THE ATHENS REPORTER, JULY 16, 1913

# The Housekeeper

When frying much it improves trispness if the much is dipped in the of an egg before frying.

A few minced dates added to fudge as it comes from the stove will make a no vel and dainty contection.

The tops of bureaus will keep in condition longer if a piece of blotting paper is placed under the cover.

To prevent milk curdling add a liber al pinch of carbonate of soda to each quart before putting it on to boil.

If a little lemon juice is added to the water in which peaches are dropped be-fore cooking the fruit is not so likely to discolor

A cupful of liquid yeast is equivalent

A cupill of induit yeast is equivalent to half a compressed yeast cake or a whole dry yeast cake. Before baking potatoes, let them stand in hot water for 15 minutes. They re-quire only half the time for baking and are more mealy and palatable, besides

Mice do not like the smell of pepper-mint, and a little oil of peppermint plac-ed in a pantry will drive them away and not expose children to the danger of pol-SONS

If the wooden shopping bowl has the dor of food, soak the bowl in boiling odor of food, soak water in which a little soda is dissolved A tablespoonful of soda to a gallon of water is the proportion.

CORNS? HAVE YOU ANY? If so, you want to try Putnam's Corn Extractor; it is not a cheap acid salve but a genuine 25c cure that does re corns in twenty-four hours. sure and get "Putnam's Extractor," 25c at all dealers.

A HOME VACATION

### Can Be as Good as the Other Kind.

If you can't afford the time or money If you can't afford the time or money required for a vacation trip somewhere, why don't you plan a vacation at home? Don't you think, after all's said, there's quite a bit of foolishness about the way folks usually take vacations? What a person needs in a vacation is change of activities and of spirit. Doing things in one way in one place day after day begets monotony, the mother of weariness. But you don't have to smend bunches of money or put un with spend bunches of money or put up with a lot of summer resort inconveniences

to get a change of activities and to turn new soul-face to life. a new soul-face to life. Travel is fine. It broadens, and, if done sanely, it refreshes. But it costs like sin. That is, if you travel com-fortably and far. Those who can afford it do well to do it. But if you haven't

the price or wish to save for more important purposes, why not try some scheme like this?

scheme like this? Change around your habits of living. Put a tent in the back yard and imag-ine you're camping out. Get up an hour or two earlier in the morning and take a hike through the park or into the country. Have the missus pack a basket of food, and with her and the children ride out to a pond or brook or grove and hold a picnic now and then. If you have Saturday afternoons off arrange to go for over Sunday to some nospitable farmhouse or village inn, and take a complete rest for 36 hours. It would even be a good lark to go gipsying if you can get the use of a horse and wagon. Anything for a vacation from deadening routine and for the fresh the ening of spirit that comes from being close to old mother earth and from throwing dull care aside. For it's the spirit, after all, and not

the place that makes the vacation. And that thank heaven, isn't a thing of

Fixing His Nativity.

While visiting in the South recently

No season of the year is so dan-gerous to the life of little ones as is the summer. The excessive heat throws the little stomach out of order so quick-86 18 ly that unless prompt aid is at hand the baby may be beyond all human help before the mother realizes he is

HARD ON BABY

SUMMER HEAT

help before the mother realizes he is ill. Summer is the season when diarrhoes, cholers intantum, dysentry and colic are most prevalent. Any one of these troubles may prove deadly if not promptly treated .During the summer the mother's best friend is Baby's Own Tablets. They regulate the bowels, sweeten the stomach and keep baby healthy. The Tablets are sold by medi-cine dealers or at 25 cents a box from The Dr. Williams' Medicine Co., Brock-ville Ont. ville, Ont.

HOT WEATHER AIDS.

Specialists Give Warnings for

### Summer Season.

(By Isaac Abt, M.D., specialist in children disea

Give the baby plenty of water. Do not keep him in a warm apartnent.

Keep him out of doors in the shade. Don't overdress him; there's more danger in overdressing than underdress

g. Cut down his diet. If nursing, do not Avoid uncooked fruits and other in digestible foods.

# (By Health Commissioner Young

of Chicago.) Don't

Eat pork or any other "white meats." Eat much meat of any kind. Let the milk stand in the sun several

hours before taking it in. Keep the milk in the bottle it comes in; empty it lnto a pitcher or some stone jug and put it in the ice box.

