

March 29, 1911

## THE GRAIN GROWERS' GUIDE

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Conducted by Margaret

Head Office:—GRAIN GROWERS' GUIDE, WINNIPEG

Telephone—Sherbrooke 870

Associate membership fee  
S. Badges  
S. Buttons  
Pendants (green)

## OBJECTS

To gratify the wish of some invalids.  
To care for the blind from infamy.

**MOTTO FOR THE WEEK—KEEP SWEET**  
Throughout the year why not keep sweet? No man ever made a heart glad; no complaint ever made a dark day bright; no bitter word ever lessened a burden or made a rough road smoother. What the world needs is the resolute step, the look of cheer, the smiling countenance, and the kindly word. "Keep sweet!"—Rev. Geo. L. Perin.

**Dear Friends:**—When the work of Sunshine grows so rapidly as it has done in Western Canada it is necessary to form a strong band of members into a "Ways and Means Committee." Now, we cannot have too many members in this committee, as they can be in any part of the country, and they should have time to time convene a sub-committee and get up some entertainment to help support the Head Office or Sunshine Home which we have now opened at Brandon, Manitoba, and which we are also opening at Edmonton, Alberta, and at Weyburn, Saskatchewan. Now, any man or woman interested in Sunshine, who would like to be on the "Committee of Ways and Means"—Please write your name and address to Weyburn. The convention will take place in July and I would like as many of the Sunshine workers to save up as possible and attend. Now hurry up and form the teams and let me know when you can have time to arrange to send one delegate to Weyburn, and in this way help to show the strength of the Sunshine work in the West. The Mid-day Lunch Room is serving fifty girls per day, and certainly we could do more with the same spirit, and in fact we shall be serving one hundred & two before the next two weeks are out. Much help is necessary in order to make this a success, but I feel sure I can rely on my many warm friends to rally round and help us. We have a new manager, and have a disappointment lost but I must be grateful indeed for the warm support given in every undertaking. Last week I phoned the manager of the Western Canada Milling Company and explained my work to him, and the next morning two sacks (200 lbs.) of the "Party Flour" were sent to me.

Yours lovingly,  
In Sunshine or Shade,  
MARGARET.

## DO YOU SPOSE?

Do you spose little flies with their thousands of eyes,  
When their mamma is busy with tea,  
Ever climbs in the chair and get in her way,  
And cry, "Lemme see, lemme see!"

Do you spose little flies, when their mamma  
With a tiny short nap—just a wink.  
Ever poised on the corner with their soft little fins,  
And whimper, "Please give me a dink?"

Do you spose little quails, as they creep through  
The tall grass,  
Ag'd into the reeds where they stay,  
Ever ask mamma dear, when her head aches so  
hard,  
"But why can't I whistle to-day?"

Do you spose little bees, as they hum in the trees,  
And find where the honey sweet's lurk,  
Ever climb of these paper, who is busy near by,  
I know—but what for must I work?"

Do you spose, do you spose that anyone knows  
Of a small boy who might think a while  
Of all this and more? You do? So I thought—  
And now let us see if he'll smile!

## A SUNSHINE SONG

Would you make some saddened heart  
Just a little lighter?  
Would you make some hardened life  
Just a little brighter?

Drop a word of love and cheer;  
Set the echoes ringing  
With your notes of love and joy,  
As you go singing.

Would you smooth the rugged path  
Down along life's highway?  
Would you plant the rose of faith  
In some lonely byway?  
Just a few words of love alone  
Cleans the path before us,  
And the blies of God's love  
Bloom and blossom o'er us.

Just a little word of cheer  
Lightens every dark;  
Just a smile will often show  
Faces wreathed in beauty.  
Spirits kindle as you go,  
Comfort the weary soul,  
And your own reward will be  
Heaven's choicest blessing.

**SASKATCHEWAN**  
Mrs. Bell, Weyburn, Sask.—Many thanks for letter. It is necessary to forward two references and then I will place you on the list and send you full particulars.

Mr. Jamie & Wemyss Cotes, Bonnechere,  
South Qu'Appelle.—Glad you like the button.  
Heartily welcome to our new member, Dolly Hatterley. I hope my little readers all love her and watch their coming and also know them by their names. Glad you enjoy the Sunshine stories and letter writing. Now, dear children, write often and tell me how you manage to get along.

Jennie Martin, Weyburn, Sask.—Many thanks for second letter. The money would be acknowledged in the subscription list. It was indeed good of you to read it and pay the five cents. I am sending

My dear Scotch Lassie, Melville, Sask.—Please do not think that your letters tire me. I like them, especially when they are as happy as this one. I have by me now—Your description of home life

\$1.00  
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was most interesting, and made me almost envious of the peace you enjoy. I used to make my own clothes when I was your age, but now I have no time, but make answering correspondence my business. Write again soon—remember I am always glad to hear from you.

