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THROUGH THE DARK SHADOWS







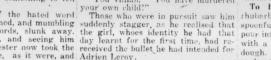
Making Others Work The faculty of directing others, we work thoroughly planned is half done, ne of the rarest of gifts. Every day ne meets hard-working people who annot manage others, who do not this or the aptitude of others, who do not the sust others, who persist in attending b every little detail in person. This aventing for mall area ack thoroughly planned is half do

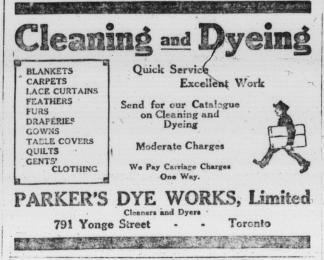
to every little detail in person. The thorough comprehension and ap-plication of these rules form a large very best out of others is of course part of housekeeping, which is an art, most appreciated in men who fill great and which can be learned, like other positions in armics or in nations, arts. Do not let your girls neglect where the chief can only map out the large lines of an enterprise and must leave all detail to subordinates in their life.

espective degrees; but precisely the ame faculty appears in the house-teeper who has perhaps one maid to In the home the plan of saving i

Reeper who has perhaps one maid to In the home the plan of saving in direct, perhaps merely her own daugh. small things is easily carried out, for ter. Lack of that faculty is one of there are so many ways in the chief causes of the servant prob-leaves the farm. When the faney cake or ple may be The gift of domestic management, omitted from the menu and save not as of all management, is inborn, but to only the money but the time it would a large extent i when the servent problem.

as of all management, is moore, but to one up the more out the time it would a large extent it can be learned, and "equire the housewife to make it; when certain simple rules are of great im- the stitch taken in the table-cloths portance. First, when you give orders, and napkins will make them last long-see that they are obeyed. That in it. er; when in numberless ways the econ-self implies that orders should not be omical woman will find opportunities ill-considered, or conflict. that will cut down expensiveness with-ing. Bid no one do what campot he out any percentible difference in the 





Rhubarb and Rice .-- Cook one-half cup whipped cream. Mix rice, sugar, ap of washed rice in three cups of salt and rhubarb thoroughly, then entire turn of mind, has been accept-ater until all the water is absorbed, fold in the whipped cream. Mold in Se a double boiler, cool and add: One a china or glass dish. To serve: Un-ap sugar, one-quarter teaspoonful mold and serve with a thin rhubarb ap sugar, one-quarter teaspoonful mold and serve with a thin rhubarb cup sugar. salt, one cup stewed rhubarb, one-half sauce

The "Groundwork" of

THE MERCHANTS RUBBERS

CHAIN CONTRACT

angurs Carrier

THE LEAF

CUE AUST

Health, Comfort and Economy when days are wet and "all out-doors" is sloppy, is a good pair of rubbers,

The sure guide to good rubber footwear-your guarantee of service and protection-is one of these Trade Marks:

rubber boots or rubber

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## Canadian Consolidated Rubber Co. Limited

Largest Manufacturers of Rubber Goods in the British Empire EXECUTIVE OFFICES - MONTREAL, P.Q. SEVEN LARGE, UP-TO-DATE MANUFACTURING PLANTS IN CANADA

28 "SERVICE" BRANCHES AND WAREHOUSES THROUGHOUT CANADA



## FROM SUNSET COAST

WHAT THE WESTERN PEOPLE ARE DOING.

Progress of the Great Vest Told in a Few Pointed

Paragraphs.

Preparations are being made to open up the No. 5 coal mine at Cum-berland, which, when it was closed down in 1914, had a daily production of 1.200 tons. 1.200<sup>-</sup>tons. At Victoria Premier Brewster will

probably act as mediator in the strike of workers at the James Island plant of the Canadian Explo-

A source the transmission of the Canadian Explo-sives Limited. A serious shortage of salt in British Columbia is declared to be not im-probable owing to the decreased out-put in California and other parts of the United Statesh A bonds thrower invented by Mr.

