A Kitchen Garden for Farmers.

will be derived by planting them at inter-

vals of a week or 10 days, so that when

Nova Scotia Central Railway

TIME TABLE No. 2.

COMMENCING MONDAY, JUNE 9th, 1890. LUNENBURG to MIDDLETON. Daily.-Passengers and Freight.

STATIONS. | 1 | 3

Miscellaneous.

It Told too Much.

The most jovial boarder in the house of Newark, was Theodore Emmond. He objected to the table set by his landlady, and great expense to secure this, but to just offered before in Bridgetown. generosity. He secured a phonograph and bribed the cook in the honse to turn it on when her mistress was in the kitchen.

Last Sunday the phonograph was turned ed and have a southern around the cook in the honograph was turned ed and have a southern around the cook in the kitchen.

Last Sunday the phonograph was turned ed and have a southern around the cook in the kitchen.

STOVE PIPE Last Sunday the phonograph was turned on for the pleasure of Mrs. Dusen and her boarders. She did not like the joke, and boarders. She did not like the joke, and at the noveus and other applicates of the caused Emmond's arrest on a charge of conspiracy and defamation of character. In spiracy and defamation of character. In the noveus and other applicates of the novel said of the novel Justice Blauvelt's court yesterday this is what the phonograph claimed was a rehash with lettuce 10 days later. At the same of the boarding house keeper's conversation time plant the earliest peas. These can with her cook: "Mary, you don't want to pay over eight cents a pound for meat, Beets and onions can also be sown about anyhow; it is good enough for them, and you can get it on Mulberry street for that. You are giving too big pieces of steak, I market gardener's cheaper than to raise You are giving too big pieces of secas, and are giving too big pieces of secas, them. Bush beans and sweet corn come a notice, too. Let'em eat more vegetables. Them. Bush beans and sweet corn come a little later. Nothing is gained by planting ten have I told you to save five cents on them too early. Lima beans are among 'em by getting them stale and warming them up. Here on the bill is twenty-five more than three plants in a hill, or more IN THE SUPREME COURT 'em by getting them stale and warming the last things to be planted. Don't have cents a pound for coffee; fifteen cents will vines than beans will be raised. One rule Between ELIZA ANSLEY, Pltff., do hereafter. I've got enough trouble with- for a successful garden should be rememout feeding these men on \$5 a week on porterhouse steak."

bered, don't plant all the vegetables of the same kind at once. Much greater benefit

A Serious Battle.

The political battle is over, but the bat one lot is over a fresh one will be coming The political battle is over, but the battle with disease must be constantly and unceasingly waged else the grim reaper will come out victorious, and loved ones will be gathered to their long home. On all sides may be seen pale and listless girls who should be enjoying the health and glow of rosy youth. Everywhere we are met with women young in years, yet prematurely in the control of the way for tomatoes and turnips after sweet corn in many sections. Cultivation rosy youth. Everywhere we are met with women young in years, yet prematurely old, who suffer in silence almost untold agonies, the result of those ailments peculiar to the female system. To all such, Dr. Williams' Pink Pills come as a blessing. They restore wasted vitality, build up the nervous system, enrich the blood, and transform pale and sallow complexions into glowing, rosy cheeks, that alone follow perfect he dth. In a word they are a certain cure for all these distressing complaints to which women and girls are peculiarly liable. A trial of these pills will convince the most sceptical of their wonderful merit. For suffering men Dr. Williams' Pink Pills are cqually efficacious. For overwork, mental strain, loss of sleep, nervous debility, and all those diseases that lead to broken-down manhood, they are a certain specific, stimmanhood, they are a certain specific stimmanhood the same are constant and such of the sum the cultivator through the town severy week to stir up the couts and give a good digging between the hills. You will be surprised to see how that the surprised to see how that the surprised to see how the same that come and girls a good and sufficient service of the writ of Summons herein and the writ of Summons and the writ of Summons herein and the swetter onto the sum the sufficient servic lating the brain, reinforcing the exhausted ystem and restoring shattered vitality. For. Williams' Pink Pills are nature's resort. Williams' Pink Pills are nature's resort. torative and should be used by every weak and debilitated person. For sale by all dealers or sent post-paid on receipt of price (50 cents a box) by addressing the Dr. Williams Medicine Co., Brockville, Ont.

part, that is, he has got the right breed of A CHILD SAVED BY A Dog. -Harry cattle and has fed and watered them pro Gordon, three years old, was saved from death on Tuesday by a Newfoundland dog. The little fellow, accompanied by the dog, was walking along the tracks of the Boston be either washed or brushed off clean be-Revere Beach & Lynn Railroad when a fore commencing to milk, and the milking train bore down upon them. The boy's should be done into tin pails. Strain as was too far away to do anything.