Break up ice to make ice water. Let the water cool in the ice box. Ice is ikely to be full of dirt.

Run for that car. Take the next one. Keep looking at the thermometer. Overlook the advantages of frequent tepid baths.

### (By Hugo, Krause, secretary Chi-

cago Anti-Cruelty Society.) Don't overfeed the horse. The best of hay and oats should be used and a double handful of dry bran should be

mixed with each feeding. Don't neglect to water often. Horses should be wa-tered on a hot day every hour or so. When a horse begins ot pant and shows signs of weariness he should be allowed to rest for a time in the shade.

Minard's Liniment Cures Diptheria.

OUR PRECISE ARTIST. A PAR OF PANTS YAQUI LEGEND.

## Tradition About Monk Helped

Refugees in Mexico. Mr. and Mrs. Peter Olesen, who were among the refugees arriving on the steasmer Coluse yesterday, credit their escape from the hands of Indian ban-

And its Use in Decorating China. Given the set of the pharmaceutical Ers, is done either by an adhesive varnish or by heat. The varnish is prepared by disvised of amber or cogal. This is divergent of a solution of the solution of

LIQUID GOLD.

China.

7am-Buk sunburn feet, stings and rs. A skin food ] All Dougdate and Stores .- 600

FOR FRESH BREAD.

### Keeping in Ice Box is Latest Wrinkle.

Put your bread in the ice box if you

You've heard of in the ice ook if you want to keep it fresh! You've heard of in the refrig-erator with the rest of the food, haven't you? Well, she had the right idea, only it's likely she didn't know it. The business of putting the bread in the context commaximent the ice how here coolest compartment the ice box has ll become general among careful usewives if the recent discoveries of will be a Dutch scientist are to count for any

It has been discovered that there are two things that keep bread fresh. One of these is heat and another is cold. The man wso made the interesting dis-covery is Dr. J. R Katz, of Amsterdam, Holland, and they resulted from a lorg

series of experiments. The difficulty of keeping bread fresh for a very long time led to the toste that have been made and it was discov ered that the opecimens that were sub-jected to the cold 10st were really in better condition than those in which hoat was used for the purpose. It is necessary to have a temperature of freezing or thereabout to keep the bread perfectly freeh perfectly fresh.

ngest time Dr. Katz attempted The Jo to preserve it was for 72 hours. He put a loaf of bread that had been cut in a refrigerating machine. He cut the bread so that some of the inner surface would be exposed as well as part of the crust. After 72 hours the bread was placed in an oven for a few moments and heated through. It was found to be as fresh as it was when first placed in the

### **COW TESTING PAYS** Strengthen And Its Use In Decorating YourKidneys And Here's a Practical II

If you are a sufferer from any kind of Kidney or Biadder trouble, you know, too well, the pain, the loss of sleep, the distress and disagreeable experience which are a part of these complaints, but you may not know that many com-plaints of the urinary tract will lead to serious complications, if not checked in time. The earlier the trouble is attended too the better. SANOL, the great scien-tific remedy for kidney trouble, gall stones, bladder stones and similar com-plaints will act quickly at any stage of the disease, and will be found a most agreeable tonic and strength renewer for all who have weak kidneys, or are troubl-ed in any way in that portion of the anatomy. The strength of the kidneys is quickly renewed, the pains which fre-quently mean something serious if al-lowed to go on, disappear at once. It is equally valuable in older and more from patients who have been spared the danger and cost ot an operation, through using SANOL.

Free literature supplied by the SANOL MANUFACTURING COMPANY, LTD., Main street, Winnipeg, Man.

Price, \$1.50 per bottle. For sale at all leading druggists. Swat Him.

Swat Him. Considered not the little fly who name is rhymed with baby-bye. He has his birth in the manure, brawls forth and loiters in the sewer. And sweared with leadly typhoid germs, he leaves is brother maggot worm: Unfuris his dainty wings of silk and dumps his microbes in the milk; Where their huge numbers mount and Mound, increasng the bacterial count. Until they reach the food supply some woman feeds her baby-bye. The fly comes gaily unto us, his feed all gummed with poison pus. And singing clean his song so sweet, alights and cleans them on the meat. He gathers scarlet fever pores and leaves then on the walls and floors. He is not proud and off wil stoop, to carry heavy loads of croup. And place it where its awful death may come and go with baby's breathe. Oh, do not call him indolent, he calls that summer days misspent. In which he's failed to load the breeze with squirming germs of some dis-ease: And i, he finds them not, though hurt,

ease; And if he finds them not, though hurt, he'll be content with just plain dirt. Consider well the little fly, who buzzes so round baby-bye. Neglect to ask the why or what, but pick your swatter up and swat. —Farm and Fireside.

