At The Reservoir.

When bits of green first sprinkle branches slim, And out in dazzling frolic

waters bound, As to divinity my kneels,---

I walk this beauteous day holy mound.

In a lone corner ruby shallows foam, For 'gainst the stones the

waves, too meddling drive; Yet shall I hold my gaze despite the wind.

Yet shall I, gibberings rife, joygifts derive.

O noise-resisting spot, soothing refined. Hushed in enchantment, swarm

ing sparklets play

A game prolonged of "it, and flit-Like tapers in an inner shrine

in May. Ah, not at dawn nor sunset go, 'Long these embankments on

must never dare; Patter of hoofs, and church bells riously--

Enough the day light and its waters rare. -Rev, John Jos. Mallon.

Like The Penitent Thief.

Ave Maria. (Concluded.)

"The appeal?" he cried eagerly. "It's all over, then?" said Henry. "I am done for, I must and turned white. The terror of

"My brother my friend," said thief on the Cross."

not deceive myself. I know too only the creation of the imaginawell that if there is a God He tion itself. will surely condemn me."

Do you not remember me?

priest, and shook his head. "Do you not remember the water?"

Henry.

" My crimes are too great," "Oh, the mercy of God is far in both cases. greater! Our Lord has not thirsted on the Cross in vain for you. Father."

" You really believe all this?" a ed Henry.

heart." your hands. The memory you have recalled touches me. I was worth more then than I am now but as you take such an interest with the fear and anxiety conin me, a condemned criminal, and call me friend, I will not despair of invself."

The load of sin was removed, not sinful at all, or of mortal sin and celestial light poured in the where there is only venial sin. the purified soul. Real contrition The reasons given by a scrupufilled the culprit's heart. The lous person, when he can give wild, turbulent man became like any reason at all beyond the

a little child. "What graces He has given me! sufficient to establish the fact of Some years ago I heard His voice, sinfulness. It would be a great but I would not listen. One of mistake to think that the fear of we learned the words at school slightest deliberate sin. Nor is with the Brothers: a cup of cold water given in His Name shall not lose its reward. Oh, if I could live over again, how many cups of cold water would I give ! He was shot that night, and went to his doom calmly, even

"I die happy ; for I shall never more offend the good God." His companions pitied his fate, but the chaplain thought rather they should envy him.

Minard's Liniment relieves Co ds

Pains in the Back DIARRHOEA Tre symptoms of a weak, torpid or tagnant condition of the kidneys or iver, and are a warning it is extremely azzardous to neglect, so important it healthy action of these organs.

They are commonly attended by loss of energy, lack of courage, and sometimes by gloomy foreboding and dependency.

"I was taken ill with kieney trouble, and recame so weak I could scarcely get around. I took medicine without benefit, and finally decided to try Hood's Sarsaparilla. After the first bottle I felt so much better that I ontinued its use, and six bettles made menew woman. When my little girl was a taby, she could not keep anything on her omach, and we gave her Hood's Sarsapala which cured her." Mas. Thomas Ing. Wallaceburg, Ont.

Tood's Sarsaparilla Jures kidney and liver troubles, re-ieves the back, and builds up the whole system.

A Spiritual Malady

A scruple is so called from the Latin word scrupulus, a small sharp stone which, getting into a person's shoe, will cause distress and uneasiness in walking. So in the moral order a scruple gives rise to uneasiness of mind, hindering the soul in its journey heavenward. One who is habitually worried by scruples is said to be "scrupulous" person, or to have a "scrupulous conscience." It is the office of the conscience to form judgments as to what is right or wrong, good or sinful, in

This judgment requires the right use of the reason, applied, not to merely speculative matters, but to practical questions of action. Now, in the case of scrupulous persons, the intellect is darkened, perplexed, and rendie." And he began to shiver, dered incapable of judging rightly in such practical matters by some death had at last come upon him. false representation of evil where no evil exists. This false reprethe chaplain, holding him by the sentation exists in that wonderful hand, "offer God generously the faculty of man called imaginasacrifice of your life. Put your tion of which the physical organ confidence in Him who did not is the brain. The imagination refuse the prayer of the penitent has the power of bringing before us as real, and unless the judg-"I." said Henry,—" I—to ment of the intellect is called in hope! What have I ever done to to correct it, of imposing upon give me a right to hope? I do the mind as real, what is actually

