

AS OTHERS SEE US, AND AS WE SEE OURSELVES.

By KATHERINE MORTON.

"O would some power the gifts give us to see ourselves as they are. I enjoy beginning with a quotation even if it is a very old one, for I think it sounds learned—don't you? Between ourselves however, I'm thankful that I haven't the gift to see myself. If I look anything like most of the people I see, to walk up and down Fifth Avenue, or any of the thoroughfares of a big city, is enough to take a considerable amount of vanity out of a woman."



greatest milliners and dressmakers had been employed to enhance their charms, nobody can tell. But undoubtedly the impression would have been different. Some of the photographs of the Kentucky belles were taken at moments when they were unconscious of being looked at. They affected the natural attitude of the free, easy American girl, who doesn't care whether any one looks at her or not.

As in the case of the Kentucky girl has gathered up her frock—in the first place she should have a long dress for a street gown, and then she should hold it up straight from the centre of the back and not swing it as no people in any other city, I tell you there how to lift up their skirts like the Parisienne. They are sensible anyhow and don't go shopping with several bundles under their necks craned forward in the way that we do. They pick up their skirts and save them from contact with the muddy sidewalks. A French woman takes her skirts in both hands, she gives them a little lift on each side. This way she'll look well in artistic and worth watching. "Oh, dear! there comes that frightful woman who wants to buy a hat, after she has just had her hair undulated. This way she'll look well in a month and at all other times it blows around her face like so much straw, but she never fails to have it curled before she is going to get a hat. Now the way to buy a hat is to choose it on the day you look your very worst, then if it is at all becoming, when you look well and your hair is curled, the hat, of course, will be a perfect dream; but with this woman she'll look well in her hat today and never again until her annual visit to the hair dresser, and between now and then she will blame me for selling her an unbecoming hat, while in reality it is all her fault."

My friend went back to her shop to lay her wonderful structures upon the fluted hair of the exasperating customer, and I stayed to watch the crowd. There are fewer women who walk well in New York than in any other city, I am convinced. Perhaps, they don't get accustomed to it, as you see them halting a car to go only a couple of blocks. At all events they either jerk along, as if their clothing were not comfortable, or they stride over the ground swinging their arms, and holding their necks craned forward in the scornful attitude of the eight-day bicycle racer.

A Viennese countess who could not get her debutante daughter to walk well finally hit upon the following plan: She got a round vegetable basket and set it upon the daughter's head filling it with some light articles. The girl was made to walk up and down the room balancing this basket. Naturally she had to walk straight and to keep her head up every day for twenty minutes to a half hour, and when the daughter was presented at court she was conspicuous for her stately and graceful bearing. Once a girl knows how to walk well, and is conscious of the fact, it is wonderful what a difference it makes in her general deportment.

DODD'S KIDNEY PILLS. SMALL KIDNEY DISEASE. RHEUMATISM. BRUISES AND SCALDS. DIABETES. GRAVEL. GOUT. NEURALGIA. MIGRAINE. HEADACHE. INDIGESTION. BILIOUSNESS. URIC ACID. URIC ACID. URIC ACID.

little things are part of the big beauty cult, part of the art of charming! I don't know how you feel about it, but it seems to me that it is one of the most necessary things for a woman to study the art of pleasing. Those gentle little courtesies, those delightful little bits of sentiment, the graciousness of manner, the art of remembering other people's idiosyncrasies, their likes and dislikes, and when it is possible and legitimate of catering to them.



them, all these graces belong to the woman who knows how to please. And all this, strange as it may seem, rests upon a foundation of physical health, bodily strength and grace and beauty.

"If you sit in a restaurant, at noon and watch the women at lunch, you can tell in a few moments, by the very way they move and eat how far they have gotten the cult of beauty and grace. Good table manners were at one time very formal. The rules were exceedingly strict and the use of your fork in eating your meat caused embarrassment, mortification and shame. Nowadays the fork comes in design, healthful, dessert spoons and fruit spoons are turned out in new patterns every day, and few people even try to keep up with the latest thing in apparatus pincers. It is enough if the person's manners are easy, graceful, gracious and quiet, and when more have seen the latest things in entree dishes is a matter of no importance.