Please call again, Moosejaw, Sask.—Your letter was most welcome, and the flowers were beautiful. Thank you so much. They are on my desk now forever. Your letter was very interesting, and I have not seen the play mentioned, but have heard it is excellent. I was most interested in your exam. Glad you passed so well. Write again soon.

Eliza Clark, Weyburn, Sask.—Dear Friend—Would I write to you again addressed so that I can at least write to you. I would be glad of all clothing as the children will soon get out into the open air and clothes are very necessary that they may always look neat and appropriate. There is nothing needful the mother can buy for the children to look decent. I would especially like the boy to have a member of our Guild.

Trussella Berg, Maymont, Sask.—Glad to have received your letter, and your greeting card. Please write again, and tell me all about yourself. Write any news you have.

Lillian Parker, Weyburn, Sask.—Dear Friend—Your letter was most welcome, and I am sending a reply. The real secret of a happy home-life is unselfishness. The happiness to be complete, calls for unselfishness, or thought of others, from each member of the family. There is only one receipt of permanency in the happiness of an individual, or family, or community. It is the secret of life. Let the joy come from within. See that there, within your own heart, is the spring of perpetual happiness. That spring is Christ, and from that and that alone, can flow a continual stream of happiness, both for yourself and others.

whole day. And it would have been an easy to have left those words unaided or instead to have spoken an appropriate word, or to have laughed instead of groaning.

An interesting anecdote is told of Joseph H. Choate, of New York:

Once at a dinner party he was asked who he would prefer to be if not himself. He wanted his name before replying. The guests thought he was crazy, but he said, "I would prefer to be Choate, at the other end of the earth before giving his decision. Then his eyes rested on Mrs. Choate, at the other end of the table, and he replied, "If I could not be myself, I would prefer to be Choate's second husband."

What a beautiful tribute to Choate's wife, but it suggests to us what is really the case. It is the wife who largely makes the home happiness of her husband. If he comes home at night and finds her face wreathed in smiles, his unhappiness is always far away. It is the wife who is harder for the wife and mother than any one else, to be always bright and cheerful, but in view of the fact that her little actions are so far-reaching it is worth the try.

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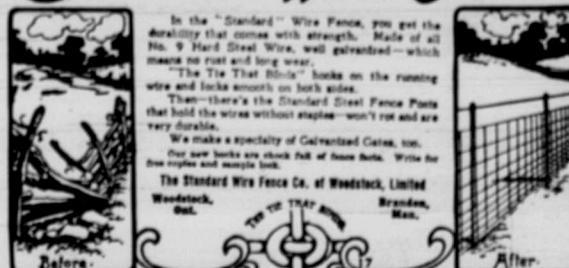
Let the joy come from within. See that there, within your own heart, is the spring of perpetual happiness. That spring is Christ, and from that and that alone, can flow a continual stream of happiness, both for yourself and others.

There is a beautiful story told of a young lady who went out with a number of friends to spend the day rambling through the fields and woods. Early in the afternoon she found a sprig of sweet birch and tucked it away in the bosom of her dress, but soon forgot that she had placed it there. All day long she smelled its sweet fragrance when climbing over rocks, through open fields, on narrow pathways that same fragrance seemed to be and always follow where it went. When she returned home the fragrance still seemed to surround her, so concluded that some friend must have, in her bouquet of wild flowers, a bunch of birch, and to reward her for her ramble and night walk she found the sweet birch she had tucked away in the morning, and knew that the secret of the sweetness that had surrounded her all day, even in the hottest places, was within her own bosom.

Just as we may carry about in our own hearts the secret of a perpetual sweetness and our own inner life may make all our world; and it is alone, will envelop every one we meet with some fragrance, and that fragrance will be a guide mark that otherwise would appear wonky elsewhere. The ideally woman that Mrs. Brewster described must certainly have possessed this virtue, for "None knelt at her feet confounded layers in thrall; They hault more to find than they used, that was all."

If you praised her as charming, some asked what you meant; But the charm of her presence was felt where she went.

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## HOW TO MAKE A HAPPY HOME

In no sphere of life is happiness so easy to attain as in the home. It does not depend on the number of luxuries, indulgences or some of the very happiest moments in life. The almost ideal home is one in which one cheerful member in the family may uplift the tone of all the rest. Let the daughter not sing at her dish-washing, allowing her broom to keep time to her happy song, and her happiness is sure to infect the others. On the other hand, a noisy dispute, some little criticism, fault-finding, etc., by but one member of the family may upset the happiness of the entire family probably for the

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