

HOUSEHOLD.

Marjorie's Corner--One, One, One Puffs.

'Norah, will you let me make something for tea?' asked Marjorie, coming into the kitchen one afternoon.

'Sure, an' I will,' said Norah, 'for it is a fine little cook you're getting to be, and a great help to me.'

'Thank you, Norah,' said Marjorie, as she tied on a gingham apron over her pretty plaid dress. 'You see, this recipe is very easy to remember, for it's one of everything.'

The first thing Marjorie did was to take a big, yellow bowl from the closet and carefully sift one cupful of flour into it. Then breaking a fresh egg into another bowl, she beat it until it was light. Having poured one cupful of sweet milk into the flour, she added the egg and mixed them all carefully together, beating the latter with a wire spoon until her arm was tired.

'I almost forgot the salt,' she said, adding a pinch.

Taking a muffin pan which contained eight rings, Marjorie greased each one liberally, and then dropped a spoonful of the batter into it.

'Before I put them in the oven to bake, I must see that it is not too hot, because, Norah, if it is, they won't rise, and that's the beauty of them.'

The oven proved to be just right, so Marjorie put the pan in, and then looking at the clock, said:

'I must let them bake for fifteen minutes, and I mustn't even look at them once either because it makes them fall, and spoils them to open the door.'

Marjorie watched the clock anxiously, and when Norah rang the bell five minutes before six, she could hardly keep still.

'It will take the folks five minutes to get down, Miss Marjorie, and I thought you'd be ready by that time.'

'Why, what's that?' asked papa a few minutes later, as flushed and excited Marjorie entered the dining-room with a plateful of golden brown cakes.

'They are one, one, one puffs,' cried Marjorie.

'They're delicious, that's what they are,' said brother Jack, helping himself to a second.

And that's what they all said.—N. Y. Observer.

Their Bread and Butter.

Many physicians, according to a lecturer on dietetics, are ordering thin bread and butter for delicate patients, especially those suffering from dyspepsia, consumption, and anaemia, or any who need to take on flesh. This thin bread and butter insensibly induces persons to eat much more butter than they have any idea of. It is extraordinary, says the lecturer, how short a way a pat of fresh butter will go if spread on a number of thin slices of bread. This is one advantage, and a great one, in the feeding of invalids, for they are thereby provided with an excellent form of the fat which is so essential for their nutrition in a way that lures them to take it without rebellion.

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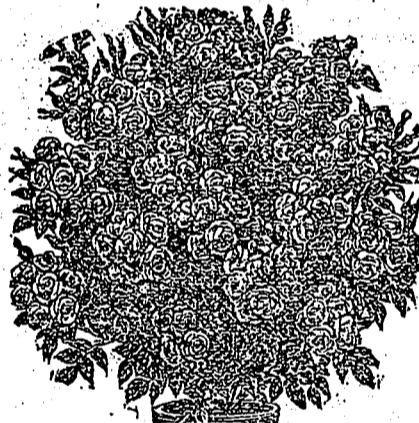
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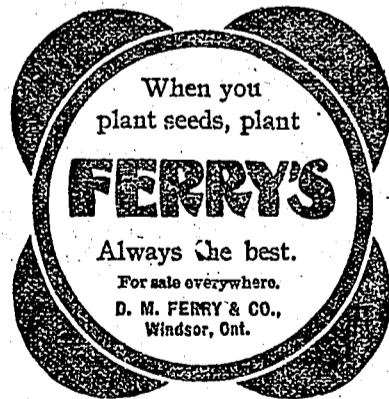
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