

TORTURED BY RHEUMATISM

Sunday School Supt. Tells How "Fruit-a-lives" Relieved

Toronto, Ont., Oct. 1st, 1913.
"I have lived in this city for more than 12 years and am well known. I suffered from rheumatism, especially in my hands. I spent a lot of money without any good results. I have taken "Fruit-a-lives" for 18 months now and am pleased to tell you that I am well. All the enlargement has not left my hands, and perhaps never will, but the soreness is all gone and I can do any kind of work. I have gained 35 pounds in eighteen months."

E. A. WAUGH,
Box 6, for \$2.50, trial size 2c.
At all dealers or direct from Fruit-a-lives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

MOTTO.—For God and Home and Native Land.

BAJGE.—A knot of White Ribbon.

WATCHWORD.—Agitate, educate, or organize.

OFFICERS OF WOLFVILLE BRANCH.

President—Mrs. L. W. Sleep.
1st Vice President—Mrs. G. Bryant.
2nd Vice President—Mrs. J. D. Chamers.

3rd Vice President—Mrs. Geo. Fitch.
Recording Secy.—Mrs. W. Mitchell.
Cor. Secretary—Mrs. Geo. DeWitt.

Treasurer—Mrs. H. Pines.

REFUNDERS.

Peace and Arbitration.—Mrs. L. Reid.

Evangelistic.—Mrs. Geo. Bishop.

Temperance in Sabbath-schools.—Mrs. (Dr.) Brown.

Scientific Temperance in Schools.—Mrs. G. Cullen.

Lumbermen.—Mrs. J. Kempton.

Wilded Home.—Mrs. M. Freeman.

U. B. Bulletin.—Mrs. Langille.

Press Work.—Miss Margaret Barnes.

Parlor Meetings.—Mrs. J. Kaye.

L. T. L.—Mrs. Howe.

A Hundred Million.

A hundred million dollars is too much for the mind to grasp and yet it is what the people of Canada paid for intoxicating liquors in 1914.

A hundred million dollars would give every family, rich and poor, in Canada seventy dollars. Politicians have spent months of time and thousands of dollars squabbling over the expenditure of a little over a third of that sum to build a navy to defend our country. A hundred million! Why that would probably finance Canada's share in the great war. We talk about being hard up. Money is being borrowed in large sums to develop our resources and the national debt keeps piling up, and the money spent in drink would save all that and leave a balance to pay our debts.

And that immense sum is spent for what? Even a liquor liquor calls it "extravagance and a luxury."

But a hundred million is only one half of the cost of drink. Wise men who have made a study of finance tell us that every dollar spent in drink causes dollars worth of loss and waste and damage to life and property.

So the cost of the liquor traffic to Canada in 1914 was nearer two hundred million. This immense drain on the finances of the country accounts for a good many things that are hard to understand.

What does the country get from the expenditure of that immense sum of money and the degradation and ruin of thousands every year? The aggregate Dominion, Provincial and Municipal revenues from this traffic is less than twenty millions. That is to gain one dollar we spend ten and do untold damage to the people. No wonder Russia can finance this war without great distress to her people. The fact is that nearly every one is poorer than he would otherwise be.

TWO WOMEN SAVED FROM OPERATIONS

By Lydia E. Pinkham's Vegetable Compound—Their Own Stories Here Told.

Edmonton, Alberta, Can.—"I think it is no more than right for me to thank you for what your kind advice and Lydia E. Pinkham's Vegetable Compound have done for me."

"When I wrote to you some time ago I was a very sick woman suffering from female troubles. I had organic inflammation and could not stand or walk any distance. At last I was confined to my bed, and the doctor said I would have to go through an operation, but this I refused to do. A friend advised me to try Pinkham's Vegetable Compound, and now, after using three bottles of it, I feel like a new woman. I most heartily recommend your medicine to all women who suffer with female troubles. I have also taken Lydia E. Pinkham's Liver Pills, and think they are fine. I will never be without the medicine in the house."—Mrs. FRANK EMMERY, 202 Columbia Avenue, Edmonton, Alberta.

The Other Case.

Boston, Neb.—"Just after my marriage my left side began to pain me and the pain got so severe at times that I suffered terribly with it. I visited three doctors and each one wanted to operate on me but I would not consent to an operation. I heard of the good Lydia E. Pinkham's Vegetable Compound was doing for others and I used several bottles of it with the result that I haven't been bothered with my side since then. I am in good health and I have two little girls."—Mrs. E. C. CURTIS, Beatrice, Neb.