# **BUY YOUR FRUIT**

### From the Grower Direct Send your order at once and get the

Satisfaction guaranteed. best.

best. Satisfaction guaranteed. Cherries, Best Red Sour, 5 baskets, 11 quarts, 55.0. Raspberries, 24 quart crate, \$2.5. Peaches No. 1 best varieties, 5 baskets, 11 quarts, 56.00. All other small fruits to order. Plums, Pears, Peaches and Grapes a specialty. Write for in-formation. Reference: Royal Bank, Win-ona, Ont. Money to accompany orders. All fruits delivered to the nearest Express Office free. V. R. & G. R. Carpenter, Win-ona, Ont.

Make a Garden: Means Health

(By a Physician.)

Make use of your backyard. Culti-vate the ground and raise vegetables! Make your front yard beautiful. Cultivate the ground and raise flowers and should be and shrubs! If you will try one or both of these

economically wise plans, you will reap a better physical condition for yourself, as well as vegetables and flowers, for your table.

An hour's work with hoe, space and rake in the outdoors, evening and morning, is worth much to any person who is housed the greater part of the The avercise it affords is capiday. The exercise it affords is capi-tal. The pleasure gained in seeing the ground grow beautiful and pro-ductive under your hands is a tonic and a rejuvenator to your mind. Your household your neighbor and

the whole community will gain by the plan. The days are long now. The air is oven, and a chemical analysis showed no material change in the character of the loaf. The days are long now. The air is balmy. The ground will respond to any attention you give it. So get to work without delay

There are such excellent concrete ex amples now and again outcropping of men who prove that it pays to take up cow testing that their records of success make stimulating reading for dairy

lustration.

cow testing that their records of success make stimulating resting for dairy farmers all over the Dominion. Here is a good sample of what one man at Cedar Hall, Que, in the Gaspe peninsula, accomplished by carefully watching his fairly good cows and feed-ing them better. The first year his eight cows gave him 33,511 pounds, at a feed cost of \$325.0, netting a total profit of \$76.52, an average of \$0.60 prefit per cow. Two of the best cows in the herd the first year were lost accidentally; two heifers made up the herd to eight again. A pure-bred sire is kept. The next year his eight cows gave him 41,468 pounds of milk, an average of 5,175 pounds, or 1,000 pounds of an increase per cow. The feed cost \$4.12 more per cow, but the total profit was \$177.29, an average of \$22.16 per coy. This is an increase of 130 per cent. in the profit. It pays to give additional feed if the cows kept are of the type to make use of it profitably. The forcible realities are these The gross income from milk increased by \$133.43 from the same number of cows, the profit far more than doubled, and the owner has received every encour-agement to try for still better results. That is where a trial cow-testing trip generally lands the herd owner. C. F. W.

But no stretch of imagination can bi-chloride of mercury be included in the class of household drugs. It is a pow-erful germ destroyer, but it is also a most irrevocable poison. No druggist would sell pure carbolic acid unless the customer presented a doctor's preacrip-tion. Bichloride of mercury is far less amenable to antidotes than carbolic acid. An ordinance restricting the sale of this bichloride except upon the order of a physician would not interfere with legit-imate home medication. Alcohol, per-oxide of hydrogen, boric acid are ample antiseptics for the lay medical chest. To guard against the mistaking of dangerous antiseptics, when procured on a physic-ian's order, for aspirin or any other com-mon drug the wrapping of each individ-ual tablet in colored paper labeled poison, as is done in European countries, might well be made a legal requirement. Dominion Department of Agriculture, Branch of the Dairy and Cold Storage Commissioner.

## For Women's Ailments

Dr. Martel's Female Pills have been the Standard for 20 years and for 40 years prescribed and recom-mended by Physicians. Accept no other. At all druggists.

# Unconscious Child Humor.

"Mamma." said little Edna one day, 'I'm getting tired of this pug nose. It's

getting pugger and pugger every day."

Little Willie—Say, papa! Papa—Well, what is it, son? Little Willie—Does the ocean get angry because it is crossed so often?

