

# CRUNCHES THE COMPETITION!

**Nobody will touch us!**

OFFERING YOU Products to get that extra edge in your spring shape-up LET'S GET LEAN & MEAN



*Check out our prices!*

*Drop by and talk to our trained sales staff with fitness backgrounds*

*Meter parking at the back*

## 40% OFF SELECTIVE ACTIVEWEAR

### SPECIAL SUPPLEMENTS

- full line of performance enhancing supplements
- names such as Northern Lights, Twin Lab and Nature's Best
- very competitive prices
- vitamins, herbs & extracts, protein drinks, energy drinks, etc.

**CARBO POWER** **\$1.59**  
juice yourself up with an energy drink packed with complex carbs

### ACCESSORIES & EQUIPMENT

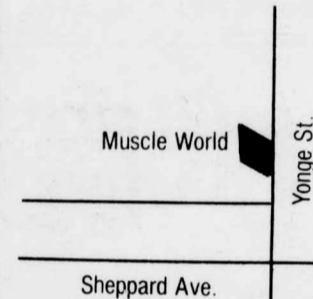
- accessories for body building & fitness
- belts, gloves, wrist & knee wraps, straps and more
- exercise & active wear clothing
- full line of in-house exercise equipment
- rowers, stair climbers, weight benches, etc.

Special on Muscle Tech rowing resistance ergometers  
**ONLY \$499.99**  
**SUPER SPECIAL 60¢/lb**  
Olympic & Regular Cast Plates

**OPEN:**

Mon-Wed 10:00AM-6:00PM  
Thurs, Fri 10:00AM-9:00PM  
Sat 10:00AM-5:00PM

**THE BIG SIZE 1 KG JAR PROTEIN DRINK** **\$16**  
(chocolate or vanilla)



**4858 YONGE STREET**  
(Just north of Sheppard on the west side)

**733-9939**

## MONDAY NIGHT FEATURE

# COLLEGE/UNIVERSITY NIGHT

**8:00 PM - 1:00 AM**

**HOWIE O'S  
SPORTS  
BAR**



**33 SAMOR ROAD**

Located 2 blocks north of Lawrence,  
west of Dufferin

For more information, call S-T-R-I-K-E-D (787-4533)

**Student  
ID Card  
Must Be  
Presented**