

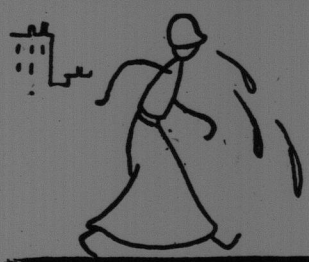
POOR DOCUMENT

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THE EVENING TIMES-STAR, ST. JOHN, N.B., MONDAY, JUNE 2, 1924.

Social Notes Of Interest

A reception and tea held on Friday afternoon on the campus by the members of the McGill Women's Union, Montreal, was one of the most brilliant events of the spring season, and was attended by nearly one thousand guests of which a large number were out-of-town visitors. Among those present, in addition to the members of the faculties and the graduating class, were Mrs. R. A. E. Greenfield, Lady Currie, the Countess of Portsmouth, Lady Drummond, Bishop Farthing and Mrs. Farthing, Ven. Archdeacon and Mrs. Paterson-Smyth, Archbishop Gauthier, Dean and Mrs. Frank D. Adams, Mrs. J. S. Archibald, Mrs. C. E. Moyse, Mrs. A. Willey, Mrs. E. Brown, Mrs. E. W. Archibald, Mrs. E. E. Howard, Dr. L. P. Jack, of Oxford; Mr. George Horace Lorimer, of Philadelphia; Dr. Helen Y. Reid, Mrs. S. Alward, of St. John; Dr. and Mrs. Basken, of Ottawa; Mrs. Hay of Victoria, B. C.; Mr. and Mrs. Bling-



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ham, of Ottawa; Mrs. E. Atkinson, of Melbourne, Que.; Mrs. Pennington, of Quebec; Mrs. Roderick Matheson, of Ottawa, and Mrs. Murray, of Quebec.

Miss Jean Lordy was the guest of honor at a delightful house party given on Wednesday at Pandemonia by Miss Myrtle Wright, who included among her guests six other girls who, with herself and the guest of honor, had formed a bridge club during the winter. Miss Lordy was greatly pleased at receiving a pretty china plate. Those present were Miss Wright, Miss Lordy, Miss Elsie Henderson, Miss Olive Lamb, Miss Gertrude Sullivan, Miss Hazel Peters, Miss Myrtle Dowse and Miss Lorna Jones.

Miss Ella Cochrane, daughter of Mr. and Mrs. C. H. Cochrane, of West St. John, who is in her second year of training at the Royal Victoria Hospital, Montreal, is spending three weeks' vacation with her parents at their home, West St. John.

Mrs. V. Callahan, of Halifax, is the guest of Mr. and Mrs. Joseph Dugay, attending the wedding of their daughter this morning. Mrs. Callahan will be the occasion for a reception this evening given by her host and hostess at their home, 217 Charlotte street.

Miss Margaret Rice, daughter of Rev. Mr. and Mrs. James M. Rice, of the Fairville Methodist church, is the guest of her aunt, Mrs. F. W. Pincock, Montreal.

Miss Evelyn Crockett, who has been the occasion for several showers prior to her marriage this month, was again honored on Thursday evening of last week when Miss Greta Love was the hostess. Twenty friends of the bride-elect made her the recipient of a novelty shower. The gifts were presented in a cart prettily bedecked with bridal colors. Games and music were enjoyed during the evening and refreshments were served by the hostess, assisted by her sisters, the Misses Ethel and Ina Love. The shower was arranged so successfully that it was a complete surprise to the guest of honor, who thanked all for their kindness just before they departed.

Miss Helen Mallman was hostess Friday evening at a delightful novelty

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Our moth-proof System cleans, stores, insures against damage or loss.

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showers given in honor of Miss Winifred Carrick at the home of Mrs. John Bewick, 299 Rockland road. About twenty friends were present. The gifts were tastefully arranged in a large beribboned pink and white basket, which was presented the bride-

SISTER MARY'S KITCHEN A Daily Menu For The Stout and Thin EAT AND-- Lose Weight—Gain Weight

One-half cup stewed rhubarb, 1 thin crisp slice bacon, 1/4 cup crab meat salad, cheese omelet, 1 cup spinach, 1/2 head lettuce, 2 tablespoons prune whip, 2 thin crisp pieces whole wheat toast, 1 toasted bran muffin, 1 gluten roll, 1 pint skimmed milk.

Total calories, 1019. Protein, 202; fat, 27; carbohydrate, 340. Iron, .0189 gram.

Cheese Omelet (Individual).

Two eggs, 1 tablespoon grated cheese, 1 tablespoon skimmed milk, 1 teaspoon butter, 1/4 teaspoon salt, few grains pepper, dash mustard.

