SUPERIOR TO COLORADO OR SARATOGA.



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clears off Bile and Headaches, Don't feel at home without it. Colorado boasts no such water as S. Lacus

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Corner College Street and Brunswick Avenue, Toronto. Ido not say my College is "Better than the Best," the "Leading" or most "Reliable," but I am the oldest and most experienced Business School Teacher in the Dominion and for twenty-three years was at the head of "Musgrove's National Business College," in Ottawa, the largest Business School in Eastern Ontario. I advertise very little. I give my personal attention to each student, and make his interest my own. A word to the wise is sufficient. Address

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similar name.]

The distinguished Dr. I. A. Sayer, said to a lady of the hautton (a patient): "As you ladies will use them, I recommend 'Gouraud's Cream, as the least harmful of all the Skin preparations." One bottle will last six months, using it every day. Also Poudre Subtile removes superfluous hair without injury to the skin.

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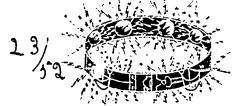
can do for them. To heal the sick we must destroy the cause; to do this the remedy must be an Anti-Septic, and destroy the living disease germs in the blood by actually coming in contact with them. Any other method of cure is Aumbur. No Electricity. "Health without Medicine" (which contains nothing but the advice to use hot water enemas) or other remedies with no anti-septi, qualities will do this. "The reader should do his own thinking and care ful investigating, and not let others do it for him, else ther will soon profit by his ignorance."

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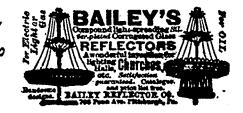


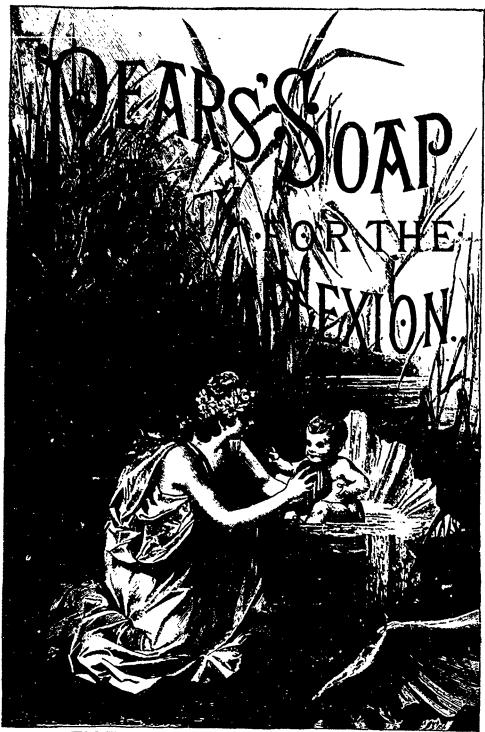
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A SPECIALTY FOR INFANTS.

A REVELATION AND A REVOLUTION

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Health Without Medicine-Greatest Discovery of the Age !

WHAT DO YOU THINK OF IT?

FIRST STATEMENT.—Nothing like this was ever published before. It has therefore nothing to do with drugs, patent medicine, electricity, magnetism, dieletics, or with any other pathy whatever.

SECOND STATEMENT.—We can fill every page of this paper with the most positive and enthusiastic testimonials ever written by the pen of man. proving that such is the almost miraculous power of this new treatment, that it takes right hold of and cures the worst cases of Dyspepsia, Constipation, Liver Complaints, Brorchitis, Chills and Fever, Kidney Complaints—even Diabetes and Bright's Disease, Weak Circulation, with its resultant "cold feet," Incipient Consumption, Internal Inflammations, Piles, Rheumatism, Cholera Morbus, Headaches, all Blood and Skin Diseases, indicated by Pimples, Blotches or Yellow Spots, Nervous and General Debility, etc., etc.

HOME TESTIMONY:

Two Sample Letters must Suppice-More Another Time.

THE REV. COVERDALE WATSON, for the last three years Pastor of the Central Methodist Church, Bloor-street Toronto, but now of Victoria, B.C., writes under date of Aug. 5th inst., as follows: "Dear MR. SIMPSON—Yours of the 20th July was duly received. I can only 27 with respect to D.R. A. WILFORD HALL'S Hygienic treatment that I regard it as a wonderful discovery, and i perseveringly used it cannot fail to be of great service. I would active any one to get the pamphlet, begin the use of the treatment and throw medicine to the dogs. A very clever physician said to re the other day "Let medicine alone and get rid of the waste materials and the organs will perform their functions." This is precisely wh this treatment does

