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DARTICLES of food left in the mouth, decay and spoil good teeth. The rule to follow is clean with Colgate's twice a day—see your dentist twice a year.

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For 2c. more we will send 3 tiny bottles of Colgate's Perfumes to make the famous perfume test.

Brush teeth thoroughly with Colgate's Ribbon Dental Cream-up and downfrom the gums-inside and out-night and morning.

Colgate's is delicious to use. It is safe. Dentists recommend it because it contains no harmful drugs or harsh grits.



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Colgate's Talc-as smooth and fine as silk—has just the right amount of Boric Acid. You have your choice of 11 perfumes and unscented.

prodigal, who turns in loathing from past sins and longs for purity and soulhealing. The thief, who—by his own confession deserved to be crucified, asked only to be remembered by the King. But the promise of satisfying comradeship was instantly given. The opportunity for earthly service seemed to be over. yet that dying recruit was accepted and welcomed by the Commander-in-Chief. Perhaps the opportunity was not over, after all. The penitent thief, who turned to Christ in the eleventh hour, has helped many despairing souls to trust the Saviour in death, even though they

cared nothing for him in days of health.
We think of the wasted years here, and then we try to picture the joy of that penitent soul in Paradise. He had faith to recognize and courage to acknowledge the King, who was insulted by the crowd in His apparent helplessness. Satan dare not claim that victim as his own, when the King Himself walks with him as a familiar friend.

There was a joyous welcome for the penitent thief. Shall we become discouraged though our objective is so far out of reach? He knows we love Him and are trying to be like Him. "He will forgive if we only believe,"—if we honestly confess our sins and press toward the mark, trusting in Him for the strength

In this age of "great deeds" we must not grow discouraged if there is little chance in our lives for anything more exciting than the trivial round and the common task. A dying woman said despairingly: "I haven't done anything, not anything at all. Only cared about my home, looked after it, and tried to make my family comfortable and happy.' How surprised many such home-makers will be when the King says to them: "Inasmuch as ye have done it unto one of the least of these My brethren, ye have done it unto Me."

We are far from our objective, yet we still press toward the mark, looking

Are you feeling discouraged? Why, the King Himself is your Comrade. He is close beside you.

He cares about your progress, and He says: "All power is given unto Me in heaven and in earth.

We are weak and sinful but we are of great value in the sight of God. So Browing says: "All I could never be.

All, men ignored in me This, I was worth to God." His eyes are on us, and our eyes are on

Him. We are helpless alone.

"But I need, now as then, Thee, God, who mouldest men."

Without Him we can do nothing but with Him our power cannot be measured. St. Paul showed his faith when he said: "I can do all things through Christ which strengtheneth me.

This is the order of our Chief: "Be ye therefore perfect." Shall we be faithless and discouraged? "Man has forever." DORA FARNCOMB.

For the Shut-in.

I wish to thank the friends who have sent papers for the shut-in. Such publications as "Onward," "The King's Own," "East and West," "The Sketch," etc., especially appreciated by patients in hospital wards. The papers are passed from bed to bed in the public wards. DORA FARNCOMB, 6 West Ave., Toronto.

The Ingle Nook

Rules for correspondence in this and other
Departments: (1) Kindly write on one side of
paper only. (2) Always send name and address
with communications. If pen name is also given
the real name will not be published. (3) When
enclosing a letter to be forwarded to anyone, place
it in a stamped envelope ready to be sent on.
(4) Allow one month in this department for
answers to questions to appear.

The House-Fly a Menace.

THE house-fly has been called the filthiest insect pest we have. That does not mean that it is the one that most readily exposes filthiness in the house in which it is found; it means that it is filthier in its habits than any other it is filtner in its nables than any other insect. That nocturnal prowler, the bedbug, for instance, may seem to give more annoyance. He is the thorn in the flesh that can be physically felt. He has

penitent soul. He gladly welcomes each

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