To Cure a Cold in One Day. Take LAXATIVE BROMO QUININE Tablets. Druggists refund money if it fails to cure. E. W. GROVE'S signature is on each box. 25c. dec13,17

Gems.

I decked with gems my person fat, they glittered with exceeding splendor; I had some rubies on my hat, an emerald on each suspender. Oh, men could see me from a f a r, a n d straightway they grow sore and jealous; I twinkled like the little star of which the ancient hymnbooks tell us. I wore a sapphire on my shirt, my cummerbund was diamond-fretted; the weight of all my jewels hurt, and long beneath the load I sweated. And ever as I toiled along, for dining halls or ball rooms heading, I saw the tired and sad-faced throng that finds this life such dreary sledding. I saw men push their jaded feet in search of work that always dodged them, and women turned into the stoves from squalid rooms that lately lodged them. I saw them by the soup-house ranked, poor, hopeless skates, all trodden under, and as I looked my diamonds clanked, and made a noise like distant thunder. I saw a stiff fisher from a brook, some worn out wife or wayward sister; and as I took a startled look, my diamonds seemed to scorch and blister. I've cut out all the precious stones; one can't enjoy that form of granite, while hearing all the walls and groans that rise from this old hard luck planet.

Among the Royal treasures of Persia is a pipe set with diamonds, rubies, and emeralds, to the value, it is estimated, of no less than £100,000. This pipe was made for the late Shah, and is said to be even more valuable than his famous sword. In the matter of swords, the Gaekwar of Baroda possesses the most precious blade in existence. Its hilt and belt are encrusted with diamonds, rubies, sapphires, and emeralds, and its value has been put at £200,000.

There are many costly swords in the treasure-rooms of Eastern and European rulers, notably those of the Czar of Russia, the Sultan of Turkey, and the King of Spain. The most valuable sword in Europe is that presented by the Egyptians to Lord Wolseley. The hilt is set with brilliants, and the whole sabre is estimated to be worth £2,000.

The Maharajah of Jind is the owner of the most costly brougham in the world. The handles of the doors are of solid gold, while the rest of the vehicle is of silver. The Emperor of Morocco came into possession of a curious piano, manufactured to the order of his predecessor, which is probably the most expensive instrument of the kind ever made. This piano was made in parts, each being small enough to be carried by a slave, as it appeared that the former Emperor firmly refused to trust them to the care of his camels, which formed the only other available means of transport. This expensive musical instrument was made principally of tulip and orris woods, inlaid with unpolished jacaranda parquetry, and decorated with scroll-work of pure gold. The actual sum paid for it was \$4,000.

Musical Evenings

Are no longer beyond the reach of the music-lover. The evolution of the Grafonola with its marvellous sound-production has brought good music within everyone's reach, and has moreover carried perfect re-productions of the finest vocalists' masterpieces to every corner of the world.

In our Graphophone Department we have a wide range of fine Grafonolas at an equally wide range of prices, and a vast selection of Records comprising Grand Opera, Oratorio, Ballads, Glee and Quartettes, Dance Music and Band Selections—all by the world's finest musicians and vocalists.

Catalogue of Records and price lists on application.

U. S. Picture and Portrait Co.

Valuable Possessions.

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WILL SIT FOR EXAM.—Mr. Eric Collier, who was third engineer on the Red Cross Liner Florizel, will sit shortly before the Local Board of Examiners for a Second's Certificate.

Shopkeepers.

Tinned SALMON

We offer a small lot of No. 1 Tinned Salmon, 1917 pack. As Tinned Salmon is very scarce, it will pay shopkeepers to buy now.

GEO. M. BARR.

Doctor T. J. Egan's Eyes

A Free Prescription Filled and

Philadelphia, Pa. Are you a victim of eye weakness? If you know that according to real hope for you, falling say they have stood through the awful free prescription after trying it: could not see to read everything with my eyes do not wear they could pain drive fine all the time. I am me. A lady who had my eyes seemed to be glasses, but after for fifteen days even can even read fine. If it is believed that glasses can now do able time and multitu

"Bulley"

A famous place of olden days. It reads Road to the bridge River. Many of the of to-day now advent member, and have "Bulley's Pinch."

The crisp grey frock The sun shines bright My soul to-day is in On scenes I once saw The meadow and the The woodland and Those pleasures still Within my memory

There's one bright Sweet as a boy's joy Its joyousness is And in fancy I see A boy that's say When I would Along with some Sliding over "Bulley"

Ah! many years ago Since just in the In summer 'mid the To was the wild And when the winter In winter reigns With merry shout Into "Bulley's Pinch"

The boys and girls So full of life and The poor ones from All and the rich to All might there be Then grand old In the healthy wild Sliding over "Bulley"

The years are swift My hair is tinged My back, once straight A slender stem The faces seen in With age are turned Like roses in the "Mid the rude October

But yet I'm often of the days of my When life it wasn't When the girls and In the winter When I was a little Sliding over "Bulley"

January 30th, 1917.

CRAFT REFLATED centia Bay craft and was submerged Cape Roger, was floated the following of the S. S. Arzels punched in the hull the damage done are informed.

T. J. Egan

- Florizel Jan
- N. Y. Chie
- Tomatoe
- Grape Fr
- Celery
- Cauliflow
- Sausages
- Lemons
- Oranges
- Bananas
- Cabbages
- Oysters
- Haddie
- Kippers
- Eggs

APPLES— Kings, Waggon Benlhemis, Ben Davis.

CLEANED CUR 100 cases, 1 lb

Strawberries in Raspberries in Green Peas in Small Beets in

10 cases Pure M 30 cases O PURITY BUT is butter for pan ple, 2 lb. price

T. J. Egan

Duckworth Street Military