

SPORTS

Intramural Sports

PHYSICAL RECREATION AND INTRAMURAL PROGRAM

NON-CREDIT INSTRUCTION

The Non-Credit Instruction Unit continues to be one of the fastest growing components of Recreation Program Classes are open to all members of the U.N.B.ÇS.T.U. University Communities. Excellent instruction is provided and necessary equipment is supplied. Instructional fees are lower for full-time students and Recreational Facilities Pass Holders. Non-Pass Holders are invited to participate, but are assessed a higher fee. Take advantage of the opportunity to learn a new skill, improve your existing skills, or improve your existing skills, or improve your fitness level at a very low cost.

REGISTRATION PROCEDURES

All registrations for Non-Credit Instruction Classes except ADULT and CHILDREN'S SWIMMING and NOON HOUR FITNESS will be handled through the U.N.B. BUSINESS OFFICE. This office is located in Integrated University Complex and is open from 10:00 a.m. to 5:00 p.m. Monday through Friday. Information and registration forms will be available from the Recreation Office and the Business Office. Information and registration forms will be available from the Recreation and the Business Office. Enrolment in all courses is limited and on a first-come, first-serve basis. Classes commence one week after registration begins.

PROPOSED FALL PROGRAM

Classes

Noon Hour Fitness

Traditional	Wednesday, Sept. 12
Jazz Exercise	Wednesday, Sept. 12

Tennis

Beginner	Monday, Sept. 17
Intermediate	Monday, Sept. 17

Afternoon Aerobics

Monday, Sept. 17

Evening Fitness

Monday, Sept. 17

Aqua Exercise

Tuesday, Sept. 18

Weight Training

Beginner	Monday, Sept. 24
Intermediate	Monday, Sept. 24

Squash

Tuesday, Sept. 25

Racquetball

Wednesday, Oct. 24

AQUATIC

Adult Swimming - all levels to Bronze
Thursday, Sept. 20

Children's Swimming - all levels to Bronze
Consult Recreation Office for openings.

Registration at L.B. Gym.

NOTE: All sport clubs offer instructional programs.

EMPLOYMENT OPPORTUNITIES

Much of the success of the Recreation Program depends on the efforts of dedicated students. The Program hires students to serve as sport convenors, officials, supervisors, instructors, and lifeguards. In many cases, experience is not required. We will help you acquire the necessary skills. If you are interested in becoming involved in this dynamic program, gaining valuable experience and earning some spending money, contact the Recreation Office.

WE NEED YOU!

INSTRUCTORS NEEDED

All Non-Credit Instructional Courses are offered pending the availability of qualified instructors. Anyone wishing to instruct in the program should contact the Recreation Office. Salary depends on level of certification and experience.

COMPETITIVE INTRAMURALS

Competitive Intramurals are divided into three sections: men's, women's and co-ed activities. Leagues or tournaments are organized in 12 events for women and 16 events for men ranging from racquetball sports such as tennis and badminton, to team games such as volleyball, basketball, and hockey; to individual activities such as cross country and swimming. In addition, 16 co-ed events are held in such activities as volleyball, basketball and inner tube water-polo. Most co-ed events are organized in tournament structure and held on weekends.

You may register as an individual or as a team in the Recreation Office -Room A121, L.B. Gym. Entry deadlines are published in the Brunswickan and posted on bulletin boards throughout campus. Entries are accepted during Counter Hours - 10:00 a.m. to 2:00 p.m. - Monday through Friday.

Three student committees are responsible for the organization and administration of the Competitive Intramural Program; Women's Intramural Inter-Residence Sports Committee. All Faculties and Residences are entitled to representation on the appropriate committee. In some cases sports representatives have been identified, but in many they have not. If you would like to represent your unit, contact the Recreation Office. Be sure your Faculty and/or Residence is represented.

The actual operation of intramural leagues and tournaments is handled by student sport convenors, referees-in-chief, and officials. A large number of individuals are needed to run a successful program. Anyone interested in becoming involved should contact the Recreation Office, Room A121, L.B. Gym.

UPCOMING DEADLINES

FRIDAY, SEPTEMBER 14
MONDAY, SEPTEMBER 17

TUESDAY, SEPTEMBER 18

WEDNESDAY, SEPTEMBER 19
MONDAY, SEPTEMBER 24

-Men's and Women's Golf
-Men's and Women's Tennis
(Singles and Doubles)
-Women's Softball
-Women's Touch Football
-Men's Softball
-Men's Soccer
-Men's Touch Football
-Co-ed Softball
-Mixed Doubles Tennis

PHYSICAL RECREATION AND INTRAMURALS PROGRAM SOMETHING FOR EVERYONE—SOMETHING FOR YOU

The Physical Recreation and Intramurals Program is ready and waiting for you, the participant. This is your chance to engage in a variety of physical activities in your spare time. The Program is designed to serve the needs and interests of ALL students at U.N.B. and S.T.U. regardless of skill level and experience. You do not have to be an athlete to participate. In fact, varsity athletes may not compete at the Intramural level in their particular sport (s).

The Program is divided in to four units, each providing a slightly different emphasis. INFORMAL RECREATION enables you to participate in your favorite activities at a time that is convenient for you. COMPETITIVE INTRAMURALS consists of leagues and tournaments for men's, women's and co-ed teams in a large number of sports. If you have always wanted to learn to ski, swim, play squash, etc. or to improve your skills, the NON-CREDIT INSTRUCTION PROGRAM is for you. The 19 Sport Clubs on campus offer you a chance to learn new skills, engage in a favourite sport and socialize with fellow enthusiasts.

The Physical Recreation and Intramural Program staff is anxious to provide the best possible program for you. If you have any questions, comments or suggestions, please contact the Program Co-ordinator, Shirley Cleave. The Recreation Office is located in Room A121, L.B. Gym, 453-4579. The counter hours are from 10:00 a.m. to 2:00 p.m. Monday thru Friday.

FREE-TIME RECREATION

A large variety of athletic facilities are available for your use on a casual or unstructured basis. Available times vary depending on the facility and the time of year. Check *The Brunswickan* and recreation bulletin boards for current schedules. The West Gym is always available for recreational use from 4:30 - 6:30 p.m. on Wednesdays. Make good use of your free time--swim, skate, play basketball, job, use the weight room, etc.ññ