One day small Alice was playing with her dolly. Stopping suddenly, she look-ed at her lovingly and said: "Dolly, you is just awfully beautiful, but you ain't got a bit of sense.'

"Well, Harry," asked the visitor, play fully, "what are you doing for a living wow?"

"Why." replied the little fellow, solemnly. "I do just the same as you do-I eat."-Chicago News.

PILES CURED AT HOME BY **NEW ABSORPTION METHOD** 

If you suffer from bleeding, itching blind or protruding piles, send me your address, and I will tell you how to cure yourself at home by the new absorption treatment: and will also send some o this home treatment free for trial, with references from your own locality if requested. Immediate relief and pernanent cure assured. Send no money, but tell others of this offer. Write today to Mrs. M. Summers, box P 8, Windsor, Ont.

# Gold on the Street.

HELP WANTED. WANTED - PROBATION NURSES, three-year course. Apply to Super-intendent of Nurses, The Cooper Hos-pital, Camden, N. J., U. S. A.

**ISSUE NO. 29, 1913** 

WANTED QUALIFIED TEACHER, Protestant: No. 4 Maidstone; duties to commence Sept. Ind. 1913. Salary 505 per annum. Fifteen minute walk to boarding place. Comfortable school-house. Post Office, Church and Station one mile from boarding place. State ex-perience. Wm. A. Totten, Secretary, Woodslee, Ont.

WANTED-GIRLS FOR KNITTING and Finishing Depts. Good wares paid to learners. Apply to Kingston Hosjery Co., Ltd., Kingston, Ont.

FOR SALE. P OR SALE-A NO. 1 GORDON PRINT-ing Press with Steam Fixtures, in rood condition; will sell cheep; also some ype. Apply Waldorf Hetel, Hamilton,

PERSONAL

PERSONS GOING WEST MAY LEARN something to advantage; state des-tination and when going. Duncan Gray, Toronto, Ont.

ANTISEPTICS AS POISONS.

(Chicago Tribune.)

To have a medicine chest in every

household is a great improvement. It makes for better health. The application

of an antiseptic in time may often pre-

vent a serious case of blood poison. It may sometimes save not only a limb but life. But the line must be drawn between between strictly household remedies and those to be taken only upon a doctor's

But no stretch of imagination can bi-

Minard's Liniment Co., Limited.

manent good.

Gents,-I cured a valuable hunting dog of mange with MINARD'S LINI-MENT after several veterinaries had

treated him without doing him any per-

Prop. of Grand Central Hotel, Drum-

HOT WEATHER HINTS.

Little Things Apropos of the Season

of Calorics.

Don't eat much meat (it's too high); vegetables and fruit furnish more suit-able diet. Walk on the shady side of the street

and don't watch the thermometer. Don't drink ice water. Drink cool wa-

ter, not too many glasses at a time, but

drink it frequently. An eminent author-tiy says 10 or 12 glasses a day are not too

tiy says 10 or 12 glasses a day are not too many. Drink buitermilk, sweet milk or lemon-ade in moderation. Ice cream eaten slow-ly and in moderation is a useful feod. Avoid indulgence in alcholic drinks. Iced tea in excess is harmful. Keep cool-that is, do not become un-duly excited or irritated ever unnacce-sary matters. Avoid hurry is mucch as possible during the hottest hours of the day.

mondville, Aug., 3, '04.

Yours, etc.,

WILFRID GAGNE.

It

vent a serious case of blood poison.

ype. Ont.

prescription.

a traveler chanced upon a resident a sleepy hamlet in Tennessee. "Are you a native of this town?" asked the traveller.

'Am I a what?" languidly asked the man as he rose to a sitting posture. "Are you a native of this town?"

"What's that?"

"I asked you whether you were a native of this place?'

Suddenly there appeared at the open door of the cabin the man's wife, tall, gaunt and sallow. After carefully scrutinizing the intruder she said

"Ain't you got no sense a'tall,, Ira? He means was yo' livin' heah when you was born or was yo' horn after you begun livin' heah. Now answer him."---National Food Magazine.

Minard's Liniment Cures Distemper.

