

NEWS OF SPECIAL INTEREST TO WOMEN

NOVELY SEEN IN SPORTING "TOGS"

Chic Costumes for the Athletic Maid Feature Black and White. LINEN FOR GOLFING Smart White Boots and Small Panamas in Vogue.

Even in the fashions for the summer girls' sporting togs, the black-and-white effects are irresistible. The athletic girl not only revels in pretty costumes suitable for her various pastimes, she demands them for her outdoor life as a strenuous one and necessities practical attire that is at once serviceable and attractive.

WAR IS MORE TO WOMEN THAN MEN

N. W. Rowell Praised Canadian Women for Their Work and Sacrifice. UNSELFISH DEVOTION Business Women's Club Are Told That More is Expected of Them Yet.

"Upon our women the spirit of Florence Nightingale descended." In this way did N. W. Rowell, in a speech given to the Business Women's Club, on Tuesday evening, pay tribute to what the women of Ontario and Canada have been doing for their share in the burdens of the war—responsibility.

Easy For the Men. "I wish to bear testimony to the courage, the patriotism and unselfish devotion of the wives, mothers and sisters who have remained at home," Mr. Rowell continued, "it is easier for the husband to go to the front than it is for the wife to give him up and assume the responsibility for the home and family, the months of anxious watching and waiting, and perchance, the years of responsibility for the training and support of the fatherless child. It is easier for the son to go to the front than for the mother who has given her life and her love for him to give him up, perchance never to return. No wonder women love peace; war demands of them its heaviest toll.

Notwithstanding all that the women have given and done," warned Mr. Rowell, "still more must be asked. This war means, for the women of our land and of the world, that to the men, innocent but what a cruel, brutal and remorseless thing Prussian militarism is. Let the women of Belgium tell their tale of woe in the first place, who have destroyed Belgium, triumph, who have a world in which might is recognized as the supreme right, where the state is non-moral and those who represent it are not bound by moral sanctions either in peace or war, women must relate into the old pagan position of servitude and oppression."

Just Suits My Needs Building Up the System

This is the Way Thousands of Women Are Speaking of Dr. Chase's Nerve Food.

"I want to state that I have never taken anything to do me so much good as Dr. Chase's Nerve Food," writes Mrs. Edson Brock, Trenholmeville, Que., "and I never without it in the house. I was so nervous I could not sleep, but now I sleep soundly at night and wake up feeling refreshed and ready for the day's work. I used the Nerve Food for months and found that it just suits my needs and has built up the system wonderfully. I knew it is Dr. Chase's Nerve Food that has brought about the great change in my condition, and am thankful for it.

"My husband was a great sufferer from itching piles and has been entirely cured by Dr. Chase's Ointment."

"We are constantly receiving letters like this in regard to Dr. Chase's Nerve Food. Everywhere it is being used because of its great restorative and reconstructive influence on the nervous system. Men and women



NURSERY

CONDUCTED BY Elvira Murray Childhood Feelings

Many people who show careful consideration for the feelings of their grown-up friends, often forget that children have feelings to be considered. Children are quick to feel a slight reproach; and they are extremely sensitive to personal remarks. Some little ones with a comfortable home and children never run to father and mother with secrets or difficulties, because to do so would mean being hurried aside, or scolded, or told "not to bother."

For yachting and all water sports nothing can replace the "priddy suit" for simple charm and practicality. The smaller arm hole and long set in sleeves with high collar and features of the 1915 models and the splendid skirt is that of the new four piece type, with side sections, pleated and adjusted. Mothers who round cord, which extend to the hip line.

The Best Medicine She Ever Used

WHAT MRS. SOLLEN SAYS OF DODD'S KIDNEY PILLS.

She suffered from Kidney Disease for Many Years and Found Relief With the First Box of Dodd's Kidney Pills. Mrs. John Sollen, wife of a well known farmer living near here, has given a statement for publication in which she declared that Dodd's Kidney Pills are the best medicine she ever used.

"I inherited Kidney disease from my parents," Mrs. Sollen states, "and I have suffered from it for many years. I was always tired and nervous, my limbs were heavy and I had a dragging sensation across the loins. My back ached, my head was dizzy and my appetite was ruined."

