

CHATS WITH YOUNG MEN.

Nature is kinder to all men than we commonly imagine; and few there are who can not, with God's blessing, if they strive with a strong and constant will, form their own characters and attain to more than respectability.

Be cheerful. Make an effort to be agreeable. Take some pains to be interesting to your associates. Learn to relate some anecdotes, to tell some stories, to sing some songs, to know something worth knowing, so that in the time for social intercourse you can do your part. Don't live only to please yourself.

Common sense is the knack of seeing things as they are, and doing things as they ought to be done. Be generous. The world loves a magnanimous soul. Large-heartedness is always popular.

God has never had much use for the man who was not willing to do little things. Many a young man with large capabilities and bright prospects, has been brought within reach of the guns of the enemy by some chain which has held him down.

Use your brain. Study your business. Find out all its details. Find out exactly how it is conducted. Find out ways in which your end of it can be better conducted.

Stick to Your Occupation. "I have no idea why that baby should have died," said an old-time physician, who had more zeal than skill, "for I tried everything, gave it every remedy I ever heard of, and yet it died."

Some people spend a large part of their lives beginning things and then dropping them. They squander their energy and waste their efforts in rushing from one thing to another, without ever accomplishing anything.

Concentrate your efforts and be something; scatter them and be nothing; you can take your choice.

chance to make money if you do not act promptly. But take your time, and investigate. Make it a cast-iron rule never to invest in any enterprise until you have gone to the very bottom of it, and, if it is got so sound that level-headed men will put money in it, do not touch it.

Business which cannot be conducted on Christian principles is no business which should be conducted by Christian men.

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pleased them to do so, and to Bernie's intense annoyance perambulated the table even at meal times. They whisked their tails over the bread and butter, they sniffed the meat and food generally, habitually sitting in close proximity to their mistress, one on each side of her.

Although very kind of dumb animals Bernie did not like those at The Canaries, nor their ways, and Carlo the spaniel became her sworn enemy, as he was always of the companion, one of whose duties was to comb out his coat.

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lied also in their practices this dictate of nature. They were the first to attempt to wean the heart of mankind from the sweet belief in the communion of souls. They alone would deprive religion of the comfort that lies in the mutually-exchanged succors between the living and the dead.

It is a bright land of hope and promise dearer to Heaven than its own happy mansions, because therein abide not those who revel in glory, but those who need Heaven's holiest gift of mercy.

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Childs Play or Wash-day Surprise Soap cleanses so easily that wash day is like child's play. There is nothing in it but pure Soap. It cannot injure the clothes and gives the sweetest clearest results. To wash the Surprise way. Read the directions on the wrapper. You can use Surprise in any and every way.

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looks in devout adoration at the Sacred Host, or, being unable, wishes he could do so, his reward in heaven is increased, and he is entitled to a special degree of bliss in the enjoyment of the Beatific Vision." St. Teresa also mentions a special reward in Heaven for "reverent contemplation of the Elevation." In the ages of Faith going to Mass was sometimes spoken of as "seeing God."

NEURALGIC PAINS Are the Cry of the Nerve for Better Blood. ENRICH THE BLOOD AND NEURALGIA WILL DISAPPEAR—IT IS ONLY THOSE WHOSE BLOOD IS POOR AND WATERY THAT SUFFER.

The London Mutual Fire INSURANCE CO. OF CANADA. ESTABLISHED 1869. HEAD OFFICE TORONTO, ONTARIO. FULL GOVERNMENT DEPOSIT.

O'KEEFE'S Liquid Extract of Malt. Is not a patent medicine, nor is it beer, or some imitator, but it is a strong extract of Malt and Hops, recommended by leading medical men all over Canada, for the weak and convalescent.

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OUR BOYS AND GIRLS.

STORIES OF THE ROSARY.

The Agony of Our Blessed Lord in the Garden.

By LOUISA EMILY DOBNER. FIAT.

Then the guard shut the door sharply; Mrs. Cleve came to the window to give parting messages for her mother, and the train slowed out of the station, and an aching heart. She was well accustomed to going about London by herself, and was soon in a third class district carriage returning to Lurnham Park, the suburb where her grandmother lived, and which adjoined Warton Green where her own home was.

Mrs. Elliot was an old lady of severe aspect. She had married late in life, and Mrs. Cleve was her only child. She was extremely prim and conventional, methodical in all things, and with a fondness for routine, punctuality and monotony, which Bernie found very trying indeed.

Mrs. Elliot was a Protestant of the Low Church type, and considered her daughter had done very wrong indeed when she was engaged to a Catholic; and when she became one herself shortly after her marriage Mrs. Elliot was in despair. However, the years had gone by and nothing she ever said influenced her daughter in the slightest degree.

Mrs. Elliot was somewhat of an invalid suffering from chronic rheumatism and was blessed with an even temper. She seldom kept her companions for more than a year, and the last has gone off very suddenly just after Mrs. Elliot was settled into the dull little house called The Canaries.

Don't tie yourself or your money up. Don't risk all your savings in any scheme, no matter how much it may promise. Don't invest your hard-earned money in anything without first making a thorough and searching investigation.

NOVEMBER—A REVERIE.

This, the month dedicated to departed souls, is the saddest season of the religious as of the natural year.

Upon no cold and precise formula of doctrine would we dwell when feeling speaks its word and urges its appeal for remembrance of the friends who are gone before us.

How meetly has not the Church consecrated this sad month to the memory of the departed souls that hover beyond in a region between life and death eternal!

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AT THE ELEVATION.

"If anyone were to look down from a church gallery during Mass, he would notice," says a writer in the English Messenger, "that the members of the congregation with few exceptions, bow their heads at the waving bell, and never lift them until after the elevation. In this practice there is a discrepancy between what we are taught and what we do, which might and should be rectified, with profit to our souls."

As a practice to which the writer calls attention prevails to the same extent in this country, a few further words on the subject from this article may not be unprofitable.

Immediately after the holy words of consecration the priest kneels to adore, and then raises the Sacred Host a little higher than his head, in order as theologians tell us, that "it may be seen and adored by the people."

Therefore the correct custom is for us to lift our heads and look reverently on the Blessed Sacrament before bending down in adoration. In a charming little book recently published we read that there used to be in England a popular idea that the sight of the Host brought joy to the heart, and that when the time approached, men would jostle their neighbor that they might better see the Blessed Sacrament.

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Fruit-atives or Fruit Liver Tablets are fruit juices in tablet form. The greatest known cure for Stomach Troubles, Constipation, Biliousness and Sick Kidneys. 50 cents a box. All druggists have them.

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