## Knowling's GROCERY STORES,

EAST, WEST and CENTRAL, offer the following:

	CHOICE BARBADOS SUGAR20c.	lb.
	CHOICE TEA	lb.
	BEANS Large White, very fine quality. Special Cash Price	
	CURRANTS	tb.
	BUTTER_"Sunshine" or Sterling" 40c.	lb.
	BUTTER—Creamery, Victory or Avalon 53c.	lb.
,	COOKED CORNED BEEF_Australian, very fine quality	lb.
	CCOKED CORNED MUTTON_Austral-	

FLOUR\_Victor Brand; absolutely the best brand on the market ..... \$1.25 stone CHOICE PICNIC HAMS, 7 lbs. average. . 35c. lb. ARMOUR'S FINEST SMOKED HAMS-

50c. Ib. by the Ham 2 lb. Nett Tins FINEST ROAST BEEF-

## G. Knowling, Ltd.

## F. Board of Trade President is Optimistic

Mr, Brooks Cives Political Twist among the English speaking people throughout the world, even in spite to Interview--High Prices in of those who are endeavoring to England Get Knock Out-Itali- United States and Canada.—Masonic Sun. an Labour Goes on Protest The High Commissioner Strike--Toronto Preparing for Recurrence of Influenza.

LONDON, Oct. 14. high cost of living in England an and "The war hoom is over" ding to London newspapers who ince the fact in prominently disstreamers across their front s. They indicate that the English optimistic of giving a knock out erage fall in prices on raw materihas been thirty pre cent. Rubber oducts have come down fifty per nt tin has tumbled twenty-five per nt., copper six per cent., marine wool rty-five per cent., and American cotthirty per cent. The sensational line among food staples, however, s a thirty per cent. drop in the price

#### ITALIANS PROTEST STRIKE.

sugar.

ONDON, Oct. 14. A two-hour nation wide general rike in Italy in protest against the rrest of political offenders who are posing the Allied policy toward Rusa, occurred to-day, says a Rome deatch to the Exchange Telegraph. his strike was in effect from three lock to five this afternoon, during hich time all trians were stopped. ONNECTING CANADA WITH OLD

#### SUPPORT IRISH FREEDOM.

DAYTON, Ohio, Oct. 14. The Ohio State Federation of Labor, session here to-day, adopted a reolution favoring frish freedom.

COUNTRY. MONTREAL, Oct. 14. Additional passenger steamer ser ice between Canada and the Old



COST OF LIVING OVER IN | Country is being arranged for the Cunard Line who will have two new oil burning steamers, the Scythia and the Albania, call at Halifax on their voyage from and to New York.

#### A DESTRUCTIVE FIRE.

TILLSONBURG, Ontaria, Oct. 14. They indicate that the English primistic of giving a knock out discovered to-day sweeping through prestige of the office Lord Allenby has very soon to remaining high the big dry kilns of the Canadian been filling.

Cereal Company's Mills spread Lord Allenby is one of the big outthrough the fire wall to the main mill destroying all and causing a loss of half a million dollars.

#### PREPARING FOR INFLUENZA.

TORONTO, Oct., 14. Anticipating another outbreak of C. Hastings, Medical Officer for Toronto, has issued instructions to his staff to prepare in every way to efficiently cope with it.

KINGSTON, Ont., Oct. 14. One of the most daring attempts at jail delivery ever known in Canada has been discovered at Portsmouth Penitentiary here, according to a nitroglycerine to destrop the big prison peripatetic gentlemen making the tect Canada on the battlefields of has been discovered along with some fuses and a number of deadly wea-

#### MR. BROOKS IN INTERVIEWED.

MONTREAL, Oct. 14. The wave of depression which has eached Newfoundland is due to political manipulation, and the business community has little to fear during the period of readjustment on the Island in opinion of H. R. Brookes, President of the Newfoundland Board of Tarde and Director of Job Brothers & Co., Ltd., who is now in Montreal. Mr. Brookes attributes the present depression to manipulation on the part of opponents of the regulation of exports of codfish by the Government. Instituted in 1919 the object was to regulate the supply of fish to the markets in such a way as to prevent a glut and thus give the Newfoundland exporter maximum prices. The Government's action of the business unity as an interfering with business and the rights of trade" The regulations have now been remodelled so that Exporters have control of their application. The catch this season is quite thirty per cent, below the average and Newfoundland is undoubtedly feeling the change from the good trade of the war period. But there is an imuse amount o money in the country nense amount said Mr. Brookes, and Newfoundland

will weather the dull times with ease Some of our young men are going to Canada and the United States but they isually do after the fishing season and most of them will return in plenty of time for next season. The lumber and pulp industry is prosperous and making good progress.