Just before the train reached the little fellow the dog became aware of the danger.

With almost human intelligence he saired sufficiently self to be a sufficient self to be a sufficie mother was running to save him, but she soon as possible after milking, into cans

Just before the train reached the little fellow the dog became aware of the danger. With almost human intelligence he seized the boy's clothing in his jaws and dragged him from the track just in time to escape the wheels. His prompt action saved the boy's life. The dog's name is Wallace, and is owned by Mr. Joseph Meharg, of Beachmont.

THE ART OF BEING EXTERTAINED.—Let everything dark melt away before a sunny nature. If you go to a home for a social visit, be merry, be easy of manner, ready to join in what has been prepared for you. Learn the great art of adapting yourself to your surroundings. Don't forever expect your friends to accompany you, or show you around. Go off by yourself, even though you have no special errand. Show your hostess that you do not expect her or her family to continually wait upon you. Enter into the family circle, be "one of them in spirit," so that, when after hearty handshake at the station, it may be said of you: "What a pleasure she has in each end of it, then run a wooden rod in a cach end of it, then run a wooden rod in a cach end of it, then run a wooden rod in a cach end of it, then run a wooden rod of the more of the day appointed the family circle, be "one of them in spirit," so that, when after hearty handshake at the station, it may be said of you: "What a pleasure she has in each end of it, then run a wooden rod in the Aldenough warm water to bring it down to 40' At the origin in it down to 40' At the origin in time to escape the the bris in time to escape the or the day appointed the rein, the 14th day of March, 1891, unless before the day appointed to the plaintiff herein upon the mortgage sought to be forclosed, 1891, unless before the day appointed the rein, the 14th day of March, 1891, unless before the day appointed to the plaintiff here hearty handshake at the station, it may be said of you: "What a pleasure she has been! to entertain!"—Ladies Home Jour-through, hang it in the churn and strain to the church and strain to the church and strain to the churn and strain to the churn and strain to the church and strain to th

the cream through it. If the customers -The discovery has been accidentally desire the butter without coloring, give it made that flour thrown over burning oil will extinguish it instantly. An old lady was coming out of a pantry with a pan of flour when a lamp exploded and the oil was at once in flames. In her fright she dropped the pan of flour, which, falling on the burning oil extinguished it. Some one who heard of the incident had an opportunity of testing it practically soon after depends a good dear on the temperature of the room you churn in, and the time of year and the churn you use. In summer we churn at from 58° to 60°, in winter from 62° to 64°. Churning should be done in

lighthouses to reduce the force of the waves. It is thought that this end might churn for a minute, draw off the water, waves. It is thought that this end might be attained by placing, say, a couple of small steel bnoys in the most exposed direction at a distance from the lighthouse of some 150 feet. There should be a pulley on the hugy and a slight, worse of the pickle. Of salt, use 1 oz. 10 every lev on the hugy and a slight, worse of the pickle. Of salt, use 1 oz. 10 every via Eastport. Me. ley on the buoy and a slight rope, so that pound of butter; put on the cover and the bag and appliance for distributing the oil could always be hauled in when required. The method is most simple, and can be tested without great expense. New York, the with a wooden ladle and let it.

Professor Elliott, of the Smithsonian in- Fill the tenant with boiling pickle, and let Professor Elliott, of the Smithsoniau institution, estimates that there are now but it stand twelve hours; scour with coarse or AGENT, N. Y. S.S. Co.'s wharf, salt, and riuse with cold water. Put in Rar of Custom House, St. John, N. I stitution, estimates that there are now but 100,000 seals left in American waters.

If fruit stains are washed in tepid water they will generally come out. It's the putting them in suds that sets the color.

It stains we've hours; scour with coarse of all, and rinse with cold water. Put in half a tea cup of salt and two tablespoonfuls white sugar, and cover with a piece of cloth; it is then ready for the butter. Fill it within a quarter of an inch from the

-At Manchester, N. H., last Saturday, top, cover with two thicknesses of cloth, At Manchester, N. H., last Saturday, Louis Cyr, the champion heavy weight lifter, accomplished two unprecedented feats. With the aid of a rope he lifted with his index finger two 160 pound dumbells with a man balanced on them, two feet from the floor. He also broke the record for the hand and back lift, by raising with the hands and back a platform weighing 261 pounds on which were twenty men. The combined weight was 3,790 pounds. This is remarkable, truly; but the conditions must be just right in order to admit of such a feat.