To mistake your china oyster cocktail dish for a real green pepper, and exclaim over it, does not place you at once in the list of social nobodies. People are even known to put their bows on the table and still to retain the respect of the company, for manners are becoming more and more a question of the point of view and of the general attitude of mind, and many of the smaller forms and conventions which we have lost in a keener appreciation of heart and mind and his or her personal charms.

GAINED 10 POUNDS. "I was all run down and could not do my own work. Everything I ate made me sick. In nursing others I had seen the good results of Dr. Chase's Nerve Food and resolved to try it. As a result of this treatment I have gained ten pounds in weight. When I feel like an entirely different person."—Mrs. H. A. Loyne, nurse, Philadelphia, Que.

ST. STEPHEN, N. B., Sept. 28.—Wilmot E. Berryman, a popular C. P. R. conductor, died at his home here this morning after being confined to the house only a few weeks, though in failing health for some months. His funeral will be held Sunday afternoon at two o'clock. His wife and two children, a mother, two brothers and several sisters survive him.

CASORIA. The Kind You Have Always Bought. Bears the Signature of Dr. A. H. Weston.

GENERAL NEWS U. S. ITEMS.

LONDON, Sept. 28.—Excessive speed, causing the engine to overture, it has been decided by the board of trade inspectors caused the Salisbury railroad disaster of July 1 last, in which upwards of a score of Americans lost their lives. The report issued today says that all the evidence points to the fact that the speed was at least twice as great as authorized by the company, and possibly it was as much as seventy miles per hour. Harrison, the guard of the train, is censured for not applying the continuous brake, when he knew the speed was dangerously high, which would have greatly reduced the speed of the train.

WINNEPEG, Sept. 28.—Car shortage is a very general complaint throughout the west, and last night it was stated on the authority of an agent of the leading elevator firm, that there are 22 points where the shortage is complete, that buying has ceased and the farmers must haul their wheat elsewhere or make their own provisions for storage.

QUEBEC, Sept. 27.—At an important meeting of the committee having charge of the preparation of the festival in connection of the tercentenary, 1908, presided over by Mayor Garneau, Mr. McDougall, general manager of the Quebec bank was appointed treasurer and a committee, consisting of acting Chief Justice Langlois, Senators Lacombe and Choquette, and Messrs. LaChance and Powers, M. P.'s, was named to prepare the legislation to be introduced in the next session of the coming session. There was considerable discussion as to the general lines of the celebration, the duration of the exhibition, and the question of a monster exhibition, Senator Choquette and others supporting the idea of such a monster exhibition, and the Mayor, Rev. Dr. Scott, Mr. Marels, V. G., and others arguing against it. It was finally decided that the committee would include in its programme the organization of any other exhibition than one of history, archaeology and fine arts.

NEW YORK, Sept. 28.—It was announced last night that the match between the rifle teams of the 7th Regiment National Guards of the State of New York and the Queens Volunteers will be shot at Cresskill, N. J., on the first day, 300 and 400 yards on the first day, 500 and 1,000 yards on the second day.

WASHINGTON, Sept. 27.—Difficulty is being experienced by the quarter-master general's department of the army in obtaining horses and mules. Every point of the coast, good cavalry horses are scarce and it is difficult to procure. The scarcity extends throughout the country, even in the stock raising regions of the west and northwest.

TORONTO, Sept. 28.—Mrs. Annie Irwin was burned to death in her cottage, Sullivan township, twelve miles from Owen Sound, early Wednesday morning. The fire was noticed by the neighbors, and the charred skull and a few bones were all that was found among the smouldering ruins.

MONTREAL, Sept. 28.—John Crilly, 40 years of age, was apprehended by the g. a. in his room, 114 St. Louis street, last night. The victim, who was a foreman in the employ of the C. P. R. Steamship Co., had been out spending the evening and returned at midnight, and shortly before midnight. Before retiring he went to Mrs. Gregoire (the landlady's) room and said "Good-bye." Crilly never taken the trouble to take a good night's rest. When he awoke he found the place full of gas, which seemed to be coming from Crilly's room. He was forced and the man was found dead in bed. The body was removed to the morgue, where an inquest will be held tomorrow morning.