Beat whites and yolks of eggs separately. Beat yolks with milk until thick and lemon colored. Add salt, pepper and mustard and cut into whites beaten until stiff and dry on a platter with a wire whisk. Melt butter in frying pan and when very hot turn in eggs. Cook over a slow fire until puffy. Then put in the oven to cook. When firm to the touch sprinkle with grated cheese and roll or fold as preferred. Serve at once.

Total calories, 237. Protein, 64; fat, 109; carbohydrate, 4. Iron, .0069 gram.

Serve the crab meat in little cucumber boats on a bed of lettuce.

One-half cup stewed rhubarb, 2 crisp pieces bacon, 3 ounces fried liver, 1/2 cup creamed potatoes, 1/2 cup crab meat salad with 2 tablespoons mayonnaise, 1 cup cream of asparagus soup, 1 veal bird, 1 large twice baked potato, 1 cup creamed spinach, 1/2 head

lettuce with 2 tablespoons Russian dressing, 4 tablespoons prune whip with 1 tablespoon chopped nuts and 2 tablespoons whipped cream, 1 cup custard, 1 large piece fudge cake, 2 toasted bran muffins, 2 salad rolls, 2 dinner rolls, 4 tablespoons butter, 1 pint whole milk.

Total calories, 4,118. Protein, 486; fat, 1,693; carbohydrate, 1,938. Iron, .0209 gram.

Veal Birds (For Four).

Two thin slices veal steak (about 1 pound), 1 cup chopped English walnuts or pecans, 2 cups soft state bread crumbs, 1/2 teaspoon onion juice, 1 teaspoon salt, 1-8 teaspoon pepper, 4 tablespoons melted butter, 1 egg, 1 cup cream.

The steak should be as thin as possible. If more than one-quarter inch thick, pound to the desired thickness. Trim off fat and remove bone. But meat in four pieces. Combine crumbs and nuts. Add seasoning and mix well. Coat with melted butter until well mixed. Add egg, unseasoned, and stir with a fork until mixture will hold together. Divide into quarters and put one portion on each piece of meat, pull meat edges together to cover stuffing completely and fasten with toothpick. Cook in hot water bath for 10 minutes. Serve on a hot platter with the gravy poured over the "birds."

Total calories, 3055. Protein, 488; fat, 2121; carbohydrate, 446. Iron, .0144 gram.

and tendered a novelty shower to their niece, Miss Beatrice I. Kierstead, 713 Main street, St. John. The rooms were decorated for the occasion with spring flowers in pink and white and greenery. A large basket trimmed with pink and white crepe paper containing all kinds of pretty and useful gifts was carried into the room by Miss Marjorie and Miss Mary Kierstead and presented the guest of honor. A pleasant evening was spent in music and games. Delicious refreshments were served by Mrs. H. Atkins and the Misses Catherine Hayce, Maude, Mary and Pearl Kierstead, cousins of the bride-to-be.

The Epworth League and the Louise Lewin Mission Band of the Fairville Methodist church unitedly held a successful pantry sale in the J. H. Wilson building on Saturday afternoon. A good sum was realized and will be used for missions. Mrs. Arthur Sweet and Miss P. Kelly were the convener from the league and Mrs. Arthur Long and Miss Gladys Scott from the Mission Band. They were assisted by Mrs. J. Cheeseman, Miss Annie Shaw and Miss Mary Scott.

Mrs. George Lister, of West St. John, who has been suffering from typhoid and is a patient in the General Hospital, was very critically ill last night. Her two children, Brenda and Lawrence, are ill at home, suffering from measles, and their aunt, Mrs. Tennyson Vanwart, of Lorneville, is caring for them.

Mevin McCavour, son of Mr. and Mrs. James McCavour, of Lorneville, has returned to Windsor, Ont., after a visit with his parents.

TABLET UNVEILED TO D. ARNOLD FOX

To the memory of Dennis Arnold Fox, for 19 years organist of St. John's (Stone) church, and an outstanding figure in musical events in the history of St. John, there was unveiled in Stone church yesterday morning a handsome brass tablet which had been erected by his friends and bore the following inscription: To the Glory of God and in loving memory of Dennis Arnold Fox, 1874-1921; youngest son of the Rev. J. M. Fox, B.A., vicar of Wingham, Kent, England, for nineteen years organist of this church. "A broken and a contrite heart, O God, Thou wilt not despise." Ps. 51: 17.

The act of unveiling was performed by George A. Kimball who, with C. W. deForest, acted as church warden and the service was conducted by Rev. A. L. Fleming, rector, who offered the dedicatory prayer. As the offertory anthem, Mr. Fox's own composition, "Beyond the Holy City Wall," was sung and the music under the direction of the organist, J. P. Browne, was appropriate to the occasion.