A bomb thrower invented by Mr. Joseph Reichenbach, of New Westminster, B.C., a mechanic with an in-ventive turn of mind, has been accept-

quarantine one of the dairy companies there which has been supplying milk a large part of the city.

to a large part of the city. Power to prevent women, girls and boys under eighteen from frequent-ing pool rooms, billiard rooms and bowing alleys was endorsed by the municipal committee at Victoria. At Vancouver every expectation is held by the delegation which left for Victoria that the Government will take decided steps toward protecting the water supplies of the lower main-

land. With the assembly hall of the Board of Trade comfortably filled, the twenty-fourth general meeting of the western branch of the Canadian Mining Institute was held at Van-

It is with keen regret that Victorians learn of the failure of the Do-minion Government to place its order with a Victoria concern for the build-ing of one of the two auxiliary powered schooners

ed schooners, Over 80 per cent, of the inland water transport section of the Royal Engineers, the new and only Im-perial unit authorized to be recritted in Canada, is made up of men from

British Columbia. At the closing session of the con-vention of the B.C. division of the Canadian Press Association-last year's provisional officers were re-elected, the president being Mr. R. S. Suther-land, Nelson News. Owing to the submarine cable con-

Owing to the submarine cable con-necting Brotchie Ledge beacon, en-trance to Victoria Harbor, to the shore becoming' fractured, the occulting while light and for signal on the bea-con is temporarily out of commission. At Vancouver Sir Joha A. Simon, who was called to give advice, has ion that all hallots the deferred the deferred voting by sol-ce September 14, 1916, on the brethbittor question must be counted. At Vancouver Dr. Underhill inform-ed the health committee that there are four patients now in the isolation hos-pital suffering from smallpox.

## 4 FRANCE'S PAPER SHORTAGE.

Far More Serious Than is the Case in British Isles.

paper shortage is more se in France than in Britain, says a Lon-don writer. Even before the war **a** rapid increase in consumption and too great dependence upon imported pa-per had given rise to an inconvenient situation. It has been recently point-ed out by Prof. Hauser, of the Uni-versity of Dijon, that France has, in ber colories, a large supply of raw material for paper-making. He re-ferred to alfa grass, which is pro-duced in large quantities in Algeria and Tunis, but at present is exported mainly to the United Kingdom, where one 100 000 tons of alfa min, where some 100,000 tons of alfa pulp were manufactured annually in normal times from about 200,000 tons of im-

2.000

forted grass

D

France receives only

FOR BREADS-CAKES

PUDDINGS - PASTRIES

over this young inte that had been so generously given up to save his. It mattered nothing to him that the dead girl was the daughter of the man whom he had befriended, and who had used his generosity only as a means by which to betray him; it mattered nothing that his grief might even now be misconstrued by the tongues of the uncharitable. He knelt in the deepest humility by the dead girl's side, deem-ing his life all unworthy to have been saved at such a cost; and while the ing his file an unwork to have been saved at such a cost; and while the implored the random of Amograet Creator for the v lies of his past life he called on the Almaighty to hear the yows which he now made—that for the future his sters would be in wiser raths paths. (To be continued).

9



has never been offered as "just as good" as some more famous brand; for Sixty Years it has itself been that more famous brand-and deservedly. "Let Redpath Sweeten it." :3 2 and 5 lb. Cartons-10, 20, 50 and 100 lb. Bags. Made in one grade only--the highest !

tons of alfa from Tunis and 1,500 tons from Algeria. Alfa grass is stated to be inferior to and cheaper than true esparto grass, which is still to be found in Spain. If France decides to divert the supplies of alfa from her Sorth African colonies into her own markets, no objection on the part of the United Kingdom would be reasonable, because we have within our own Empire the enormous sources of sup-ply of wood for pulp and paper in Sewfoundland and Canada which we can utilize to any extent we please. In Tunis and Algeria the difficulty which prevents the preparation of pulp from alfa grass in the imme-diate vicinity of the fields is the scar-city of water, of which large quan-tities are necessary. Plans for a mill to be located in the suburbs of Al-giers were prepared just before the war, but no progress has been made since mobilization. The use of bam-boo large supplies of which are avail-able in Indo-China, for making paper pulp, is also being considered by those interacted in supplies of paper for French requirements. can utilize to any extent we please.

The medicinal properties of rhubart are laxative and diuretic. The root when dried is prescribed as a laxative. Spiced syrup rhubarb is made from the root and spiced. It is of an astring-t nature; is used in cases of dysent-