Manchester, N. H., last Saturday, Louis Cop., cover with two thicknesses of cloth, press the cloth well down round the edge and cover with the following mixture: 1 lb. salt, 2 oz. white sugar, 1 oz. saltpetre; wet the mixture with boiling water, allow it to cool before you use it, then spread it over the top of your tenant. This will become quite hard and air-tight. Have a sough box in your milk-room large enough to hold all the butter you make in the season; as soon as a tenant is filled, put it into the box and cover with two thicknesses of cloth, press the cloth well down round the edge and cover with the following mixture: 1 lb. salt, 2 oz. white sugar, 1 oz. saltpetre; but to cool before you use it, then spread it over the top of your tenant. This will become quite hard and air-tight. Have a sough box in your milk-room large enough to hold all the butter you make in the season; as soon as a tenant is filled, put it into the box and cover with two thicknesses of cloth, press the cloth well down round the edge and cover with the following mixture: 1 lb. salt, 2 oz. white sugar, 1 oz. saltpetre; but to cool before you use it, then spread it over the top of your tenant. This will become quite hard and air-tight. Have a sough box in your milk-room large enough to hold all the butter you make in the season; as soon as a tenant is filled, put it into the box and cover with the down not cover with two thickness.

Minard's Liniment is used by Physicians. keep it from the air. Although I have Minard's Liniment is used by Physicians.

—It is said that Hebrew is fast becoming again a living tongue in Palestine. Jews described how butter can be kept, I do not recommend keeping it. In conclusion, let me say that women would find it a great deal easier to keep milk-dishes clean by using a brush instead of a cloth.—Jos. Faill in the Canadian Live Stock and Farm Journal for March.

—Two weekly newspapers are new published in Jerusalem in Hebrew. It would seem expedient that missionaries to the Jews in Palestine should be able to speak in the Hebrew language.

—An Accident Policy.

An Accident Policy.

The best Accident Policy is to keep Hag. The best Accident Policy is to keep Hag. The Best Protection.

An Accident Policy. The best Accident Policy is to keep Hagyard's Yellow Oil on hand. As a pain cure
it is unrivalled, while for croup, sore throat,
quinsy, rheumatism, neuralgia, etc., its results are often almost magical. Used externally and internally. Price 25c.

—Minard's Liniment cures distemper.

The Best Protection.

As a protection from the results of colds,
sprains, bruises, burns, scalds, sore throat,
sprains, bruises, burns, scalds, sore throat,
sund all painful diseases, Hagyard's Yellow
Oil holds first place. Its efficacy has been
proved thousands of times. It should be
found in every household.

KD C is Guaranteed

K D C is Guaranteed

New Stoves! MASAL Agricultural.

R. ALLEN CROWE No farmer can be a true husbandma The most jovial boarder in the house of Mrs. Margaret Dusen, in Bank street, who does not have an ample, well-cared-BRIDGETOWN FOUNDRY COMPANY

LEAD PIPING, SINKS, OVEN MOUTHS, ASH PITS, PUMPS, MASLIN KETTLES STOVE BOARDS, COAL HODS, FIRE SETTS,

TIN WARE and all articles usually kept in a FIRST-CLASS TIN SHOP. La Jobbing a specialty. R. ALLEN CROWE. Bridgetown, Sept. 16th, 1890, 246m.

1891. Letter "A." No. 335.

ELIJAH RISTEEN, Defdt. Before Justice Savary, Master & officio at Chambers.

Upon reading the affidavit of Albert Morse, sworn to the 16th day of March, 1891, and the exhibits therewith produced, and on motion, It is ordered:

A.W.S.] That the publication of this order for thirty days in the Weekly Monitor newspaper, and mailing post-paid copies of this order and the writ of Summons herein addressed to the defendant at Tapleyville, Massachusetts, P. O. Box 73, shall be good and sufficient service of the writ of Summons herein, and

BETWEEN ROBINSON PALMER, PLAINTIFF, AND

JOHN GATES, DEFENDANT. TO BE SOLD AT Public Auction

By the Sheriff of the County of Annapoli or his Deputy, at the Central Court House

H.Y.

