# POOR DOCUMENT

THE EVENING TIMES AND STAR, ST. JOHN, N. B., TUESDAY, DECEMBER 3, 1918



Apply a little, don't rub, let it pene-trate, and—good-by twinge! Same for external aches, pains, strains, stiffness of joints or muscles, lameness, bruises. Instant relief without mussiness or soiled clothing. Reliable—the biggest selling liniment year after year. Eco-nomical by reason of enormous sales. Keep a big bottle ready at all times. Made in Canada. Ask your druggist for Sloan's Liniment.



## No More Piles



FREE SAMPLE COUPON



Nuxated Iron increases strength and endurance of delicate, nervous, run-down people in two weeks' time in many instances. It has been used in many instances. It has been used and endorsed by such men as Hon. Leslie M. Shaw, former Secretary of the Treasury and Ex-Governor of Iowa; Former United States Senator and Vice-Presidential Nominee Chas. A. Towne; General John L. Clem (Retired) the drummer boy of Shiloh who was seguant in the U. S. Army when only 12 years of age; also United States Judge G. W. Atkinson of the Court of Claims of Washington and others. Ask your doctor or druggist about it. Wasson's Drug Store and all other druggists.

To 30,000 Munitioneers
Come Problems of Peace

About Twenty-five Per Cent. of Employed Workers in Toronto Alone Must be Absorbed in Industrial Reorganization

(Crowno Sur)

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Aeroplanes 1
Shrapnel bullets 1

Munion workers in Toronto ....31,250
What will happen to these employes when the war is over? Speaking in a general way, they will be looked after under one of the following five heads: Starved Industries Will Get Them.

1. Many will drop into industries which are now starved for labor. The street railway may be instanced as one of these.

Domestic service will naturally be cited also.

2. Others are only temporary residents of the city and will go back to the smaller places from which they came—or at any rate a proportion will. It is stated, for instance, that there are 62 families from the little town of Goderich, who came to Toronto to do munition work.

3. Many families now have three or four wage-earners, where before the war they had only one or two. These will, in some instances, return to pre-war conditions, although this will involve a stepping down in the scale of life to which they have become accustomed.

4. Still others now engaged on munitions will get work through one of the following channels: (a) Resumption of federal, provincial, or municipal public works which have been postponed during the war; (b) resumption by manufacturers of work along the lines operated previous to the war; (c) creation of new industries, either by private capital or with government assistance; (d) remodelling of government and other war factories to meet demands for material required for peace purposes.

5. There will be unemployment and hardship for some, if the programme outlined in (4) is not adequate.

Soldiers Will Be Coming Home.

Soldiers Will Be Coming Home. In addition to Toronto's 30,000 munition workers, there will be the problem of the returned soldier. Work must be found for these. They will not be home "all of a sudden," as some imagine, but they will be coming back in a steady stream, nevertheless. Sir Robert Borden once stated in the House that if a ship sailed to Canada every day, it would probably be a year before her soldiers were all home again. Certainly some of them will have the opportunity for remaining abroad for reconstruction

diers were all home again. Certainly some of them will have the opportunity for remaining abroad for reconstruction work and doubtless others will, if they wish, be included in the army of occupation which will have to be kept in Germany for some time.

Obviously the Dominion Government is faced with a great task in dealing with the situation, and it cannot meet the situation by merely resuming public works on a large scale, though this will help. In Toronto, for instance, the harbor improvement should go ahead\_full blast. The government, which is being urged by Mayor Church to build a new bridge and subway in connection with its hospital at St. Andrew's College, is understood to have decided to do this at its own expense already, and this is another work which should go on. Shaftesbury avenue should be widened, a bridge flung across the ravine parallel with the C. P. R. tracks, and a subway run through south to the college grounds. As for the procince of Ontario, it can help considerably by rushing its great Chipfor the province of Ontario. The coal scarcity emphasizes necessity of using water wowers to run Canada's industries scarcity emphasizes necessity of using water powers to run Canada's industries wherever possible, so as to release coal

and more, people with chest and throat troubles have tried to cure them by pouring cough syraps, lung tonics and the like into their stomachs. All a mistake! The Peps way is different,

Peps are tablets made up of Pine extracts and medicinal essences, which when put into the mouth turn into healing vapors. These are breathed down direct to the lungs, throat and bronchial tubes—not swallowed down to the stomach, which is not alling. Try a 50c. box of Peps for your cold, your cough, bronchitis or asthma. All druggists and stores or Peps Co., Toronto, will supply



### The Navy League



## Come, Let Mother See!

When the child droops, won't play or is restless, pale and grunty, look to see if the tongue is white, the breath feverish, the stomach sour. Then hurry, mother, but don't worry! Give Cascarets, the harmless candy cathartic. Children take Cascarets without coaxing - only 10 cents a box!



TO MOTHERS! Nothing else "works" the nasty bile, the sour fermentations and constipation poison so gently but so thoroughly from the little stomach, liver and bowels like harmless Cascarets. While children usually fight against laxatives and cathartics, they gladly eat a candy Cascaret. Cascarets never gripe the bowels, never sicken, never disappoint the worried mother. Each 10 cent box of Cascarets contains directions for dose for children aged one year old and upwards.

safeguard you from serious results and halt the evil in its first stage. This famous old physician's pre-scription is an **Enemy to Germs** 



### "Why I have these headaches is more than I can understand"

THINK it is a touch of indigestion," perhaps you say, not realizing that headaches and indigestion are among the first indications of an exhausted ner-

Women are the greatest sufferers from headaches, because their nervous systems are more highly strung and their condi-tions of life are more conducive to exhaustion of the nervous system.

Worry, anxiety, shock from accident or bad news, extreme grief—such are fre-quent sources of nervous troub! -as are also too little exercise and too much indoor

When the nerves are exhaust: almost any unusual exertion brings on hervous headache. There is such a she age of nervous energy in the system of the any unusual demand starves the brin and produces pain.

The most natural and rational way to overcome this condition is by increasing the amount of nervous energy in the system by using Dr. Chase's Nerve Food.

The use of powerful drugs to stop headaches is a most harmful and dangerous practice, because the temporary relief is

obtained at enormous expense to the nerves, and the evil day of nervous collapse is brought nearer.

The object of Dr. Chase's Nerve Food is to remove the cause of trouble by building up the system and increasing the nervous energy in the body.

Mrs. R. Hicks, Napanee, Ont., writes: "About five years ago I suffered continually from nervous headache, and was almost a complete wreck, weighing only ninety-nine pounds. I could neither sleep nor eat, and could gain no relief in any way. A friend told me she thought Dr. Chase's Nerve Food would help me, so I dublously began a treatment of this medicine. To my surprise I very soon found that it was helping me, so I continued using it until I was quite recovered and felt like my former self. In two months my weight increased ten pounds, my headaches were relieved, my appetite improved, and I could rest well at night. I think Dr. Chase's Nerve Food an excellent medicine, as are also any of his other medicines that I have used."

The persistent use of Dr. Chase's Nerve Food enriches the blood, builds up the nervous system and increases the vigor and vitality of the human body. 50 cents a box, 6 for \$2.75, all dealers, or Edmanson, Bates & Co., Ltd., Toronto. To protect you against imitations the portrait and signature of A. W. Chase, M.D., are on every box on every box.