When imagination obtains the "That God will save you," said power of influencing a man to Father Amedius. Look at me. such an extent that his intellect can no longer correct the false Henry, astonished, gazed at the impressions produced by that faculty, and is consequently led astray in its judgments, taking young officer dying with thirst the seeming for the actual, the in Africa, to whom you gave the false and imaginary for truth and reality, we have a state of mental "That was you?" gasped disease, which may, and not unfrequently does, develop into "It was I. You saved my live. downright madness. If this state Can I do nothing for you? I occurs with reference to matters am your friend,-your grateful of moral conduct, it is what friend. Will you refuse when I moralists and spiritual writers implore you in God's name to term scrupulosity. As a man

make good use of the brief time suffering from hallucinations sees that remains, and save your ghosts or hears voices, the really scrupulous man sees sin-ghosts, voices and sin being a delusion

Thus St. Alphonsus describes scrupulousness as a condition of He pleads your cause before His conscience in which one is in fluenced by trifling reasons; and, without any real cause, is often afraid that actions are sinful do indeed, with all my when they are really not so. A modern theologian defines "Very well I give myself into cruple as: "The groundless apprehension of sin where there is no sin; or of mortal sin where there is only venial sin; together

sequent upon such apprehension." The essence, then, of scrupulosity lies in the apprehension or Grace did its wonderous work. fear of sin in actions that are

mere notion that some particular "How good God is!" said he. action is sinful, are wholly in-

my comrades took me to a meet- sin in itself constitutes scrupulosing of soldiers conducted by ity. We can not have too great priests, who spoke to us of God a horror of all and every sin. and our souls. I grew weary and Scrupulosity is the vain, unwould never go again. I lost that reasonable, and groundless fear, chance of amendment; and yet that sin exists where it does not God was not weary of me; He Hence it would not be right to sent you, my father, by brother, describe as scrupulous one who my saviour. The word of God is has a delicate conscience, and is true, as you see. I remember how always anxious to avoid even the

A few years ago flying machines were hardly thought of, nor was joyfully. Just at the last moment | 300ff's Emulsion

TURNED TO

Lost 29 Pounds.

powel complaint. The pains in the powels are intense, the discharges occur bowels are intense, the discharges occur with great rapidity, and are very often accompanied by blood. It does not need to persist for any length of time until the whole system is weakened and debilitated, and hardly any other dis-ease so quickly undermines the strength and brings about a condition of pro-stration and utter collapse that often terminates fatally. minates fatally.

To check the unnatural discharge, without bringing on constipation, there is only one remedy to use, and this is Dr. Fowler's Extract of Wild Strawberry. Dr. Fowler's Extract of Wild Strawberry.

Mr. G. W. McVagh, Mawer, Sask., writes;—"About eight years ago I had a severe attack of diarrhoes which turned to dysentery before I got better. I might say I was sick for three weeks. I weighed 154 lbs, when I took sick and weighed 125 lbs. when I got it stopped. I think I had tried every medicine that was on the market and did not find relief until I tried Dr. Fowler's Extract of Wild Strawberry, and one bottle relieved me. I think there is nothing like it for diarrhoes or dysentery. I always keep some on hand as a person does not know when he will need it."

"Dr. Fowler's" has been on the market "Dr. Fowler's" has been on the market for the past 75 years. Don't experi-ment with some no-name-no-reputation compounds. They may be dangerous to your health.

Price 50c. a bottle. Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

that man scrupulous who is anxious about obligations which he knows he has not carried out or confessions which he knows to have been made without proper preparation; or who, having been ecently converted from a sinful ife, is anxious to make full amends, and to make sure that he has confessed everything fully Scrupulosity, moreover, is a state of mind more or less permanent recurrent, Therefore, ono who now and again has a scruple, though it be truly a scruple, is not to be described as a scru-

oulous person.

It is strange that some persons should think that scruples constitute a sort of privilege of the piritual life; should feel flattered any one suggests that they ere scrupulous, and look with a kind of reference upon really scrupulous people. Such folk an not have realized what scruples really are. By scrupuousness they generally mean anxiety not to commit any kind of wilful sin; care about prayer, and preparation for the Sacranents, and so on. Being themelves somewhat lax in reality egarding these things, they are onsoled if any one gives them eredit for carefulness they do ot really exhibit by gently reproaching them with entirely uppositious scruples.

