Don't take anybody's word for it. But if you're a coffee drinker, and feel as though something is wrong with your nerves, *Quit Coffee* and use

Two Sides

To a Question

POSTUM

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COFFEE

POSTUM

You'll know more after a couple of weeks about the effects of coffee, than you can learn from reading in a couple of years.

"There's a Reason" for **POSTUM**