"I was treated by a doctor and tried many other kinds of medicine, but nothing seemed to do me any lasting good till I used Dodd's Kidney Pills. I found relief with the first box I used."

Every one of Mrs. Sollen's symptoms is a symptom of Kidney Disease. That's why she found such quick relief in Dodd's Kidney Pills.

PRIVATE LENOX ESCAPED UNHURT

Mr. Justice Lennox has received a cablegram from his son Private O. E. Lennox stating that he is safe and well. Private Lennox is a member of the machine gun detachment of the Queen's Own and was engaged in the battle of Langemarck.

A Strength, Flesh and Body Builder For Spring

Rug-Ten, Underweight People Put On Ten to Twenty Pounds of Healthy Flesh.

Most people show a tendency to lose weight in winter. The fat making material in the foods they eat, which at other seasons keep flesh and weight at normal, is partially diverted in cold weather and instead is used to furnish heat for the body. Then most us acquire coughs, colds or the grippe which tear down the flesh, lower vitality, cause loss of appetite and result in a considerable loss of weight should be regained with a prompt measure taken to regain the lost flesh.

"By special arrangement the Toronto Women's Patriotic League can supply in boxes containing a package of ten, a pot of evaporated milk and sugar, as a comfort for soldiers in the trenches. These will be shipped, with other necessities, free of charge, on receipt of 25 cents."

The sale of "D.D.D." together with the sale of Mrs. Archibald's song, has netted \$253.80 for Belgian relief.

The 25th day prayer service for women will be held in room 42 of the Wesley Building today, from 12 to 12.45. All women of the city are invited.

Notes of Women's World

The regular weekly noonday service of prayer for women will be held at 12 o'clock today in the Wesley Building, 32 West Richmond street.

A meeting of Rutherford W. C. T. U. will be held in High Park Methodist Church at 3 p.m.

The Lake Shore branch of the Red Cross will meet this afternoon at the home of Mrs. Rogers, 208 Dunn avenue, at 2 o'clock.

A birthday party is to be given by the Glen Mawr Old Girls' Association, on June 4, at Glen Mawr School.

An executive meeting of the North Toronto Women's Patriotic League will be held this morning at 10.30 o'clock, at the Y.M.C.A. building, Yonge and Albert streets.

Miss L. Steward, 38 Howland avenue, has convened an afternoon patriotic conference and bridge, which will be held in the Aura Leo Club rooms, on Friday at 2.30 o'clock.

A meeting of the Municipal Chapter, L.O.D.E., will be held in the normal school, Thursday afternoon at 3 o'clock.

At the annual meeting of the ladies' auxiliary of the West End Y.M.C.A., the following were elected officers: Hon. president, Mrs. A. B. Alexander; president, Mrs. J. Alexander; first vice-president, Mrs. H. H. Dittman; second vice-president, Mrs. G. N. Elliott; treasurer, Mrs. Semple; financial secretary, Mrs. Gynn; corresponding secretary, Mrs. McEwen; recording secretary, Mrs. Frederic; pianist, Mrs. Pegg; press, Mrs. Bogart.

During the past few weeks the Women's Conservative Club have distributed the following: For France, 400 pairs of socks have been shipped out; for Belgium, 200 pairs of socks; for Italy, 200 pairs of socks; given out in Canada, but for overseas distribution; the 19th Battalion, Exhibition camp, 200 pairs of socks, given out at different dates.

Divisional Engineers, Ottawa, 100 pairs of socks; 4th Brigade Field Artillery, 100 pairs of socks. Divisional Supply Column, 200 pairs of socks; 48th Highlanders, 200 pairs of socks; 15th Battery, 154 pairs of socks; training depot, Army Service Corps, Quebec, 200 pairs of socks and 18 scarves; railway supply depot, 64 pairs of socks; 14th Battery, 110 pairs of socks; 21st Battery, 100 pairs of socks; 12th York Rangers, 150 pairs of socks.

Belgian reservists, Exhibition camp: 2 overcoats, 2 suits of clothes, 31 pairs of socks, 23 shirts, 10 pairs wristlets, 10 pairs, 10 caps. 52 pairs socks for Royal Grenadiers, given thru Miss Beattie. 450 pairs socks for Army Service Corps, given thru Mrs. F. G. Hearn.