Milton's Latest Cure Diphtheria.

because of this traffic. I am quite satisfied that our taxes could be lowered from thirty to fifty per cent. if we were rid of this immense tax maker. I can give the names of a large number of towns and cities that have lowered their tax rate after prohibition. Kansas City saved three hundred thousand dollars a year by closing the drinking places.

The Red Cross Nurse.

The country lanes are stained with red. More scarlet than the fields of frost. And one leads from the kind of dead. Where raging battle lines are tossed. Above the screaming sharpshooter's aim. It flees the horror of the plain.

The fragrant bill of dusky green. Enfolded its path with pitying leaves. Compassionate the dim woods lean. As the pale moon her magic weaves.

Compassionate the gray church waits. A crypt of peace within her gates. Along the faintly echoing aisles. The stricken lie in silent lines; Caresingly a woman smiles.

Above them where the Red Cross shines. Sweet consolation's brimming bowl. She pours for every anguished soul.

That English lad with sunny hair. See how she soothes him into sleep. And then she crosses a German air. To a brave Uhlan wounded deep.

The Breton's brow she softly lava. While, flaming, he of battle raves. And so the long night passes on. The fluttering candles flare and die. As dawn comes, sombre-eyed and wan.

The booming cannon rend the sky. Yet calmly white above the curse. Moves tenderly the Red Cross Nurse. The Christ, it has been said, appear. To men whose need is sore for them. Behold, the Crimson Cross that cheer. The sick below the altar dim. Dawn brightens last and Terror hides. For here the Lord of Peace abides.

—Leslies.

Pat was strolling about one day with an Englishman when they met a poor looking beggar woman.

"Pat," said the Englishman, "I will give you a penny for every penny you give her."

"Right," said Pat, and he gave her one penny.

When the Englishman had given out his share, "Pat," said he, "which of us was the biggest?"

"It was you," said Pat.

"No," said the Englishman, "it was you, for you've got 'em all."

"But," said Pat, "she was my mother."

A darky preacher was lost in the happy selection of his text, which he repeated in vigorous accents of pleading. "Oh, brethren, at de las 'day here's gwine to be sleep and dere's gwine to be go to de rest. Who's gwine to be sleep, an' who's gwine to be de goats? Let a tall try to be de de goat's white lamb! Now, shall we be de goats sisters? Shall we gwine to be de sheep, brethen, an' who's gwine to be de goats? Take care ob youh souls, sisters, tak' care ob youh souls. Remember, dere's gwine to be de sheep, an' who's gwine to be de goats?"

Just then a solitary Irishman, who had been sitting in the back of the church, listening attentively, rose and said: "O'll be the goat. Go on; tell us the joke, elder. O'll be the goat."

Children Cry FOR FLETCHER'S CASTORIA

A farmer worked his harvest hands from 9 o'clock in the morning until 9 o'clock at night. A man looking for work hollered to a hand over the big wheat field, asking him if he could get a job. He was advised to ask at the house.

"How do you get there?" asked the applicant.

"You go down this field," said the haggard laborer, "turn down the road to the barn, turn to the left and follow the lane."

"What color is the house painted?" asked the applicant, doubtfully.

"I don't know," said the harvest hand, "I ain't never seen it in daylight."

Wolfville Druggist Pleases Customers.

Wolfville reports customers greatly pleased with the QUICK action of simple buckthorn bark, glycerine, etc., as mixed in Adler's-ka. This simple remedy drains the old, foul matter from the bowels so THOROUGH that ONE SPOONFUL relieves almost ANY CASE of constipation, sour or gassy stomach. It is so powerful that it is used successfully in appendicitis. Adler's never grips and the INSTANT action is surprising.

Harlan, Ky., recently received its first visit from an automobile. Besides being the first automobile seen in that section of the state, it was also the first seen anywhere by many of the inhabitants, and its advent created almost as much excitement as a circus.

An explosive bomb of greater power than anything hitherto used in the war is being investigated by the greatest scientists in France. If it is found practicable it will be invaluable to the Allies.

OLDER BUT STRONGER

To be healthy at seventy, prepare at forty, is sound advice, because in the strength of middle life we too often forget that neglected colds, or careless treatment of slight aches and pains, simply undermine strength and bring chronic weakness for later years.

To be stronger when older, keep your blood pure and rich and active with the strength-building and blood-nourishing properties of Scott's Emulsion which is a food, a tonic and a medicine to keep your blood rich, alleviate rheumatism and avoid sickness. At any drug store.

Scott & Bowne, Toronto, Ont.

Will of the Mrs. Parker, Dartmouth.

