

were largely imported from neighbouring countries. Why cannot we learn from such an object lesson as that, confirming as it does the experience of every smallpox hospital where vaccination keeps the attendants free from the disease?

I would go further still. For the victims of unpreventable diseases I have both sympathy and pity. Small pox, however, is entirely preventable. For its victims, or for those who are responsible for them, I have nothing but condemnation. Not only would I make vaccination and re-vaccination compulsory, but I would make having smallpox a penal offence. In no other way that is avoidable is one permitted to be, or to harbour what is a nuisance and an injury to one's neighbours. An outbreak of smallpox often paralyzes the travel and traffic of a small community. It always injures even the larger ones. It is a distinctly preventable disease. No one has any right to harbour an unvaccinated person on his premises any more than he has to store a supply of dynamite. No one has any right to have it, and every offender in this particular, every adult who has smallpox and the parent or guardian of every minor who has it, should in my judgment be sent, as soon as the risk of infection is over, to pick oakum for a term in the common jail, for having been guilty of a wanton and quite avoidable nuisance and misdemeanor. Or, still better, to work for a similar period at forced labour in the sanitary improvement of the municipality, as I have suggested for our prisoners before.

Railroad and Car sanitation should also come under National Sanitation. Under this heading may be briefly mentioned the prevention of the possible spread of typhoid dejecta along the roadbed, to directly infect or to be blown as dust into neighbouring sources of water supply; the use of non-absorbent coverings and curtains; the general use in sleeping cars of the thin so called emergency curtains which permit the free passage of air but not of light; the placing of ice in a jacket around the drinking water, and not in it; the provision of a separate basin over which alone toothbrushes may be used; the proper ventilation of, and preservation of temperature in, the cars, and their frequent and efficient disinfection; and the abolition of the brushing down of passengers by porters in the midst of the car, whereby the dust from each in turn is distributed over the persons and into the lungs of his neighbours. And this in order that a rapacious porter may be the more sure of the holdup for his tip. The brushing, when required, should be done only in a corridor beyond a swing door.

If temperance be a thing to be secured by legislation, that legislation may well be national. Nothing certainly injures health more than the