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Preserved PEARS

are Economical



because they retain so much of the refreshing quality of the raw fruit. Owing to the absence of sharp acid, they can be preserved in light syrup with excellent results.

Pears are good and may be abundant this year, and the ten-pound sack of Lantic Sugarwill preserve a fine supply.

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Get the benefit of its purity, "FINE" granulation and high sweetening power.

2 and 5-pound cartons 10, 20 and 100-lb. sacks



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Have you seen the "Lantic Library"?

Three new Cook Books on Preserving, Cakes and Candies, and Desserts. Sent free for a Red Ball Trade-mark cut from sack or from top panel of a Lantic carton. WHITE FOR IT TODAY

ATLANTIC SUGAR REFINERIES

Power Building, Montreal 180

CHALLENGE
CHALLENGE
Prepared by the Educational Department of the Food Controller's Office for The Advertiser the Educational Departof the Food Controller's Office
for The Advertiser

Canadian owes it to the Empire,

the United States to conserve needed

castly aroused to the point of sacrifice
as they used to be. But do we realize
that despite the best efforts that can
be exerted by the people of Canada and
the United States to conserve needed

is Fathering the Scheme

twelve months will require no less than 577 000 000 bushels of wheat, even with the exercise of most rigorous economy in its consumption. Canada and the United States have a wheat deficit of 400,000,000 bushels in the amount required from North America for the Albert and for European Regulary.

quired from North America for the Alhes and for European neutrals.

The responsibility of cusuring the
food supply of Great Britain and our
Ailies rests peculiarily upon Canada and
the United States. Because of the shortage of ships only a small part of the
grain required can be carried from Australia and other more distant countries.

Three trips from Canadian or American
Attantic ports can be made in the time Atlantic ports can be made in the time required for one round trip between Australia. The shipping cannot be div-erted if the Allies are to be fed. Here erted if the Allies are to be fed. Here then is the signation; The people of North Americ must share their food supplies with the armies and the civilian population of the allies. Moreover, such supplies must be spared for export in the form which is most suitable for transportation across the ocean. The greatest need is for wheat, beef and bacon. We must saye these foods by substituting perishable products in season and other foods which are not required for export.

substituting perishable products in season and other foods which are not required for export.

It is not enough to say that the normal consumption in Canada of wheat must be reduced by at feast one-quarter and that of beef and bacon by one third. The responsibility must be impressed upon every man, woman and child in the Dominion. It is not alone the duty of the people of the cities. It is a moral obligation upon you and upon every citizen of Kentville and upon the whole people of the Dominion without excepy you not make a small sear-file for them tion. If you cannot fight you can at least help to feed the fighting mea. The not cat unimed or corn muffus one people of Belgian surfered for you; will France has she its life blood; will you doy in three or four instead of wheat breakfast food or white reals, in order that the people of Brilain may not hunger? Will you not forego pastry occasionally in order that the people of Brilain may not hunger? Will you not forego pastry occasionally in order that the people of Brilain may not hunger? Will you not forego pastry occasionally in order that the people of Brilain may not hunger? Will you not forego pastry occasionally in order that the people of Brilain may not hunger? Will you save one pound of flour every week? That is the real challenge of food control to you. Rememb e, if needed food supplies are to be a saved, every individual Canadian challenge of food control to you. Rememb e, if needed food supplies are to be a saved, every individual Canadian challenge of food control to you. Rememb e, if needed food supplies are to be a saved, every individual Canadian challenge of food control to you.

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Rememb e, if needed food supplie Rememb r, if needed food supplies are to be saved, every individual Canadian must see to it that he eats less beef.

CANADA'S FIRST MODEL TOWN
IS MAPPED OUT

Every Canadian owes it to the Empire, to Canada and to himself to understand the essential facts of the food situation He should know what the problems are and what efforts are being made to solve them. Food control under present conditions, is an attempt to organize the food resources of this Country so as to aid most effectively in the conduct of the war. And for the organization of such food resources public opinion must be educated to the facts and then to a personal application of those facts in the life of the individual.

We have been told that the world food situation is grave and we dismiss the street was first prepared and the street were then laid out accommodation of whose employees the town is intended. We have been told that the world food situation is grave and we dismiss the large sulphite mill and paper plant nearby and for the accommodation of whose employees the town is intended.

A centour map showing the levels of the site was first prepared and the atrects were then haid ont so sit oscure casy grades, directions of route, and absence of sudden deflections if the usual method of rectangular survey had been adopted, the most important streets would have had grades of from 10 to 18 per cent, but, under the plan, the maximum grades have been graduced to 3 and 5 per cent in most rases, with a maximum of 8 for short

Before any building have been ected the line of each street has been blazed through the forest so as to fix the best street locations and to

West Areas are being set aside. fo proach to the town will be by a street. 80 feet wide, passing through a square on which the stores and public build-

ings will be erected. z

It is proposed to make the town a model of its kind, as it is recognized by the promoters that healthy and agreeable housing and social conditions are of vital importance is secur efficiency of the workers, and that large employeres of labour have a direct responsibility in providing pro-per living conditions for their workers.

Our Booklet Explains

why Kootenay Ranges stay good as new, long after other ranges have worn out; how the ashestos joints prevent leakage of air or drafts; how the aluminized flues prevent rust; and why they require less fuel than other ranges. Ask our dealer or write for booklet.

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For sale by W. W. FOOLS WOLL

TAKE WAR LOAN

Boston, Oct. 8-The fund for disabled clergymen of the Episcopal Church, which was collected under the direction of Bishop Lawrence of this diocese now amounts to \$8 712 000. It was intended to raise only \$5 000 000 New York city Episcopalian raised \$2,131,592 and Massachusetts \$741,123

The enqual meeting of the Red Cross bey the Properous and Public Opinion held Sept. (28 in showed how large had been the work of the year. The energetic president, Mrs. W. H. Chase, gave



i Wanjiggi il Are YOU Missing Something that Millions Enjoy?

Why do you suppose the majority of men on this continent who can afford the money for shaving satisfaction, are using the Gillette Safety Razor?

Why is the Gillette a treasured item of equipment in the kit of practically every officer and of tens of thousands of men in the Canadian Overseas Forces?

Only one reason could possibly hold good with so many level-headed men. It's this—the Gillette gives a shave, day in and day out, that no other razor in the world has ever equalled—and does it world has ever equalled—and does it handily in five minutes or less. That is why over a million more men everywhere are adopting the Gillette every year.

YOU would appreciate this as much as any other man! The saving of time—the independence of barber shops—the resulting economy—and above all the matchless comfort of the clean, quick Gillette shave—these are real, personal advantages which you must not longer miss.

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