NEW YORK tunity of testing it practically soon after and the device werked exactly as stated. It is well worth making a note of, as water is worse than useless in such a case.

OIL UPON TROUBLED WATERS.—A suggestion has been made that oil might with advantage by used at the most exposed lighthouses to reduce the force of the churn; then put on the cover and lighthouses to reduce the force of the churn; then put on the cover and the cover and

Every FRIDAY at 3 p.m.

(Standard Time.) quired. The method is most simple, and can be tested without great expense.—New two with a wooden ladle and let it remain eight hours. The hand should never be allowed to touch the butter. To prepare the tenant or tub for keeping the butter will shine better than when cleaned with for twelve hours, empty out the butter flannel.

Return Steamers will leave NEW YORK, from

Plet 40. East River, Foot of Pike Street, every Tuesday, at 5 p.m.

Freight on through bills of lading to and points south and west of New York and from New York to all points in the Mariting for twelve hours, empty out the butter will, let it stand the Provinces.

CHEAP FARES AND LOW RATES.

Return Steamers will leave NEW YORK, from

Plet 40. East River, Foot of Pike Street, every Tuesday, at 5 p.m.

Freight on through bills of lading to and points south and west of New York to all points in the Mariting For twelve hours, empty out the butter will, let it stand the Provinces.

CHEAP FARES AND LOW RATES. milk and wash with salt, using a brush. N. L. NEWCOMB,



'YARMOUTH S.S. CO.



VIA YARMOUTH. The Shortest and Most DIRECT ROUTE Between Nova Scotia and the United States. The QUICKEST TIME. Only 17 Hours Between Yarmouth an Boston.

THE FAST STEEL STEAMER BOSTON M. L. FORBES, COMMANDER, Leaves Yarmouth for Boston Saturday

and Wednesday evenings after arrival of Western Counties Railway train. Return-ing, leaves Lewis wharf, Boston, for Yar-No. 331. a.m., making close connection with the Western Counties Railway train and Dav.

> Tickets and all information can be ob-Tickets and all information can be obtained from C. R. Barry, 126 Hollis street, or George M. Conner, ticket agent, North Street Depot, Halifax; George E. Corbitt, Manager Annapolis Steam Packet Co., Annapolis; Messrs. Turnbull and Walsh, Dichy: and all agents on the Windsor &

W. A. CHASE, L. E. BAKER, Sect. and Treas. Manager. Yarmouth, N. S., Dec. 1st, 1890. WE ARE PREPARED TO DO

JOB WORK

IN ALL THE LATEST STYLES. FINE WORK

MEMO. HEADS,
BUSINESS CARDS,
VISITING CARDS. PROGRAMMES, CIRCULARS, PAMPHLETS, TICKETS ENVELOPES,

Choice Lines of WEDDING STATIONERY Estimates Furnished. Satisfaction Guaranteed.

Bridgetown, N. S. BRIDGETOWN

THOMAS DEARNESS

Also Monuments in Red Granite, Gray Granite, and Freestone. Granville St., Bridgetown, N. S.

Bridgetown, March 19th, 89.

CERES JSE this high grade Fertilizer, and try for the

for wheat grown on it. See Circular. JACK & BELL, Halifax, - - Nova Scotia. ADMINISTRATORS' NOTICE.

quested to make immediate payment to GEORGE HOYT, W. J. HOYT, Administrators. Bridgetown, Sept. 24th 1890. 6m.

To Cure DYSPEPSIA,

PRIZES

KENDALL'S SPAVIN CURE.

KENDALL'S SPAVIN CURE. their offspring. Yours truly, D. J. O'KREFFE.
Price \$1 per bottle, or six bottles for \$5. All
druggists have it or can get 't for you, or it will be
sent to any address on receipt of price by the

proprietors, DR. B. J. KENDALL CO., Enosburgh Falls, Vt. SOLD BY ALL DRUGGISTS. HOYT BROTHERS. DEALERS IN AND MANUFACTURERS OF

MONUMENTS, - TABLETS, HEADSTONES, &C., American & Italian Marble.

Marble, Granite, and Freestone IN THE MOST GRACEFUL

will make ten day trips between Halifax and St. John, calling at Yarmouth and other intermediate ports each way. their patronage. J. Hoyt.