The will of the late Fanny Holmes Parker, widow of the Hon. David McN. Parker, A. D. Dartmouth, makes the following bequests:

Methodist church, Dartmouth \$200
Superintendents of the Nova Scotia Methodist Conference Home Mission Work of the Conference 300
Foreign Mission Work of the Conference 300
Miss Dena Johnson of Sydney, C. B. 100
The Children's Hospital, Halifax 300

The eleven grandchildren of the testatrix, each 1100
The residue of the estate is left to her children in equal shares.

The executors of the will are W. F. Parker, M. C. Grant and Miss Fanny A. Parker.

The value of the estate has not yet been appraised.

Paralyzed Limbs.

Today it is sleeplessness, headaches, digestive troubles and irritability. Next thing you know some form of paralysis has developed. Mr. Alex. H. Inougar, 19 Moore street, St. Catharines, Ontario, writes: "Nervous trouble developed into paralysis of the limbs so that I became helpless. Doctors failed me, but after using ten boxes of Dr. Chase's Nerve Food, I resumed work, and now tell better than I did for 20 years."

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The eloquent lady met the great lecturer the next morning and at once rushed into the subject. So sorry not to have heard your lecture last night, I know I missed a treat; everybody says it was splendid.

"I wonder how they found out, who you know," said the lecturer.

"I am a self made man," said Mr. Curroo.

"Didn't your wife have something to do with your career?"

"She used to say so, but after she saw how I behaved in society she refused to take any of the blame."

Faith in God as a supreme principle means that all is well with the world. Faith in God as a Father means that even the hard things that come to us may be the alchemy of faith be made a blessing.

The would be funny man at the st. frigate meeting interpreted one of the speakers by calling out loudly:

"Wouldn't you like to be a man?"

"Yes," she retorted instantly, "wouldn't you?"

The Japanese Government had just deposited 5,000 silver bottles in the South Africa in an effort to see how far they will be carried by the ocean currents, and offers \$5 for the recovery of each bottle.

The mother of nine healthy children said to her maid yesterday: "Well, the holidays are here."

The man crossing himself devoutly, answered, "Yes, God help us all."

A little fresh air child watched with round eyes the cattle enjoying the cud. "Say, Mister," she asked the farmer, "do you have to buy gum for all them cows to chew?"

Doing His Bit.

I can vouch for the truth of the following stories, writes a Windermere correspondent. They show that some of us in the Lake District do not yet realize the seriousness of the war. At Ulverston, the other day, a farmer watching some recruits drilling was heard to say: "They'd look a deal better wif pitchforks 'n' their hands!" And at the recent hiring fair at Cockermouth—some soldiers in khaki were sent to the market place to stimulate recruiting. One of them tackled a farmer notorious for having five sons. If of military age, at home—"We want one of your sons!" "Nay, I can't spare any, I tell ye, and I'm doing my bit, too!" "What are you doing?" "I'm giving 'wages a week for wounded!"—Manchester Guardian.

A certain millionaire did not approve of foreign missions. One Sunday at church, when the collection was being taken up for these missions, the collector approached the millionaire and held out the collection box. The millionaire shook his head.

"I never give to missions," he whispered.

"Then take something out of the box, sir," whispered the collector. "The money is for the heathen."

In 1865 a German predicted that he would be a victim of a war that would take place in 1906. The war occurred, but did not affect him. One day forty-two years later he was laughing at his old time prophecy and boasted of his good health. In his happy mood he bought an old cottage from a friend and straightway went to inspect it. In the garden there was a quantity of old iron and among it a shell dating from 1866. He picked it up and was examining it when it exploded, and he was killed on the spot. The prophecy had come true.

It is said that the Supreme Court of Kansas has refused to sanction divorce between a man and his wife because they could not agree about religion. The court coupled with its refusal the axiomatic advice that the couple would have no trouble living together harmoniously and happily if they would practice their religion in peace and talk about it less.

A Sunday School teacher had been telling her class of little boys about crowns of glory and heavenly rewards for good people.

"Now, tell me," she said, at the close of the lesson, "who will get the biggest crown?"

There was silence for a minute or two, then a bright little chap piped out: "Him wot's got 't biggest 'ead."

A man advertised recently in a London paper to forward on receipt of postage stamps "sound practical advice" that would be applicable at any time and to all persons and conditions of life.

On receipt of stamps he sent his numerous victims the following:

"Never give a boy a penny to hold your shadow while you climb a tree to look into the middle of next week."

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Never hear more than one kind of trifling at a time. Some people have three—all they have now, all they ever had, and all they expect to have.

Teacher—"If a second ball travels 284-1/2 feet in a batted ball, how far will it go in 31 seconds?"

Boy—"It depends on the outfielders, ma'am."

Woman—"Was ye daft when the plate was run?"

Whist, Donald, it was a bad shell!"

DOMINION ATLANTIC RY

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