

A MARTYR TO HAY FEVER

"Fruit-a-lives" Cured After 15
Years' Suffering

Cornwall Centre, Ont.,
November 27th, 1911.
"I was a martyr to Hay Fever for
probably fifteen years and I suffered terribly
at times. I consulted many physicians and
took their treatment, and I tried every
remedy I heard of as being good for Hay
Fever, but nothing helped me."
Then I heard of "Fruit-a-lives" and de-
cided to try them, and I am thankful to
say that this remedy cured me comple-
tely.

To every sufferer from Hay Fever, I wish
to say—"Try Fruit-a-lives." This medi-
cine cured me when every other treatment
failed, and I believe it is a perfect cure
for this dreadful disease—Hay Fever."
MRS. HENRY KEMP.
The real cause of Hay Fever is poison-
ed blood, due to the faulty action of the
bowels, kidneys and skin.
"Fruit-a-lives" cleans the blood by re-
gulating bowels, kidneys and skin—and
thus relieves the excessive strain on the
nervous system. Try "Fruit-a-lives."
50c. a box, 6 for \$2.50, trial size 25c.
At all dealers or sent on receipt of price
by Fruit-a-lives Limited, Ottawa.

BIG LIQUOR SEIZURE IN CALAIS

Calais, June 26.—Sheriff S. E. Woodman
and Deputy Sheriff John E. Black of
Woodland, and Silas B. Kelsey of Calais
made an unexpected call at the Washing-
ton cafe in Depot street and seized a
quantity of intoxicating liquors. The lot
contained thirty-two half pints of whiskey,
twenty-nine pints of the same liquid in
original packages and twenty-four quarts,
likewise 1,029 bottles of beer, four quarts
brandy, three gallons of whiskey in a jug,
a one gallon jug containing port wine,
a one gallon jug of whiskey, one-half pint
of gin, one bottle containing a pint of
whiskey and one pint of alcohol.
The confiscated liquors were placed in
the city building for safe keeping and will
be disposed of in accordance with the re-
quirements of the law. The raid was the
surprise of the day and furnished the one
topic of conversation, as Calais was gener-
ally considered to be the driest burgh in
the county.

SUNBURN BLISTERS SORE FEET.

Everybody now admits
Zam-Buk has the best
Let it give you ease
and comfort.
Dropper and Shave applicator
Zam-Buk

PLAYGROUNDS APPEAR AS IF BY MAGIC

Fair Gardens Conjured Out Of
Rubbish Heaps In
Dublin

A NOTABLE MOVEMENT

St. Monica's Playgrounds Opened
by Lord Lieutenant and Lady
Aberdeen—The Work in Other
Parts of Old County—Opportunity for Boy Scouts

(By Doctor Elizabeth Sloan Chesser)

There is something significant in the in-
creasing interest which all sorts and con-
ditions of women are taking in public
questions. Behind the unrest, the clamor,
the agitation of these troublesome times
splendid work is being done in a wonder-
fully systematic way. Time was when
nobody expected women to be methodical,
efficient, enterprising, outside of the home
sphere at least. Their very responsibility
was popularly supposed to be their
greatest charm. Most people imagined that
"good works" and frumpiness went
together.

But it is beginning to dawn upon peo-
ple that woman is more complex than
even the poets imagined, and the modern
woman is nothing if not versatile. She
combines domestic and social success, pub-
lic work and intellectual achievements
with apparent ease. Above all she is gen-
uinely keen on social welfare work.
There is stirring among us a new spirit
which is something in the nature of a
feminine public conscience. The idea that
every woman should contribute some lit-
tle bit of public work for the welfare of
the community is gaining ground, and in
all classes we have women coming for-
ward, asking what they can do to help.

Well, they have a great opportunity in
the new movement for providing garden
playgrounds in the dirtiest and most
crowded quarters of our great cities. In
most towns there are waste spaces, ne-
glected sites, littered with rubbish, com-
posing a medley of tin cans, cabbage stalks,
bricks and paper, which, by the enterprise
of one or two women, could be converted
into garden plots and playgrounds for
the children.