By special request 15 parcels have been sent out, some for Mrs. John N. B. Halifax, N. S., Salisbury and to the Exhibition camp those containing: cigars, belts, tobacco, cigars, maple sugar, etc.

Parcel also sent to 94 Bay street for Belgian relief, which contained coats, ulsters, underwear, blouses, boots, etc.

The adjourned meeting of the W.C.T.U. will be held today at 3 p.m. in the rooms of the High Park Avenue Methodist Church.

The Secours National reports many contributions during the last week money or clothing; garments for women and children and babies' layettes. Six large parcels containing cases have been shipped to France for the refugees. Regular transportation has also been arranged for the shipment of reports that \$942.38 has been collected.

The Toronto Women's Patriotic League reports 197 cases of supplies shipped, April 27, for No. 4 General Hospital, 19 cases of supplies for soldiers at front, a shipment for No. 5 General Hospital, and a shipment Red Cross supplies will leave May 6.

A sale of rugs will be held at 559 Sherbourne street, on Saturday, for patriotic purposes, price \$1 a basket. Rugs and orders in advance will be accepted.

Students Settle Down to Routine

University Officers' Training Corps Begin Drilling at Niagara. CAMP'S HEALTH GOOD Efficiency of Two Battalions Reported as Satisfactory to Inspectors.

By a Staff Reporter. NIAGARA-ON-THE-LAKE, Ont., May 4.—The officers' training corps camp have settled down to regular routine after yesterday's operations of getting into quarters. The course outlined in the syllabus of training begins tomorrow with a lecture on "Map Reading," by Capt. W. F. Howland.

Strict discipline is being observed. Real training commenced with reveille at six o'clock this morning, and with physical drill and squad and section drill the men were kept busy until noon. A large detachment of the McGill Battalion was on the rifle ranges in the afternoon receiving instructions from Major W. Butcher, who is in charge of the musketry training. Their work was cut short by a downpour of rain. Tomorrow will be sent to the ranges tomorrow, and the two battalions will take alternate days.

The active service company of the McGill Battalion is taking its work under the supervision of the men display higher efficiency than the other companies of the camp, showing the result of the long before arriving at the camp had undergone the same amount of training.

Col. Lang's battalion was out for squad and section drill in the morning. After performing the balance of the day's work, the company officers took charge of their respective units, and marching and drill in the afternoon. The parade grounds, but the non-commissioned officers in charge of the sections. The same work was followed in the afternoon, with the rifle drill. The McGill soldiers were given the musketry practice.

Notes of Women's World

The regular weekly noonday service of prayer for women will be held at 12 o'clock today in the Wesley Building, 32 West Richmond street.

A meeting of Rutherford W. C. T. U. will be held in High Park Methodist Church at 3 p.m.

The Lake Shore branch of the Red Cross will meet this afternoon at the home of Mrs. Rogers, 208 Dunn avenue, at 2 o'clock.

A birthday party is to be given by the Glen Mawr Old Girls' Association, on June 4, at Glen Mawr School.

An executive meeting of the North Toronto Women's Patriotic League will be held this morning at 10.30 o'clock, at the Y.M.C.A. building, Yonge and Albert streets.

Miss L. Steward, 38 Howland avenue, has convened an afternoon patriotic conference and bridge, which will be held in the Aura Leo Club rooms, on Friday at 2.30 o'clock.

A meeting of the Municipal Chapter, L.O.D.E., will be held in the normal school, Thursday afternoon at 3 o'clock.

At the annual meeting of the ladies' auxiliary of the West End Y.M.C.A., the following were elected officers: Hon. president, Mrs. A. B. Alexander; president, Mrs. J. Alexander; first vice-president, Mrs. H. H. Dittman; second vice-president, Mrs. G. N. Elliott; treasurer, Mrs. Semple; financial secretary, Mrs. Gynn; corresponding secretary, Mrs. McEwen; recording secretary, Mrs. Frederic; pianist, Mrs. Pegg; press, Mrs. Bogart.