### He Paid for the Boots.

According to an old French tale, a number of shoemakers argue the question Which one of them is the most meekly submissive to his wife To the one who is least so the host offers to give the best pair of boots in his shop. If any one claims the boots and fails to prove his claim he must pay double price for them. The boots are claimed by a man who declares that he is not afraid of his wife. The man who offered

the prize is somewhat taken aback by the man's confident manner, but determines not to let be norts go without an attempt to save them. "The boots are stiff, I think," he said. "Take  $^{\rm R}$  the grease with you to soften them, but put it inside your waistcost, so that my wife may not see it."

wite may not see it." "On, no." was the reply, and, the presses was vasily possible away. "No." in y more would be frightlin mad if I shrould presse my washerest." Then the char precordly decided that he must be growing for the breaks.

Your Child.

ts account to well? AND is account party west is account play over all dependent is account status at Account account, ender the account account with the module, ender

-It electrices a warm spange half he

If cleeplass a warm sponge half, he fore retiring height in the morning is good for it invariably
A conseponge half in the morning is good for it invariably
If should drink a g ass of malar half an hour before breakfast.
Between meals two to three glasses of water should be given it, and again before retiring.
Water should be cold, not ice cold, and it should be drunk slowly, not poured

dits to a strange tradition which exists among the Yaquis. The nationality of the Olesens stood

them in good stead, for when the In-dians, who were roving the country, pillaging property, learned that they

were Danes, the foreigners were treated with every consideration. Almost rev-erently the Yaquis gave way to them and aided them in getting from their location in the interior to the seacoast,

where they boarded the Colusa. There is a legend centuries old among the Indians that the Danes were the friends of their people in bygone years Several hundred years ago, so the tra-dition goes, a Danish monk did much good for the Yaquis. At his death he

was buried in a subterranean cave in ; mountain of the great Yaqui valley The Indians believe that the monk seated in a great stone chair in the heart of the mountain, is their benefac-

tor. "I don't know how much truth there is in the legend.' laughed Olesen upon his arrival, "but we weren't questioning that when we found that the Indians were inclined to treat us with respect and even render us assistance because of our nationality.

Olesen had a plantation at Michoacan in the State of Oaxaca, and was enjoy-ing prosperity until the revolutionary troubles began to have a serious effect troubles began to have a serious effect on the entire country. Several thou-band Yaqui Indians are leagued with the rebels, but many are roving the country in hands merely under the guise of being followers of revolutionbry principals and using the cover in their depredations, says Olesen,-San Vrancisco Chronicle.

annun 1 DODDS ALL KIDNEY DISEA BAINEUMATISM SECHE

3 THE PH

cure

yesterday.

-New York Globe.

work without delay.

It is hardly probable that the ordin-ary household refrigerator or ice box will have a temperature as low as freezing. But so long as it is cold enough to preserve meats and milk it will prob ably help preserve bread as well. A least the bread will keep better in a At nearly freezing temperature, and be fresher when removed therefrom than it could possibly be in an ordinary bread

It must be remembered that the lost ing of the bread after it is removed from the ice box is as important as the Peer ing temperature. This, it seems, wees another section of crust to form, which takes up the excess moisture the bread as absorber in the ice chamber.

IMMODEST DRESSING.

(Philadeiphia Record

And, while you are about it, interest the children in this very natural way of keeping well. Teach them the of keeping well. Teach them the value of digging in Mother Earth. Imbue them with an interest in your gar-den, and soon they will be asking den. whether they may make one, too.

Where there isn't a place to gar-den out of doors, it isn't a bad plan to make a window box. This plan may be followed in the house, in the or in the school room. But get out of doors if you can.

Minard's Liniment Cures Garget In

Cows. OUR PRECISE ARTIST.

A DASKET LUNCH

But they are often an accompaniment of various ills. Fever blisters may occur on any part

of the body. They are noted most frequently

Fever blisters are found on the pneu-monia patient; during bad colds; in typhoid; in malaria and in several oth-

ter with apparently no accompanying ill. In that case it is most probably due to disordered stomach.

in the last case is an adjustment ood, a change of diet and more exer-

yesterday. "Ns, sor, i wuz. Hiess me, if I weren't a-layin' in th' gutter wid a pig. Father Dunn came along, looked at us an' says, says he, 'One is known by the company he keeps.'" "And did you get up, Patrick?" "No, but the pig did." Some people get so dazzled from look-ing on the bright side that they can't see the other side at all.