A Lawn From Rubbish Heap

A little while ago in the dirtiest, al-
most, and most sordid part of Dublin
city, St. Monica's Garden Playground was
opened by the Lord Lieutenant of Ire-
land and Lady Aberdeen. On the site of
a huge rubbish heap there is now a gar-
den. There is a lawn where ragged, hun-
gry, and perhaps rather dirty children
play in absolute content for hours at a
time. There is a sandpit where the babies



tumble over each other and build castles
as big as themselves. There are plots and
borders calculated to rouse the spirit of
gardening and competition in every child
who sees them.
And only a few months ago this garden
playground was a gigantic refuse heap, a
place where every housewife in the vicin-
ity tipped her rubbish, jeopardizing the
health of the whole of the neighborhood in
consequence.

What Lady Aberdeen can accomplish in
Dublin other women can do in every town
in the United Kingdom. It is work which
the municipal authorities might undertake,
it is true, but it is woman's work primar-
ily and fundamentally. I would put a wo-
man on every town council in the United
Kingdom, not that they are cleverer, more
able, than men town councillors would be
—but simply because they are born with
a spring-cleaning instinct, which is invalu-
able in inciting public bodies to housing
reform and street reform. A woman mun-
cipality would fall upon slum properties

CURED OF PILES AFTER 20 YEARS

Many people have got the impression
that piles can only be cured by a surgical
operation, with all the attendant suffer-
ing, risk and expense. There is an easier
way: by using Dr. Chase's Ointment. No
risk, no danger and little expense is at-
tached to this treatment, and results are
highly satisfactory.

Mr. John M. Bates, gardener, St. Lau-
rent, Que., writes: "I had piles for twenty
years, and tried all kinds of ointments
and medicines, but they did me no good.
I was getting worse and suffering more
from the dreadful itching all the time. I
used three boxes of Dr. Chase's Ointment,
and today I am perfectly cured. There
has not been a sign of the old trouble for
six months, and it leaves me in perfect
health today, whereas I was in agony for
nearly twenty years. I can highly recom-
mend Dr. Chase's Ointment as a positive
cure for piles."

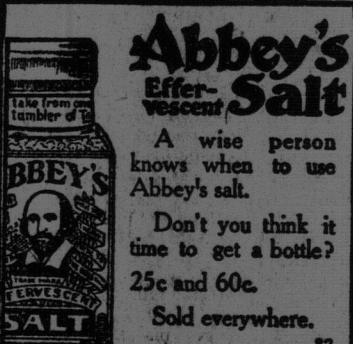
and derelict spaces with acidity and spring-
clean them out of all recognition.
They would understand the boon to the
poor mothers of an outdoor nursery in
bits of social welfare work which women
could undertake would be to extend the
present tentative and experimental. Can-
tee be formed for voluntary service under
the approval and support of educational
authorities?
American women have realized the value
of this work. The saying is that "the boy
without a playground is the father of the
man without a job." Public spirited wo-
men are organizing Children's Playgrounds
and Children's Civic Leagues all over Am-
erica, with the result that juvenile theft
and juvenile crime have been enormously
reduced. Give boys and girls occupation
Teach them to play. Make them happy
and interested, and they have no time
and no desire to get into mischief.

What Scouts Might Do

There are many women who are vaguely
interested in public work and who have
the leisure and inclination to take it up.
Let them find scope in this direction. Such
Garden Playgrounds as have been formed
are the greatest success in London. In Ed-
inburgh a committee has been working for
three years, and nine different gardens
have been made for the children.

The work can truly be called preventive
because of its far-reaching influence on
health and hygiene, on the diminution of
juvenile crime, and the educational advan-
tages to the children. In Ireland the wo-
men must get the credit of inaugurating
the Garden Playground scheme, because it
was started by the Central Branch of the
Women's National Health Association, and
Lady Aberdeen organized the work in a
very comprehensive way. Last summer a
survey was made of all the slum areas in
Dublin, and a report was drawn up re-
garding the derelict sites. The services of
two trained women gardeners—Miss God-
deys and Miss Tuke—were engaged to
convert, by careful planning and utilizing
of available space, these waste spaces into
centres of beauty and happiness for the
children.

Let the same thing be done elsewhere.
It means only the formation of a com-
mittee in any town. There are plenty of
voluntary helpers, but they have to be
organized. The Boy Scouts and the Girl
Guides can be utilized. In Edinburgh
a Boy Scout patrol made an entire garden
under their scoutmaster, and the Girl
Guides would be invaluable for organizing
games and entertainments. And one of
the great advantages of this work is that
it brings them in touch with social wel-
fare work. It brings them in touch with
the poor, and in many cases that is all
that is required to draw out the altruism
that is at the heart of every woman worthy
the name.