Real scrupulosity on the conrary, is a spiritual disease, and a bad one at that. It does untold harm; it is nothing at all to be roud of. The most that theologians will allow is that God sometimes permits good people to be crupulous, for a short time, in rder to teach them, by bitter xperience, some necessary lesson. ong continued scruples, say auhoritative writers, are certainly not from God. Either they come from the Evil Que, or are due to the temperament, bodily or menal, of the sufferer. Sometimes wise medical man will be able to do more than any one else for their cure.

To be Continued.

W -H. O. Wilkinson Streetford says: - "It affords me much pleasuré to say that I experienced great relief from Muscular Rheumatism by using two boxes of Milburn's Rheumatic Pills. Price 25 cents a box.

I fell from a building and reeived what the doctor called a very bad sprained ankle, and told me I must not walk on it for three weeks. I got MINARD'S LINI-MENT and in six days I was out to work again. I thing it the best Liniment made.
ARCHIE E. LAUNDRY,

Greatly Troubled With Weak Heart.

Through one cause or another a large majority of the people are troubled nore or less, with some form of hear

trouble.

Mrs. James Blair, Maynooth, Ont, writes, under date of January 2nd, 1920:

"I feel it my duty to let you know how much benefit I have received through using your Milburn's Heart and Nervs Pills. I was greatly troubled with a weak heart, and I doctored with three different doctors, but as soon as I stopped their medicine I was as bad as ever. I purchased four boxes of your pills last spring, and I had not taken two of them before I bagan to feel better, and after using the four I have not been troubled since." een troubled since."

On the first sign of any weakness of the heart Milburn's Heart and Nerve Pilbaeart Milburn's Heart M

Canadian National Railways

DYSENTERY Boston, Quebec, Montreal, and All Western Points

"THE NATIONAL WAY."

DOUBLE DAILY SERVICE between Prince Edward tract for four years, six times per Island and the Mainland. Trains leaving Charlottetown at week, on the route, Summerside .00 a. m. and 1 40 p. m. connect with steamer leaving Rural Mail Route, No. 1 Borden at 9.30 a. m. and 5.05 p. m.

By morning train connection is made at Moncton with No. 13 train carrying through sleeper for Boston, via. St. John, and with No. 1 Ocean Limited for Quebec and of proposed Contract may be seen Montreal.

By afternoon train connection is made at Sackville be obtained at the Post Offices of with No. 3 Maritime Express for Quebec and Montreal. Summerside and St. Eleanor's, Connections at Quebec with Transcontinental Train for and at the office of the Post Office Winnings

For further information apply to

W. T. HUGGAN, W. K. ROGERS, City Ticket Agent. District Pass. Agent See that all Tickets read via Canadian National Railways.

Sizes 2 1-2 & 3

Postage 10c, Extra

We have about seventy pairs, all high-grade Boots, suitable for women and girls with small feet Post Office Inspector.

Sale Price \$1.98

Also a few Oxfords and Pumps. Sizes 21/2 and

\$1.98

Men's Rubbers, Sizes 9, 10 11, 75 Cents

Women's Rubbers. Sizes 21/2 to 75 Cents

ALLEY & CO.Ltd

135) 1 :: N ST., CHA RLOTTETOWN

CARTERS

Feed, Flour & Seed Store QUEEN STREET

WE SELL

FLOUR The Best Brands are :-

Robin Hood Victory Beaver Gold Medal

Queen City] PEED

Bran, Middlings, Shorts Cracked Oats, Oil Cake Feed Flour, Oats Bone Meal, Linseed Meal Calf Meal, Chick Feed Schumacker Feed, Hay Crushed Oats, Straw Rolled Oats, Cornmeai

Mount and WE BUY: OATS Black and White Oats

'Island Wheat' Barley, Buckwheat I Timothy Seed Flax Seed Early Potatoes

HAY We want 50 Carloads of good

BALED HAY. Also BALED STRAW We want Fifty Thousand Bushels of OATS. Write us for prices. State Oat Flour, Cracked Corn Poultry Supplies, &c. &c. quantity for sale.

Carter & Co., Ltd

WHOLESALE.

