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## Sunshine

The Grain Growers' Sunshine Guild

HOW YOU CAN HELP EACH OTHER AND HELP ME

But first of all before I go a step farther I want to answer a question that has been asked me several times, as to whether or not I am a woman Indeed, I am and not only a woman but a woman's woman. I can't deny that my parents did give me a masculine name, but that does not alter the fact that I am a woman and very deeply interested in everything that concerns my sex. I think you must feel that or you wouldn't write me the nice letters

But to return to the text. Several readers have sent me in word that they readers have sent me in word that they are sending clothing in here. Please don't. I would much rather, if you don't mind, that you would get the address from me of someone who needs clothing and send it direct. Will you do this? It will save paying double express and insure the parcel reaching its destination in the shortest possible time.

#### THE COUNTRY WOMAN'S EX-CHANGE

Some time ago "Worker" wrote that she wanted work in the West, and I sent her a great pile of letters. Then "Kew Gardens" wanted a man to help on the farm and we had a great many applications. It was a pleasure to do applications. It was a pleasure to do
this for our subscribers, but now that
winter is coming we will have so many
letters ahead that we can't promise to
publish the letters perhaps for weeks
after they are received. So we have
been thinking of starting the Country
Woman's Exchange, where our readers
can make an announcement of anything
they have to sell or air their wants. they have to sell or air their What do you think of it, sisters of mine? Would you like to have a department of this kind? Please write and tell me exactly what you think of the idea and whether or not you think it would be of use to you.

#### THE OTHER SIDE OF THE QUESTION

Dear Sunshine:-I have been for years an interested reader of and subscriber to The Grain Growers' Guide and especially of the women's pages. But I have never yet written to help fill your W.P.B.

Taking up your issue of August 28, I was struck by the very sensible letter of Aida in reply to Lorna Doone, so

I was struck by the very sensible letter of Aida, in reply to Lorna Doone, so I venture to write my poor opinion. Dear Sunshine: how many of us women really try to help these poor fallen sisters of ours? I have known women to insult and despise a helpless girl that has been dragged down by their own sons or brothers. How many times are we to blame if girls once led astray fall still lower? The women calling themselves by the sacred name of Christians are often more ready to gossip about a poor fallen woman than the women of the underworld.

How can a girl rise if not by the help

How can a girl rise if not by the help of others? God has made His children His humble instruments to help the fallen. If an employer throws mud and fallen. If an employer throws mud and soils a girl's name, thereby shutting all avenues of honest toil, what can a girl do? Where can she go? I have had twelve girls at once and, thank God, I never had a bad one. I have had girls from homes and girls that I knew had once been led astray. But I always found some good in all and I know that such girls will rise above their weakness and make good wives and mothers, if and make good wives and mothers, if they are given an honest helping hand. I have never made a practice of gossiping about my help and therefore have had no trouble with them, many of whom have made excellent marriages from a worldly point of view. Many mistresses think a little lighthearted fun is sin if it is the hired girl that enjoys it. They want one as stupid as a mule and capable of bearing a mule's burden.

I am thinking that Lorna Doone has been so sheltered all her life that she doesn't know the temptations a pretty working girl has to face. There are lots of virtuous women that think these girls beneath them, when, at the same time,

if they were thrown on their own resources, they would probably listen to the voice

they would probably listen to the voice of some temptor who used the sacred name of love only to ensnare and betray. I have been for fifteen years a nurse and have been thrown in all kinds of company and I have heard with sorrow many stories of these poor sisters of ours. Many have said that only for the careless gossip of their employers they would not be forced to sin or starve. In a large hospital one sees human nature in many different guises and I think it either purifies a woman or hardens her.

in many different guises and I think it either purifies a woman or hardens her. Pardon my long letter, dear Sunshine, but I feel very strongly on the subject.

Don't you think we should keep our domestic troubles out of the Sunshine page and send only the bright and cheerful things? Lorna Doone's letter will neither help her work nor help the poor victim of her pen to rise above her present state. Write again, Aida, such letters as yours help all true women.

Hoping I have not filled the W.P.B. I will sign myself

LILY OF THE WEST.

When I was a little girl my father taught me how to walk about in the dark without danger of running into the edge of a door. I was to carry my arm in front of my forehead a few inches before it, then there would be no danger of bumping my head,



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