YESTERDAY AT CAMP SUSSEX

Sussex, N. B., June 26.—The proceedings
at Camp Sussex were rudely interrupted
this afternoon by a very heavy thunder
storm, during which, though it was of
short duration, a great quantity of rain
fell. This was the second heavy shower
today, the first having awakened the
slumbering soldiers before daybreak this
morning.

There were eight patients in the field
hospital conducted by No. 2 Co. P. A. M.
C., of Halifax, this afternoon. Of this
number two were suffering from the effects
of the heat of yesterday and the day be-
fore. The others were troubled with
their stomachs in consequence of over-
indulgence in ice cream, fruits and other
delicacies with which they regaled them-
selves after a long tireless journey.
The present sanitary condition of the
grounds is a matter deserving of commend-
ation. Strict attention has thus far been
paid to this important detail and if the
regulations laid down are conscientiously
adhered to there is but little doubt that the
tendency to disease will be greatly re-
lieved.

An orchestra arrived in camp today and
under the leadership of P. E. Wallace, of
St. John, will furnish music at the bungee
during camp. The other members are
J. E. W. Wilber, pianist; William Kelly, J.
A. Perkins, W. H. Casen and Lewis
Boyaner. A reception is to be held in
the bungalow on July 1. This is expected
to be a gala day at camp and hundreds of
visitors are looked for from St. John, and
surrounding places.

Beware of Ointments for Catarrh that Contain Mercury.

Mercury will surely destroy the sense of smell
and completely derange the whole system when
entering it through the mucous surfaces. Such
actions should never be used except on prescrip-
tions from reputable physicians, as the damage
they will do is ten fold to the good you can com-
paratively derive from them. Hall's Catarrh Cure, manufac-
tured by F. J. Cheney & Co., Toledo, O., contains
no mercury and is a keen internal, acting directly
upon the blood and mucous surfaces of the system.
In buying Hall's Catarrh Cure be sure you get the
genuine. It is taken internally and made in To-
ledo, Ohio, by F. J. Cheney & Co., Testimonials free.
Sold by Druggists. Price 75c per bottle.
Take Hall's Family Pills for constipation.

ST. JOHN'S GOOD SHOWING.

In the current issue of the Financial
Post there is published a summary of the
building permits issued in forty Canadian
cities and towns during the first five
months of the present year showing St.
John to have made a satisfactory growth.
The permits issued in St. John from Jan-
uary 1 to May 1 aggregated \$75,000 or an
increase of \$25,000, as compared with de-
creases in Sydney and Halifax, the only
other cities in the maritime provinces
which were listed. The increase per cent.
in St. John was slightly larger than the
average increase in all the eastern cities
including nine cities in Ontario and Que-
bec. St. John's percentage was 17.3 com-
pared with 14.9 in Ontario and 3.6 in
Toronto.

Delicious White Bread

can only be made by using a pure, fresh
and active yeast. White Swan Yeast
Cakes are always pure, fresh and active.
Ask your grocer for a 5c. package con-
taining 8 cakes or send for sample. White
Swan Spices & Cereals, Limited, Toronto,
Ont.



Thousands of people chew Chiclets who would not use
any other chewing gum. Dainty morsels of the finest chew-
ing gum, crisply coated with the pearly peppermint. Not
the horse-mint or the swamp-mint—but *Mentha piperita*—
the peppermint—the true mint—delicately fragrant, cool-
ing and salutary.

Chiclets

REALLY DELIGHTFUL
The Dainty Mint Covered
Candy Coated
Chewing Gum

Chiclets for Enjoyment.—Everybody enjoys
Chiclets—the finest of chewing gum, the dainti-
est of peppermint. Used by adults—given freely
to children. Chiclets aid the digestion, keep the
mouth moist, the teeth white and the breath pure.
The refinement of chewing gum for people of re-
finement.

Look for the Bird Cards in the packets. You will find one beautiful
bird picture in each packet of Chiclets. Send us any fifty of these pic-
tures with ten cents in stamps and we will send you—free—our splendid
Bird Album.

For sale at all the Better Sort of Stores, 5c. the Ounce
and in 5c., 10c. and 25c. Packets
CANADIAN CHEWING GUM COMPANY, Ltd.
Toronto

LABOR LEADER HERE.

