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Rest.

How brief the step 'twixt pain and pleasure is ;—
A look, a word, a briefest act the change has made,
Which turns our former joy to sorrow's shade.
Yet such is life! We do, we love, we hope,—
When from our lips is snatched the expectant draught,
And soul athirst, we feel the withering shaft
Of hope delayed consume our purposed life.
Oh say, is there no rest, no deadening sleep
Where grief forgets to groan, and love to weep ?
Where hydra-headed troubles never come,
And hungering hope's gaunt hounds refuse to roam ?
One such there is, of only perfect Rest,
Open to all who have the rightful key :—
Jesus is rest ;—the key, humility.

J. F. F.

Professor Daniel Morse Welton, D. D., Ph. D.

This eminent scholar and divine was born in Kings county, Nova Scotia, on the 20th of July, 1831. The beautiful Annapolis valley, where his loyalist ancestors had early settled, is famous no less for the perfection of its apples than for the excellence of its population. Amid wholesome and stimulating surroundings young Welton gained the physical vigor that has formed a highly important factor in his successful career and that has kept him young at sixty-six. He was noted as a youth for his athletic qualities and he has retained to an unusual degree his vigor and elasticity.

Intellectual powers far above the average early marked him out as one eminently capable of profiting by educational advantages, and his parents did everything in their power to facilitate the development of mind and its enrichment with useful learning. When nine years of age he was sent, for a year's study, to the school of John Chute in Williamston. While attending this excellent school he