We have some good Herring in stock, by Pail, Dozen and Halt Barrel If you desire a Half Barrel mail us \$6.25 and add Fifty Cents extra, for freight if you de not receive your freight at a Booking Station. If Herring are not satisfactory return at once and your money will be refunded. Addss

CHARLOTTETOWN



SEALED TENDERS addresse to the Postmaster General, will be received at Ottawa until noon on Friday, the 13th August, 1920. for the conveyance of His Majesty's Maiis, on a proposed Confrom the Postmaster General's

and blank forms of Tender may

JOHN F. WHEAR,

Post Office Inspector. Post Office Inspector's Office, Ch'town, 2nd July, 1920 July 7, 1920—3i



Mail Contract

SEALED TENDERS addressed to the Postmaster General will be received at Ottawa until noon on Friday, the 6th August, 1920, for the conveyance of His Majesty's Wm. Aitken Mails, on a proposed contract for M. McManus four years, six times. per week W. F. Weeks each way, over Southport Rural David Reid Mail Route No. 1, from the Ramsay Auld Postmaster General's pleasure. Printed notices containing fur- Ramsay Auld ther information as to conditions J.A.E.McDonald Little Pond of proposed Contract may be seen and blank forms of Tender may be obtained at the Post Offic at Southport, and at the office of the

JOHN F. WHEAR, Post Office Inspector. Post Office Inspector's Office, Ch'town, Jane 21, 1920, June 30, 1920-3i

D. C. McLeod | W. K. Bentley, K.C.

McLEOD & BENTLEY Barristers. Attorneys and

Solicitors MONEYTO LOAN

Offices - Bank of Nova Scotia Chambers.

Charlottetown, P. E. Island

J. D. STEWART Barrister, Solicitor and

Notary Public.

OFFICE: NEWSON BLOCK

Charlottetown

Branch Office. Georgetown

Fire Insurance

Possibly from an over sight or want of thought vou have put off insuring, sor placing addr tional insurance to adequately protect yourse against loss by firois

ACT NOW. CALL UP

DEBLOIS BROS. Water Street, Phone 251

We have on hand quantity of

In Barrefa" Casks.

Men Demand The Best Chewing Tobacco

THAT'S WHY THEY ALWAYS ASK FOR

The Tobaceo That Never Disappoints Them ALWAYS OF GOOD QUALITY

& Nicholson Tobacce Co. LIMITED]

MANUFACTURERS.

CHARLOTTETOWN

Live Stock Breeders

List of Pure Bred Live Stock for Sale.

ADDRESS BREED AGE Geo. Anenar Montague Ayrshire bull calves (3 yrs,8 mos Lower Montague Ayrshire Bulls (3 yrs,6 mo New Haven (5 years) Fredericton (2 years) Victoria Cross (2 years) West Covehead " calf 6 Yorkshire Pigs Eldon (5 weeks

> Duror Jersey Boar (2 years) DEPARTMENT OF AGRICULTURE

Yorkshire Hog (2 years)

Catholic Mutual Benefit Association :: OF CANADA ::

West Covehead

An Exclusively Catholic and Canadian, Fraternal Insurance Company for Men and Women

Incorporated by Act of Dominion Parliament. Adequate Rates, Whole Life and Twenty and Thirty Years Assessment Policies.

Over Eight Million Dollars Paid to the Families of Deceased Members For further information address.

J. E. H. HOWISON,

April 14, 1920-1v

Grand Secretary,

Kingston, Ont.

For the information of our many patrons, in both town and country, we deem it necessary to announce that the Coal Business, successfully carried on in the past by the late Mr. Charles Lyons, will be continued by the Estate under the old firm name of C. Lyons & Co.

As we possess almost unlimited facilities for supplying the coal trade, and as we are desirous of extending our already large business, we respectfully invite the patronage of new customers; and if we succeeed in thus increasing our present connection, we guarantee that we shall be indefatigable in our endeavor to justify the confidence of

our new friends. We again thank our pations for their past generous patronage, and respecifully solicit a renewal

Queen Street Charlottetown, P.E.I.

Furs. Furs. Furs

-SHIP TO US DIRECT-

THE TOP MARKET PRICE PAID AND EQUITABLE GRADING MADE -No DELAYS AT ANY POINT-

We are registered with and recognized by the United States War Trade Board and all of the Collectors for Customs under licence P. B. F. 30, and you can send your furs to us direct by our tag or any tag, changed to suit, is marked "Furs of Canadian Origin," and your furs will come right through.

The rules and ethics of the exchange do not permit us sending out alluring price lists, yet we give you an exact and expert grading and pay you at a rate of five to twenty five cents more on the dollar than the average advertising fur company, as we cut out all middleman's profit in dealing

St. Louis Fur Exchange C.LYONS & Co. 6th & Chestnut St, St. Louis, Me, U.S.A.