Mr. Fleming quoted Mr. Fox's own words of answer to his doubting written before he left Montreal for England on his way home to die. They were in part as follows: "I feel I have to prepare for the inevitable, and try my best to get 1 tune with the Infinite. There is so much wrapped up in that phrase, in fact it sums up everything. I am frank to admit to anybody that I have been somewhat out of tune for a long time due to a somewhat cynical view of life's conventions brought about by tragic misfortunes; but I feel I am getting into alignment again. I realize all cynicism must go to get in tune with the Infinite, that tremendous and overpowering orchestra. Wilful individual discord is futile and unreasonable, and should carry with it conviction of its own futility."

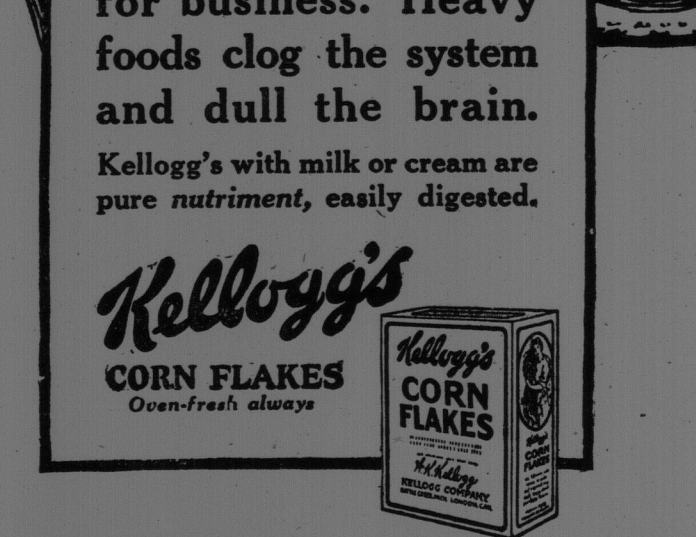
Mr. Fleming said the special lesson to be found in the confession of Mr. Fox was that wilful individual discord was futile and unreasonable in the light of the text, "A broken and a contrite heart, O God, Thou wilt not despise."

MAY DEVOTIONS END.

The closing of the May devotions took place last evening in St. John's Baptist church, with Rev. J. J. McDermott, parish priest, officiating. Previous to Benediction there was a procession in which many little girls and the altar boys took part. Father McDermott delivered a short instruction on the Mother of God. In the Church of the Assumption, West St. John, the closing exercises of the May devotions were also carried out. There was the

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'Tis June—the wonder month of Brides and Weddings.

"The wonder month" for does it not seem that nature has planned greater things for this month than for any other? It is the season when all creatures of the earth seek their mates and build their homes, and it has been planned that we humans go about arranging our scheme of life in much the same manner.

It is our very pleasant task to assist in many ways in carrying out these plans. We would now help attire the bride. Below is a list of interesting merchandising news for her perusal.

Travelling Suits, Coats, Dresses, Blouses, Skirts, Negligees, Lingerie, Hose, Gloves, Watches, Pearls, etc.

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Twenty pounds for the special minimum price makes the New System Wet Wash a further service to suburbanites.

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New System Laundry

Dyers, Cleaners, Wet and Dry Wash
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Not only do you have French Dry Cleaning at the New System, but CLEANER French Dry Cleaning.

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Quick service, moderate charges.

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If you will see the Clare Bros. dealer or write us, you can have, free, complete plans for a heating system for your home. These will be prepared by our engineers and will be specially fitted to your particular needs. Take a rough plan of your house to the Clare Bros. dealer or send it to us. No obligation on your part.

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Insert new Lead or Point—Lead turns OUT and IN

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Parker Duofold Pen and Pencil to Match
in satin-lined Gift Case De Luxe
Handsome Than Gold—Mightier Than the Sword

NO better gift to start the Graduate on a long and prosperous career than these two fine Tools of Hand and Brain. For Duofold's balanced swing and infinite smoothness inspire his writing—they speed him in his task.

This classic Duofold Duette is the newest of Gifts—this Graduation is its first. And it is beautifully prepared for giving—the black-tipped lacquer-red Duofold or Lady Duofold Pen and the Duofold Pencil to match, nestling in a satin-lined Gift Case de Luxe, for which no extra charge.

These mated Duofolds are built and finished with Jeweler's precision—the pen with the super-smooth Point that is guaranteed 25 years for mechanical perfection and wear—the pencil with Non-clog Propeller that turns the lead both OUT and IN.

Parker Duofold Pens and Pencils can be bought singly, or in Duette Sets—Black-tipped Lacquer-red, or plain Black—both Gold trimmed. With the Sets we include the handsome Gift Case free.

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Pen has 25 Year Point Pencil turns lead OUT and IN

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