Banks distribute large sums of gold

from their head offices to branches in the city [London] and the suburbs. As much as £20,000 in sovereigns will be taken in bags in an ordinary brougham. the only guard being two unarmed elerks. Only one man is considered ne-cessary to take £10,000 from one point of the city to another. Some banks em-ploy a small motor van in the collection and distribution of silver, but notes up

to  $\pounds 10.000$  in value are carried in a pocket wallet by a clock. The wallet may be attached to the waist by a

It is calculated that over half a million pounds is carried through Landon streets every day in bus way. But it is in the neighborhood of Hatton Garden. the centre of the diamond business, that the greatest wealth is carried in easy going fishion. Every day over two mil-lion pounds worth of diamonds and rls are carried in the inside pockets of those who do the business in this dis tract. A diamond merchant is frequently in possession of £200,000 worth of genus. dealers and brokers who canvass for orders from West End jewell-rs car ry their precious burdens, often worth £30.000 or £40.000 tucked away in cunningly contrived pockets.

### Nature and Air Renew Man.

Man spends about one-third of his Nature uses the sleep hours to ef-

fect her best recuperative work. Like man, Nature works very in-efficiently in foul air.

How necessary it is, then, to have

pure air in the sleeping room. Give Nature a chance to do its best

work!



because according to the day, not the season. In this climate where a torrid day may be followed by a chilly one, it is necessary to consider the temperature of the day and not the season. Bathe regularly. An eminent physician stated that a healthy person was bene-tied by several baths a day during ex-

of the day and not the season. Bathe regularly. An emhent physiclan stated that a healthy person was bene-fitted by several baths a day during ex-tremely hot weather, and the dayly bath and frequent brushing of teeth should be taken as a matter of cour se. Germs caus-ing summer sicknesses find breeding places in the foodstuffs exposed in the mouth. Brush your teeth. Ventilation is of utmost importance. Effect a liberal supply of fresh air throughout the house, particularly in the sleeping apartments. If your house has a flat roof, utilized in the evening ifor sleeping purposes, if desirable) and in the afternoons with a tent or awning ar-rangement. The dust-laden air that comes ino the house from the street scarcely rises to the roof; therefore, the all is cleaner and more wholesome on the roof. Dress the bables and children sensibly and in as little clothing as common de-cency permits. Do not overfeed them and see that the milk and other foods given them are strictly fresh. Keep them out in the parks as much as is possible and do not permit them to eat too many sweets. Keep them from romping in the sun. Chew your food well. The various

sweets. Keep them from romping in the sun. Chew your food well. The various stomach, bowels and intestinal troubles that keep physicians busy in hot weather would rarely exist if people Fletcherized their food during the torrid season, de-cared a specialist in these complaints Finally, if you would be cool and beal-thy, be sensible and try and arrange your duties so as to get the most burdensome of them accomplished during the cooler hours of the day.

Minard's Liniment Cures Colds, Etc.

### The Kitchen.

It must be very light. Tiles are ideal wall coverings. White oilcloth is a second choice. Wood mouldings will cover the tack-

ng. A light bracket should be over the

range. A wicker chair<sub>o</sub>is equally comfortable

for mistress or maid. A sensible woman had an extra cup-board put in for her maid. In it are mending and writing implements and a book or so.

The use of casseroles should be en-couraged. The labor of keeping theme clean is as nothing compared with metal

### OUR CARELESSNESS OF FIRE. (Montreal Herald)

(Montreal Heraid) Just so long as we continue to accumu-late inflamable rubbish in hears we may expect to have big irres and big losses in men and money. There is no use fn swat-ting the fly after he has put typhoid germs in the butter or in cleaning up rub-bish after the factory has burned down.

Mrs. Exe-Some Ausbands win their wives by sheer audacity. Mrs. Wye --Yes, and many others by sheer men-dacity.-Boston Transcript.



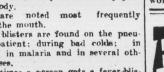
(Kingston Whig) Dr. Hasing's cure for sleeplessness in warm weather is cold water, in shower and sponge baths. The man who can take these frequently, at night, will want no dopes of any kind. Try the cold water

around the mouth.

SWEATS AND IS COOL. r diseases.

Some times a person gets a fever-blis

Too much food is probably eaten or the food is not wisely chosen. The cure of





It will not add to your comforth to watch the thermometer; look at the ice-water pitcher instead. It sweats and still is cool. "Patrick, you were on a bad spree esterday. "Yis, sor, I wuz. Bless me,

cise.