During the past few weeks the Women's Conservative Club have distributed the following: For France, 400 pairs of socks have been shipped out; for Belgium, 200 pairs of socks; for Italy, 200 pairs of socks; given out in Canada, but for overseas distribution; the 19th Battalion, Exhibition camp, 200 pairs of socks, given out at different dates.

Divisional Engineers, Ottawa, 100 pairs of socks; 4th Brigade Field Artillery, 100 pairs of socks. Divisional Supply Column, 200 pairs of socks; 48th Highlanders, 200 pairs of socks; 15th Battery, 154 pairs of socks; training depot, Army Service Corps, Quebec, 200 pairs of socks and 18 scarves; railway supply depot, 64 pairs of socks; 14th Battery, 110 pairs of socks; 21st Battery, 100 pairs of socks; 12th York Rangers, 150 pairs of socks.

Belgian reservists, Exhibition camp: 2 overcoats, 2 suits of clothes, 31 pairs of socks, 23 shirts, 10 pairs wristlets, 10 pairs, 10 caps. 52 pairs socks for Royal Grenadiers, given thru Miss Beattie. 450 pairs socks for Army Service Corps, given thru Mrs. F. G. Hearn.

By special request 15 parcels have been sent out, some for Mrs. John N. B. Halifax, N. S., Salisbury and to the Exhibition camp those containing: cigars, belts, tobacco, cigars, maple sugar, etc.

Parcel also sent to 94 Bay street for Belgian relief, which contained coats, ulsters, underwear, blouses, boots, etc.

The adjourned meeting of the W.C.T.U. will be held today at 3 p.m. in the rooms of the High Park Avenue Methodist Church.

The Secours National reports many contributions during the last week money or clothing; garments for women and children and babies' layettes. Six large parcels containing cases have been shipped to France for the refugees. Regular transportation has also been arranged for the shipment of reports that \$942.38 has been collected.

The Toronto Women's Patriotic League reports 197 cases of supplies shipped, April 27, for No. 4 General Hospital, 19 cases of supplies for soldiers at front, a shipment for No. 5 General Hospital, and a shipment Red Cross supplies will leave May 6.

A Strength, Flesh and Body Builder For Spring

Rug-Ten, Underweight People Put On Ten to Twenty Pounds of Healthy Flesh.

Most people show a tendency to lose weight in winter. The fat making material in the foods they eat, which at other seasons keep flesh and weight at normal, is partially diverted in cold weather and instead is used to furnish heat for the body. Then most us acquire coughs, colds or the grippe which tear down the flesh, lower vitality, cause loss of appetite and result in a considerable loss of weight should be regained with a prompt measure taken to regain the lost flesh.

"By special arrangement the Toronto Women's Patriotic League can supply in boxes containing a package of ten, a pot of evaporated milk and sugar, as a comfort for soldiers in the trenches. These will be shipped, with other necessities, free of charge, on receipt of 25 cents."

The sale of "D.D.D." together with the sale of Mrs. Archibald's song, has netted \$253.80 for Belgian relief.

The 25th day prayer service for women will be held in room 42 of the Wesley Building today, from 12 to 12.45. All women of the city are invited.

Notes of Women's World

The regular weekly noonday service of prayer for women will be held at 12 o'clock today in the Wesley Building, 32 West Richmond street.

A meeting of Rutherford W. C. T. U. will be held in High Park Methodist Church at 3 p.m.

The Lake Shore branch of the Red Cross will meet this afternoon at the home of Mrs. Rogers, 208 Dunn avenue, at 2 o'clock.

A birthday party is to be given by the Glen Mawr Old Girls' Association, on June 4, at Glen Mawr School.

An executive meeting of the North Toronto Women's Patriotic League will be held this morning at 10.30 o'clock, at the Y.M.C.A. building, Yonge and Albert streets.

Miss L. Steward, 38 Howland avenue, has convened an afternoon patriotic conference and bridge, which will be held in the Aura Leo Club rooms, on Friday at 2.30 o'clock.

A meeting of the Municipal Chapter, L.O.D.E., will be held in the normal school, Thursday afternoon at 3 o'clock.