B. B. B. napolis; Messrs. Turnbull and Walsh, Digby; and all agents on the Windsor & Annapolis, Nova Scotia Central and Western Counties Railways; Davison's Coach Lines; J. F. Spinney, Lewis wharf, or Messrs. J. G. Hall & Co., Chatham Street, Burdock Blood Bitters

CURES

All blood humors and diseases, from a co mon pimple to the worst scrofulous sore, and this combined with its unrivalled regulating. SKIN

From one to two bottles will cure boils,

SCROFULA We have undoubted proof that from three We have undoubted proof that from three to six bottles used internally and by outward application (diluted if the skin is broken) to the affected parts, will effect a cure. The great mission of B. B. B. is to regulate the liver, kidneys, bowels and blood, to correct Orders from any part of the Country acidity and wrong action of the stomach, and to open the sluice ways of the system to carry off all clogged and impure secretions, allowing nature thus to aid recovery and remove without fail

BAD BLOOD Liver complaint, biliousness, dyspepsia, sick headache, dropsy, rheumatism, and every species of disease arising from disordered liver, kidneys, stomach, bowels and blood. We guarantee every bottle of B. B. Should any person be dissatisfied after using the first bottle, we will refund the money on application personally or by letter. We will also be glad to send testimonials and information proving the effects of B. B. B. in the above named diseases, on application to T. MILBURN & CO., Toronto, Ont.



A LL persons having legal demands against the estate of the late Moore C. Hoyt, of Bridgetown, in the County of Annapolis, deceased, are hereby requested to render their accounts, duly attested to, within six months from the date hereof; and WILLIAM SPURR,

And INDIGESTION.

The Kousehold.

9 33 MIDDLETON to LUNENBURG. Daily.-Passengers and Freight. STATIONS. | 2 | 4

Middleton, depart.... 56 Bridgewater, arrive.
Bridgewater, depart.
65 Blockhouse.
67 Mahone.
74 Lunenburg, arrive... 5 20 5 35 6 30

Trains are run on Eastern Standard Time ne hour added gives Halifax time.

day evenings.
"New Brunswick" leaves Annapo Tuesday and Friday for Boston direct

GEO. W. BEDFORD, S. S. ALPHA, our charges are reasonable in every respect, and we able in every respect, and we Time Table. COMMENCING TUESDAY, FEB. 4th, 1891.

GOING WEST. 6 45

GOING EAST. 2 13

rapidly and honorably, by those of rapidly and honorably, by those of the sex, yaing or old, and in their own lessilities, wherever they live yet a reason of the sex of the sex

proyment and teach you FREE. No space to explain here. Full information FREE. TRUE & CO., AUGUSTA, HAINE. Round Hill, Nov. 12th, 1890. 32 3m SEND TO THIS OFFICE FOR BILL diseases of and blood.

Cookery for the Sick.

HINTS ON HOW TO FREPARE NUTRITIOUS FOOD.

A diet for the sick may usually comprise milk, toast, Graham-bread, crackers, various prepared grains, eggs, beef, mutton, chicken, small game, oysters, fish, jellies, custards and fruits. With the exception of baked potatoes, and a few greens used as a garnish, or in soups, vegetables are not always allowed, and veal and pork are usually prohibited also.

Food for the sick should be carefully cooked, neatly served, and made to look as tempting as possible. If the patient cannot eat even after the utmost skill has been employed in preparing his food, do not make the mistake of leaving it near him, hoping he will taste it by and by, but remove it, and try again, later.

It is well to keep food on hand that will the content of the sick should be carefully cooked, neatly served, and made to look as tempting as possible. If the patient cannot eat even after the utmost skill has been employed in preparing his food, do not make the mistake of leaving it near him, hoping he will taste it by and by, but remove it, and try again, later.

I have had considerable experience as an agricultural editor, but, fortunately, it was condensed into a very brief period of my gricultural editor, but, fortunately, it was condensed into a very brief period of my agricultural editor, but, fortunately, it was condensed into a very brief period of my agricultural editor, but, fortunately, it was condensed into a very brief period of my agricultural editor, but, fortunately, it was condensed into a very brief period of my after leaving college I bought to a small paper in a country town, and I launched myself upon what I have chad considerable experience of a "journalist."

My "Agricultural Department" was the pride of my heart, and to it I brought all the ripe culture and experience of the recent college graduate. It held the place of honor in many columns, and I amonde of considerable experience of the recent college graduate. It held the place of my heart, and to it I bro

hoping he will taste it by and by, but remove it, and try again, later.