MR. ROBERT LINN, Miller, with Messrs. McLaughlin & Moore, Bay and Esplanade-streets, Toronto, writes August as follows: "To J. J. WESLEY SIMPSON—Dear Sir,—A remarkable experience prompts me to write concerning DR. HALL'S 'Health Pamphlet' purchased of you some time ago. The treatment unfolded therein, is to my mind, the greatest health discovery of the present century. It certainly has proved a great boon to me in a recent and severe attack of inflammation and hemorrhage of the kidneys, accumpanied with piles of a painful character. The treatment acted like a charm in allaying the inflammation, stopping the issue of blood and causing the oiles to disappear almost immediately. The rapidity with which the inflammation was arrested and healthy action restored was simply wooderful. I do not believe that any system of drug treatment in a case sortifical could possibly have accomplished a cure so safely, effectively and rapidly. The treatment has also cured use of a very distressing headache, periodical in character and threatening to become obstinately chronic. The unique home treatment is simply of priceless value, and should be known and practised by everybody, however slightlyout of health, as it would not only eradicate the disease from the system, but prevent much sickness and suffering and save most people many times its cost every year. I never invested \$4 to be ter advantage.

"Yours truly, ROBERT LINN, 168 Parliamen street."

THE MICROCOSMIC ECHC, containing Portrait of Dr. Hall, history of his most remarkable discovery, with scores of letters from Ministers, Doctors, Editors and others attesting the marvels of this wonderful Revolution will be sent FREE only a Idress by THE SIMPSON PUBLISHING CO., 60 ADELAIDE ST. EAST, TORONTO, CANADA



HOUSEHOLD HINTS.

BANANA PUDDING.—Lay in a puddingdish slices of sponge cake. Pour over boile custard with sliced bananas. Cover with soft frosting, which may be made of the whites of the eggs used in the custard.

LAFAYETTE CAKE .- Beat to a cream one cup of butter with a cup of sugar and a cup of molasses; add a cup of milk, a small, even teaspoonful of soda, a cup of raisins and spice to the taste. Bake this cake in a large loaf for two hours and ice thickly.

OATMEAL CRISPS.—One cup of oatmeal, nearld one-half teaspoonful of salt mixed together dry; cover with cold water, and let it stand half an hour. Drain off any water remaining; drop by spoonfuls on a tin, spreading as thick as possible. Bake until brown and crisp, but not sorched in the least.

CLOVE CAKE,-Two cupfuls of flour, onehalf cupful of molasses, one-half cupful of butter, one-half cupful of milk, two eggs, two cupfuls or more of raisins, one teaspoonful of soda, one-half teaspoonful each of cloves, cinnamon and allspice, and one-half teaspoonful of nutmeg.

RICE LEMON PUDDING .- Boil a teacupful of rice until well done. Beat the yolks of four eggs with a teacupful of sugar, and pour the rice on them boiling hot. Beat the whites of the eggs with a teacupful of sugar to a stiff froth, put them on the pudding and return it to the oven. Flavour with the juice and grated rind of a lemon.

NICE CAKE.—To one-fourth pound of dried and sifted flour add one-half pound of sifted white sugar; cream one-fourth pound of butter, and pour it into the flour, stirring all the time; blend all well together; then add four eggs well beaten, yelks and whites separately, and flavour with a little ratafia or vanilla essence; when these are well mixed place the bowl near the fire to warm, then pour mixture into a well-buttered tin, and bake in a moderate oven for half an hour.

THE RESULT OF NEGLECT.

Little troubles are proverbially the ones that cause the most worry, annoyance and vexation. But what are sometimes considered little troubles, if left to themselves, soon magnify into grave evils, producing disastrous results. This is especially true of cold in the head. The sufferer looks upon it as a trifling annoyance that needs no treatment and will speedily pass away. This is a grave mistake. There is not a case of catarrh in existence that did not have its origin in neglected cold in the head, and the longer the trouble runs the more serious the results. Cold in the head, developing into catarrh, renders the breath foul, causes a loss of the senses of taste and mell, partial dealness, distressing headaches, constant hawking and spitting, and in many, many cases ends in consumption and death. No cases may have all the tion and death. No case may have all the symptoms indicated, but the more the sufferer has the greater the danger. It is obvious, therefore, that no case of cold in the head should be neglected for an instant, and that to do so is courting further disease—perhaps death. Nasal Balm, in the most aggravated case of cold in the head, will give instant re-lief, and speedily effect a cure, thus prevent-ing the developing of catarrh. No other remedy has ever met with the success that Nasal Balm has, and this is simply because it does all its manufacturers claim for it. As a pre-cautionary remedy a bottle of Nasal Balm should be kept in every house. Sold by all