HONG KONG, Sept. 28.—A Chinaman named Cheong, who was engaged in the exportation of portenous size and weight, arrived at Bangkok from Hong Kong in the steamer Loosok, recently. Before he was such a signboard brought to Bangkok. The customs guards sat around and admired it, discussing it from every point of view. They even went so far as to bore a small hole in it. This led them to obtain other tools with the result that it was found not to be solid wood, but constructed of thin boards back and front, cunningly joined to a square frame. The interior was hollow and filled with flat tin all containing opium. The owner of the sign was arrested.

LONDON, Sept. 27.—In order to stimulate the charity of British churches towards the religious activity of outlying parts of Canada, Bishop Montagu, secretary of the Society for the Propagation of the Gospel, and the Rev. Mr. Mullins, Secretary of the Colonial Continental Society, have been deputed to visit Canada and forthwith gather telling evidences of Canada's religious needs, which they will report to the Society. The ultimate object is to raise \$10,000 from the British religious public for the assistance of church work in the Northwest of Canada. The means adopted will be a series of public meetings, advertising that though every day's paper proclaims the assistance of church work in the Canadian churches, the churches should remain dependent upon the already overburdened church of the people of the Mother Land.

one of them a woman. Another died soon after being taken out of the wreck, and one or two others are reported dead. Nothing else can be learned positively regarding the number injured.

PHILADELPHIA, Pa., Sept. 28.—The special train with some of the injured on board arrived at West Philadelphia station at 11 o'clock. The sufferers were immediately transferred to the waiting ambulances and hurried to various hospitals in the vicinity. A special despatch from Bristol, Pa., says several are reported killed and seventy injured, but gives no details.

Provincial News

HOPEWELL HILL, Sept. 28.—The following officers of Golden Rule Division, No. 51, S. of T., have been elected for the ensuing year: President, Moore, W. P.; J. M. Tingley, W. A.; F. J. Newcomb, R. S.; Ella R. Tingley, A. R. S.; Mary Archibald, F. S.; Jennie E. Rogers, Treas.; Geo. W. Newcomb, Chaplain; Marjorie F. Tingley, C.; Helen Newcomb, A. C.; Evelyn Gough, I. S.; Mattie Tingley, O. S.; G. H. Adair, F. W. F.

BURLINGTON, Vermont, Sept. 28.—A bulletin issued by the Vermont agricultural experiment station says that reports received within the past few weeks from widely separated fruit growing sections of the country indicate a great reduction in the apple crop as compared with predictions made earlier in the season. The general situation seems to be that the crop is irregular and scattering, being heavy in some localities and light in others. A careful review of data at hand does not justify an estimate of the apple production for 1906 at more than a medium crop.

NEW YORK, Sept. 28.—It was announced last night that the match between the rifle teams of the 7th Regiment National Guards of the State of New York and the Queens Volunteers will be shot at Cresskill, N. J., on the first day, 300 and 400 yards on the first day, 500 and 1,000 yards on the second day.

WASHINGTON, Sept. 27.—Difficulty is being experienced by the quarter-master general's department of the army in obtaining horses and mules. Every point of the coast, good cavalry horses are scarce and it is difficult to procure. The scarcity extends throughout the country, even in the stock raising regions of the west and northwest.

TORONTO, Sept. 28.—Mrs. Annie Irwin was burned to death in her cottage, Sullivan township, twelve miles from Owen Sound, early Wednesday morning. The fire was noticed by the neighbors, and the charred skull and a few bones were all that was found among the smouldering ruins.

MONTREAL, Sept. 28.—John Crilly, 40 years of age, was apprehended by the g. a. in his room, 114 St. Louis street, last night. The victim, who was a foreman in the employ of the C. P. R. Steamship Co., had been out spending the evening and returned at midnight, and shortly before midnight. Before retiring he went to Mrs. Gregoire (the landlady's) room and said "Good-bye." Crilly never taken the trouble to take a good night's rest. When he awoke he found the place full of gas, which seemed to be coming from Crilly's room. He was forced and the man was found dead in bed. The body was removed to the morgue, where an inquest will be held tomorrow morning.