At the annual meeting of the ladies' auxiliary of the West End Y.M.C.A., the following were elected officers: Hon. president, Mrs. A. B. Alexander; president, Mrs. J. Alexander; first vice-president, Mrs. H. H. Dittman; second vice-president, Mrs. G. N. Elliott; treasurer, Mrs. Semple; financial secretary, Mrs. Gynn; corresponding secretary, Mrs. McEwen; recording secretary, Mrs. Frederic; pianist, Mrs. Pegg; press, Mrs. Bogart.

During the past few weeks the Women's Conservative Club have distributed the following: For France, 400 pairs of socks have been shipped out; for Belgium, 200 pairs of socks; for Italy, 200 pairs of socks; given out in Canada, but for overseas distribution; the 19th Battalion, Exhibition camp, 200 pairs of socks, given out at different dates.

Divisional Engineers, Ottawa, 100 pairs of socks; 4th Brigade Field Artillery, 100 pairs of socks. Divisional Supply Column, 200 pairs of socks; 48th Highlanders, 200 pairs of socks; 15th Battery, 154 pairs of socks; training depot, Army Service Corps, Quebec, 200 pairs of socks and 18 scarves; railway supply depot, 64 pairs of socks; 14th Battery, 110 pairs of socks; 21st Battery, 100 pairs of socks; 12th York Rangers, 150 pairs of socks.

Belgian reservists, Exhibition camp: 2 overcoats, 2 suits of clothes, 31 pairs of socks, 23 shirts, 10 pairs wristlets, 10 pairs, 10 caps. 52 pairs socks for Royal Grenadiers, given thru Miss Beattie. 450 pairs socks for Army Service Corps, given thru Mrs. F. G. Hearn.

By special request 15 parcels have been sent out, some for Mrs. John N. B. Halifax, N. S., Salisbury and to the Exhibition camp those containing: cigars, belts, tobacco, cigars, maple sugar, etc.

Parcel also sent to 94 Bay street for Belgian relief, which contained coats, ulsters, underwear, blouses, boots, etc.

The adjourned meeting of the W.C.T.U. will be held today at 3 p.m. in the rooms of the High Park Avenue Methodist Church.

The Secours National reports many contributions during the last week money or clothing; garments for women and children and babies' layettes. Six large parcels containing cases have been shipped to France for the refugees. Regular transportation has also been arranged for the shipment of reports that \$942.38 has been collected.

The Toronto Women's Patriotic League reports 197 cases of supplies shipped, April 27, for No. 4 General Hospital, 19 cases of supplies for soldiers at front, a shipment for No. 5 General Hospital, and a shipment Red Cross supplies will leave May 6.

A Strength, Flesh and Body Builder For Spring

Rug-Ten, Underweight People Put On Ten to Twenty Pounds of Healthy Flesh.

Most people show a tendency to lose weight in winter. The fat making material in the foods they eat, which at other seasons keep flesh and weight at normal, is partially diverted in cold weather and instead is used to furnish heat for the body. Then most us acquire coughs, colds or the grippe which tear down the flesh, lower vitality, cause loss of appetite and result in a considerable loss of weight should be regained with a prompt measure taken to regain the lost flesh.

"By special arrangement the Toronto Women's Patriotic League can supply in boxes containing a package of ten, a pot of evaporated milk and sugar, as a comfort for soldiers in the trenches. These will be shipped, with other necessities, free of charge, on receipt of 25 cents."

The sale of "D.D.D." together with the sale of Mrs. Archibald's song, has netted \$253.80 for Belgian relief.

The 25th day prayer service for women will be held in room 42 of the Wesley Building today, from 12 to 12.45. All women of the city are invited.

Notes of Women's World

The regular weekly noonday service of prayer for women will be held at 12 o'clock today in the Wesley Building, 32 West Richmond street.

A meeting of Rutherford W. C. T. U. will be held in High Park Methodist Church at 3 p.m.

The Lake Shore branch of the Red Cross will meet this afternoon at the home of Mrs. Rogers, 208 Dunn avenue, at 2 o'clock.

A birthday party is to be given by the Glen Mawr Old Girls' Association, on June 4, at Glen Mawr School.

An executive meeting of the North Toronto Women's Patriotic League will be held this morning at 10.30 o'clock, at the Y.M.C.A. building, Yonge and Albert streets.