#### Freemasonry and the **English Speaking People.**

The Masonic Fraternity, throughout the English speaking world, has been for the past few years, and is now having a phenomenal growth in membership. This is undoubtedly a splendid sign, for it is from the loyal and fraternal teachings set forth in Masonic Lodges, that the world may be saved from the chaos of anarchy.

In speaking with brethren, hailing from the United States, we learn that the two million or more Masons in that land, at every opportunity offered, emphasize, by word and action, "the oneness of the Englishspeaking people."

The publisher, and editor of "The Watchman of Israel," a monthly journal published in Boston, in the interest of Anglo-Saxon Unity, in a recent letter to us points out, the unlikelihood of any difficulty arising between the United States and Canada by the many influences working in that land at the present time, by

"Is there not a reason for the fact that the standing army of this country is practically domiciled on the Mexican borders instead of on the Canadian. It would be possible to have serious trouble with our southern neighbor because of the unlike ness of our ideals, but no serious trouble could ever take place between this country and yours (Canada) any more than your country could take up arms against Eng-

Freemasonry has played a very important part in welding together the pire, and it is also doing a good deal towards fostering a oneness of ideals

## in Egypt.

Lord Allenby, the conqueror of the Turks, and now High Commissioner for Egypt, has arrived in England from Cario on sick leave and it is rumored that he will not return to Egypt. It is said that he does not wholly approve of the new policy with respect to Egypt which will place a very large part of the control of affairs in the hands of the Egyptian Nationalists A fire of unknown origin, which was, and will diminish the authority and

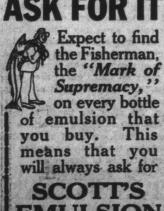
standing figures of the world-war. His and from there to the big elevator name as liberator of Jerusalem and of the Holy Land from five centuries of Turkish thraldom, will ever shine brightly on the pages of British his

Lord Allenby is an old Haileybury School boy, and as a soldier a son of Spanish influenza this winter, Dr. J. the Innis-killing Dragoons, for it was with that famous corps that he began his military career. He began with the cavalry and when the world-war broke out he was given command of the cavalry that formed part of the first PLOT TO BLOW UP JAIL DISCOVER- Expeditionary Force. Then he went to the East.

#### Tracts and Their Abuse.

We are a strong and firm believer sensational story published by the in the widest possible toleration for Kingston Standard this evening. Evid- all sects and creeds, but we do think ence is said to have been uncovered that their advocates should exhibit showing that part of the plot was to a little common decency in their blow the Penitentiary off the face of methods of pushing their business. the earth. It is said that enough Quite recently there have been certain assault of the brutal Huns and to prorounds of the city and suburbs dropping pamphlets and letters at the doors presumably with the desire of enlightening the public and making them better and wiser. The pamphlet is calculated to do anything but this. Filled as it is with the most absurd and distorted applications of Scripture, it is likely to win few adherents. The language is painful English, and passage after passage is full of the coarrest and crudest abuse of all the older established forms of Christianity, abuse that

## ASK FOR IT



**EMULSION** 



## A Third to a Half full of Carnation Milkthen fill up with water

THAT gives the nourishing drink of pure, sweet cow's milk. Adding an equal portion of water restores Carnation Milk to the natural consistency not of skimmed or separated milk—but of rich, "whole" milk.

You always get milk of this quality from the Carnation condenseries.

It is rich.

Adds flavor to

Makes richer dishes

more delicious pudding

and custards. A Book

with 100 delightful re-

cipes will be sent free

also tells how TO PREPARE BABY'S

BOTTLE — according to the formula of a

old and new

Carnation Milk

recipes-

It is pure.

It is absolutely safe.

Such quality in your milk supply—such freedom from bother—such assurance of safety—are due entirely to Carnation methods of distributing milk.

To start with, the milk is rich and pure.

It is gathered daily in Canada's best dairy centres.

A part of the water is removed by evaporation, leaving a milk of creamy consistency. Fresh and sweet, it goes into clean, new containers. Then it is sterilized to insure purity.

