PERFECT HEALTH



assured by our New Ingrowed Thermal Vape
Bath Calmest (recently
patented). It opens the
several million pores &
sweats out all poison.
Ous matter. Keep the
body astochaty clean
vigorous and health
without modicine. Immediate relief guaranteed in the worst forms

mediate relief guaranteed in the worst forms of Rhemitian, Noural-gis, La Gripp, Gunt, Lasomais, Norre and Kid, Lasomais, Laso

Invaluable for the successful treatment of Catarrh, Asthma and Hay Fever. Phos \$1.50 extra.

FREE Descriptive book and testimonials to all who write.

References, Toledo Savings Bank & Trust Co., mercantile agencies, or any firm in Toledo.

Special Inducements to Agents MOLLENKOPP & McCREERY 128 Summit St., Tolodo, O

Answers to Correspondents. (Concluded.)

READER:—Delsarte, the popular promoter of a system of expression, says: "There are almost as many walks as there are indiatmost as many wants as there are mul-viduals. It is temperamental, as much an indicator of the habits, character and emotions as the voice." He also says: "The perfect walk must be straight, each step a foot apart (your own foot, not the ordinary foot measure). Bobbing up and down, pitching, rolling, strutting, must be avoided as gymnastic crimes. The great work of the movement falls to the lot of the work of the movement falls to the lot of the thigh, the vital division of the leg. This is the strongest portion of the frome." The foot should be lifted but slightly, and although in its natural state, it "is fashioned to grasp the ground," yet when clothed in the coverings invented by men, the heel must perforce first touch the earth; but let it he as lightly as possible, since but let it be as lightly as possible, since heavily striking the heel in walking is not only detrimental to health from the succession of shocks given the system and brain, but is considered a noisy vulgarity, and is, as well, productive of extreme ungracefulness. A flexibility at the waist-line is also ness. A flexibility at the waist-inne is also one of the necessities of a graceful carriage, and these muscles should be regularly exeroised by forward, backward and rotary bendings, in order to make them subject to the will of the walker, and to render the swaying movements of the body harmonious with the action of the lower limbs.

PROSPECTIVE :- The etiquette for day and evening weddings varies but little, and the chief differences are those which effect the style of dress. A bride is privileged to wear full evening dress to her wedding, even though it takes place at ten in the morning; but the groom, best man, ushers and all the guests at a day wedding wear morning dress. The latter consists of a frock coat and waistcoat of provailing style, lighter trousers, a stiff hat and light or white scarf, with gloves which may be of any shade suited to street wear but not of evening tint. The wearing of gloves is recommended by enquette, but individual opinions and the obvious etiquette of dress on this point are often overruled by personal preferences. The rule and the exceptions are stated when it is said that gloves are a part of morning dress for gentle men, and also when it is added that many gentlemen, bridegrooms included, go un-gloved to morning weddings. For groom and best man gloves should be of pearl color with some colored stitching; but with back stitching for ushers.

On this Page is illustrated a selection of

GAPS, HATS, HOODS and BONNETS.

which our patrons will no doubt be pleased to inspect.

The Patterns can be had from either Ourselves or gents for the Sale of our Goods. In ordering, lease specify the Numbers and Sizes or Ages desired. Address:

> The Delineator Publishing Co. OF TORONTO (Limited),

> 33 Richmond St. W., Toronto, Ont.





1558 Ladies' Hoods (For Capes, Clouks, Wraps, etc.): 3 sizes. Small. medium and large. Price, 5d. or 10 cents.



















to 23% inches. Little Girls' Bonnet. 4 sizes. Price, 5d. or 10 Ages, 1 to 7 years. Price, 5d. cents. or 10 cents.













Little Girls' Poke Bonnet: Little Girls' Bonnet: 3 C 4'sizes. Ages, 2 to 8 years. Price, 5d. or 10 cents. Price, 5d. or 10 cents.









Cap, with Square Crown: 7 sizes. Cap sizes. 6 to 634; or head measures, 1934 to 2134 inches. Price, 5d. or 10 cents.



1848 Infants' Infanta' Cap. One size: Cap. One size: Price, 5d. or 10 cents. Price, 5d. or 10 cents

Little Boys' French Hat, 'Known as the Bonaparto Chapeau): 4 sizes, Ages, 1 to 4 years. Price 5d. or 10 cents.

CONTROL OF THE PROPERTY OF THE DON'T HAVE TO.

To dress well one don't have to buy a new suit of clothes or a new mantle every season. Let us look over your last season's suit or coat. We will likely be able to dye or clean it and make it spic and span again. And the cost is very little.

R. PARKER & CO., Duers and Cleaners.

HEAD OFFICE AND WORKE:
787-791 Yongo St., TORONTO. BRANCHES—59 King St. West, 201 Yongo St., 471 Queen St. West, 1267 Queen St. West, 277 Queen St. East, PHONEN—3037, 3640, 2143, 1004, 5098.

g000000 000000 000000 000000 000000 g

THE AMERICAN Corset and Dress Reform Co. 316 Yonge St., Toronto.



Sole Manufacturers of JENNESS MILLER and **EQUIPOISE WAISTS** Puritan Shoulder Braces Abdominal Supporters and FINE CORSETS

MADE TO ORDER See our Special Cyclists' Waists and Corsets.



Machines delivered for trial. Sold on instalments.

THE SINGER MANUFACTURING CO. OFFICES IN EVERY CITY.