Miss L. Steward, 38 Howland avenue, has convened an afternoon patriotic conference and bridge, which will be held in the Aura Leo Club rooms, on Friday at 2.30 o'clock.

A meeting of the Municipal Chapter, L.O.D.E., will be held in the normal school, Thursday afternoon at 3 o'clock.

At the annual meeting of the ladies' auxiliary of the West End Y.M.C.A., the following were elected officers: Hon. president, Mrs. A. B. Alexander; president, Mrs. J. Alexander; first vice-president, Mrs. H. H. Dittman; second vice-president, Mrs. G. N. Elliott; treasurer, Mrs. Semple; financial secretary, Mrs. Gynn; corresponding secretary, Mrs. McEwen; recording secretary, Mrs. Frederic; pianist, Mrs. Pegg; press, Mrs. Bogart.

During the past few weeks the Women's Conservative Club have distributed the following: For France, 400 pairs of socks have been shipped out; for Belgium, 200 pairs of socks; for Italy, 200 pairs of socks; given out in Canada, but for overseas distribution; the 19th Battalion, Exhibition camp, 200 pairs of socks, given out at different dates.

Divisional Engineers, Ottawa, 100 pairs of socks; 4th Brigade Field Artillery, 100 pairs of socks. Divisional Supply Column, 200 pairs of socks; 48th Highlanders, 200 pairs of socks; 15th Battery, 154 pairs of socks; training depot, Army Service Corps, Quebec, 200 pairs of socks and 18 scarves; railway supply depot, 64 pairs of socks; 14th Battery, 110 pairs of socks; 21st Battery, 100 pairs of socks; 12th York Rangers, 150 pairs of socks.

Belgian reservists, Exhibition camp: 2 overcoats, 2 suits of clothes, 31 pairs of socks, 23 shirts, 10 pairs wristlets, 10 pairs, 10 caps. 52 pairs socks for Royal Grenadiers, given thru Miss Beattie. 450 pairs socks for Army Service Corps, given thru Mrs. F. G. Hearn.

By special request 15 parcels have been sent out, some for Mrs. John N. B. Halifax, N. S., Salisbury and to the Exhibition camp those containing: cigars, belts, tobacco, cigars, maple sugar, etc.

Parcel also sent to 94 Bay street for Belgian relief, which contained coats, ulsters, underwear, blouses, boots, etc.

The adjourned meeting of the W.C.T.U. will be held today at 3 p.m. in the rooms of the High Park Avenue Methodist Church.

The Secours National reports many contributions during the last week money or clothing; garments for women and children and babies' layettes. Six large parcels containing cases have been shipped to France for the refugees. Regular transportation has also been arranged for the shipment of reports that \$942.38 has been collected.

The Toronto Women's Patriotic League reports 197 cases of supplies shipped, April 27, for No. 4 General Hospital, 19 cases of supplies for soldiers at front, a shipment for No. 5 General Hospital, and a shipment Red Cross supplies will leave May 6.

A Strength, Flesh and Body Builder For Spring

Rug-Ten, Underweight People Put On Ten to Twenty Pounds of Healthy Flesh.

Most people show a tendency to lose weight in winter. The fat making material in the foods they eat, which at other seasons keep flesh and weight at normal, is partially diverted in cold weather and instead is used to furnish heat for the body. Then most us acquire coughs, colds or the grippe which tear down the flesh, lower vitality, cause loss of appetite and result in a considerable loss of weight should be regained with a prompt measure taken to regain the lost flesh.

"By special arrangement the Toronto Women's Patriotic League can supply in boxes containing a package of ten, a pot of evaporated milk and sugar, as a comfort for soldiers in the trenches. These will be shipped, with other necessities, free of charge, on receipt of 25 cents."

The sale of "D.D.D." together with the sale of Mrs. Archibald's song, has netted \$253.80 for Belgian relief.

The 25th day prayer service for women will be held in room 42 of the Wesley Building today, from 12 to 12.45. All women of the city are invited.

Notes of Women's World

The regular weekly noonday service of prayer for women will be held at 12 o'clock today in the Wesley Building, 32 West Richmond street.

A meeting of Rutherford W. C. T. U. will be held in High Park Methodist Church at 3 p.m.