It is well to keep food on hand that will not spoil by standing, if the appetite is capricious, for it can be quickly brought in if he expresses a sudden desire to eat.

Beef Juce.—Take a thick slice of round steak without fat, and broil it about two minutes, or until it is thoroughly heated, then cut into bits or gash it and press out the juice with a beef juice press, or lemon squeezer, or press hard between two small flat plates. When all the juice is extracted, alt it slightly, and warm it by placing divided in the state of this sentence: "The sooner a cow is killed for beef the less milk she will be likely to give." ed, salt it slightly, and warm it by placing the cup or bowl containing it in a basin of hot water. Serve at once, as beef tea, or a fact?"

give."

"Well, what is the matter with that?" I demanded. "Can you deny that this is fact?"

roached Eggs.—The best mode of serving cooked eggs for invalids: Break the egg into a saucer; have a saucepan with two inches of boiling water in it upon the range. When it boils, set it on the side of the range, and as soon as the water stops only be taught to lap their drink, as sheep do, their constitutions would be saved the wear and tear of digesting so many hard teeth."

"Well, what is there against, that?" I asked anxiously. "Don't you believe it yourself?"

300 hours. When cold, add the juice of a

"Well, my dear, has that old bore gone at last?"

The next instant a voice from below caused the cold perspiration to bedew his ministerial brow and rooted him to the spot. There came a response which sound-in a porcelain or granite saucepan; add half a teaspoon of salt, and when it boils add half a cupful of cracked wheat. Let it simmer slowly for an hour, then pour in two and a half cupfuls of hot milk and let it simmer for another hour, only stirring.

"Well, my dear, has that old bore gone at last?"

The next instant a voice from below caused the cold perspiration to bedew his ministerial brow and rooted him to the spot. There came a response which sounded in expressibly sweet to him just then. It was the voice of his wife, who, with true womanly tact, replied, "Yes, darling, she went away over an hour ago, but here is our good friend, Mrs. Blank, whom I am sure you want to meet!"

little pepper (if allowed); spread with bits of butter, put on a small hot platter, cover cress or parsley and serve.

with another hot platter, and set in the A SONG FOR THE SEA-SAW. over for two minutes, then garnish with Oh sea! Oh beach! Oh sea! cress or parsley and serve.

Orster Broth.—Heat one dozen oysters with their liquor to a boiling point, skim, add salt, a suspicion of red pepper, a lump of butter, half a pint of good milk, and a tablespoonful of crackers rolled until it is a fine flour. Stir and serve at once or the 600 as fine flour. Stir and serve at once or the

Liver complaint, bilicanness, dyspepsia, side headshed, decay, returnalism, and every liver, kidanys, atomach, browle and blood. We granning every bottle of B. B. B. Combridge of the present of the pre

Minard's Liniment Lumberman's Friend. Minard's Liniment cures Garget in Cows.

Joker's Corner.

The Young Agricultural Editor.

hot water. Serve at once, as beer tea, or if the patient can take solid food pour over to 6 08 6 58 6 50 7 15 toast. It is more palatable than raw beef toast. It is more palatable than raw beef toast. Time sins are run on Eastern Standard Time hour added gives Halifax time.

MUTTON CHOPS.—Choose a loin chop, dicates that trains only stop when signored or when there are passengers to be set hims connect with Windsor and Annapolis ed, with or without baked potato.

MUTTON CHOPS.—Choose a loin chop, And did you ever know of anybody's kick-broil like beefsteak, and serve hot, garnished, with or without baked potato.

inclied, or when there are passengers to be set down.

Trains connect with Windsor and Annapolis Railway at Middleton for Annapolis, and Halifax, and making close connections with Express Trains of I.C. R. at Windsor Junction and Halifax. And making close connections with Express Trains of I.C. R. at Windsor Junction and Halifax. And making close connections with Express Trains of I.C. R. at Windsor Junction and Halifax. And making close connections with Express Trains of I.C. R. at Windsor Junction and Halifax.

Steamer "Exampeline" makes daily connection with Western Counties Railway at Digby for Yarmouth!

Steamer "City of Monticello" leaves St. John for Annapolis same days for Bangor, Portland, Boston, and all points West. Steamer "Yarmouth Teaves Yarmouth To Bangor, Portland, Boston, and all points West. Steamer "Yarmouth" leaves Yarmouth To Boston on arrival of trains every Wednesday and Saturday evenings.