J. C. Wattens, president of the Trades
and Labor Council of Canada last night
addressed a meeting of the Carpenters'
Union, dealing with phases of the Canadi-
an labor movement. On Friday night he
will address a mass meeting of work-
men in the Longshoremen's hall in Water
street. On Monday he will leave for
Fredericton and then proceed to Ottawa.

THE LATE J. D. TRUEMAN

Dr. R. W. Brook, director of the Geo-
logical Survey Department, Ottawa, left
for the west on Tuesday to attend to the
arrangements for bringing back the body
of J. Douglas Trueman of this city, who
was drowned at Atikopan in the wilds
west of Port Arthur. No further infor-
mation regarding the fatal accident has
been received as yet.

WILCOX'S : PRICE : LIST

FOR FRIDAY AND SATURDAY AT MARKET SQUARE STORES

56 dozen Men's Black Cotton Hose,	3 pairs for 25c.
16 dozen Police Braces for men,	19c. per pair
100 dozen Men's Duck Shirts for working,	48c. each
Men's Balbriggan Shirts and Drawers,	35c. each
Men's Merino Shirts and Drawers,	48c. each
300 Pairs Men's Hairline Pants,	\$1.98
125 Pairs Men's Worsted Pants,	1.98
Men's English Worsted Suits,	at \$15.00
Men's English Worsted Suits,	at 12.00
Men's Tweed Suits,	at 9.48
Straw Suit Cases,	\$1.48 each
Men's and Boys' Pyjamas,	98c. to \$3.00
Men's Rain Coats,	\$7.00
The King Hat, in the latest styles,	1.98
Trunks,	from \$2.00 up.

Store open till 10 p. m. Friday and
Saturday

Market Square

THE GREATEST OFFER OF

Ladies' Suits and Fancy Dresses

EVER HELD IN ST. JOHN.

Come and see for yourself.

Ladies' Suits, worth from \$15.00 to \$30.00, Sale price \$10.00, \$12.00, \$15.00.	
Ladies' White Lawn Dresses, worth \$4.50,	Sale price \$2.98
White Lawn Dresses, worth \$9.00,	Sale price 7.00
White Lawn Dresses, worth 8.00,	Sale price 5.50
White Lawn Dresses, worth 7.00,	Sale price 5.00
White Lawn Dresses, worth 5.50,	Sale price 3.75
Colored Wash Dresses,	from \$1.00 to 6.00
Pongee Silk Dresses, worth \$25.00,	Sale price 18.00
Pongee Silk Dresses, worth 12.00,	Sale price 9.00
100 Black Vienna Cloth Skirts, worth \$2.50,	for 1.50
Venetian Cloth Skirts, all colors, worth \$4.50,	for 2.50
Black Voile Skirts, worth \$12.00,	for 8.00
Black Voile Skirts, worth 10.00,	for 7.00
Black Voile Skirts, worth 8.00,	for 5.50
35 Pairs Children's Rompers, worth 50c.,	for 39c.
45 Pairs Children's Rompers, worth 75c.,	for 49c.
75 Pairs Children's Rompers, worth \$1.25,	for 75c.
100 Ladies' Wrappers, worth \$1.25,	for 79c.

Ladies' Tailored Shirtwaists with fancy front, worth \$1.50, for \$1.00	
Ladies' White Lawn Shirtwaists with low neck and short sleeves, worth \$1.50, for 98c.	
200 Net Waists, silk lined, in black, white and cream, worth \$4.50, for \$2.98.	
Long Silk Gloves, in black and white, worth 50c.,	for 35c.
Long Kid Gloves, in black and tan, worth \$2.50,	for \$1.75
Long Kid Gloves, in black and tan, worth 1.75,	for 1.25
300 White Underskirts, worth \$1.35,	for 98c.
White Underskirts, worth \$2.75,	for \$2.00

Silk Ribbons at manufacturers' prices.

Ribbons, all colors, worth 25c.,	for 19c.
Ribbons, all colors, worth 20c.,	for 14c.
Ribbons, all colors, worth 15c.,	for 8c.
300 Black Moire Underskirts, worth \$1.25,	for 89c.
Black Silk Underskirts, worth \$3.25,	for \$2.50
Black Silk Underskirts, worth \$5.50,	for 4.50
200 Girls' Umbrellas, worth 65c.,	for 49c.

Market Square