The Lake Shore branch of the Red Cross will meet this afternoon at the home of Mrs. Rogers, 208 Dunn avenue, at 2 o'clock.

A birthday party is to be given by the Glen Mawr Old Girls' Association, on June 4, at Glen Mawr School.

An executive meeting of the North Toronto Women's Patriotic League will be held this morning at 10.30 o'clock, at the Y.M.C.A. building, Yonge and Albert streets.

Miss L. Steward, 38 Howland avenue, has convened an afternoon patriotic conference and bridge, which will be held in the Aura Leo Club rooms, on Friday at 2.30 o'clock.

A meeting of the Municipal Chapter, L.O.D.E., will be held in the normal school, Thursday afternoon at 3 o'clock.

At the annual meeting of the ladies' auxiliary of the West End Y.M.C.A., the following were elected officers: Hon. president, Mrs. A. B. Alexander; president, Mrs. J. Alexander; first vice-president, Mrs. H. H. Dittman; second vice-president, Mrs. G. N. Elliott; treasurer, Mrs. Semple; financial secretary, Mrs. Gynn; corresponding secretary, Mrs. McEwen; recording secretary, Mrs. Frederic; pianist, Mrs. Pegg; press, Mrs. Bogart.

During the past few weeks the Women's Conservative Club have distributed the following: For France, 400 pairs of socks have been shipped out; for Belgium, 200 pairs of socks; for Italy, 200 pairs of socks; given out in Canada, but for overseas distribution; the 19th Battalion, Exhibition camp, 200 pairs of socks, given out at different dates.

Divisional Engineers, Ottawa, 100 pairs of socks; 4th Brigade Field Artillery, 100 pairs of socks. Divisional Supply Column, 200 pairs of socks; 48th Highlanders, 200 pairs of socks; 15th Battery, 154 pairs of socks; training depot, Army Service Corps, Quebec, 200 pairs of socks and 18 scarves; railway supply depot, 64 pairs of socks; 14th Battery, 110 pairs of socks; 21st Battery, 100 pairs of socks; 12th York Rangers, 150 pairs of socks.

Belgian reservists, Exhibition camp: 2 overcoats, 2 suits of clothes, 31 pairs of socks, 23 shirts, 10 pairs wristlets, 10 pairs, 10 caps. 52 pairs socks for Royal Grenadiers, given thru Miss Beattie. 450 pairs socks for Army Service Corps, given thru Mrs. F. G. Hearn.

By special request 15 parcels have been sent out, some for Mrs. John N. B. Halifax, N. S., Salisbury and to the Exhibition camp those containing: cigars, belts, tobacco, cigars, maple sugar, etc.

Parcel also sent to 94 Bay street for Belgian relief, which contained coats, ulsters, underwear, blouses, boots, etc.

The adjourned meeting of the W.C.T.U. will be held today at 3 p.m. in the rooms of the High Park Avenue Methodist Church.

The Secours National reports many contributions during the last week money or clothing; garments for women and children and babies' layettes. Six large parcels containing cases have been shipped to France for the refugees. Regular transportation has also been arranged for the shipment of reports that \$942.38 has been collected.

The Toronto Women's Patriotic League reports 197 cases of supplies shipped, April 27, for No. 4 General Hospital, 19 cases of supplies for soldiers at front, a shipment for No. 5 General Hospital, and a shipment Red Cross supplies will leave May 6.

A Strength, Flesh and Body Builder For Spring

Rug-Ten, Underweight People Put On Ten to Twenty Pounds of Healthy Flesh.

Most people show a tendency to lose weight in winter. The fat making material in the foods they eat, which at other seasons keep flesh and weight at normal, is partially diverted in cold weather and instead is used to furnish heat for the body. Then most us acquire coughs, colds or the grippe which tear down the flesh, lower vitality, cause loss of appetite and result in a considerable loss of weight should be regained with a prompt measure taken to regain the lost flesh.

"By special arrangement the Toronto Women's Patriotic League can supply in boxes containing a package of ten, a pot of evaporated milk and sugar, as a comfort for soldiers in the trenches. These will be shipped, with other necessities, free of charge, on receipt of 25 cents."