needs, and the object of this little book is to let the truth speak out, through healthy organs of voice, freed from the disabilities inflicted by bad habits and disease. And some of the means to which I have referred may also aid, that the truth "may dwell in us richly in all wisdom and spiritual understanding." Unless it so dwell it cannot speak out.

N. BURWASH.

ne. e dust In у. but as lowing p, will seback in it e that ysical se. A onsists ulgent tivate ne old, need hard ed in chitwelve , and lerful rther.

man. king. vorld