

PREFACE.

By a recent regulation of the Board of Education of New Brunswick, the subjects of Domestic Economy, Plain Sewing, and Knitting, have been added to the syllabus of examination for female candidates for school license.

It has been thought desirable that a manual on these subjects should be prepared for the use of student-teachers in the Provincial Normal School, and for others qualifying themselves to pass the examination for license. The book is thoroughly practical, containing no unnecessary technical terms. It is hoped that it may be found useful also to others than teachers and students, and that it may be profitably put into the hands of persons already engaged in domestic work, whether daughters or mothers, mistresses or maids.

This little manual is compiled largely from an excellent work included in the Royal School Series of T. Nelson & Sons, entitled *Domestic Economy: A Class Book for Girls*. Other parts will be found credited to their respective sources.

The compiler is greatly indebted, for advice and assistance in preparing the book, to her colleague, Mr. H. C. Creed, A. M.

The manuscript has been examined and approved by Lady Tilley and other experienced housekeepers.