

The Housekeeper

When frying mush it improves the crispness if the mush is dipped in white of an egg before frying.

SUMMER HEAT HARD ON BABY

No season of the year is so dangerous to the life of little ones as in the summer. The excessive heat throws the little stomach out of order so quickly that unless prompt aid is at hand the baby may be beyond all human help before the mother realizes he is ill.

HOT WEATHER AIDS

Specialists Give Warnings for Summer Season. (By Isaac Abt, M.D., specialist in children diseases.)

FOR FRESH BREAD

Keeping in Ice Box is Latest Wrinkle. Put your bread in the ice box if you want to keep it fresh.

OUR PRECISE ARTIST

Tradition About Monk Helped Refugees in Mexico. Mr. and Mrs. Peter Olesen, who were among the refugees arriving on the steamer Colusa yesterday, credit their escape from the hands of Indian bandits to a strange tradition which exists among the Yaquis.

Fixing His Nativity

While visiting in the South recently a traveler chanced upon a resident of a sleepy hamlet in Tennessee.

He Paid for the Boots

According to an old French tale, a number of shoemakers argue the question, Which one of them is the most meekly submissive to his wife?

The Kitchen

It must be very light. Tiles are ideal wall coverings. White oilcloth is a second choice.

Our Carelessness of Fire

Just so long as we continue to accumulate inflammable rubbish in heaps we may expect to have big fires and big losses in men and money.

The Cold Water Cure

Dr. Hastings' cure for sleeplessness in warm weather is cold water, in shower and sponge baths.

Sweats and is Cool

It will not add to your comfort to watch the thermometer; look at the ice-water pitcher instead.

Swat Him

Considered not the little fly who name is rhymed with baby-bye.

LIQUID GOLD. And Its Use In Decorating China.

Gilding on china with gold according to a writer in The Pharmaceutical Era, is done either by an adhesive varnish or by heat.

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BUY YOUR FRUIT From the Grower Direct

Send your order at once and get the best. Satisfaction guaranteed.

MAKING A GARDEN; MEANS HEALTH.

Make use of your backyard. Cultivate the ground and raise vegetables!

IMMEDIATE DRESSING.

Girls are seen on the street in clothes who once have thought immediate at home.

THE COLD WATER CURE.

Dr. Hastings' cure for sleeplessness in warm weather is cold water, in shower and sponge baths.

SWEATS AND IS COOL.

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Strengthen Your Kidneys

If you are a sufferer from any kind of Kidney or Bladder trouble, you know, too well, the pain, the loss of sleep, the distress and disagreeable experience which are a part of these complaints.

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COW TESTING PAYS

There are such excellent concrete examples now and again outcropping of men who prove that it pays to take up cow testing that their records of success make stimulating reading for dairy farmers all over the Dominion.

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ISSUE NO. 29, 1913

HELP WANTED

WANTED - PROBATION NURSES, three-year course. Apply to Superintendent Nurses, The Cooper Hospital, Camden, N. J., U. S. A.

WANTED - QUALIFIED TEACHER, Protestant; No. 4 Maidstone; duties to commence Sept. 2nd, 1913. Salary \$52 per annum.

WANTED - GIRLS FOR KNITTING and Finishing Depts. Good wages paid to learners.

FOR SALE

FOR SALE - NO. 1 GORDON PRINTING Press with Steam Engine, in good condition; will sell cheap; also some type.

PERSONAL

PERSONS GOING WEST MAY LEARN something to advantage; state destination and when going.

ANTISEPTICS AS POISONS.

To have a medicine chest in every household is a great improvement. It makes for better health.

Unconscious Child Humor.

"Mamma," said little Edna one day, "I'm getting tired of this pug nose. It's getting pugger and pugger every day."

Hot Weather Hints.

Little Things Apropos of the Season of Caloric. Don't eat much meat (it's too high); vegetables and fruit furnish more suitable diet.

Piles Cured at Home by New Absorption Method

If you suffer from bleeding, itching, blind or protruding piles, send me your address, and I will tell you how to cure yourself at home by the new absorption treatment; and will also send some of this home treatment free for trial.

Gold on the Street.

Banks distribute large sums of gold from their head offices to branches in the city (London) and the suburbs.

Our Precise Artist.

Girls are seen on the street in clothes who once have thought immediate at home.

Nature and Air Renew Man.

Man spends about one-third of his time in bed! Nature uses the sleep hours to effect her best recuperative work.

Fever Blisters.

What causes fever blisters? is often asked. Digestive disturbances cause them.

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A HOME VACATION

Can Be as Good as the Other Kind. If you can't afford the time or money required for a vacation trip somewhere, why don't you plan a vacation at home?

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