

(Concluded from Page 8.)

which is precisely the worst thing for him. He must be roused, and change of scene, with plenty of open air exercise insisted upon. A certain amount of medicine (and why not the despised blue pill?) may expedite the cure, but all alcohol must be eschewed, it is only an aggravation after its effects have worn off. Make the patient eat! The finest maxim in medicine is "So long as you can take your food, you're all right." No one who eats a good solid breakfast will be troubled with a fit of "the blues" that day, no, not even if the brokers are put into his house 10 minutes after the meal. Should the disease be aggravated by the presence of these undesirable quantities, I would advise a complete change of air, while things are being put in order. Boston I am told is a cheery kind of place, well then, let him lie himself to Chipman Bros: get a ticket by the Halifax, put himself under the charge of genial Captain Hill, and I guarantee a radical change comes over the spirit of his dream. To chronic sufferers various strange and fanciful distractions may suggest themselves. The theatre should be for the time being a haven of rest, more especially this week when Mr. Clarke has catered for these especially by procuring "A cure for the blues," which is so well put on the stage by Mr. Redmund and his company, (and here I personally must say a word, and that is that I not having at the present time the disease very strongly developed, would infinitely prefer seeing Mr. Redmund and his company in a piece more worthy of their ability, tho' for the purpose for which "A cure for the blues" is produced it fills the bill admirably). One distraction I have been told of that is said to work wonders, that is a flirtation with somebody else's wife, more especially if the husband is of a jealous disposition and a good boxer, which lends an additional excitement, to the already exciting remedy. Such as this I cannot conscientiously recommend, though no doubt it has often answered well for it is "complete change" that is the great *desideratum* Unique.

Fishing yarns are beginning to show up now. The following from our latest exchange, the *Chebe-to Post*, is not so bad:—

"Three Sackville boulders went fishing on Monday last fully equipped with the necessary gear to do slaughter. After the day's sport had ended, the division of the spoils took place, and it was found they each possessed one specimen of the funny tribe. They journeyed homeward and near British Settlement they ran amuck what looked to be a porcupine; chase was given after 23 shots had been fired from a 22 calibre revolver the sportsman doing the shooting reported that his victim had at last succumbed. Around they gathered to view the bristling denizen of the forest, and the striking of a light revealed nothing but the countenances of three surprised sportsmen and the thoroughly ventilated remains of a pig belonging to a farmer in the vicinity.

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