In this form it goes to you in perfect safety and is kept until you are ready to use it. It is used as cream in tea and coffee, on cereals or

But for ordinary use add an equal quantity of water.

> There is no sugar or anything added to Carnation Milk, so it may be used for every household use.

Phone your Grocer. He is the Carnation Milkman.

Carnation Milk Products Co. Limited Aylmer - Ontario Condenseries at Aylmer and Springfield

# Carnation Milk

Use Carnation

Milk for

Table Use Children's Drink Baby's Bottle Coffee, Tea

Cream Sauce Gravies Ice Cream

Salade
Welsh Rarebit
Cream Fillings
Icings, Candy
—For every milk
use

strain of human ignorance. These the opinions of others, then you will writers seem to have as their main have nothing of which to complain -- by no means a coward. It will attack object the abuse of the authorities Acadian Recorder. who refused to termit a lot of spiebodied loafers to stay around bonie while better men than they went to the front to save civilization from the Flanders. When the Empire and its kind of acrobatic feat. It does not, Allies were menaced by the Kaiser however, perform merely for the and his legions; when the call came for men to flock to the colors, the man who suddenly found that he had a conscientious objection to going to purpose behind its somersaults. war was not a man deserving of much sympathy or respect, let alone consideration. When the same man be- to attacking them. It does not atgan to urge others to go and even to resist the impressment, that man was naturally and certainly inviting some rough attention which he got until within striking distance of its and he deserved. When, still further than this, he began to talk pro-Germanism, the mere excuse of being ASK FOR a Bible student or pursuing Bible studies was not sufficient to excuse

him from prosecution and imprison

ment. The Founder of Christianit

never said that it was sinful for a mar

to defend his country, and no man

can point to any such statement em-

anating from that source. Britain's

cause in the great war was a just

cause by every test of justice which

may be applied, and for men dwell-

ing on British soil and enjoying the

protection of its laws and its power

to express pro-German sentiments, to have pro-German books in their pos-

session, to talk treason and refuse to

obey our laws, no punishment can be

too severe and no severity can serve

to win our sympathy. Our advice to

ese people is: Obey the laws, stand

ese Preparation of an Extract

Persistent Coughs, Bronchitis, Anemia

A Splendid Tonio for Delicate Wemen and Children

could only emanate from the lowest of trial, respect and cease to abuse unsuspecting prey.

Nature's Acrobat. The weasel has been called the escape. acrobat of Nature. It performs every pleasure to be obtained from the per- a hedge presents no difficulty to the

The weasel adopts this method of approaching its victims with a view tempt to hide itself from its prey, but gradually performing all the time, approaches nearer and still nearer

The blood-thirsty little villain is human beings; and cows that trespass for the purpose of feeding on grass within the vicinity of the home of one of these little creatures do not

The weasel can climb as easily as run along the road, and it is equally at home on any surface. The top of truthful, honest and obliging. But she formance, nor yet to give pleasure to weasel; it will travel along this as others. There is a far more deadly quickly and easily as along the smoothest pathway.

> California Sunkist Oranges all sizes; California Apples Lemons, Walnuts, Hazel Brazilian Nuts, Almond Nuts wholesale and retail at GLEE-SON'S. 108 Water St\_\_teb13,f,s,tf

#### His Slack Time.

Dr. George Clarke Simpson, the new Director of the Meteorological Office, tells this story apropos of the atrocious weather of last July, and the early part of August.

A motor-coach (he says) was aib to start from Ludgate Circus for tour round London, and amongst the engers was a red-turbaned individual, evidently an Indian Parsec "Wot sort of a chap is that?" rack-

ced the driver ouf the condu any fameties that Se's come out the felees woot woorships the same," coan

the driver, with a shiver. "Then I

### Her English Maid.

Mme. Calve, the famous prima donna, who is to retire after a career of twenty-five years in grand opera, is fond of telling this story against herself.

"I once," she says, "had an English maid. She was a thorough good girl, lacked tact.

"One day I had occasion to make a train journey, and as I was entirely alone I took her with me in the same compartment for company.

"Presently she noticed that a rope of pearls I usually wore was missing. and in a sudden panic she exclaimed: 'Oh, madam, where are your pearls? "'At home in the safe,' I told her, adding that I never wore them when travelling.

"'Oh, dear, what a pity!' commented the maid. They make you look like a real lady."