Steamer "Yarmouth Teaves Annapolis every Tuesday and Friday for Boston direct.

POACHED EGGS.—The best mode of serving cooked eggs for invalids: Break the ling cooked eggs for invalids: Break the ling cooked eggs for invalids: Break the ling cooked the potato.

CHOPPED BEEFSTEAK.—Mince a pound for our sirloin steak, make into a round, flat cake, broil it over a hot fire what any blamed fool knows before the is weaned?"

A shadow gathered on my handsome brow, and I looked thoughtfully out of the window.

"And here is something else, "continued the farmer, running his finger down the column. "Speaking of hens, you say: "The reason why old hens so seldom have deet his because as soon as the hen's teeth begin to get loose, they are washed down her throat by her persistent habit of garg-ling whenever she drink, as sheep do, their constitutions would be saved the ling cooked eggs for invalids: Break the

of the range, and as soon as the water stops of the range, and as soon as the water stops of the range, as soon as the water stops of the range, and as soon as the water stops of the range, and as soon as the water stops of the range, and as soon as the water stops of the range, and as soon as the water stops of the range, and as soon as the water stops of the range, and as soon as the water stops of the range, and as soon as the water stops of the range, and as soon as the water stops of the range, and as soon as the water stops of the range, and as soon as the water stops of the range, and as soon as the water stops of the range, and as soon as the water stops of the range, and as soon as the water stops of the range, and as soon as the water stops of the range, and as soon as the water stops of the range of th of the range, and as soon as the water steps simmering, slip the egg into it carefully, and let it stand five or six minutes. Do not let the water boil. Take up carefully not let the water boil. Take up carefully and seed to see the color of a boiled lobater. "Believe it! Do you take me for an ass? Don't you suppose I know where with a small skimmer, lay it on a neatly trimmed piece of fresh toast. Sprinkle the egg with salt and cover with bits of the egg with salt and cover with bits of butter.

Toast Water.—Toast thoroughly thin slices of Graham or wheat bread and break into a bowl. Cover with boiling water.
When cold, strain, and sweeten the water slightly.

When cold, strain, and sweeten the water slightly.

slightly.

FLAXSEED LEMONABE.—Pour a pint of boiling water on two table-spoonfuls of whole flaxseed. Cover and steep for three Saved by His Wife's Wit.

hours. When cold, add the juice of a lemon and sweeten.

lemon and sweeten.

FRUIT.—Baked apples, served with sugar and cream are a standard dish for the sick room. Apples, grapes, sweet oranges and bananas are all cooling aperients and nutritious. Berries with hard seeds are likely to be indigestible.

A RAW EGG.—Beat yolk and white tions of the top.

A RAW EGG.—Beat yolk and white separately, add a spoonful of sugar and a small pinch of salt. Mix, whisk well and pour into a glass; grate a little nutmeg on the top. It is both nourishing and palating the salts.

Saved by His Wife's Wit.

The Rev. Dr. Clinton Locke, the popular Episcopal elegyman, of Chicago, made a bad break the other day, but was helped out by the quick wit of his wife. On the day in question he saw a lady about to call whom he was anxious not to meet. So he said to his wife: "Now I'm off, my dear. I'll run upstairs and escape till she goes away." After about an hour he quietly tiptoed to the stair landing and listened. All was quiet below. Reassured he began to descend, and while doing so he thought-lessly but emphatically called out over the banister: "Well, my dear, has that old bore gone at last?"

two and a half cupfuls of hot milk and let it simmer for another hour, only stirring to keep it from burning at the bottom. When done dish into cups that have previously been dipped in cold water. It will be solid when cold. Turn out of the cups when wanted for use, and serve with cream or milk and sugar.

BEEFSTEAK.—Cut a tenderloin or well-shaped bit of steak and broil over a clear fire about seven minutes. Do not prick with a fork or much of the juice will be lost. When done, season with salt, and a little pepper (if allowed); spread with bits

quite the rage among fashionable girls.
This has a very threatening aspect. A future generation of powerful mothers in-law is a something which cannot be sneered at.

In Darkest Gloom.

Millions of men and women are in the dark gloom of disease. The way out is by using Burdock Blood Bitters, a tried and sure remedy for dyspepsia, biliousness, constipation, scrofula, bad blood, and all diseases of the stomach, liver, bowels and contrary, under other conditions, if you