HONG KONG, Sept. 28.—A Chinaman named Cheong, who was engaged in the exportation of portenous size and weight, arrived at Bangkok from Hong Kong in the steamer Loosok, recently. Before he was such a signboard brought to Bangkok. The customs guards sat around and admired it, discussing it from every point of view. They even went so far as to bore a small hole in it. This led them to obtain other tools with the result that it was found not to be solid wood, but constructed of thin boards back and front, cunningly joined to a square frame. The interior was hollow and filled with flat tin all containing opium. The owner of the sign was arrested.

HARCOURT

HARCOURT, Sept. 28.—The remains of Mrs. Margaret Clarke, widow of the late Robert Clarke, took place from her home's residence here today. Interment being in the Presbyterian cemetery. Deceased died on Wednesday at the age of 87, and was survived by her husband. Her surviving sons and daughters are: Robert and Jacob of St. John, John of Newcastle, David of St. George. She had reached the great age of 87, and was survived by her husband. Her surviving sons and daughters are: Robert and Jacob of St. John, John of Newcastle, David of St. George. She had reached the great age of 87, and was survived by her husband.

SACKVILLE

SACKVILLE, Sept. 28.—The death of the two year old daughter of Mr. and Mrs. Valley Crossman occurred on Wednesday. Miss Helen Harper, daughter of Senator Harper of Port Townsend, Washington, left for Sackville for Sackville, where she will take a course at Mt. Allison College.

NEW YORK, Sept. 28.—It was announced last night that the match between the rifle teams of the 7th Regiment National Guards of the State of New York and the Queens Volunteers will be shot at Cresskill, N. J., on the first day, 300 and 400 yards on the first day, 500 and 1,000 yards on the second day.

WASHINGTON, Sept. 27.—Difficulty is being experienced by the quarter-master general's department of the army in obtaining horses and mules. Every point of the coast, good cavalry horses are scarce and it is difficult to procure. The scarcity extends throughout the country, even in the stock raising regions of the west and northwest.

TORONTO, Sept. 28.—Mrs. Annie Irwin was burned to death in her cottage, Sullivan township, twelve miles from Owen Sound, early Wednesday morning. The fire was noticed by the neighbors, and the charred skull and a few bones were all that was found among the smouldering ruins.

MONTREAL, Sept. 28.—John Crilly, 40 years of age, was apprehended by the g. a. in his room, 114 St. Louis street, last night. The victim, who was a foreman in the employ of the C. P. R. Steamship Co., had been out spending the evening and returned at midnight, and shortly before midnight. Before retiring he went to Mrs. Gregoire (the landlady's) room and said "Good-bye." Crilly never taken the trouble to take a good night's rest. When he awoke he found the place full of gas, which seemed to be coming from Crilly's room. He was forced and the man was found dead in bed. The body was removed to the morgue, where an inquest will be held tomorrow morning.

HONG KONG, Sept. 28.—A Chinaman named Cheong, who was engaged in the exportation of portenous size and weight, arrived at Bangkok from Hong Kong in the steamer Loosok, recently. Before he was such a signboard brought to Bangkok. The customs guards sat around and admired it, discussing it from every point of view. They even went so far as to bore a small hole in it. This led them to obtain other tools with the result that it was found not to be solid wood, but constructed of thin boards back and front, cunningly joined to a square frame. The interior was hollow and filled with flat tin all containing opium. The owner of the sign was arrested.

PHILADELPHIA, Sept. 28.—The special train with some of the injured on board arrived at West Philadelphia station at 11 o'clock. The sufferers were immediately transferred to the waiting ambulances and hurried to various hospitals in the vicinity. A special despatch from Bristol, Pa., says several are reported killed and seventy injured, but gives no details.

OUR NEW CATALOGUE For 1905-6. It just out. It gives you "terms, courses of study and general information regarding the college. Send name and address today for free copy.

IT MEANS A GREAT MANY EXTRA DOLLARS FOR YOU, AFTER GRADUATION, to have attended a school having the high reputation of FREDERICKTON COLLEGE. Our Fall Term opens on Tues., Sep. 27. Send for free Catalogue now.

NOTICE. The Canvassers and Collectors for the SEMI-WEEKLY SUN are now making their rounds as mentioned below. The Manager hopes that all subscribers in arrears will pay when called on.